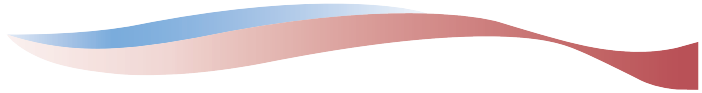
LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page a

CoaguChek® XS System



Prothrombin Time Self-Testing Log Book

Roche

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page b

Log Book

From: _____
Month/Day/Year

To: _____
Month/Day/Year

Belongs to:

Name _____

Address _____

City _____

State _____ Zip _____

Telephone Number _____

I am on anticoagulant therapy.
For medical assistance, please contact:

Name of Doctor or Healthcare Professional

_____

Address _____

City _____

State _____ Zip _____

Telephone Number _____

Importance of Prothrombin Time Testing

Keeping track of your prothrombin time results is important to help you make sure that the anticoagulant in your blood is maintained at the appropriate level, often called the "therapeutic range" or "target range." Use this diary to record your test results, and to record the follow-up action with your doctor.

Remember to write down your results and take this diary with you to the doctor. Accurate records help your doctor make the best decisions about your treatment plan.

Starting to Test Your Prothrombin Time Level

You should return to your doctor for two follow-up visits to demonstrate adequacy of training before your doctor begins to rely on the CoaguChek XS System result for treatment decisions. Ask your doctor or healthcare professional how often you should test and at what time of day, what your target range should be, and what your Immediate Follow-up Values should be.

I must test: _____times a week _____time of day

My target range is: _____ to _____INR

_____ to _____sec

My Immediate Follow-up Values:

Above_____ Below_____

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page 2

If my test result is outside the target range and I have performed my test correctly, I will repeat my blood test with a new test strip and fingerstick. If my result is still outside my target range, I will: (to be filled in by doctor)

_____

_____

_____

_____

_____

If my test result is above: _____ or below: _____, or my result is inside my target range, but I notice unusual swelling, bleeding, or other abnormal symptoms, I will contact my doctor immediately. I will: (to be filled in by doctor)

_____

_____

_____

_____

_____

Using your Log Book

1. Write the date you performed your test in the column marked “Date.”
2. Write the time of day you performed your test in the column marked “Time.”
3. Write the lot number and expiration date of the test strips you are using in the column marked “Test Strip Lot No./Exp. Date.”
4. Record your result and units (INR or seconds) in the column marked “Patient Test Result.”
5. Record any unusual symptoms you may have had at the time you took your test in the column marked “Unusual Symptoms.”
6. Record any maintenance performed on the CoaguChek XS Meter in the column marked “Maintenance” (such as “changed batteries”).
7. Record whether any additional training or performance checks have occurred in the column marked “Additional Training.”
8. The “Follow-up/ Comments” section provides space to write any additional information (such as “called doctor with result”).

Remember to record the new lot number and expiration date whenever you open a new container of test strips.

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page 4

Log Book

My CoaguChek XS Meter Serial Number is: _____ My test results are recorded in (circle one): INR Sec.

Date	Time	Test Strip Lot No./Exp. Date	Patient Test Result	Unusual Symptoms	Maintenance	Additional Training	Follow-up/ Comments

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page 6

Log Book

My CoaguChek XS Meter Serial Number is: _____ My test results are recorded in (circle one): INR Sec.

Date	Time	Test Strip Lot No./Exp. Date	Patient Test Result	Unusual Symptoms	Maintenance	Additional Training	Follow-up/ Comments

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page 8

Log Book

My CoaguChek XS Meter Serial Number is: _____ My test results are recorded in (circle one): INR Sec.

Date	Time	Test Strip Lot No./Exp. Date	Patient Test Result	Unusual Symptoms	Maintenance	Additional Training	Follow-up/ Comments

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page 10

Log Book

My CoaguChek XS Meter Serial Number is: _____ My test results are recorded in (circle one): INR Sec.

Date	Time	Test Strip Lot No./Exp. Date	Patient Test Result	Unusual Symptoms	Maintenance	Additional Training	Follow-up/ Comments

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page 12

Log Book

My CoaguChek XS Meter Serial Number is: _____ My test results are recorded in (circle one): INR Sec.

Date	Time	Test Strip Lot No./Exp. Date	Patient Test Result	Unusual Symptoms	Maintenance	Additional Training	Follow-up/ Comments

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page 14

Log Book

My CoaguChek XS Meter Serial Number is: _____ My test results are recorded in (circle one): INR Sec.

Date	Time	Test Strip Lot No./Exp. Date	Patient Test Result	Unusual Symptoms	Maintenance	Additional Training	Follow-up/ Comments

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page 16

Log Book

My CoaguChek XS Meter Serial Number is: _____ My test results are recorded in (circle one): INR Sec.

Date	Time	Test Strip Lot No./Exp. Date	Patient Test Result	Unusual Symptoms	Maintenance	Additional Training	Follow-up/ Comments

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page 18

Log Book

My CoaguChek XS Meter Serial Number is: _____ My test results are recorded in (circle one): INR Sec.

Date	Time	Test Strip Lot No./Exp. Date	Patient Test Result	Unusual Symptoms	Maintenance	Additional Training	Follow-up/ Comments

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page 20

Log Book

My CoaguChek XS Meter Serial Number is: _____ My test results are recorded in (circle one): INR Sec.

Date	Time	Test Strip Lot No./Exp. Date	Patient Test Result	Unusual Symptoms	Maintenance	Additional Training	Follow-up/ Comments

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page 22

Log Book

My CoaguChek XS Meter Serial Number is: _____ My test results are recorded in (circle one): INR Sec.

Date	Time	Test Strip Lot No./Exp. Date	Patient Test Result	Unusual Symptoms	Maintenance	Additional Training	Follow-up/ Comments

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page 24

Log Book

My CoaguChek XS Meter Serial Number is: _____ My test results are recorded in (circle one): INR Sec.

Date	Time	Test Strip Lot No./Exp. Date	Patient Test Result	Unusual Symptoms	Maintenance	Additional Training	Follow-up/ Comments

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page 26

Log Book

My CoaguChek XS Meter Serial Number is: _____ My test results are recorded in (circle one): INR Sec.

Date	Time	Test Strip Lot No./Exp. Date	Patient Test Result	Unusual Symptoms	Maintenance	Additional Training	Follow-up/ Comments

LgBk CCXS PST 573-34445.qxp:Manual CXS PST 573-33640.qxp 2/9/07 9:42 AM Page 28

Notes

LgBk CCXS PST 573-34445.qxp 2/9/07 10:57 AM Page 30

If you have questions about using the CoaguChek XS Meter or require service, call Roche Diagnostics Technical Service Center at 1-800-428-4674, 24 hours a day, 7 days a week, 365 days a year.

COAGUCHEK is a trademark of Roche.

©2007 Roche Diagnostics. All rights reserved.
04999061001-0207

Roche Diagnostics
9115 Hague Road
Indianapolis, IN 46256

www.coaguchek.com