



City Of Boiling Spring Lakes Parks & Recreation Department
Community Center Fitness Room
Rules & Regulations

1. Memberships are required to use the Boiling Spring Lakes Community Center's Fitness Room. Daily, Monthly and Yearly memberships are available for both Taxpayers and Non Taxpayers Boiling Spring Lakes (see community center fees & charges). **Proof of age & taxpayer status is required with membership applications and is the responsibility of the new member.**
2. Monthly membership fees are effective and due on the first of each month and will expire on the last day of each month. There is no prorating available on monthly memberships.
3. You **MUST** be a minimum of **18 years of age** to apply/hold a fitness room membership. Those between the ages of **15 and 17** years of age may hold a provisional membership by enrolling in a youth orientation class and being accompanied by a parent each visit to the facility. Orientation classes limited in size and subject to availability. Those youth **12 – 14 years of age** may also hold a provisional membership, but must be accompanied by a parent at all times while using the fitness room. No one under the age of 12 will be allowed in the fitness room. There will be **NO EXCEPTIONS** to the above stated age requirements!
4. All members must check-in/sign-in with the center staff prior to entering the fitness room. Those persons with expired memberships will not be allowed to enter the fitness room without bring their membership to good standing.
5. Fitness Orientations are offered one time per week. We encourage every new member to go through the fitness orientation prior to their first solo workout. Please see front desk staff to sign up for an orientation.
6. **Shirts and proper athletic footwear is required at all times.** Please be considerate of others and wear the appropriate clothing, this is a family oriented facility.
7. No food or drink (except water in a sealed container) will be allowed in the fitness room.
8. Dumbbells must be placed back on the rack after each use.
9. **Equipment must be wiped down after each use. Antibacterial towelets are located around the fitness room for your convenience.**
10. The Community Center is not responsible for missing or damaged items, no lockers are provided.
11. No towels will be provided by the Community Center, please bring a towel from home each time you visit the fitness room.
12. We endeavor at all times to maintain the fitness room and our equipment in a safe operating condition. However, as a member you should notify the Community Center staff of any problems/malfunctions that you see with the fitness room equipment.
13. The City of Boiling Spring Lakes assumes no liability from accidents or injury from use of fitness room.

Fitness Room Membership Fees

BSL Taxpayer Resident – Daily \$3.00, Monthly \$20.00, Yearly \$200.00
Non-BSL Taxpayer – Daily \$5.00, Monthly \$35.00, Yearly \$350.00

Fitness Room Hours Of Operation

Monday – Friday 6:30am – 8:00pm & Saturday 8:00am – 1:00pm



Boiling Spring Lakes Parks & Recreation Fitness Room Membership Application

For Office Use Only

Age Verified _____

Tax Payer Status _____

Please Print*

Current Date: _____

Last Name: _____ Male Female

First Name: _____ Middle Name: _____

Birth Date: _____ Age: _____ Email: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Mobile Phone: _____

Medical Information:

Allergies: _____

Illnesses and/or Medical Conditions: _____

Medications Presently Taking: _____

Special Needs: _____

Emergency Contact:

Name: _____ Relationship: _____

Home Phone: _____ Work Phone: _____

Doctor: _____ Clinic Phone: _____

I have read all rules and understand that failure to follow these rules will result in my loss of privileges in using the Community Center and equipment.

I do hereby release the City of Boiling Spring Lakes and Boiling Spring Lakes Parks & Recreation, their staff, sponsors and representatives from any and all liability, and for any claims, demands or courses of action arising out of or by reason of the above activity for which I have registered.

I further state and affirm that I am aware of the fact that the aforesaid activity, even under the safest conditions possible, may be hazardous, that I assume the risk of any and all loss of damage to property and/or bodily injury, including death, however caused, resulting from, arising out of, or in any way connected with the aforementioned activity.

I recognize that the fitness room/class will involve a strenuous exercise program designed to improve my physical fitness. I represent that I am physically able to participate in this activity and have been advised by Boiling Spring Lakes Parks & Recreation to consult with my physician prior to participation in this activity. I hereby agree to hold harmless the City of Boiling Spring Lakes, the Community Center, its instructors, agents and representatives from and against any and all claims and liability and causes if action at law for loss, damage or injury (including death) to person and/or property arising or occurring as a result of participating in the aforementioned activity.

Signature: _____ **Date:** _____

Signature of Parent _____ **Date:** _____
(if under 18 years of age)