

Registration Form

Please submit before Oct. 19th

Name: _____

Address: _____

Phone: _____

Email: _____

Church/Organization: _____

Number of Attendees: _____

Willing to have picture taken for future promotional materials:

Yes No

Please mail or email your completed registration form to:

Sheila Schumacher
Army OneSource
4250 Cessna st. Bld 270
Boise, ID 83705

Sheila.schumacher@serco-na.com

Idaho Military Behavioral Health Partners

- ~ Army OneSource
- ~ NAMI Coeur d'Alene
- ~ Idaho Catholic Charities
- ~ Living Well Counseling and Consulting
- ~ Transition Assistant Adviser



Idaho Military Behavioral Health Alliance

**Army OneSource
Sheila M. Schumacher MSW**

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Idaho Military Behavioral Health Alliance presents a half day workshop for Clergy, Faith Leaders and Behavioral Health Allies

PTSD 101: Faith Community/Clergy & Behavioral Health Allies Supporting our Troops



Date: 10/23/2012

**Time: 8:00 – 12:00pm
Registration opens at 7:30am**

**First Presbyterian Church.
521 E. Lakeside Avenue,
Coeur d' Alene, Idaho
83814 (It is across the
street from the Coeur
d'Alene Post Office**

Idaho Military Behavioral Health Alliance Presents a half day workshop for all area Clergy and Faith Leaders

Never before in our history have so few, defended so many, for so long. Since 2001, approximately 2.3 million Service members have been deployed, and the combat situation they face is distinctly unique. There is no front line and constant vigilance must be maintained, individuals are serving multiple, longer deployments, and Service members and Families are asked to give more because of our all-volunteer military. As a result, we're learning that the wounds of war are not limited to the battlefield.



It is estimated that one in five (20 percent) of

our active duty Service members report symptoms of posttraumatic stress (PTS), depression and other mental health problems, while 37% of military spouses reported diagnosis of at least one mental disorder and 1/3 of children with at least one deployed parent have had psychological challenges.

By the end of August 2012, 25% of the Service members who remain in Afghanistan will return home and the remaining will gradually return through December 2014. With hundreds of thousands of Service members already reintegrating into our communities, a VA system at capacity, and the reluctance of some Service members to seek help

through the DoD/VA health system, it is the behavioral health professionals, physicians and nurses, educational institutions, and first responders in the community who stand as a critical link to facilitating their successful reintegration and rehabilitation.

The Idaho Behavioral Health Alliance Vision: Create a network in Idaho using Faith based institutions and members. This entails reach out and educating congregations about Military culture and issue streaming from deployments.

Special Guest Speaker

Paul Grayhek LMSW
North Idaho Regional Director
Catholic Charities of Idaho
Trained & Certified in the assessment and treatment of PTSD
VA-National Center for PTSD
Clinical Training Program and
Center for the Treatment &
Study of Anxiety; Perelman
School of Medicine at University of Pennsylvania
Title: PTSD 101 Awareness, Recognition and Treatment

**Kriss Mitchell M.Ed, LMHC,
LPC, CRC, ND**

Mission: Transition: Adjusting to life out of the danger zone

- Give the Faith community a better understanding of our veteran population and the challenges they face as they transition back into civilian life
- To describe PTSD and how it presents itself
- Teach the Faith community how we can meet the needs of our veterans and their families.

Take away...

NAMI Coeur d'Alene (National Alliance for Mental Illness) and their new partnership with Army OneSource and increasing support for our Military and Veterans.

Invisible Wounds of War online course information with free CEU opportunities offered through Army OneSource and Citizen Soldier.

