

Parent & Child Activity Calendar

Early Childhood

Cornbelt Educational Cooperative



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Early Childhood
Parents®
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2015				1 This is the first day of the year. Discuss the meaning of <i>first</i> . For example, breakfast is the first meal of the day.	2 Make a list of the best times you had during the last year. Schedule time on the calendar to do them this year.	3 Does your library have a list of recommended books for preschoolers? Check some out to read with your child.
4 Place a sheet of paper in a box. Dip a marble in paint, drop it in the box and have your child roll it around.	5 Ask your child to give you words that rhyme with words you say: <i>clap (tap), walk (talk), cat (pat)</i> .	6 Tonight, look at the moon. Is it a crescent, full circle or half circle? Draw the shapes and let your child choose.	7 Draw a face on your child's index fingers with washable marker. Let her retell a favorite story with puppet fingers.	8 Wrap masking tape sticky-side out around your child's fingers. Let him use his "sticky hand" to pick up small light objects.	9 Play "animal charades." Imitate an animal and invite your child to guess what you are pretending to be. Give hints if necessary.	10 Celebrate your child's accomplishments with a "can-do" list. "Maria can: run, count to 10, zip her coat." Post the list!
11 Have your child look outside at least three times and describe the weather with words such as <i>sunny, cloudy</i> or <i>rainy</i> .	12 Talk about <i>honesty</i> and why it is so important. Find examples of people who demonstrate honesty.	13 Gather some floating and sinking objects. Ask your child to test which will float and which will sink in water.	14 Show your child a new shape today. If he knows the basics, introduce a <i>hexagon</i> (six sides) or <i>octagon</i> (eight sides.)	15 Talk about <i>good</i> and <i>bad</i> feelings. Have your child give examples of actions or words that make her feel good or bad.	16 Ask your child questions that require more than a <i>yes</i> or <i>no</i> answer: "What was your favorite part of the story?"	17 Visit the library today. Sit in a cozy chair in the children's section and read a few books together.
18 Exercise with your child. Try touching your toes, doing sit-ups, running in place or stretching your arms and legs.	19 Make a letter tree. Hang new letters from the tree as your child learns them.	20 Ask your child, "What if your favorite animal lived in your room?"	21 Play "Silly Simon Says." Ask your child to pick up a block without hands, or to talk without opening his mouth.	22 Talk about all the things we do with our bodies: walk, eat, wave, smell, throw. Which parts do we use for each?	23 Ask your child what people make up a family (mother, aunt, child). Tell her there are many kinds of families.	24 Go to the library and check out some books about winter.
25 Encourage your child to look at a familiar thing in a new way. A shoebox can be a doll's bed, a cereal box can be a house.	26 Paste a picture on cardboard. Punch holes around the picture. Have your child thread a shoelace through the holes.	27 Cut out shapes from paper (triangle, rectangle, square, circle). Your child can arrange them to form a boat.	28 Encourage some creativity. Ask your child unusual questions. "What if your hair were made of spaghetti?"	29 Transportation is getting from place to place. Talk about the ways to do this. Walking, riding in a car, etc.	30 Give your child three pictures that show different steps. Ask, "Which came <i>first, second, last?</i> "	31 Emphasize the concepts of <i>now</i> and <i>later</i> . Say, "Now we'll clean up. Later we'll eat lunch."