

Name \_\_\_\_\_ Date \_\_\_\_\_ Period \_\_\_\_\_

## PERSONAL GOAL SETTING

**Directions:** Think of a personal goal you would like to achieve. (i.e. learning to play the guitar, using your time wisely, working together with others, becoming more responsible, etc). Fill out the chart below to plan out your goal.

***My personal goal is to...***

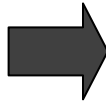
\_\_\_\_\_ by \_\_\_\_\_, \_\_\_\_\_, 20\_\_\_\_  
Month Day Year

***What short-term goals do I need to achieve to reach the goal above?***

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

***Obstacles:***

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



***Solutions:***

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

***Who will I share my goal with to help keep me accountable?***

\_\_\_\_\_

## CAREER GOAL SETTING

**Directions:** Think of a career goal you would like to achieve. (i.e. becoming a lawyer, going into law enforcement, becoming a nurse, etc). Fill out the chart below to plan out your goal.

***My career goal is to...***

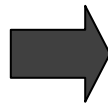
\_\_\_\_\_ by \_\_\_\_\_, \_\_\_\_\_, 20\_\_\_\_  
Month Day Year

***What short-term goals do I need to achieve to reach the goal above?***

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

***Obstacles:***

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



***Solutions:***

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

***Who will I share my goal with to help keep me accountable?***

\_\_\_\_\_