## Parent Newsletter

Important<br>Dates

Feb. $18^{\text {th }}$
Ash
Wednesday
Feb. $20^{\text {th }}$
Stations of the
Cross
2:15 pm
Feb. $23^{\text {rd }}$ $3^{\text {rd }}$ grade trip to Sacramento

Feb. $24^{\text {th }}$
$7^{\text {th }}$ Grade
Confirmation
Parent Meeting
6:30 pm
Feb. $25^{\text {th }}$
Birthday blessing \& sundaes

Mar. $4^{\text {th }}$
End of $2^{\text {nd }}$
Trimester
Mar. $7^{\text {th }}$
$2^{\text {nd }}$ Grade
Reconciliation
Mar. $11^{\text {th }}$
Minimum Day 12:00 dismissal

## TUITION ASSISTANCE: EVERYONE REQUESTING ASSISTANCE MUST USE TADS.

St. Anne's uses TADS (Tuition Aid Data Services) tuition assistance applications to determine grants to be awarded by the school. All assistance is awarded according to need. Utilizing the TADS process also allows automatic application for Diocesan aid through the SEEDS Growing Faith through Student Scholarships tuition assistance program. The TADS worksheet and application are available online at tads.com. The TADS application can be filled out online (starting January 1, 2015) or by paper method, both with a processing fee of $\$ 34.00$. Paper applications can be requested by either calling 1-800-477-8237 or by going to tads.com/request. The deadline for application completion will be the beginning of April 2015.

## KINDERGARTEN ENROLLMENT:

We have mailed out the kindergarten enrollment letters to prospective parents we have on file. If you have a child who will be entering kindergarten and you did not receive a letter, please call the office. If you know of a family who might be interested in our school, please ask them to call the office.

## LENT:

During Lent the students will have an opportunity to participate in the three aspects of Lent.

Prayer: The Stations of the Cross on Fridays at 2:15 pm, Lenten Prayer before meals, and Lenten end of the day prayer.

Almsgiving: Operation Rice Bowl. The students will have an opportunity to reach out through prayer and action to the poor and vulnerable in the U. S. and overseas.

Fasting: Students are encouraged to give up something.

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## RICE BOWLS:

Rice Bowl is the Catholic Relief Services' Lenten faith-in action program for parishes, schools, and families. The program invites Catholics to live in solidarity with our poorest and most vulnerable brothers and sisters through the three Lenten pillars of praying, fasting, and almsgiving. Our school will participate in CRS Rice Bowl program, as a way to encounter Jesus through others. The rice bowls are going home today, please use this resource to deepen your family's Lenten experience and make a difference in the lives of the poor.

## SPAGHETTI DINNER:

The annual Spaghetti Dinner fundraiser will be held on March 10, 2015. This is the sole fundraiser for Science Camp; the cost of camp increases every year. We appreciate your support by purchasing or selling the tickets. Tickets are $\$ 10.00$ each.

## BINGO TEAM ROTATION SIGN UPS:

It is time to sign up for bingo team rotation positions. Team Rotation positions are scheduled every six weeks. Team rotation sign ups will be open until February $28^{\text {th }}$. The Team Rotation sign up form is attached and can be filled out online. You can email form to Amy Martin@ bingo@stanneslodi.org or drop off in the office. Please call Amy with any questions @ 403-1035.

## BINGO SIGN UPS:

Bingo sign-ups for shift workers for the 2015-16 school year will be available starting March $4^{\text {th }}$.

## PRAYER REQUEST:

Josie Isquierdo, Will and Mateo Isquierdo's grandmother passed away. Please keep the families in your prayers.

## MARDI GRAS PRAYER SERVICE:

A big thank you to the school band and Mr. Bailey for the music for the Mardi Gras celebration.

## COUNSELOR'S CORNER:

Please see attachments for the Counselor's Corner.

## BINGO SCHEDULE:

Please be sure to check the Bingo schedule on Cornerstone for your assigned shifts.

## MASS ATTENDANCE CARDS:

Please remember to place your card in the collection basket when you go to mass.

## DISTINGUISHED GRADUATE AWARD:

We are accepting applications for the Distinguished Graduate award. The St. Anne's Catholic School distinguished graduate award is awarded each year to a graduate of St. Anne's Catholic School how has been an exemplary model of leadership and service within their community. Distinguished Graduates need to have graduated at least ten years ago (2005).

## CYO GIRLS VOLLEYBALL:

Deadline for registration is Friday, February $20^{\text {th }}$. All forms and fees must be turned in on or by this date. Please see attached flyer. Any questions, please call Armando Moreno @ 329-7578 or Scott Kyles @ 986-6744.

## PARENT CLUB NEWS:

This year we will hold elections for Parent Club President. Please pray about this position and let the office know if you would like to be considered.

## SCRIP REPORTS:

Year to date Scrip reports are available upon request. Please email Mrs. Precissi at rprecissi@stanneslodi.org.

## $7^{\text {th }}$ GRADE CONFIRMATION MEETING:

 There will be a $7^{\text {th }}$ Grade Confirmation Parent meeting on Tuesday, February $24^{\text {th }}$ at $6: 30 \mathrm{pm}$ in the church.
## Weekly Lunch Order

## Week of Feb. 16-20

| Mon. Feb. 16 | Tues. Feb. 17 | Wed Feb. 18 | Thurs. Feb. 19 | Fri. Feb. 20 |
| :--- | :--- | :--- | :--- | :--- |
| Presidents' Day | Spaghetti with | Bean \& cheese | Panther meat ball | Grilled cheese <br> sandwich, chips, <br> Holiday |
|  | Garlic bread <br> Milk/choc. Milk | burrito <br> Spanish rice <br> Milk | Chips, fruit <br> Milk/ choc. milk | Pudding, fruit <br> Milk/choc. Milk |
|  | Extra item \$1.25 | Extra item \$1.25 | Extra item \$1.25 | Extra item \$1.25 |

Please mark in the boxes the days that your child will be ordering lunch. No special orders.
Student(s) name \& grade: $\qquad$
No. of lunches ordered: $\qquad$ x 3.50 + extra items $\qquad$ $=$ $\qquad$ total enclosed

## Weekly Lunch Order

Week of Feb. 23-27

| Mon. Feb. 23 | Tues. Feb. 24 | Wed Feb. 25 | Thurs. Feb. 26 | Fri. Feb. 27 |
| :--- | :--- | :--- | :--- | :--- |
| BBQ pulled pork <br> sandwich <br> chips, fruit <br> Milk/ choc. Milk | Sausage pizza <br> Carrots with ranch | Jello with fruit <br> Milk/choc. Milk | Baked potato bar <br> Fruit <br> Milk/choc. milk | BBQ cheese burger <br> Tator tots <br> Fruit, <br> Milk/choc. milk |
| Extra item \$1.25 | Extra item \$1.25 |  | Biscuits with gravy <br> Jello with fruit <br> Milk/choc. Milk |  |

Please mark in the boxes the days that your child will be ordering lunch. No special orders.
Student(s) name \& grade: $\qquad$
No. of lunches ordered: $\qquad$ x 3.50 + extra items $\qquad$ $=$ $\qquad$ total enclosed

## Counselor's Corner

As parents, we often go to great lengths to "make everything nice" and organized in order for things to run smoothly for our children. We also know, this doesn't always go as smoothly as we want, and there are a multitude of life circumstances we just don't have control over. These can range for not getting invited to a classmate's party, to not making the team or part in a play they try out for, or student office they run for. They can be anything.
While we understand it's a part of growing up, and it hurts us to watch our child suffer, helping them cope with disappointment and letdowns is such an important skill for them to have as they go through life. Here are just a few suggestions to help towards that goal.

1. Be aware of your own expectations and feelings. Model appropriate behavior when something doesn't go right for you that your kids can learn from.
2. Empathize. Different than sympathize (which is more "feel sorry for"). Empathy recognizes your child's feelings, but you allow your child their feelings and don't take them on yourself.
Agree with them if they are expressing sadness, anger or frustration. Keep communication lines open so they can talk and share their feelings.
3. Help teach your child a few self-calming techniques. Elizabeth Crey, author of "Dealing with Disappointment: Helping Kids Cope When Things Don't Go Their Way" states there are 6 general categories for self-calming tools. These are:
Physical: (running, jumping, dancing, anything that burns off energy, and deep breathing). Auditory: verbal (talking to others, positive self-talk and listening to music),
Visual: (reading, being outside, observing anything, birds, their pets, a sunset, etc.). Creative: (drawing, playing music, crafts, baking, cooking, clay creations etc.)
Self-calming: (physical touch, hugs, a cool drink of water, warm bath) and
Humor: (laughing changes body chemistry, watch a funny video, read a humor book, find a funny situation.
4. Help your child find something they are good at. This helps remind them that while they didn't make the team or play, or get the invitation, they still have strengths. These are often things they have practiced and worked on and remind them of something else they love and had to work at. Success does not always equal winning, many times it means helping them find a new, or slightly different path.
5. Prep for next time. After you help your child work through this disappointment, and of course help them brainstorm ways to fix this situation if possible, help your child set some attainable goals for next time. Reminding our children of past things they have done to cope with a disappointment helps reinforce that they can get through this and have been successful in the past at doing so.

There are many famous people, in history and current day, who failed and had many disappointments before their current success, Bill Gates, Steve Jobs, Abe Lincoln, J.K. Rowling, Walt Disney, Albert Einstein, Monet, Elvis Presley and the Beatles are among many. The key to their success is to learn from their disappointments, have some good ways to cope with it and keep trying.
Till next week.
Karen Jacka, School Counselor

## BINGO TEAM POSITION 2015-2016 FLYER

Name: $\square$ Cell Phone: $\square$
E-mail: $\square$
If you are interested in learning about or participating in any of the following positions please mark the box and the Bingo Cooridinator will call you. If you are interested in multiple positions, mark them in order of preference.

Please fill out form and return to school office or e-mail to bingo@stanneslodi.org.
Note: Caller and Team Leader positions satisfy the SOS requirement for your family.


4:00pm - 7:00pm

5:30pm - 10:30pm
5-7 shifts per year
(based on number
of children)

5-7 shifts per year (based on number of children)

8:00am - 11:00am
Caller 6:00pm - 10:30pm


6 week rotation


Monday after 6 week rotation
Bingo

9:00am - 11:00am
Monday Cashier

Monday after 6 week rotation Bingo

Take supplies from Bingo room to Hall. Set up Tear Off Table and Games Sales Table. Get money from Bank. Sell Early Flashcard games. Train new parents.

Take supplies from Bingo room to Kitchen. Prepare and serve food and drinks. Train new parents.

Sell game packs and associated items to patrons as they arrive. Requires use of cash register. Train new parents.

Sell Tear Off Tickets to patrons from front counter. Count inventory and cash at shift end.

Supervise Bingo operation. Assist with parent co-worker questions and needs. Close and lock up.

Calls the numbers and is in charge of the game. Packs away Bingo Machine and equipement.

Counts Tear-Off Tickets from previous
Friday's Bingo. Dispose of winning tickets (burn or shred).

Retrieves bank bag. Count and sorts money. Makes deposit.

# CYO Boys Basketball Banquet Faith Potluck 

When: Sunday, March 8th Time: 4:00 pm
Where: St. Anne's Gym
Please bring one dish of your choice to share. Plates, silverware and drinks will be provided.

Please remember to turn all uniforms in to your coach before the banquet.

Anyone wishing to help set up please contact Scott
@ 986-6744


CYO Girls Volleyball signups have begun. Registration, Code of Conduct and health forms may be found on the school website. Please complete and submit all forms and payment to the CYO box in the school office. Fees are $\$ 65$ for one player or $\$ 120$ for two players. Grades Fourth thru Eighth Girls will play their normal season. Fourth Grade Girls will be placed on a Fifth Grade team as needed.

New players must submit a copy of their baptismal and birth certificates with their registration, health form and payment. Please make checks payable to St. Anne CYO. Deadline for signups is February $20^{\text {th }}$. Any questions, please call Armando Moreno @ 329-7578 or Scott Kyles @ 986-6744.

## Lenten

## Morning of Reflection

with special guest speaker
Deacon Porfi Cisneros


## LIVING OUR FATH

## Saturday, February $21^{\text {st }}, 2015$

Mass / 8:00 a.m. at St. Anne's Church, Lodi

Light Breakfast / 8:30 a.m. - 9:00 a.m. in Dominican Hall Presentation / 9:00 a.m. - 11:00 a.m. in Dominican Hall Questions, please call Barbara @ 209-625-6256

