

## Data Collection Form for Measurement of Heart Rate and Blood Pressure

Name: \_\_\_\_\_

**Directions: Take the heart rate and blood pressure of two subjects and answer the questions.**

**Subject #1:** \_\_\_\_\_

### Resting heart rate

*60-second count*

Palpation \_\_\_\_\_ bpm

Classification \_\_\_\_\_

### Resting blood pressure

Trial 1 \_\_\_\_\_ mmHg

Trial 2 \_\_\_\_\_ mmHg

Classification \_\_\_\_\_

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**Subject #2:** \_\_\_\_\_

### Resting heart rate

*60-second count*

Palpation \_\_\_\_\_ bpm

Classification \_\_\_\_\_

### Resting blood pressure

Trial 1 \_\_\_\_\_ mmHg

Trial 2 \_\_\_\_\_ mmHg

Classification \_\_\_\_\_

**Be specific in answering the questions.**

**A)** What happens to systolic blood pressure during exercise?

a. Why?

**B)** What happens to diastolic blood pressure during exercise?

a. Why?