THE NFSH CHARITABLE TRUST LIMITED ('the Charity') Charity No. 1094702

PROXY FORM

Annual General Meeting at 2pm on Saturday 20th October 2012

To be held at Ramada Encore Hotel, Electra Way, Crewe CW1 6BD

Name *(Please PRINT)* _____Membership Number _____

Address _____

BEFORE COMPLETING THIS FORM, PLEASE READ THE EXPLANATORY NOTES BELOW AND OVERLEAF
If you cannot attend the above meeting in person, you may appoint a proxy to vote for
you by completing this form, taking care to follow the specific guidance given overleaf

I hereby appoint the Chair of the meeting (TO BE APPOINTED BY THE BOARD OF TRUSTEES)

or [*name of proxy*] _____

of [*address of proxy*] _____

as my proxy to attend, speak and vote on my behalf at the above dated Annual General Meeting of the Charity, and at any adjournment thereof. I direct my proxy to vote on the following resolutions as I have indicated by marking the appropriate box with an "X". If no indication is given, my proxy will vote or abstain from voting at his or her discretion; and I authorise my proxy to vote, or abstain from voting, as s/he thinks fit in relation to any other matter which is properly put before the meeting.

Ordinary Resolutions	For	Against	Abstain	As the proxy thinks fit
That the minutes of the AGM held on the 24th September 2011 be approved				
That the Financial Report and Accounts for the year ended 31 December 2011 are adopted				
That Rogers Spencer, Nottingham, be appointed Examiners for the coming year				

Signature_____ **Date** _____

Explanatory Notes

1. As a paid up member of the Charity you are entitled to attend the meeting and vote or appoint a proxy to exercise all or any of your rights to attend, speak and vote for you at a general meeting of the Charity.

2. You can only appoint a proxy using the procedures set out in these notes.

3. Appointment of a proxy does not prevent you from attending the meeting and voting in person. If you have appointed a proxy and later decide to attend the meeting in person, your proxy appointment will automatically be terminated.

4. A proxy does not need to be a member of the Charity but must attend the meeting to represent you. To appoint as your proxy a person, other than the Chair of the meeting, insert their full name in the space provided. If you sign and return this proxy form with no name inserted in the box, the Chair of the meeting will be deemed to be your proxy. Where you appoint as your proxy someone other than the Chair of the meeting, you are responsible for ensuring that they attend the meeting and are aware of your voting intentions.

5. If you wish your proxy to make any comments on your behalf, you will need to appoint someone other than the Chair of the meeting and give them the relevant instructions directly.

6. To direct your proxy how to vote on the resolutions mark the appropriate box with an "X". If no voting indication is given, your proxy will vote or abstain from voting at his or her discretion. Your proxy will vote (or abstain from voting) as he or she thinks fit in relation to any other matter which is put before the meeting

7. For this proxy form to be valid, it must be completed, signed and dated; and received by the Charity **no later than 9am on Thursday 18 October 2012** by one of the following methods:

    a. **By post -** marked 'AGM Proxy' clearly on the envelope **sent or delivered to the Charity at 21 York Road, Northampton, NN1 5QG**

    b. **By email, attaching the completed form as a pdf, to AGM2012@thehealingtrust.org.uk**

8. Any power of attorney or any other authority under which this proxy form is signed (or a duly certified copy of such power or authority) must be included with this form.

9. If you wish to change your instructions, you must submit another form as per point 7 above.

10. If you decide to withdraw your proxy instructions, you must send a letter clearly stating that your previous instructions are withdrawn.

11. Your attendance in person at the AGM automatically revokes any proxy appointment you make.