



# MIDWEST TRAINING & ICE CENTER

## 3 on 3 Pond Hockey Registration

### General Information

In its purest form, hockey is played outdoors on a pond, lake or even a river. Our 3 on 3 Pond Hockey league has taken this concept one step further. Established on the principles of learning the game in a FUN, creative, and competitive environment, 3 on 3 Pond Hockey enables players to learn and understand the game at an accelerated rate. Players participating in the Pond Hockey league will learn how to read and react to various offensive and defensive situations in small areas, at a higher intensity. This format forces the mind and body to move and develop at a fast pace.

Individual registration fees for Summer 3 on 3 Pond Hockey are **\$350 per player**.

### Season Dates/Schedule/Divisions

The 2015 Pond Hockey season runs 10 weeks and will begin on **Monday, June 8th** and will conclude on **Friday, August 14th**. Midwest Training & Ice Center will offer leagues for players in 4 age categories; Mite (8 & under) Squirt (10 & under) Pee wee (12 & under) Bantam (14 & under). Players will get up to 3 hours of ice per week, including **2 game days (Mon & Fri)** and **1 skills session (Wed)**, for a total of **30 hours of ice** this summer!

**Mite/Squirt Mon 4:20-5:20pm/Wed Skills 4:10-5:10pm/Fri 5:10-6:10pm**  
**Pee wee/Bantam Mon 5:30-6:30pm/Wed Skills 5:20-6:20pm/Friday 6:20-7:20pm**

### Games/Teams/Players

All games are **no-check** and will be played cross-ice style. Each game will consist of two 24 minute halves after a 5 minute warm up-period. To ensure equal playing time, every 60 seconds the buzzer will sound to signal a line change. There will be no offsides or icing calls to stop the game. When a goal is scored, the scoring team must back up at least 20 feet for the puck to be taken out, promoting continuous game action! All players must register individually. Teams will be formed daily on a "scramble" basis. In an effort to maintain balanced competition, players age classifications may be adjusted based on skill level. All players must be registered with USA Hockey prior to taking the ice on June 8th. Players may register online at [www.usahockey.com](http://www.usahockey.com).

Name: \_\_\_\_\_ Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_ Age: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Parents Names: \_\_\_\_\_

Division:(check one) \_\_\_\_\_Mite \_\_\_\_\_Squirt \_\_\_\_\_Pee wee \_\_\_\_\_Bantam

Amount Paid: \$ \_\_\_\_\_Cash \_\_\_\_\_Check \_\_\_\_\_Visa/MC

*For more information contact Midwest Training & Ice Center at 219-558-8811*