

Area Senior Centers

Anchor Point Senior Citizens, Inc.

72750 Milo Fritz Ave., Anchor Point, AK 99556

(907) 235-7786

Homer Senior Citizens Inc.

3935 Svedlund St., Homer AK 99603

(907) 235-7655

Kenai Senior Center

361 Senior Court, Kenai, AK 99611

(907) 283-8211

Nikiski Senior Center

50025 Lake Marie, Nikiski AK 99635

(907) 776-7583

Soldotna Senior Center

197 West Park Ave Soldotna, AK 99669

(907) 262-2322

Sterling Senior Center (Loan Closet)

34453 Sterling Highway Sterling, AK 99672

(907) 262-6808

Adult Day Centers

Forget-Me-Not Center (FMN)

905 Cook Ave. Suite B, Kenai, AK 99611

(907) 714-6695

Northern Light House Day Center

136 E. Redoubt Ave., Soldotna, AK 99669

(907) 398-2939

Friendship Center

3935 Svedlund St. Homer AK 99603

(907) 299-7338

Resources

ADRC/Independent Living Center

47255 Princeton Ave, Suite 8, Soldotna, AK

(907) 262-6333

Kenai Peninsula Family Caregiver Support Program

44539 Sterling Hwy. Ste. 209 (Blazy Mall), Soldotna, AK

(907) 262-1280

Hospice—Kenai Peninsula

44758 Sterling Hwy., Soldotna, AK

(907) 262-0453

Kenai Peninsula Food Bank

33955 Community College Drive, Soldotna, AK

(907) 262-3111

The Salvation Army

201 N. Forest Dr., Kenai, AK

(907) 283-3879

Provides emergency food and shelter, distributes food commodities, and offers utility and rent assistance.

Kenai Public Health

630 Barnacle Way, Kenai, AK

(907) 335-3400

Kenai Public Health Center provides immunization services for those who have no insurance plan or have insurance plans that do not cover vaccinations. Vaccinations are provided via a sliding fee scale by appointment only. Please call to schedule

Resources (continued)

Peninsula Community Health Services of Alaska

230 E Marydale Ave., Soldotna, AK

(907) 260-3692

A comprehensive community health center serving the Kenai Peninsula that offers medical, dental, and behavioral health services. They accept all forms of insurance and offer a sliding fee scale for those without insurance.

Alaska Legal Services Corporation – Provides legal assistance to seniors, income guideline may apply.

Anchorage at 1-888-478-2572

Kenai Location

P.O. Box 2463

100 Trading Bay Rd. Unit 5, Kenai, AK

(907) 953-7608

Medicare and Insurance -

Insurance counseling program **1-800-478-6065**

Medicare Prescription Drug info. **1-800-633-4227**

Information about Medicare.

Tyotkas Elder Services

1000 Mission Avenue, Kenai, AK 99611

(907) 335-7280

Kenaitze Indian Tribe's Elder service program, called Tyotkas, serves over 125 Elders and aims to improve quality of life through fostering an environment of quality, dignity and pride.

Community Events

Wednesday Market—June 3rd-September 2nd

Starting at 11:00am join our locals at the Soldotna Creek Park.

For more information please contact Soldotna Chamber of Commerce. (907) 262-9814

Wednesday Music in the Park—June 3rd-September 2nd

From 6:00pm-9:00pm stop by Soldotna Creek Park every Wednesday for a new Music in the Park series. This FREE "Live after Five" series will also include extended hours for the Wednesday Market so you won't miss out on local food, vendors, craft beer and some fantastic local musicians. Bring a blanket and enjoy our new park with the entire family. For a full schedule visit www.visitsoldotna.com For more information contact the Soldotna Chamber of Commerce (907) 262-9814.

Saturday Market— May 23rd– September 12th

From 10:00am– 5:00pm join our locals at the Kenai Market at the Kenai Visitor Center parking lot.

For more information please contact Kenai Chamber of Commerce Visitor Center : (907) 283-1991

Flats Bistro: Live music with Raymond Machen-Gray from 6:30pm-8:30pm on Mondays. Tuesdays 6:30pm-8:30pm with Garrett Mayer.

Veronica's in Old Town Kenai: Open Mic music from 6:30pm-9:00pm Fridays and on Saturdays live music by the *Pepper Shakers* from 6:30pm-9:00pm.

"It is our belief that people are healthier and happier living in their own homes and communities. Based on that belief, Frontier Community Services will advocate for the right of individuals with disabilities of all ages to live in the home and community of their choice."

Senior Community Resource Calendar 2015



Frontier Community Services

43335 K-Beach Rd. Suite #36

Soldotna, AK 99669

Main Office Phone: (907) 262-6331

Family Services Department: (907) 714-6647

Senior Community Resource Calendar

All resources are subject to change. Please call ahead to confirm.

August 2015

Sun

Mon

Tue

Wed

Thu

Fri

Sat

<u>Soldotna Library Events</u> To call for event details: (907) 262-4227	<u>Kenai Library Events</u> To call for event details: (907) 283-4378	<u>Farmers Market</u> Every Tuesday 3:00pm-6:00pm Kenai Peninsula Food Bank				1
2	3 <u>Food Pantry</u> 9:00am-3:00pm Nikiski Senior Center	4 <u>Caregiver Support Group</u> 1:00pm Sterling Senior Center	5 <u>Social Security</u> 9:00am-12:00pm Kenai Senior Center	6 <u>Blood Pressure Checks</u> 11:00am-2:00pm Soldotna Senior Center	7	8
9	10 <u>Food Pantry</u> 9:00am-3:00pm Nikiski Senior Center	11 <u>Caregiver Support Group</u> 1:00pm Soldotna Senior Center	12	13 <u>Blood Pressure Checks</u> 11:00am-2:00pm Soldotna Senior Center <u>Caregiver Support Group</u> 5:00pm KPFCSP Office Blazy Mall	14	15
16	17 <u>Food Pantry</u> 9:00am-3:00pm Nikiski Senior Center	18 <u>Caregiver Support Group</u> 1:00pm Kenai Senior Center <u>Grief Support Group</u> 5:30pm-7:00pm Kenai Peninsula Hospice	19 <u>Social Security</u> 9:00am-12:00pm Kenai Senior Center	20 <u>Blood Pressure Checks</u> 11:00am-2:00pm Soldotna Senior Center	21 <u>Kenai Peninsula Fair</u> Contact Homer Chamber of Commerce for more info: 907-235-7740	22 <u>Kenai Peninsula Fair</u> Contact Homer Chamber of Commerce for more info: 907-235-7740
23 <u>Kenai Peninsula Fair</u> Contact Homer Chamber of Commerce for more info: 907-235-7740	24 <u>Food Pantry</u> 9:00am-3:00pm Nikiski Senior Center	25 <u>Caregiver Support Group</u> 1:00pm Soldotna Senior Center	26	27 <u>Blood Pressure Checks</u> 11:00am-2:00pm Soldotna Senior Center <u>Caregiver Support Group</u> 6:00pm FMN Adult Day Center 905 Cook Ave Ste. B Kenai AK	28	29 <u>2015 Soup Supper and Auction</u> Kenai Central High School Contact Kenai Peninsula Food Bank for more info: 907-262-3111
30	31					