



# ILLINOIS LUTHERAN CHAMPIONSHIP CHEERLEADING COMPETITION

## 2002 GRADE SCHOOL APPLICATION



TYPEWRITE INFORMATION EXCEPT SIGNATURES; IF NO TYPEWRITER IS AVAILABLE, PRINT LEGIBLY IN BLACK INK.

\_\_\_\_\_ Lutheran School of \_\_\_\_\_, Illinois, hereby applies to participate in the ILLINOIS LUTHERAN CHAMPIONSHIP CHEERLEADING COMPETITION.

We hereby certify that all participants – cheerleaders, coaches and other staff members – listed in this application are eligible to participate in the state competition in accordance with its rules and regulations, which we have read and fully understand.

Our school hereby understands and agrees that entry into the state competition is an authorized school event and that the school accepts any and all liability and responsibility for participation, injury to any participant, loss and/or damage to any property and equipment. The school also hereby waives all liability and responsibility of, and holds harmless, the Lutheran Sports Association of Illinois, Inc., its directors, volunteers, host schools, competition sites and competition officials, for any occurrence of participation, injury to any participant, loss and/or damage to any property and equipment.

School Address: \_\_\_\_\_  
 Town, ZipCode: \_\_\_\_\_  
 Telephone: (\_\_\_\_) \_\_\_\_\_ Team Nickname: \_\_\_\_\_  
 Fax: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_  
 School Colors: \_\_\_\_\_

SCHOOL  
SEAL OR STAMP  
Church Body  
 ELCA    LCMS    WELS  
 Other: \_\_\_\_\_  
 School Enrollment (K-8) \_\_\_\_\_

Athletic Director: \_\_\_\_\_ Signature: \_\_\_\_\_

Home Address: \_\_\_\_\_

Town, ZipCode: \_\_\_\_\_ Home Telephone: (\_\_\_\_) \_\_\_\_\_

Principal: \_\_\_\_\_ Signature: \_\_\_\_\_

Home Address: \_\_\_\_\_

Town, ZipCode: \_\_\_\_\_ Home Telephone: (\_\_\_\_) \_\_\_\_\_

### STATE COMPETITION COACHING STAFF

A CHEERLEADING SQUAD ENTRY FEE PAYS FOR A MAXIMUM OF THREE PERSONS ON THE CHEERLEADING STAFF.

IT ALSO PAYS FOR THE SCHOOL PRINCIPAL AND ATHLETIC DIRECTOR.

OTHER STAFF MEMBERS WILL BE LISTED IN THE PROGRAM BOOK, BUT MUST PURCHASE A TICKET!

Head Coach: \_\_\_\_\_ Signature: \_\_\_\_\_

Home Address: \_\_\_\_\_ Office Telephone: (\_\_\_\_) \_\_\_\_\_

Town, ZipCode: \_\_\_\_\_ Home Telephone: (\_\_\_\_) \_\_\_\_\_

Assistant Coach: \_\_\_\_\_ Home Telephone: (\_\_\_\_) \_\_\_\_\_

Assistant Coach: \_\_\_\_\_ Home Telephone: (\_\_\_\_) \_\_\_\_\_

Statistician: \_\_\_\_\_ Manager: \_\_\_\_\_

SCHOOL: \_\_\_\_\_

# CHEERLEADERS

TOWN: \_\_\_\_\_

**TYPEWRITE INFORMATION EXCEPT SIGNATURES; IF NO TYPEWRITER IS AVAILABLE, PRINT LEGIBLY IN BLACK INK.**

	WRITTEN SIGNATURE (Do Not Print)	CHEERLEADER'S NAME (For Program Book)	GRADE	BIRTHDATE
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				

Has your squad won any awards during the current season?

Yes (Please List)

No

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Principal's Signature	Total Number of Cheerleaders



# ILLINOIS LUTHERAN CHAMPIONSHIP CHEERLEADING COMPETITION



## GRADE SCHOOL RULES (Latest Revision: October 7, 1994)

### FORMAT

- 1.01 There shall be one division of competition, as further defined herein.
- 1.02 The state competition field shall consist of no less than eight squads.
- 1.03 The state competition shall be conducted as a "routine" competition, in which squads will be judged on a number of grading criteria.
- 1.04 Each squad will be guaranteed to participate in one round of competition. The LSA Board of Directors may, at their sole discretion, select to hold an additional round or rounds of competition, because of the number of squads in the competition field or for any other reason deemed appropriate by the Board of Directors.
- 1.05 The final round of competition will be held on Sunday. Other rounds, if included in the competition, shall be held on Saturday. Squads submitting entry applications must be prepared to perform on Saturday, possibly as early as 9:00 A.M.
- 1.06 The Illinois Lutheran Championship Cheerleading Competition shall be conducted annually during the month of March, on the same weekend as the Illinois Lutheran Basketball Tournament of Champions for grade schools is held.

### SQUAD SELECTION CRITERIA

- 2.01 The Board of Directors of the Lutheran Sports Association of Illinois, Inc. ("LSA") shall select, or cause to be selected by whatever means in their opinion is appropriate in the circumstances, the most representative squads in the state (also see Rule 2.03) for participation in the state competition.
- 2.02 The LSA Board of Directors reserves the right to require preliminary competition playoffs in circumstances where, in the opinion of the Board of Directors, more entries are received than can be accepted for participation.
- 2.03 Squad selection preference will be given to those squads that have received awards in tournament, league or other competitions during the current scholastic year in determining which entry applications are to be accepted.
- 2.04 Squads that have not won awards are encouraged to submit entry applications for consideration and possible acceptance in order to round out the competition field.

### SQUAD ELIGIBILITY

- 3.01 Squads must be established squads which have represented a Lutheran grade school in an established league, tournament or competition during the current scholastic year.
- 3.02 Each squad is allowed a maximum of two persons to function as coach or manager. Each squad must have at least one person who must be at least twenty-one years of age to function in one of the above capacities.
- 3.03 A squad must have represented the school at a minimum of seven official league, tournament and/or non-conference sports activities in order to be eligible for participation in the state competition. The school's principal must certify that this condition of eligibility has been met.

## MEMBER ELIGIBILITY

- 4.01 Squad members must be students of the sponsoring grade school and have complied with the eligibility rules of their league(s), tournament(s) and/or competition(s). A student is defined as a full-time student of the sponsoring school. To participate in the state competition, members must have been full-time students before January 1 of the given competition year.
- 4.02 All members must have participated in at least fifty percent (50%) of the entering squad's total scheduled appearances. The school's principal must certify that this condition of eligibility has been met. In order to qualify under this rule, a member will be considered to have participated in an appearance if he or she was in uniform for the appearance. Exceptions may be permitted in case of injury, illness, late entry into the sponsoring school or similar circumstances, providing that advance approval is obtained from the Board of Directors prior to the entry deadline date.
- 4.03 For the purpose of meeting the requirements of Rules 4.01 and/or 4.02, a school will be considered to have had one combined cheerleading roster during the current scholastic year.
- 4.04 Each player, coach, manager and statistician must be able to prove his/her identity by written signature and a currently valid school identification card or other acceptable proof of identity.
- 4.05 Identification as needed must be proven at least sixty minutes prior to an individual's first state competition appearance.
- 4.06 Any individual unable to comply with Rules 4.01 through 4.05, as applicable, will not be permitted to participate in the state competition.

## SQUAD ENTRY APPLICATION

- 5.01 Each squad is required to submit by the entry deadline date, which shall be four weeks prior to the first state competition date, an entry application and the entry fee in the form of a check or money order made payable to the *Lutheran Sports Association of Illinois, Inc.*
- 5.02 All entry applications must be approved by the principal of the sponsoring school and must bear the official school seal.
- 5.03 In the case of applications of award-winning squads, the Board of Directors may require the approval of the tournament, league or competition chairperson and/or additional information in the form of certified copies of the complete activity schedule, score results of all rounds of competition, the activity roster, rules and any other information that the Board of Directors deems appropriate.
- 5.04 The official roster must contain the following information for each squad member: signature, full name, date of birth, certification by the squad's principal, and other information specified on the official application.
- 5.05 Any application received or not completed until after the entry deadline date will be accepted only if a state competition berth is available.
- 5.06 Acceptance of entry applications shall be final and entry fees accompanying approved applications shall not be refundable.

## EQUIPMENT

- 6.01 Each squad is required to supply its own practice, competition and dressing room equipment.
- 6.02 Each squad is required to have one set of uniforms, all which must be of the same basic design. Squads may use the uniforms of one of their local area squads which is not participating in the state competition in order to fulfill this requirement.
- 6.03 Under no circumstances will a squad member be allowed to participate in a round of competition without a suitable cheerleading uniform. Suitability shall be determined solely by the opinion of the Board of Directors.

## COMPETITION RULES AND JUDGING CRITERIA

- 7.01 National Federation for Cheerleading rules and guidelines shall govern competition, except where specifically superseded by LSA rules.
- 7.02 The LSA reserves the right to issue rule supplements from time to time, which may cover judging criteria, procedures, scheduling changes and/or other matters.
- 7.03 The Head Judge(s) for the competition shall be certified cheerleading judges selected by the Board of Directors.
- 7.04 Any protest must be submitted to the competition officials in accordance with National Federation for Cheerleading rules and guidelines immediately following the incident being protested. The officials shall immediately deliver the protest to the Board of Directors and competition shall be suspended while the directors adjudicate the protest. The judgement rendered by the directors may not be appealed and competition shall resume upon such judgement.

## AWARDS

- 8.01 One squad award shall be presented to each squad participating in the final round of competition.
- 8.02 One individual award shall be presented to the principal, athletic director, each squad member, coach and manager on the Championship and second place squads.

## GENERAL

- 9.01 The Principal, and the Principal's designees, shall be responsible to the LSA and STATE hosts for matters pertaining to all athletic and non-athletic activities of their school at the STATE competition. In addition, they shall be responsible to insure that their school is properly represented at all STATE events and shall be responsible for the conduct of their participants and other persons from their school, including spectators. Coaches, managers and squad captains shall also be responsible for squad conduct both on and off the competition site.
- 9.02 It is the clear obligation of students, school staff, boards of education and all other official representatives of participating schools to practice and promote the highest principles of Christian behavior, sportsmanship and ethics of competition. It is also their obligation to maintain proper crowd control at all STATE activities. The LSA, its directors, volunteers, host schools, tournament sites and tournament officials shall have no responsibility for crowd control nor of the actions of school representatives, including spectators. The Board of Directors shall have full authority over all schools, their representatives and spectators and shall have full authority, at its sole discretion, to penalize any school, any of whose representatives or spectators may be adjudged upon competent evidence to have violated these obligations.
- 9.03 Housing accommodations, transportation, meals and incidental expenses shall be the responsibility of participating squads, except that all squads not commuting from their home towns for each day's competition schedule must stay in LSA-approved lodging facilities.
- 9.04 Schedules for the state competition will be mailed to participating squads approximately ten days prior to the first competition date.
- 9.05 Members and squads must comply with the eligibility rules of their own league(s), tournament(s), competition(s) and the state competition.
- 9.06 These state competition rules will not operate to make a member or squad eligible for other league(s), tournament(s) or competition(s) when such member or squad would be ineligible under the rules of such other league(s), tournament(s) or competition(s). The rules of other league(s), tournament(s) or competitions will not operate to make a member or squad eligible for the state competition when such member or squad would be ineligible under state competition rules.
- 9.07 Requests for granting of exceptions to published rules must be submitted in writing to all members of the LSA Board of Directors no less than fifteen (15) days prior to the date by which a ruling on such request is required. Rulings by the Board of Directors are final.



# ILLINOIS LUTHERAN CHAMPIONSHIP CHEERLEADING COMPETITION STATE 2002 SUPPLEMENTARY RULES



1. Cheerleading squads are not permitted to use music of any kind.
2. There will be no use of props of any kind (including signs, pom, gloves, etc.)
3. Each squad will be allowed three and one-half (3½) minutes to execute their work. Penalties will be charged against the total points scored if your squad goes over the allotted 3½ minutes. Time begins when the announcer finishes his/her introduction. The introduction will consist of the following: *(School name) will be up next. The (School name) mascot is \_\_\_\_\_. Their school colors are \_\_\_\_\_. They are coached by \_\_\_\_\_. (School name), the floor is yours.* The time ends when the last squad member crosses the free throw line on the opposite end of the gym floor. Penalties are as follows:

1- 5 seconds over	=	10 point penalty
6-10 seconds over	=	15 point penalty
11-15 seconds over	=	20 point penalty
16 seconds & over	=	Disqualification

NOTE: Individual introductions of squad members will occur AFTER the 3½ minutes of competition has been completed.

4. A spotter is necessary in any stunt that is more than shoulder high. In other circumstances a spotter(s) is necessary when your coach, advisor, Board of Education, principal, etc. deems it necessary to insure safety.

Note: The LSA recommends that a spotter be used in a stunt with any degree of difficulty. A spotter's primary responsibility is to watch for safety hazards. A spotter cannot be a part of the pyramid or stunt. In an extension, the third base is not considered a spotter. Variations of a squad's skill may indicate a spotter is appropriate. The LSA recommends that when in doubt, use a spotter.

The term "2 high" is defined as 1 or 2 cheerleader(s) with at least 1 or more bases in contact with the floor supporting the weight of a cheerleader(s). Penalty assessed for violation of the "2 high" rule will be a deduction of 25 points from total score.

5. Cheers must be performed in the following order:
  - A. Compulsory Cheer
  - B. Pause
  - C. Chant
  - D. Pause
  - E. Optional Cheer

Penalty for performing cheers in another order will result in a deduction of 25 points from total score. The judges' decision regarding the correct order of cheers is final. It is NOT ACCEPTABLE to do a series of, for example, sidelines and/or floor cheers and "count" that series as one cheer or chant. Each pause must be at least seven (7) seconds in length. All cheers must be performed from the judges' left to right.

6. The **COMPULSORY CHEER** is defined as a floor cheer with no stunts other than jumps ...nothing other than cheering and jumps ... no mounts, duos, stunts, splits, gymnastics, etc. The Compulsory Cheer must consist of three (3) formation changes (the beginning position counts as one formation). The squad must do a minimum of two (2) different jumps, from a standing position to a standing position. These jumps are to be done in unison by the entire squad. Additionally, the words for the Compulsory Cheer must be done once, and once only. Deviation of words will result in a deduction of five (5) points. These words are:

*Let's go (You) (Nickname). G - O*  
*Let's fight tonight.*  
*Let's go (You) (Nickname). G - O*  
*Let's win tonight.*  
*Let's Go (Nickname), Let's Fight (Nickname), Let's Win T-O-N-I-G-H-T.*  
*Tonight.*

Where: (You) is your option to use.  
 (Nickname) could be, for example: DePaul, DePaul Blue Demons, Blue Demons or Demons.

7. A **CHANT** is a series of words presented in short, peppy, rhythmic patterns done exactly the same way with NO DEVIATION, a minimum of two (2) times. Only floor formations changes can occur during the chant ... no jumps, no stunts of any kind.
8. An **OPTIONAL CHEER** is a floor cheer where, as long as STATE rules are followed, your squad can really shine ... feel free to include duos, mounts, gymnastics, etc. ...

EVERYTHING YOU'VE GOT!!



# ILLINOIS LUTHERAN CHAMPIONSHIP CHEERLEADING COMPETITION STATE 2002 JUDGING FORM


 Preliminary Round

SQUAD: \_\_\_\_\_

 Final Round

CATEGORY	MAXIMUM POINTS	AWARDED POINTS	TOTAL POINTS
<b>COMPULSORY CHEER</b>			
Execution & Precision	10		
Originality	10		
Skill Level (Jumps, Formation and/or Movement)	5		
Overall Impression	10		
<b>COMPULSORY CHEER TOTAL</b>	<b>35</b>		
<b>CHANT</b>			
Technique (Arm Movement-Vitality-Leadership-Execution-"Catchy" Rhythm)	10		
<b>CHANT TOTAL</b>	<b>10</b>		
<b>OPTIONAL CHEER</b>			
Execution & Precision	10		
Skill Level (Mounts, Gymnastics, Duos, etc.)	10		
Overall Impression	10		
<b>OPTIONAL CHEER TOTAL</b>	<b>30</b>		
<b>OVERALL IMPRESSION</b>			
Appearance/Grooming	10		
Voice	10		
Enthusiasm (Smile, Pep, etc.)	10		
Eye Contact	5		
Fitness	5		
Continuity & Flow	5		
<b>OVERALL IMPRESSION TOTAL</b>	<b>45</b>		
<b>TOTAL POINTS</b>	<b>120</b>		
LESS: PENALTY (If Any)			
<b>FINAL SQUAD TOTAL</b>			

SUGGESTIONS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_





# Lutheran Sports Association Of Illinois

## Housing List Instructions

**Book your rooms early. It is easier to cancel rooms than to find them at the last moment!**

1. Please print or type all information
2. The LSA uses both fax machines and E-Mail to communicate as we prepare for the tournament weekend. Please list the phone number of a fax machine that will answer calls during the evenings.
3. Indicate what nights you will be staying at the hotel.
4. Indicate the exact number of individuals staying. The hotel will use this information as they assign the rooms. The number of rooms with 2 double beds is limited. A party requesting 3 in a room may be assigned a King and a roll away. (There will be no charge for the roll away.)
5. If you make changes in your housing needs, such as requesting a room for 2 people and then decide to bring 5, please contact the housing chairman or hotel as soon as possible. Additionally, contact us as soon as possible regarding the need of any adding or deleting rooms.
6. If you request a roll away you will be billed for it. They are usually available on a first come, first served basis.
7. The credit card information requested assists the hotel as they begin the registration process. This card is used only if the hotel finds that they are unable to bill a room for incidentals. You may choose to use a school purchase order for this purpose.
8. All guest rooms pay for their own individual rooms. Some schools make arrangements for payment using a school check. If you have questions, please call the hotel.
9. Please do not ask the hotel to break the room blocks. Doing so will disrupt the entire housing arrangements. Also, please do not book the room in the name of 1 individual and then have different people stay in the room.
10. Remember that there are other guests staying in the hotels. Supervise your children in the public areas of the hotel, such as the elevators, lobby, and swimming pools. Hotel security will enforce all curfews.
11. Direct your housing questions to Jim Kroll, housing chairman.  
Phone: 608-756-2286 (voice) 608-756-2286 (fax) or E-mail: [luthsports@aol.com](mailto:luthsports@aol.com)