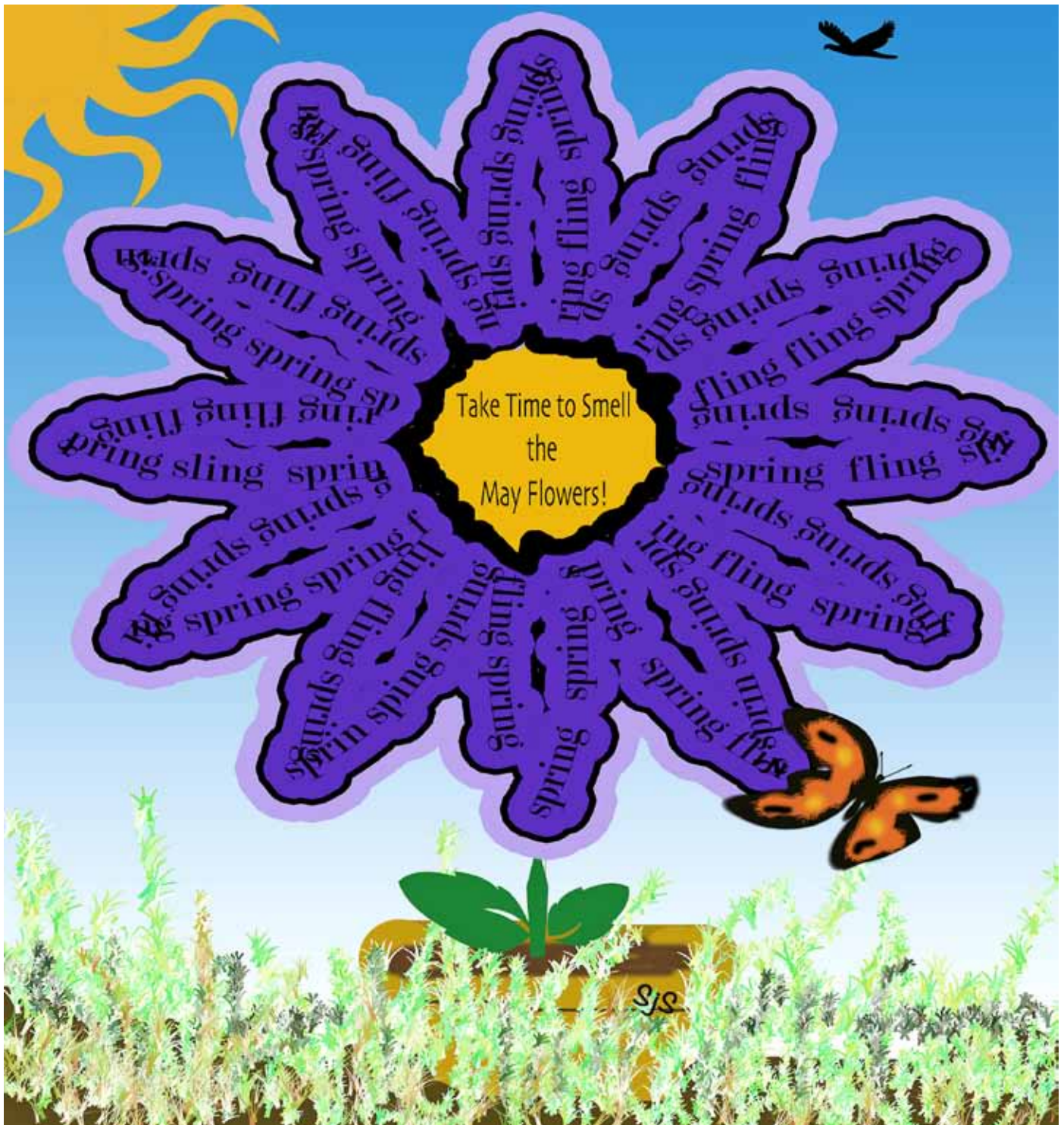




Vol. 1, No. 4

Published by and for The Residents of Sea Breeze at Lacey

May 2013



Sea Breeze at Lacey Homeowners Association

2 Arborridge Drive
Forked River, NJ 08731

Property Manager:

Denise Mack,
dmack@wentworthmgt.com
Phone: 609-693-0630 (onsite office)
Office Hours: Monday through Friday
9AM to 11AM and 3PM to 5PM

Management Company:

Wentworth Group, Inc.
www.wentworthmgt.com
21 Christopher Way
Eatontown, NJ 07724
Phone: 732-728-9690
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Committees

(as of 4/2013)

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frkseagles@myway.com
Co-chair-Angela Williams
juliasofsavannah@netscape.net
Erin Barcan
Kathy Johnson

Judy Hovey
Carol Branham
Linda Gargullo
Nancy Quirple
Joanne Ramirez

Welcome Committee

Chair- Ann Pettineo
annpettineo@aol.com
Secretary- Maryanne Ras

Maggi Morrow – co-chair
Joan Richardson
Bobbie Tier Joan
Judy Fancell

IT Committee

Chair- Jim Daly-
jimdaly52@gmail.com

Tom Brown
Joe Ferreira

Building and Grounds Committee

Chair- Richard Fela
rfelasr@gmail.com
Co-Chair-Carsten Bischoff
Secretary- Phil Nardomarino

Al Carlson
Charlie Schafer (Toll)
Denise Mack (Management)
Tom Brown

Attention Breezeway Readers! Our May Contest is now in full bloom, just like the flowers!

Read this month's Breezeway and FIND YOUR NAME somewhere hidden on one of the pages.

Your name will not be in an article where names are required or there are lists of names, for example. It will be in an obscure place that you will have to look closely to find.

Find your name, email seabreezenewsletter@gmail.com to claim your prize!

The Breezeway Newsletter Editorial Staff
seabreezenewsletter@gmail.com

Chair - Sue Stasse - sjstasse@gmail.com
Pat Nardomarino
Walt Bischoff

Issue Deadlines

If you would like to contribute an article to The Breeze Way, please keep in mind that the deadlines for submissions is the first of the month (before the event or article) needs to be published. Ex: the deadline for publishing something in the April issue is March 1.

Send your articles and feedback to mailto: seabreezenewsletter@gmail.com or drop them off at the Sea Breeze at Lacey office in the clubhouse.

Meet Our Publisher

The Breeze Way is printed by Senior Publishing Company, 1520 Washington Avenue, Neptune, NJ 07753. Senior Publishing prints newsletters for over eighty HOAs and condominium associations in New Jersey. Printing costs are paid by advertisers who target over-fifty five consumers (that's us!). The advertisers are solicited and managed by the Senior Publishing Company. The Breeze Way is printed at no cost to us.

STATEMENT OF POLICY

The Breeze Way is published to serve all residents of Sea Breeze at Lacey. We invite residents to send articles of interest to the Sea Breeze at Lacey community, including, but not limited to, recipes, short stories, poetry, neighborhood news, gardening tips, restaurant recommendations, and photographs. Material must be in good taste and non inflammatory. We solicit articles but all material is subject to approval by the editorial board which reserves the right to accept, edit, condense, or reject any piece submitted. The author must sign any non-staff contributions. Articles should be limited to about 1000 words or less. The articles published are the individual views of the authors and do not necessarily represent the views of The Breeze Way staff or the Board of Trustees. Classified Advertisements are accepted only from residents of Sea Breeze at Lacey; they must not compete directly with paid advertisements contained in the newsletter. NOTE: Publication of advertisements for products and services is not an endorsement by the Board of Trustees or The Breeze Way staff.

Around Town

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609-693-1100

Mailing Address: 818 W. Lacey Road,
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Police Emergency 911

Police Non-Emergency(609) 693-6636
Public Works Ext. 2301
Administrator's Office Ext. 2235
Municipal Clerk Ext. 2200
Tax Collector Ext. 2213
Tax Assessor Ext. 2242
Treasurer Ext. 2292
Municipal Court Ext. 2262
Board of Health Ext. 2247
Zoning Ext. 2250
Building Department Ext. 2252
Code Enforcement Ext. 2249
Recreation Ext. 2203
Public Works Ext. 2301

Block Captains

At this time, the following residents have been assigned areas on or around their homes to distribute the newsletter. As we grow, more Block Captains will be needed.

Arborridge:

#1 - #47 Ruth and Luis Velez, 26 Arborridge
#48 - north Judy Hovey, 85 Arborridge
Frank Williams, 73 Arborridge

Holbrooke & Part of Gladstone:

Ruthann Cherenice, 41 Gladstone

Gladstone & Iverness:

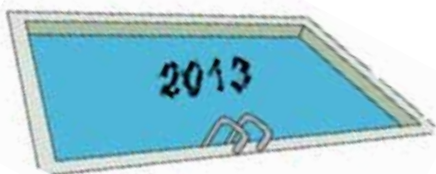
Joanne Lant, 24 Gladstone



ATTENTION HOMEOWNERS:

The landscape company will be mowing on FRIDAYS this season. Please do not use sprinklers on Fridays due to puddles and ruts forming when mowing.

Sea Breeze at Lacey Homeowners' Association



Memorial Day is really all about honoring those who have died for our freedom. We should never forget its real meaning and remember to stop and say thank-you to those who have died for us and to their families who live on with only their memories. After all, they gave up their own lives to protect our rights and freedoms.

As the warmth and fun of the summer season finally arrives, after a long and cold winter for those of us who didn't fly south, let's never forget the real meaning and reason that we celebrate Memorial Day!

Pool Opening

May 25, 2013

10:AM

Memorial Day and Memorial Day weekend have always signified the start of the summer season for most of us. On this weekend, we Americans celebrate with barbecues, get togethers, pool openings, etc. Let's not forget what Memorial Day is really all about, and then let's celebrate the opening of the Sea Breeze pool season for 2013!



Pool Hours

Adults and Guests over 18

11AM to 7PM-Weekdays

10AM to 8PM-Weekends and Holidays

Children 3 to 18 year old

2PM-5PM Weekdays

1PM-5PM Weekends/ Holidays



Sea Breeze at Lacey Outdoor Swimming Pool and Spa Rules and Regulations

- Use of the Pool Only When lifeguard on duty
- Guests must be accompanied by a resident to enter the pool area
 - The use of the pool is not permitted during electrical storms; pool will be cleared and remain clear until thirty minutes after the last sign of thunder or lightening.

Spa:

- Children under the age of 18 are not permitted in the Spa, in accordance with State Regulations
- Higher water temperatures of the spa may cause health risks, including elevated blood pressure; if you believe you may be at risk by using the spa, please consult with your physician before doing so.

General Pool Rules:

- Residents responsible for actions of adult and child guests all times
- Diving, running, jumping, horseplay in pool areas not permitted
- Sitting on pool steps not permitted
- Water toys, flotations, **not permitted**. Swimmies, vests for children and *noodles* for adults are ok
- All persons shall shower before entering pool/spa
- No glass in pool area at any time
- Children under 3 and all children not toilet trained not allowed in the pool
- Use of diapers of any kind not permitted in pool
- Pool furniture can't be reserved for anyone not currently in pool area and can't be removed from pool area;
- Furniture rearranged in pool area must be returned to original positions after use; wipe down pool furniture after use; close umbrellas after use
- Residents/guests must clean up after themselves, using trash receptacles.
- Residents/guests causing disturbance will be asked to leave pool area.
- Pool is **NO SMOKING** area. **Designated area only** located at south end of clubhouse, directly outside parlor
- No pets in pool area
- Residents must towel dry themselves before entering building
- Food and alcohol not permitted in pool area
- Lifeguard on duty has authority to enforce all pool rules

Rules are made for your protection and are necessary to promote safety and courtesy at pool facilities.

Violators of the Rules risk losing pool privileges. Your cooperation with lifeguard and Community Manager and adherence to Association's Pool Rules and Regs are required to afford a safe and secure area of enjoyment for all residents and guests.

*Have a safe and Happy Summer!
Remember the sunscreen!*

Building and Grounds Committee Meeting Updates

More discussion has been held, as a pressure reducing valve for the gas line feed to a Stand by Generator is needed, for an additional cost . The proposal still needs to be approved by the Board and will be discussed.

The power test has not been run for the gate/entrance. Denise needs access to prepare for these tests; therefore, they are still on hold for the time being.

Purchase of additional exercise equipment still needs approval; another discussion about the equipment monitoring usage, and the need for Internet connectivity has taken place. Our BB committee believes that the Router Hub is at capacity, and additional hardware and or cable capacity will be required.

The Committee is still awaiting HOA approval for Defibrillator training at Sea Breeze. More information will be forthcoming.

The BG grounds will now implement a Bi-monthly schedule of inspections; weekly was too frequent. A master list of deficiencies within the community found as part of any of the inspections will be maintained in a master deficiency log. This log will allow the committee to keep sight of open issues, and maintain a history of the solutions to closed issues. This will also allow for the identification of recurring problems to allow for a long term solution. If you have any concerns, please contact a member of the Committee.

Many community members have felt that the Ballroom is excessively warm due to dancing, crowding at social events. This is currently in discussion with those responsible with hopes of making it more comfortable for all.

Sadly, it appears that we are not in compliance with the Americans with Disabilities Act. We need to make at least two entrances handicap accessible. Our hope is that this situation can be rectified as quickly as possible.

The storage location of the trailer from Topcoat has been of concern to residents. The committee is exploring the options to move the trailer to either the Cull-da-sac at the end of Holbrook or near the construction offices.



What's Happening at The Lacey Branch of the Ocean County Library

- First Saturday of each month at 9:30 AM the Knitting & Crocheting group meets to make friends and enjoy knitting together.
- Each Thursday the Mah Jong Mavens & Masters meet. They welcome beginners or advanced players.
- The annual Plant Swap will be on Saturday, May 4 from 10:00 am to 4:00pm. Drop off plants on Thursday & Friday and Saturday 9:00 am to 10:00 am.
- On Friday, May 3 at 1:00pm their Lunchtime Films will have a showing of The Long Long Trailer You are invited to bring lunch and some friends. Light snacks will be provided by the Friends of Lacey Library.
- On Wednesday, May 8 through Friday, May 10 the Annual Book Sale will be held. Donations can be dropped off Monday, May 6 and Tuesday, May 7.
- The Ocean County Connections Mobile Unit will be available to assist you on senior services, passport services, etc. at 10:00am on Tuesday, May 14.
- Tuesday, May 16 meet the Mayor at 6:30 pm.
- Thursday, May 16 from 10:00am until 12:00 noon the Ocean County Health Department will offer Blood Pressure Screening. Offered the 3rd Thursday of each month.
- On Monday, May 20 at 1:00 pm a book discussion will be held on A Place to Land by Martha Manning
- Assistance on using your computer, e-reader or database.
- Genealogy Class with Dawn Heyson to guide/assist your genealogy research.



This month we welcome to the Sea Breeze community Lois and Joseph Novelli and their son Joseph. The Novelli family moved to Gladstone on March 26th. They moved to Sea Breeze from Rockaway Township, Morris County, New Jersey.

Lois is retired and Joseph is working as an engineering appraiser. Their son Joseph is an environmental engineer. Lois and Joseph also have two daughters who are identical twins.

Lois enjoys genealogy. Joseph likes to play pinochle and he is also busy being a member of various organizations. When they were looking at adult communities, one of the reasons Lois and Joseph liked Sea Breeze was because of the many different options available in the model homes. They can't wait to settle in and start enjoying their lovely new home.

Welcome to the Neighborhood!



WELCOME COMMITTEE UPDATE

Ann Pettineo



The Welcome Committee has been busy putting together information packets for new homeowners at Sea Breeze. The information packets are being presented to each homeowner

in a gift bag. The information we have collected from Lacey Township includes: a yearly calendar, a list of various agencies and clubs, recycling information and booklet, activities schedule and information from the recreation department, which includes a list of parks and lakes in our town.

The Lacey Library provided us with copies of the Forked River Gazette, a monthly library calendar of programs and events, and a N.J. Theatre.

Alliance calendar, and Wells Fargo Bank provided banking information. We also included various menus from local restaurants. From the Sea Breeze community we included a monthly activities schedule and a list of services used by homeowners. It is also suggested that we use patronize services that are advertised in our monthly newsletter, The Breezeway..

The Welcome Committee has recently visited Michael and Denise Schrank and Steven and Betty Greenberg to welcome them to the Sea Breeze community and provide them with the information packet. We are scheduled to visit and welcome other new homeowners within the coming months.

The Welcome Committee wants to welcome our newest member, Judy Fancelli; we all look forward in working with her.

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Our Health and Wellness

National Blood Pressure Awareness Month

Since 1984, May has been designated as National Blood Pressure Awareness month in the US. Their motto is, "know your numbers." Many people living with high blood pressure don't even know that they have it; there are no symptoms until it is too late when a heart attack or stroke is the first sign. It's important to manage blood pressure at home. Blood pressure varies up and down, so don't panic if you have a higher than normal first reading. Your readings should have normal readings on subsequent checks.

Blood pressure reading has two numbers, systolic pressure, the higher (top) number, and diastolic pressure, the lower (bottom) one. A reading of 140/90 or higher is considered high. "Normal" blood pressure is 120/80 or lower; however, the lower the pressure the better! You shouldn't panic if one reading is high; many people who do not have typically high blood pressure and have high first readings usually have normal readings after taken again.

The most important thing to do is manage this problem yourself. It is up to us to control our own weight, exercise, salt intake, and remember to take any prescribed medicines. It should be up to you to take your own blood pressure. Our doctors manage our health issues but cannot assume responsibility for our lifestyles. Be sure to let your doctors know of any blood pressure concerns and stay in control of what we can control. We've all probably heard this advice from our doctors at one time or another.

We would like to send a sincere & heartfelt thank you to our Sea Breeze neighbors who sent get well cards, healing mass cards, inspirational books, plants, flowers, all the delicious meals, for walking our dog "Patches" & taking me on shopping trips to keep my spirits up.

Both Art & I really appreciate everything.

The breezes whispered softly as they blew ...

Thank you, thank you, thank you.

You didn't have to do what you did.

And that's what made it so special.

Love Carol & Art Branham



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Enthusiastic & compassionate, that's how I describe Ron Cantalupo! He transformed a house into a home & became part of our family along the way. An absolute master in measuring & laying out space to create elegant & timeless rooms that appeal to all ages in our family. Most important, he's practical with your dollar. A true gentleman & businessman who decorates rooms that are current & classic. The great Gatsby of interior designing!

ELIZABETH PINIZZOTTO of TOMS RIVER

ads-3159



Holidays or not, that is the question! According to Google, when you enter “May holidays,” what pops up are some very bizarre, but authentic holidays. One month recently was Frozen Food month, which I had a hard time believing until Rachel Ray briefly spoke about it on one of her shows. So, here is the list of May “holidays” and Highlights of the month that you can celebrate, if you’re looking for a reason to have a gathering here at Sea Breeze. However, we really don’t need a reason, do we?

May is...

Better Sleep Month:

Did you know that there is actually an *International Sleep Products Association*, that was created in 1978? It was first called the *National Association of Bedding Manufacturers*. They are a non-profit organization that created generic marketing programs to provide consumers with information about the importance of a new mattress. The *Better Sleep Council* designated May as Better Sleep Month. They also created *The Guide to Better Sleeping*, now referred to as the *Better Sleep Guide*. Their educational marketing program went on to win awards for excellence.

Here are some things that you might not know about getting a good night’s sleep:

It’s just as important as a good exercise and diet program; important for mental, emotional, and physical health.

Aim for 8 hours of sleep a night, or between 7.5 and 8.5 hour to perform your best during the day; giving up important snoozing hours may cause problems during the day such as difficulty concentrating, weakened immune system, and sometimes even high levels of stress.

A more quality sleep can be accomplished by sleeping on a better mattress. A study conducted by Oklahoma State University, a new mattress significantly improves sleep comfort, sleep quality, improvement and relief from back pain and spine stiffness.

At least 40 million Americans suffer from some chronic, long-term sleep disorder, and about 20 million have occasional sleeping problems, according to the National Institute of Neurological Disorders and Stroke, National Institute of Health, May 2007.

Could your sleep be affected by your mattress? How Do You Know that You NEED a New Mattress?

Your old mattress can still feel comfortable after it has lost its benefits (providing your body with proper support). It may still feel comfy, but it may no longer provide your body with the support it needs for a good sleep.

Is it time to change your mattress?

- Your mattress is 5 to 7 years old
- You awaken with stiffness, numbness, aches, pains
- You had a better night’s sleep at a hotel or in a friend or family member’s guest room
- Your mattress sags, has lumps, or shows other signs of overuse

Maybe that’s the cause of your most recent bouts of insomnia. We spend at least 1/3 of our day sleeping. Quality sleep is important to our health. Invest in a new or different mattress. Many companies have 30 day trials for you to see if that has been what has been keeping you from getting a goo night sleep without. Lest costly? Take a siesta- it’s MAY!*

Ole! Cinco de Mayo

Cinco de Mayo is a Mexican Holiday celebrating the Battle of Puebla, May 5, 1862. In 1861, France sent an army to invade Mexico to collect war debts. The French army was larger, better trained and equipped than the Mexicans attempting to defend the road to Mexico City. They traveled through Mexico until reaching Puebla. Mexicans made a valiant stand, and won a huge victory. The French army regrouped and continued; eventually taking Mexico City, but the euphoria of an unlikely victory against overwhelming odds is remembered every May fifth. Have a siesta on this day, or a burrito!?

MAY is...

National Barbecue Month

Clean out anything living in your grills, because May is **National Barbecue Month**. Hopefully, May will bring nicer and warmer weather back to us, so fire up those grills, clean off the patios, and bring back our friendly outdoor gatherings! I’ll have mine rare, please!

Spring brings the beginning of grilling season. If you haven’t been grilling all winter, it’s time to dust off the grill. Since it may not have been used in many months, sitting outside or in storage, it also may need some replacement grill parts before it can be used again. It is not uncommon, especially if your grill has been outdoors all winter, for the gas grill burners or cooking grids to need replacement. Prepare ahead of time and get your grill out to see if you need any replacement gas grill parts. The grilling season is here!



May is... National Speech and Hearing Month

Every May, *Better Hearing and Speech Month* focuses on hearing loss and encouraging people to be screened for hearing loss. Newspapers, magazines, and health publications include notices about this annual event, along with various organizations working together to get the word out to the public about hearing loss and to offer free or reduced price hearing tests and in assistance to obtain hearing aids.

Better Hearing and Speech Month began in 1927, and expands as more speech and hearing loss organizations join the Council for Better Hearing and Speech Month. For example, in 1982 the Hearing Loss Association of America (HLA) joined the council.

Ring in the ears, a high-pitched whining, electric buzzing, hissing, humming, "whooshing" or whistling sound, the constant sound of a bottle of soda hissing in your ear(s) are all referred to as "Tinnitus."

OTOTOXIC DRUGS AND TINNITUS

By Steven Dolgoff, R.PH

Sometimes it starts out so mildly that it takes time to notice- but what caused it? Believe it or not, it could be caused by a medication you were recently placed on to treat high blood pressure, arthritis, an infection, nerve pain, back problems, disc compression, sciatica, depression, breathing problems (ie: certain inhalers) antihistamines, ADHD, convulsions, etc. As you can see, the list goes on. These drugs are called **Ototoxic** drugs.

You should never discontinue these drugs without discussing it with your doctor. He/she may be able to replace it with a different medication. It is highly recommended that an Audigy Certified Audiologist examine you and try to determine the cause of the Tinnitus. It may be a Neuroma, (a non cancerous growth surrounding the nerve), medication, damage to the hairs in the inner ear, exposure to loud noises, damage to blood vessels in your head or neck, atherosclerosis in the vessels to the inner ear, or high blood pressure to name only a few of the causes. Once the cause is determined the next step is to try to treat it.



The Most Common Ototoxic Drugs Which Can Cause Tinnitus:

Anti-infective drugs:

Ampicillin, chlorhexidine (Peridex, Periogard, Hibiclens) azithromycin (Z-pak), erythromycin, metronidazole (Flagyl) or tetracyclins,

Anti inflammatory drugs:

NSAIDS which include aspirin, ibuprofen (Motrin), naproxen (Naprosyn, Aleve), fenoprofen (Nalfon), indomethacin (Indocin), piroxicam. (Feldene)

Cardiovascular drugs: enalapril (Vasotec), captopril (Capoten), digitalis, metoprolol (Lopressor or Toprol-XL), minoxidil,

Antineoplastic agents: cisplatin (Platinol), methotrexate, bleomycin, Vancomycin,

Water pills: Diuretics, acetazolamide, bumetanide (Bumex), furosemide (Lasix).

Antidepressants: Amitriptyline (Elavil), desipramine (Norpramin), doxepin, imipramine (Tofranil), nortriptyline (Pamelor).

Miscellaneous agents:

albuterol (ProAir HFA, Proventil HFA,

Ventolin HFA) antihistamines, atropine, carbamazepine (Tegretol), lithium, methylphenidate, theophylline (Theo-24, Uniphyll), in addition to alcohol, caffeine, and nicotine!

Visit an Audigy Certified Audiologist to find out what is causing your TINNITUS, if you feel it is not drug related.

The CRAFTY CORNER

A Hobby Better than Eating!

By Sue Stasse



My unrecognized passion for clay sculpture began when I was about 6 years old at the public library preschool program. Everyone was so amazed at such a great representation of a clay frog that accidentally formed by squishing some clay around in my hand, never intending to make a frog; it just happened... so I went with it. I suppose there it all began without my even realizing it- a glimmer of talent. My “talent” wasn’t encouraged, as we did for our kids in the 80s and 90s, signing them up for everything from t-ball to art, dance, or karate lessons. There was no further encouragement or artistic endeavors afterwards that I can recall.

Fast forward to those tumultuous adolescent years, when I could have used a hobby! On a family vacation at 13 years old, a time when most girls’ hobbies might have been described as TV, boys, music, or talking on the phone, I apparently didn’t have a hobby, or at least it was that way according to my mother. During a short family winter weekend at a Catskill Mountain resort, my parents decided to have a caricature done by a cartoonist. When each of us sat to have our picture sketched, we were asked what our hobbies were.



In a 4-framed picture, there we all hung for years to come: my brother sitting at his ham radio, my father skiing and bowling, and my mother in a frilly apron, cooking, with our dog beside her. When it was my turn, before I got a chance to even think about what my hobby was, my mother quickly responded to the question for me: “*Eating!*” There I remained, on the wall, for as long as I could remember; however, today I couldn’t tell you how I felt about that. As an adult, seeing that picture bothered me a lot, and as a mom, I often thought about how difficult a time 13 years old can be without something like that “hanging” around to haunt us.

I once again got to dig my hands into clay, many years later in the craft room of my aunt’s 55+ community. Again, a figure that I began from just a lump of clay was forming before my eyes, as a result of the same manipulation used many years before. This became my first sculpture of an Indian woman, depicted in the paintings of R.C. Gorman, a famous southwestern style artist. I had a lot of help forming

the facial features but enjoyed the feel of the clay. The painting part was my least favorite and still is, although I’m getting better at it.

What I immediately realized was that this hobby took me to another place, if that makes sense. Going through an unpleasant divorce, I was so absorbed in what I was doing that my mind cleared immediately, turning what ailed into something that soothed me. Smoothing, moving and shaping the clay, watching it transform into something recognizable, provided blood pressure lowering stress relief. As I focused on what I was doing, almost hypnotically it cleared my mind; nothing else mattered for that short period of time. It wasn’t until my retirement from teaching that I began to take this to another level, which just meant getting pointers along the way about the medium; I learned how to handle it by watching others, along with my own trial and error. I found a niche for myself over time, gained a great deal more confidence than I could have ever imagined possible, especially for a person who had to look at herself on the wall eating for all those years. As a result, I pursued this hobby as often as possible, moving back and forth from hand-building to now challenging myself more as I attempt to “throw” clay on a the potters’ wheel, which is much more of a challenge to me and harder than it looks, with no Patrick Swayze!

While working with clay is very messy, costly, and hard to find access to these days due to so many factors, I continue to love the medium and its new challenges, and I highly recommended it, even for those who feel that they aren’t talented. There are so many ways that you can form pieces with molds, coils, slabs and create interesting designs using stamps, cookie cutters, simple shapes, etc. Recently, a few of our Artisans realized that they were capable of more than they ever imagined as well, creating mugs, bowls, and decorative pieces with their hands. It is a hobby that is worth pursuing if you are looking for a great outlet, escape, in addition to a way to keep your mind cleared and your hands busy. It’s great form of relaxation for me, and a great replacement for my other “hobby,” especially since I can’t do both at the same time!



Artisan Update

ACRYLIC PAINTING TUESDAYS

There is still room for you to join us in the clubhouse craft room for painting with Liz. We are working with acrylic paints, bring your own or use hers, and completing a project each week. Those participants so far have really enjoyed the time and find the lessons to be great! Liz is very helpful and patient, and her activities are great for beginner, intermediate, and those who think they have no talent! You will be very surprised at what you can do. Join us class-to-class (\$20 for 2 hours) or pay for 5 weeks at a discount. Make up classes available if you have to miss any classes. Ongoing. If you have ideas for projects, contact Sue Stasse or leave your suggestions with Denise.



We are organizing a topiary project... more to come!

Don't Forget...

Ceramic Sandstone Planter Class Update
Brought to you by the Artisan Club, All welcome
Monday, May 6, 2013
6:30-9:30 pm

Instructor: Betsy Loguidice

Total Cost: \$30.00- non-refundable

Includes ceramic bisque, glazed interior, paints and instructions

Create your own unique planter using colors and design of your choice

No Experience Necessary

There's room for a few more Artists! Put your name on Sign up sheet at clubhouse.

If the sign up sheet is gone, please let Denise know that you're interested!

If you are interested in having a class of ceramics once a month, let us know.

TRAVEL CLUB UPDATES

Too numerous to list, don't forget to look at the travel book and flyers in the clubhouse for ongoing trips day- near, and far, daily and more...to everywhere!

Check desk in clubhouse for new sign up sheets for activities as well.

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Mother's Day Fun Facts

Submitted by Pat Nardomarino

Feasts honoring mothers have existed throughout the world since the beginning of time. The modern version of Mother's Day in the United States was started in 1907 when Anna Jarvis of Philadelphia decided that it would be a wonderful way to honor her deceased mother. Soon after her local observance, she and her friends started a letter-writing campaign to create interest in a national Mother's Day. A few years later, in 1914, the US Congress passed legislation designating the second Sunday in May as Mother's Day. Tuesday is the most popular day of the week to have a baby.

- July is the month with the highest number of births
- Women still perform the majority of household chores and take primary responsibility for child-rearing when working. Mothers are present at more meals with their children under the age of 6 than are Fathers.
- Greeting cards, followed by flowers, perfume and then jewelry continue to be the most popular gifts given.
- In 2008 there were 5.3 million stay at home Moms. That number decreased in 2009 to 5.1 million and decreased again in 2010 to 5 million.
- 1 in 3 the number of twin births per 1000 total births. In 2009 there were 85.4 million mothers in the United States
- Utah led the nation with the most births per woman at 2.5 children.
- At the other end of the spectrum, Vermont women had a fertility rate of 1.7 births per woman.
- In 2010, 9.9 million single mothers lived with their children that were under the age of 18. That number was up from 1970 with 3.4 million single mothers.
- In 2011, Aiden and Sophia were the most popular baby names for boys and girls.
- In 2012, 27 was the average age of women giving birth for the first time. That number was 25.1 in 2008, 25.0 in 2006, 24 in 2000, 22 in 1990 and 21 in 1985.
- 777,817 is the number of day-care centers across the country to which mothers, Pat Brown, turn to help juggle motherhood and career. Statistics Courtesy of US Census Bureau



More May Holidays! How Many Have You Heard of?

National Photograph Month
National Re-commitment Month
National Salad Month
Date Your Mate Month
Fungal Infection Awareness Month
Revise Your Work Schedule Month
Tennis Month
National Mediterranean Diet Month
Get Caught Reading Month
National Good Car Keeping Month
National Military Appreciation Month
National SMILE Month
National Sweet Vidalia Onion Month

National Better Hearing Month
React Month
National Moving Month
Older Americans Month
National Chocolate Custard Month
National Egg Month
National Salsa Month
National Strawberry Month
National Vinegar Month
Skin Cancer Awareness Month
Visit: <http://www.brownielocks.com/may.html>
For even more May weird holidays!

Weird Questions

Submitted by Anonymous

If all the nations in the world are in debt, where did all the money go?

When dog food is new with improved taste, who tests it?

Why are the numbers on a calculator and a phone number reversed?





BBQ REVIEW

The best of both worlds?
Weber Performer



In this writer's opinion... The **Weber Performer** is the best real charcoal grill without the stinky fluids and the closest thing to gas grilling without missing out on that char-grilled flavor that gas grillers swear is there, but... really isn't. To have the charcoal flavor, you need the charcoal. All you have to do is scoop in the charcoal from the bin provided as part of the unit. Push a button, and the grill lights with ease. Small, portable camping sized throwaway propane tanks are used with no tank filling or hooking up to your gas line. Wait about the same 10 minutes required for good heating up time on a gas grill, then turn off the gas and start to cook. There is a receptacle to sift the ashes into, using a lever on the grill, which can be easily emptied from below into a trash bag.

The lid of the grill has a thermometer, in addition to a lever to regulate the temperature. Just as the gas grills, the Performer also can be used for indirect cooking by placing the baskets of charcoal into the center of the grill and cooking alongside. The surface area of the grill is perfect for a medium-sized group, depending on what's cooking, with plenty of room to prepare or leave utensils.

How is this grill different from others? The Weber Performer has an electric starter button, just like gas grills, and uses a small camping type of propane tank to supply the very small amount of gas used to start up. Once the flame catches the charcoal, the gas gets turned off. Replacement of the tank is a cinch; it's easy to store extras for quick switches, unlike running out of propane! Out of gas? If you have to, you can use starter products as well. Powered by a gas line to your grill? Be sure you don't forget to turn it off. With the Weber, if you forget to turn it off, you don't significantly raise your gas bill. In addition, the grill can be extinguished easily by just closing the top and the holes that regulate the temperature. I've used the left over charcoal as the starter charcoal on many occasions, then just added more pieces on top. The food cooking smells so good, and tastes better as a result of the charcoal. You can add many different types of wood to the charcoal or by itself, for that true grilling taste, a smoked flavor, southwestern flair, or just use regular charcoal if you prefer to do the seasoning. The taste you get from a gas grill, although delicious as a result of the product and seasonings, is only as a result of those flavor bars getting covered with cooking drippings; as a result, that's how you get the flare-ups and BBQ smells.

Sorry gas grill fans, this is just as easy but tastes much better when you compare methods. The only difference is having to touch some charcoal with a good scoop and placing it into the grill. Uh, Oh... Did I just write myself out of some Barbecue invitations?!

~SS

Thoughts

Submitted by Anonymous

Do your little bit of good where you are; it is those little bits of good put together that overwhelm the world.

Desmond Tutu

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The Cook's Corner

Marinade

- 4 tbsp lime juice
- 1 tbsp vegetable oil
- 2 med garlic cloves, minced
- 2 tsp chili powder
- 2 tsp cumin

Directions:

Mix ingredients together and place in a plastic bag. Add a 2- 2.5 lb flank steak; Seal, swirl to be sure all is covered; marinate in refrigerator 6 hours or overnight



Guacamole

- 3 med Hass avocado
- 1 med garlic cloves, minced
- 2 tbsp onion, minced
- ¼ tsp salt
- ¼ cup fresh cilantro leaves, minced
- 2 limes juice
- 1 small piece jalapeño, minced

Fajita Fiesta!

Halve one avocado, remove pit, scoop flesh into medium bowl, mash lightly; add onion, garlic, jalapeno, cilantro, & salt mixing with a fork. Halve & pit remaining avocados, scoring a crosshatch pattern. Scoop flesh into mashed mixture.

Squeeze lime juice onto avocado and mix entire contents of the bowl until it is combined but still chunky. Adjust salt and serve. It can be covered with plastic wrap pressed directly onto surface of the mixture and refrigerated one day. Return to room temperature, remove plastic wrap at last minute to serve.

Red Salsa:

- 3 large tomatoes diced, small
- ½ cup tomato juice
- 1 med red onion, diced
- 1 med garlic cloves, minced
- ½ cup cilantro leaves, minced
- ½ cup lime juice (4 limes)
- 1 small piece jalapeno pepper, minced

Directions

Combine all ingredients and salt to taste in a medium bowl. Cover and refrigerate to blend the flavors for at least an hour or for up to 5 days.

Roasted Vegetables:

- 2 large onions
- 2 large peppers, red, green or yellow

Directions:

Peel the onions and cut into ½" thick rounds. Quarter, stem and seed the peppers. Brush both sides of the rounds and peppers with vegetable oil and place them in a single layer on a rimmed baking sheet.

Daughter's Tribute to Mom

A Daughter's Wish!

By Pat Nardomarino

As most of you know, I lost my mother Marge on March 19th. Although she didn't live here at Sea Breeze, many of you knew her and enjoyed her company at numerous household parties and clubhouse events.

She was feisty, independent, stubborn, loyal and opinionated. She loved her family and she loved to talk about her many years as a child and as an adult in Jersey City. She enjoyed what she called her "only vice" which was smoking her cigarettes and she always had a saying (or cliché) for every occasion.

But what most of you may not have realized was just how much she loved to dance. Whether it was the jitterbug, the cha-cha or the polka, she just couldn't keep those dancing feet from moving. If you happened to be sitting next to her when the music started well, watch out because before you knew it you'd be pulled up onto the dance floor being pushed to the left and then to the right. After all, Marge always had to lead. Sometimes she would just get up and join whoever was on the dance floor shaking her booty in time to the music.

She danced once at the Paramount Theater as a young "bobbysoxer" when she "skipped" school to go listen to that skinny newcomer from Hoboken, Frank Sinatra. She danced at all family events, on the beach in Bradenton, Florida and she danced with gusto at the Sea Breeze Clubhouse Opening this past summer.

Every time I saw my mother dance, her face was lit with joy, her smile was big, and her laugh was infectious. My greatest hope, as she leaves us, is that those dancing feet and that ear to ear grin keep on dancing for all eternity.

So, each time you need a smile or a laugh, just look up to the heavens and watch Marge as she dances with the angels. I do hope that for their sakes they let her lead!

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Carol Branham
Joe Ferreira

We all send our thoughts and prayers,
praying for you to have healing as well as peace as
you face this journey.

Manny Ramirez, we hope you have an easy and
speedy recover!

Walter Richardson, Get Well Soon

Peg Mondello, Get Well Soon



Art Branham, Happy 65th!

Please call Dolores DaSilva,
609-242-5853, with happy wishes,
condolences, get well, etc.

Dolores is our Sunshine
Committee and has been very busy
keeping up with our Sea Breeze
Family, sending cards for all occasions
as part of our continuing "family-like"
Sea Breeze community endeavors.



*The Sun Shines
On Arborridge Drive!*

Meet Our Fitness Instructors

As our fitness classes continue to evolve here at Sea Breeze, we find ourselves meeting many new instructors from the surrounding area and beyond. Here is an introduction to our current class instructors. Several of the instructions are new, while several of the ladies have been with us now for a year, brought in to demonstrate their classes last

Memorial Day. It wasn't exactly the easiest time to get people interested in joining an exercise class during Memorial Day weekend eating and drinking! One year later, the classes are growing in popularity, and they are making exercise classes enjoyable!



Clark Fitness, Jackson, NJ

Clark Fitness was brought into Sea Breeze by our Board of Trustees/Toll. It is a "travel" fitness operation that brings fitness classes to communities such as ours. It is made up of certified and insured instructors, mostly working moms, enabling them to have a flexible schedule to work and care for their children. Ann Clark, founder, began 14 years ago at Westlake community in Jackson, NJ. Since buying the franchise, Jackie Moline, Clark Fitness owner, now has 75 classes per week and 11 instructors. Today, they follow the same philosophy that began with Ann Clark: exercise is a personal thing; they are always continuing to educate themselves on new and different techniques and classes, staying current with their field, as well as being very willing to work with everyone at all levels. To date, they have brought Strong Bones and Zumba to our community, and coming soon, CSI, circuit interval training will be added to the class list.

Franchise owner, Jackie herself teaches the Strong Bones class and comes to us with 35 years of group training experience; she and her daughter together became certified at the same time. Strong bones concentrates on working toward flexibility, balance, connective tissue wellness.

Diane, who works with the Zumba classes, used to be an Art teacher in Central NJ. She discovered the gym and fitness later in life as a result of her love of music and dancing; she couldn't sit still! Always active as a twirler co-captain, assistant to coaches while her daughter was in sports, going to the gym herself led Diane to her discovery of her love for Zumba and its philosophy, where she subsequently became licensed and is where she is today.



Coming soon: Watch for CSI, similar to Curves circuit training, in addition to Aqua-size and AquaZumba!



Adrienne Costa-DiPaolo recently joined us here at Sea Breeze with an impressive background as a Certified Personal Trainer and Group Fitness Instructor. Her national and international certifications include: AAI/ISMI Primary Group Fitness, Personal Training, Pilates Mat, Mind Body Personal Training, and Pre-Post Natal Training, along with other training and certification as well. With 15 years experience in health and wellness, she custom designs exercise programs that help individuals meet their goals. She is currently enrolled in the Kula Kamala Yoga 200 hour intensive training program with a May, 2013 graduation. Here at Sea Breeze, she has begun an evening yoga class and is also available for personal training in her home or here at Sea Breeze. She is open to a late morning class as well, for anyone who is interested. Please be sure to let us know.



The Red Baron Tour

By Carsten Bischoff

The Rhinebeck Aerodrome, located in Rhinebeck, New York, was established by Cole Palen in the early 1960's who had a dream of preserving WWI aircraft. and has become a national historic treasure over the years. Many of the aircraft that you will see have been used by Hollywood in movies. What is so unique about the Old Rhinebeck Aerodrome is that it is one of the few places in the country that has vintage WWI aircraft that still fly. The show surrounding these aircraft is a step back in time and full of excitement. The planes truly reflect the bravery of the first pilots that flew them in barnstorming stunts and mortal combat in WWI.



What You Will See

- Antique aviation from the period from 1900 through 1935, including seeing them be refueled and worked on.
- Red Baron's Fokker Tri Wing aircraft, with rotary engines that make a distinctive sound, adding atmosphere of yesteryear.
- Pre-show activities, including a vintage fashion show with audience participation
- realistic dogfights with machine guns that fire blanks
- pilots taking off and landing on a grass field and land without brakes.



Children under 5-free, 6-12 olds- \$5, 13-17 year olds- \$15, and 18 and above -\$20.

Biplane rides are available for \$65 before and after the show as they fly over the Kingston- Rhinecliff Bridge and Hudson River and back to the Aerodrome.

Suggested Trip Itinerary: The Aerodrome is located approximately 175 miles from Forked River and will take about 3 hours and 20 minutes to reach.

9:30am – Leave Forked River

Directions: travel via the GSP to the NY Thruway and exit 19; take ake route 209 over Kingston-Rhinecliff Bridge.

1:00pm – Visit the Museum and walk the flight line to inspect all the vintage aircraft.

2:00pm – Participate in the 2 hour show – it is worth the trip for both adults and kids.

4:00pm – Depart the Aerodrome and return to Forked River at approximately 7:30pm.



The Red Baron Tour has been designed specifically as a means for Grandparents and their grandkids to enhance the special relationship that exists between them. It is a trip that can be accomplished in one or two days depending upon the time available and/or the time of the year.

The shows begin at 2 pm on weekends. The Saturday show chronicles the History of flight from the pioneer era to barnstorming whereas the Sunday show focuses on WWI with English, German, and French fighter planes.

Joke of the Day

Submitted by Anonymous

Q: What do you call ten rabbits marching backwards?

A: A receding hareline

Lost but Never Forgotten

By Sue Stasse

My mom is gone, and I miss her a great deal. She has been taken from me before, so each time becomes easier... I think. I so want to believe that in my heart. First, she was taken from me by my Dad when he whisked her away to Florida in her early 60s; I missed her then, as I missed the opportunity to have an adult relationship with her after years of those typical mother-daughter conflicts. Our relationship was always strained in some way; we were so alike and so different in many ways, and history repeats itself with my own daughter now. I longed for an adult relationship with my mom, but I knew that I would always be her child.

Next, she was taken from me by Dementia, or Alzheimer's Disease, if you want to give it a name. I recall her criticism when her words were sharp, and the Scrabble games we used to play when her mind was sharp. As I look back, she never had a lot to contribute, and when she could still speak and did say something, family members would often look at one another, scratching our heads. Was that when it began? I'll never know. Should I worry when I make one of those comments as well? I try not to! It's scary.

I still think about Mom when I need to recall a recipe or the name of someone from my childhood, or just wanting so badly to say hello. I reach for the phone, but remember

that she can't return so simple a greeting because, even though she's still in the den of her Florida home sleeping or staring at a TV, she's no longer with us. Even though she hasn't left; she just isn't here anymore. My mom is no longer with us; she's just a stranger in the body of someone I used to know and (still do) love. The simplest things that we say and do, and often take for granted, are all gone from her life.

I've begun to get used to losing Mom so many times over, thinking that this will prepare me for when the TV set in the den is turned off and the chair removed to a sunnier spot. I stop myself from picking up the phone that she holds upside down or pushes the buttons of, unable to demonstrate a glimpse of recognition of the device... or me. How different it would be for her if she were here amongst her entire family! Shouldn't our parents want to be closer to us in their final years? And by some who've experienced this, I'm told to be careful what I wish for.

I miss those messages Mom would leave on my answering machine when I wasn't home... "Mother here," became all she would say. Often I'd be upset that she couldn't leave a message telling me that she missed me or loved me, or that she was thinking about me and we'd talk later. No, it was just those two words; did she lose her thoughts back then, and that's all she was capable of?

A time of living with grudges, baggage, or complaints about past mistakes is put aside now. I should have embraced whatever I could when she was with us, but she's gone now. On this Mother's Day, and everyday forward, I vow to keep the memories that put a smile on my face and put the past to rest. She will always be my mom, no matter where she rests her head.

**The "Breezeway" has asked us,
selling home?"**

"What is SEA BREEZE AT LACEY'S best-

As of March 31, 2013 we have sold 127 homes at Sea Breeze at Lacey. The Fairhaven is the front-runner among the one-story homes with 31 sold, and the Lehigh comes in second with 30 sold to date.

The Farmington has been the leader with the two story models with 23 sold to date.

The Fairhaven seems off to a strong lead once again this year but this time the Farmington and Linwood have tied for second, edging out the ever-popular Lehigh.

Stay tunedYou may see something new in our model park soon!

**Patty and Anne Marie
Sea Breeze at Lacey Sales Team**



Good Eats



Looking for some place close to Sea Breeze?

Some place serving good seafood? At reasonable prices? Don't want to dress fancy?

Then you'll want to try Mud City Crab Cake Co at 17 Lacey Road in Forked River. (609) 693-1130

Mud City is known for their Crab Cakes. But also for their New England Chowder, Shrimp Bisque and Maryland Crab Chowder. I can assure you that they are not the dish to cause you to lose weight. They are sinfully delicious.

Offerings include a variety of platters and small plates with a wide variety of fresh seafood. Check them out at WWW.Mudcitycrabcakeco.com and enjoy your visit. You'll return often.

In addition to eating in, they also have take out of all of their items.

In addition to their Forked River location, they are also located in Manahawkin, where the menu is much larger, as is the restaurant itself; however, never large enough to handle the crowds that visit. There is limited inside waiting area, but there is outside seating and wait staff available to serve certain menu items as well! The wait to be seated during tourist season is very long, so plan to go early; weekdays are always better. BYO... No view or fancy atmosphere- just great seafood.

Let us know about any good places to eat that you have found so that we can all enjoy them.

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The Jersey Devil of the Pine Barrens

By Walter Bischoff



Now that you realize that you have become a “Piney” have you wondered about the legends that abound about the Pine Barrens?

The Pine Barrens are a dark, beautiful area which covers approximately two thousand square miles in Southeastern New Jersey. Originally inhabited by the Lenni Lenape Indians, white settlers first came to the region in 1609.

The most famous legend is about the Jersey Devil which was designated in 1938 as the country’s only state demon. It is described as a kangaroo-like creature having the face of a horse, the head of a dog, horns, tail and bat-like wings, IT is said to have been prowling the barrens for over 250 years.

The origin of the Devil is said to have been in 1735 when an indigent woman, Mrs. Leeds, living in poverty with her twelve starving children in the Pine Barrens found out that she was to have another child. She screamed “I don’t want any more children, it will be a devil!” The child was born horribly deformed. It growled and screamed, killed the midwife and climbed up the chimney and went into the barrens.

In 1740, a clergy exorcised the demon for 100 years and it wasn’t seen again until 1840.

Sightings have been reported many times since the mid 1800s. The most recent sightings were in 2007 in Freehold, NJ and 2008 in Litchfield, PA.

Between sightings of the Jersey Devil, Big Foot and the White Stag, be sure to carry a flashlight at night and lock your doors!

For more info, go to www.YouTube.com and search Jersey Devil.

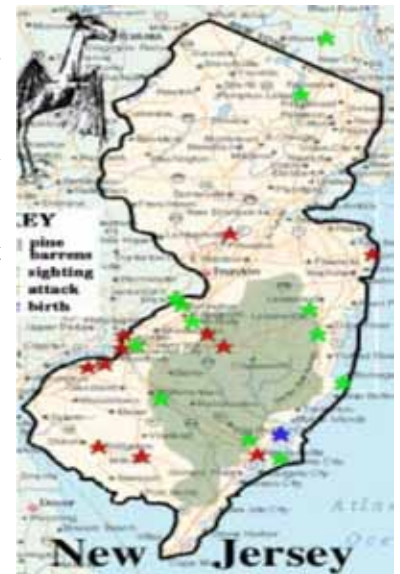
There are also countless books written on the subject as well; here are just a few, available at Barnes and Noble:

Pine Barrens Legends and Lore, William McMahon

Haunted New Jersey: Ghosts and Strange Phenomena of the Garden State, Martinelli/ Stansfield

Ghosts of the Garden State, William McMahon

Ghost Hunting New Jersey, Hladlik



IMPORTANT ANNOUNCEMENTS:

We have been asked to publish the following requests.

- There has been a request for people to be sure to stop at the stop sign before turning onto Arborridge. There have been some close calls; accidents are avoidable.
- Whenever possible, please do not “REPLY ALL” when replying to a community or group email. As a result, there is an increase in spam, spyware, etc. among our community members.
- Children are not allowed on the tennis courts, especially without proper adult/resident supervision. A resident must be present with them at all times when using the facilities, which can only be used for their purpose - for example, only for tennis.



National Bike Month

Sponsored by the League of American bicyclists. Visit <http://www.bikeleague.org> or activities for yourselves and/or grandkids. Lacey and surrounding area have some great bike paths!

National Blood Pressure Month

(See this month's, *Our Health and Wellness* section for more information)

National Hamburger Month

It isn't surprising at all that during May, BBQ month, would also be **National Hamburger Month!** The month of May brings us Memorial Day, the first official weekend of summer and synonymous with grilling burgers.



Both the words hamburger and frankfurter (wiener) come from the German cities of Hamburg and Frankfurt, in addition to Vienna. The first use of the word hamburger comes from a Hamburg steak, according to the American Heritage dictionary, and recorded in English back in 1984. According to Wikipedia, the hamburger is said to have been first created in America in 1900 by a cafe owner in Connecticut. The hamburger's official debut was at the 1904 World's Fair.

Burger Trivia

White Castle was one of the first fast food burger chains back in 1921 in Kansas; they served steam-fried hamburgers, 18 per pound of fresh ground beef, cooked on a bed of chopped onions, for a nickel.

The first McDonald's opened in the 1940s. The Big Mac was introduced in 1968. The price was 49 cents. In 1999 there were more than 25,000 McDonald's in 115 countries.

The biggest hamburger ever served weighed 8,266 lbs. It was cooked in 2001 at the Burger Fest in Seymour, Wisconsin. You can visit Seymour, the "Home of the Hamburger" and site of the Hamburger Hall of Fame, which pays tribute to hamburger inventor Charles Nagreen. According to local legend, Nagreen served the first burger in 1885 (fsa.gov)

Denny's Beer Barrel Pub in Clearfield, Pennsylvania has offered a 6-pound hamburger, named Ye Olde 96er (6 pounds = 96 ounces) since 1998. It comes garnished with 2 whole tomatoes, 1/2 head of lettuce, 12 slices of American cheese, a cup of peppers, 2 whole onions, plus large quantities of mayonnaise, ketchup and mustard. No one has been able to finish one. Celebrate the season by making some creative burgers on the BBQ. There are many new creative ways to cook and eat a burger. The more fat content, the more juice and taste. A little healthier alternative would be 90-93% fat. Try having a NY strip steak ground for a burger! It's a little more costly than a traditional burger, but who cares how we eat our steak?

My tips for a great burger, or any kind of steak: Sear the meat on a hot grill for one minute on each side or each inch of thickness; that seals in the juices, and then cook to preferred doneness. Be sure not to press or pierce, or flip like a pancake for that matter! Nor should you cut into the burger to test doneness. These old fashioned methods will release the juices and produce a dry burger. Test for doneness by using your hand.



Don't want to cook?

NJ Best Burgers (Star Ledger Best Burger list)

- Stage Left Restaurant (central Jersey) 5 Livingston Ave., New Brunswick (732) 828-4444 stageleft.com
- Krug's (North Jersey) 118 Wilson Ave., Newark, (973) 465-9795 krugstavern.com
- Nick's Burger Bar, Atlantic City Hilton, Boston Avenue and the Boardwalk, Atlantic City (609) 340-7240
- Hiltonac.com/dining/nicks-burger-bar

Local Finalists

Frankie's Bar & Grill • 414 Rt. 35 South, Point Pleasant Beach (732) 892-6000 frankiesbarandgrille.com (my fav)

Barnacle Bill's • 1 First St., Rumson (732) 747-8396 barnaclebillsrumson.com



Financial Messages From Downton Abbey

Written by Charlie Pettineo

Like most of you, I was thoroughly captivated by Downton Abbey, the popular British dramatic series depicting an aristocratic English family living in the early twentieth century. The development of the story line and characters through three seasons has resulted in huge audiences and much critical acclaim.

What has surprised me somewhat is the excitement this series has caused among financial planners and money managers. Jonathon Forster, a senior wealth management official at a law firm states, "It's like a law school exam in what not to do."

The series revolves around the Crawley family, which includes Lord and Lady Grantham and their daughters, Mary, Edith, and Cybil. Their financial problems begin in the first episode of Season 1 when the Titanic sinks and so does the hope of Mary marrying a distant cousin. Since English law in effect at the time did not permit daughters to inherit assets, strategic alliances were necessary.

Lord Grantham made many financial planning errors in trying to preserve Downton Abbey, but his biggest financial blunder was his failure to diversify the family's assets. He invested almost all of Lady Grantham's fortune in the stock of a Canadian railroad company that went bankrupt. As a result, he turned to Martha Levinson (the American mother of Lady Grantham). Luckily for Mrs Levinson, her assets were in a trust which prohibited her from loaning money to Lord Grantham. Lord Grantham was saved from financial folly yet again when Matthew Crawley invested in Downton Abbey. This made it unnecessary for Lord Grantham to take the practical financial decision to downsize, sell Downton Abbey, and move to a more affordable home.

The series also establishes the need to have current wills and medical directives in place. Matthew Crawley, who was a lawyer, should have updated his will in anticipation of the birth of his son and prior to his own tragic automobile crash. Cybil should have had in place a form of medical directive prior to childbirth. This would have helped her family in dealing with her illness and eventual death.

Besides this series being exceptionally good drama, I think you can see why it has caused such a stir among professionals involved in money management. I look forward to Season 4 which is scheduled for the Fall of 2013 not only for its dramatic impact but also for financial messages that might emerge.

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WANTED- Building and Grounds committee searching for members, especially women, to join their committee. Please contact Denise if you are interested. They feel that a woman may bring a new perspective to issues.

WANTED- photographer, part-time, on call only for social events; simple camera or smartphone camera

**HAVE SOMETHING TO SAY?
SAY IT the Breezeway!!**

Please submit condolences, birthday or anniversary greetings, births, get well, special moments in your or your family's lives to Moments, Milestones, and Memories.

If we don't know about it, we can't print it!

We would like this part of our newsletter to be inclusive of all, but WE CAN'T DO IT WITHOUT YOU!

If you'd like someone acknowledged for any reason at all, please email seabreezenewsletter@gmail.com with MMM in the subject line.

**PLEASE ADHERE TO THE
TIMELINE DEADLINES... WE HAVE
TO AS WELL!**

WANTED- clubs and activities members or coordinators for any or all of the following: bocce, tennis, men's club, walking club, gardeners' club, cooking club, pet club, diet club, beer or wine clubs, newsletter committee- Start a club or join a committee- it's a great way to meet new people and give your time to your community

NEEDED- Breezeway Newsletter needs individual willing to do a short TECHNOLOGY column.

Column could consist of smart phone apps, computer tips and tricks, etc., your choice. Duties entail only spending one day a month putting together a short column with first of the month deadline. Contact seabreezenewsletter@gmail.com with your interests!

Need Cleaning Services?

Tired of doing it yourself? Have three excellent ladies that work together and are looking for more work in Sea Breeze- Call 609-971-3458 or Email Sue, sjstasse@gmail.com



Sea Breeze Book Club

Join us beginning on June 6

Time: 6PM-PM

Place: Clubhouse Lounge

Please email: rcherence1@comcast.net to receive correspondence about book choices and meeting dates. All welcome



Book 1: *Picture Perfect* by Jody Picoult
Discussion Chapters 1-3

WANT TO PLACE AN AD IN THE NEXT ISSUE?

INSERTION ORDER



THE BREEZE WAY

Published monthly for and by the residents of Seabreeze at Lacey

Company Name

Date

Address, City, ST ZIP

Authorized Signature

Telephone

Print Name

Fax

How To Place Your Ad

- (1) Select size of your ad.

☐ Full
 ☐ 1/2
 ☐ 1/4
 ☐ 1/8
 ☐ D

- (2) Select number of issues.

☐ One
 ☐ Three
 ☐ Six

- (3) Enter the price rate.

\$ _____

- (4) Enter the starting issue.

- (5) Select method of payment.

☐ CREDIT CARD

☐ CHECK (Make Check Payable To SPC)

- (6) Attach copy for your ad and mail with check or fax with credit card info.

*Color is \$75 additional for full page per insertion

*Color is \$50 additional for half/full page per insertion

PRICE SCHEDULE SUPERCEDES ALL OTHER RATE SHEETS

EFFECTIVE 7/01/12

SIZE OF AD	APPROXIMATE WIDTH & HEIGHT	SINGLE ISSUE	THREE ISSUES	SIX ISSUES
Full Page	7 1/4" x 9 3/4"	\$85	\$242	\$459
Half Page	7 1/4" x 4 3/4" or 3 1/2" x 9 3/4"	52	148	280
Quarter Page	3 1/2" x 4 3/4"	35	100	189
Eighth Page	3 1/2" x 2 1/4"	23	65	124
Directory	3 1/2" x 1 1/2"	21	59	113

**Directory ads cannot contain any logos/graphics and are limited to 25 words or less. No reverse type is permitted.*

Advertising Deadline

8th of the Month preceeding publication
 ADS MUST BE PAID EACH MONTH BEFORE PUBLICATION
 ALL COPY MUST BE APPROVED BY SPC

Credit Card Information

☐ VISA
 ☐ MASTERCARD
 ☐ DISCOVER
 ☐ AMERICAN EXPRESS
 EXP. DATE ____/____/____

ACCOUNT NO. _____

X

CARDHOLDER SIGNATURE

3 digit security code
from back of card

I acknowledge and agree to the terms and conditions on Senior Publishing's Rate Card and, if this is a credit card purchase, I authorize SPC to charge my designated account.

S102 - 05/10



1520 Washington Avenue
 Post Office Box 1067
 Neptune, NJ 07753

1-888-637-3200
 Fax 1-800-336-6996

information@seniorpublishing.net



May 2013 Event Calendar



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:30am-Zumba 10:00am-Buildings & Grounds Meeting 12:30pm-MahJong 7pm – Yoga Recycling	2 12:00pm-C.S.I. with Robin (Free Demo) 7pm – Pinochle	3 Trash Collection	4 3:00pm-Kentucky Derby Event
5	6 Social Committee Meeting 3:00pm 6:00-7pm – Ballroom Dancing 7pm – MahJong	7 10:45am – Strong Bones 4:00pm-Acrylic Painting Trash Collection	8 9:30am-Zumba 12:30PM-MahJong 7PM-Yoga Recycling	9 7pm – Pinochle	10 Movie Night-Skyfall-7:00PM Trash Collection	11
12	13 6:00-7pm – Ballroom Dancing 7 pm - MahJong	14 10:45am – Strong Bones 4:00pm-Acrylic Painting Trash Collection	15 9:30am-Zumba 12:30pm-MahJong 7PM-Yoga Recycling	16 7pm – Pinochle	17 Trash Collection	18
19	20 6:00-7pm – Ballroom Dancing 7 pm – MahJong	21 10:45am – Strong Bones 4:00pm-Acrylic Painting Trash Collection	22 9:30am-Zumba 12:30pm-MahJong 7pm - Yoga Recycling	23 7pm – Pinochle	24 Trash Collection	25 Pool Opens
26	27 Memorial Day	28 10:45am – Strong Bones 4:00pm-Acrylic Painting Trash Collection	29 9:30am-Zumba 12:30pm-MahJong 7pm – Yoga Recycling	30 7pm – Pinochle	31 Trash Collection	

Visit our website: SeaBreezeAtLacey.com
 Email: SeaBreezeAtLacey@TollBrothers.com
 Contact our sales team at 800-509-4857

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