



### **Disclosure Statement**

The Polyclinic Madison Center

904 7th Avenue Seattle WA 98104, 9<sup>th</sup> Floor, Suite A

Phone number – (206) 860-4614

### **Provider:**

Rebecca (Becky) Rosenthal, MSW, LICSW

License # LW60083183

Education: Master of Social Work Degree (MSW) from Washington University in St. Louis, 2001

### **Your Treatment at the Polyclinic Behavioral Health Program**

The Polyclinic Behavioral Health Program is meant to be a short-term service, so patients who would benefit from longer-term treatment will be offered referrals to appropriate agencies in the community. Patients must be referred by a Polyclinic provider to access services within The Polyclinic Behavioral Health Program. Patients have the right to refuse treatment or ask for a different practitioner. Patients can ask for external referrals as appropriate. Polyclinic Behavioral Health providers do not provide written assessments/evaluations for third parties, such as courts. We will do our best to accommodate your needs.

### **Sessions**

I collaborate with patients to clarify problems, overcome challenges, and focus on solutions. I believe in using evidence-based models of treatment such as cognitive behavioral therapy (CBT), dialectical behavioral therapy (DBT), motivational interviewing (MI) and other strategies to elicit change. Length of treatment can vary. Treatment at the Polyclinic Behavioral Health Program can be as short as a one-time consultation and is not intended to exceed eight visits. Treatment may include a visit with one provider or more than one provider within the Behavioral Health Program. As a licensed clinical social worker, I do not have prescriptive authority.

Psychotherapy sessions run 45-50 minutes. Providers at the Polyclinic Behavioral Health Program make every effort to begin on time and ask that patients do the same. Patients arriving more than 15 minutes late to sessions may be asked to re-schedule so that they can have the benefit of a full appointment. Please call our office no less than 24 hours in advance at (206) 860-4614 to cancel appointments. In accordance with Polyclinic policy, patients who do not show to their appointments and do not cancel in advance may be charged.

### **Fees**

Cost per session is determined by your specific insurance plan. Patients are responsible for any costs not covered by insurance. Any payment specified by your insurance plan (e.g., co-payment for services) will be collected at your visit. Our patient service representative and billing department will work with you on any questions you have regarding your insurance benefits and accessing services.

### **Contact between sessions**

This office is open from 8:30 – 5:00, Monday-Friday. A provider will generally be available to field phone calls during these hours or will return calls within the next business day. Polyclinic Behavioral Health providers do not use MyChart for secure messaging. If you are experiencing a life-threatening emergency after hours, please go to the emergency room, contact 9-1-1, or call the 24-hour King County Crisis Hotline at (866) 4-CRISIS. Providers do not accept social media requests (LinkedIn, Facebook, etc.) from current or former clients.

**Confidentiality and Team-based Care**

The Polyclinic Behavioral Health providers have the ability to communicate with your other Polyclinic providers through personal consultation and electronic medical records. This is one of the great benefits of team-based care within the primary care setting. Excluding communication with other Polyclinic providers, information about your treatment is not disclosed to others except for the following situations as provided by law:

1. You have given written permission.
2. A Polyclinic provider believes it is necessary to prevent clear and imminent danger to you or others.
3. You indicate that there is reasonable cause to believe that a child, dependent adult, or vulnerable elderly person has been abused.
4. If you are party to civil litigation or criminal court proceeding and one of your providers are directed or obligated by law to disclose. Should these circumstances occur, only the minimal amount of information necessary to satisfy the court order will be shared.
5. For purposes of an audit either by third party payers, outside funders or the State Department of Mental Health for the state licensing review.

**Treatment of Minors in Washington State**

According to Washington State regulations (RCW 71.34.530), any minor thirteen years or older may request and receive outpatient treatment without the consent of the minor's parent. Parental authorization, or authorization from a person who may consent on behalf of the minor pursuant to RCW [7.70.065](#), is required for outpatient treatment of a minor under the age of thirteen.

**Consumer Rights**

We adhere to the ethical standards of our practice. If you have questions or concerns about your rights or you would like to obtain a list of acts of unprofessional conduct listed under RCW 18.130.180, please direct questions or complaints to:

1. Your Polyclinic provider
2. Elise Ernst, VP of Practice Management at the Polyclinic – (206) 320 – 6156
3. Washington State Health Professional Licensing/Complaint Hotline - (360) 236 – 4700

Or write to: Department of Health  
Health Systems Quality Assurance (HSQA)  
Complaint Intake  
P.O. Box 47857  
Olympia, WA 98504-7857

I have read these policies and understand them. I have been given the opportunity to ask any questions I have regarding the information above.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature (if client is under 13)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Polyclinic Behavioral Health Provider

\_\_\_\_\_  
Date