JTCC's Junior Champions

Programs 1 and 2





2014-2015 Overview & Application

5200 Paint Branch Parkway
College Park, MD, 20740
301-779-8000 (phone) | 301-779-8120 (fax)
www.jtcc.org | www.cptennisclub.com

Follow JTCC on <u>Twitter</u>@TheJTCC

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Any questions about the program should be directed to JTCC Program Manager Marco Impeduglia, mimpeduglia@jtcc.org, 301-779-8000 ext. 108 or Wilfrance Lominy, wlominy@jtcc.org 301-779-8000 ext. 105



Background

JTCC strives to be the best junior tennis training program in the world. The not-for-profit Champions Center has an unwavering commitment to developing tennis champions who uphold the highest competitive, ethical and personal values on their way to realizing their full potential. The Champions program uses tennis as a vehicle for educating young people, from their introduction to the game to top tier collegiate and professional competition. JTCC develops champions on and off the court, "Champions for life".

- JTCC's goal is to identify talented and highly motivated young people and teach them to excel on the tennis court and in the classroom. Every student who has graduated from the program has received a scholarship to a Division I school or a facilitated acceptance at a Division III or Ivy League school.
- The core of the JTCC philosophy is the personalized mentoring that every student athlete receives. An
 important element is that character development is at least as important as athletic performance. Each
 player in the program has a primary coach-mentor who oversees the player's training and general
 development.
- Every student in the program receives extensive physical training designed by our world class strength and conditioning coach. This personalized tennis-specific fitness training gives our players a competitive edge.
- Players are tested and evaluated at specific points in the year regarding physiological aspects of tennis performance. These include coordination, balance, agility, power and speed. Individual profile assessments are generated by our exercise physiologist and provide an important base for each players training regimen.
- Players receive guidance and competitive training from our certified sports psychologist throughout the year. Our coach-mentors are very involved in selecting the areas of mental training emphasis for the players.
- JTCC was named the first United States Tennis Association (USTA) Regional Training Center by the USTA, tennis' national governing body. It was awarded the USTA Development Program of the Year and USTA Organization of the Year in 2013.

Group Mentoring

The most unique and important part of our program is our mentoring. The Group mentoring for the Junior Champions Program is responsible for the total development of that player on and off the court. The coach-mentor will also recommend a tournament schedule for the player, oversee video analysis of strokes and match play, and meet quarterly with the parents and player to report on the player's progress. We believe our mentoring relationships foster a community of values, and encourage our players to become mentors in their own communities.



Tennis Training

The tennis training is overseen by the JTCC High Performance staff, led by Ali Agnamba Director of Junior Champs. It is structured primarily as peer or group training. Groups of four players of similar age, ability and work ethic train together, under the supervision of their coach-mentor as much as possible. The training sessions are dictated by the theory of Periodization Training. The training cycle consists of the following periods:

Fundamentals Training: New concepts are introduced along with long term technical changes. The training will focus on high intensity and high repetition.

Tournament Preparation Training: Short term and small technical adjustments are made. The focus will be on competition tactics and strategy.

Depending on the training period, practices will consist of different proportions of dead-ball drilling, live-ball hitting, situational point play, and match play. The timing of these cycles will be different for different players in the program, and the coach-mentor will ensure that each player is maximizing their training time. Players are expected to maintain a tennis journal that the coaches will check periodically, to help track the training and progress of each player.

Training with JTCC Senior Advisors: Our advisors work closely with our staff and players when on site.

Mats Wilander - Former world #1, seven Grand Slam singles titles, inducted into the International Tennis Hall of Fame in 2002.

Pat Etcheberry – Sports fitness expert, trained athletes with over 90 collective Grand Slam titles. Vic Braden – Certified sports psychologist, regarded as one of the best tennis coaches in the world.

Fitness Training

The fitness training is overseen by Senior Director of Fitness Frank Costello and Assistant Director of Fitness TC Costello. Like the tennis training, the intensity, focus, and duration of the physical training vary depending on the period of training in our players' tournament cycle. The fitness training consists of speed and agility training, strength training, endurance training, tennis specific footwork exercises, balance exercises, and dynamic and static stretching for flexibility and injury prevention. Our goal is for each student to connect what happens in the gym and on the track with efforts and results on the court. Ultimately, this training makes our players more effective in competitive situations and better athletes overall. Players will be tested in specific speed, strength, and agility settings to monitor their development over the course of the year by the fitness staff.

Junior Tennis Champions Center

Program Descriptions

Junior Champs 1

Tennis Training

- Junior Champs 1 is offered seven days a week between 4:00-7:00pm on weekdays and 2:00-5:00pm on Sundays.
- Saturdays will be Competitive match play only where Junior Champ players will compete.
- Fundamentals Training: New concepts are introduced along with long-term technical changes. The training will focus on high intensity and high repetition utilizing the Yellow Ball.
- Tournament Preparation Training: Short term and small technical adjustments are made. The focus will be on competition tactics and strategy.
- Tournament Peak Training: Lots of grooving the strokes to maintain sharpness and a high level of play. The focus is to remain sharp without overworking in preparation for competition.
- Active Rest Training: Low tempo and low quantity of practice. The idea is to recover after periods of intense training and play.
- Opportunity to train with Champ players.

Fitness

- Much like the tennis, the fitness for the Junior Champs 1 group will be a gradual progression into the more intense physical workouts for one hour. There will be intense running and sprinting drills as well as weight training to improve strength and power.

Tournament Coaching / Match Evaluations

- JTCC coaches will travel to L1 and L2 Mid-Atlantic Championship/Challenger and various section and national tournaments over the course of the year to watch our players compete and provide instruction on competitive and tournament routines.

Player Report

 Quarterly player reports will be completed and a parent, player and coach meeting will be scheduled to discuss the player's progress.

Mental Training

Quarterly one-hour mental training sessions in the classroom.

Summer Training

Students enrolled in the Junior Champions Program will receive six weeks of summer training in June–
 August any additional training weeks may be purchased at a preferred rate. Summer training consists of the full time schedule.

Family Membership

At the time of enrollment to the JTCC, the player and all the members in the household will receive a complimentary Family Membership at the College Park Tennis Club (CPTC) for the period the player stays in the Champions Center. In order to enjoy the Family Membership benefits, the parents must complete a Family Membership application (see membership form enclosed).

Make-up Policy

NO MAKE-UPS will be allowed for players who miss training days due to tournaments and/or school activities. Up to four (4) make-ups are allowed due to illness or injury, which must be documented by a physician.



Junior Champs 2

Tennis Training

- Junior Champs 2 is offered seven days a week between 4:30-7:00pm on weekdays and 2:30-5:00pm on Sundays.
- Saturdays will be Competitive match play only where Junior Champ players will compete.
- The Junior Champs 2, the primary focus of the training is on stroke production and development. With our youngest players, it is critical to establish a strong foundation of technique as early as possible.
 Players should expect high repetition of drop ball drills along with progressive training techniques and live ball tactics with the Green Dot Ball.

Fitness

- For our youngest Junior Champs 2, the focus of the fitness training for 30 minutes is highly Specialized. Training will focus specifically on coordination, balance, and agility training.

Tournament Coaching / Match Evaluations

- JTCC coaches will travel to various section and national tournaments over the course of the year to watch our players compete and provide instruction on competitive and tournament routines.

Player Report

 Quarterly player reports will be completed and a parent, player and coach meeting will be scheduled to discuss the player's progress.

Summer Training

- Students enrolled in the Junior Champions Program will receive six weeks of summer training in June-August any additional training weeks may be purchased at a preferred rate. Summer training consists of the full time schedule.

Family Membership

 At the time of enrollment to the Champions Center, the player and all the members in the household will receive a complimentary Family Membership at the Tennis Center at College Park (the Club) for the period the player stays in the Champions Center. In order to enjoy the Family Membership benefits, the parents must complete a Family Membership application (upon request).

Junior Team Tennis

Players in the Junior Champs program (1 & 2) will have the opportunity to compete on various Junior Team Tennis teams based out of the Tennis Center at College Park. Run by the Mid-Atlantic section, Junior Team Tennis provides a healthy, competitive forum for young players to compete in a team format in different styles of play.

Make-up Policy

NO MAKE-UPS will be allowed for players who miss training days due to tournaments and/or school activities. Up to four (4) make-ups are allowed due to illness or injury, which must be documented by a physician.



Important Dates for 2014-2015

September 2nd First Day of Fall Programming

November 27^{th -} 30th No Training for Thanksgiving

December 21st Last Day of Fall Programming

January 5th First Day of Spring Programming

April 6th – 10th No JTCC School for Spring Break

May 23rd - 25th No Training for Memorial Day

June 5th Last Day of Spring Programming

June 8th First Day of Summer Camp

Summer Camp Policy for 2015

All players in the Junior Champions Programs for the full year will receive 6 weeks of summer camp free of charge in 2015. These free weeks can be used at any time during the course of summer training. We do expect that camps will be very full, so all players are encouraged to submit all paperwork for the weeks they will be attending as early as possible to reserve their spot in the clinics. Players that join the program mid-year will receive a proportional number of weeks relative to when they join the program.



Program Application

Please detach pages 7 – 21, complete, and return to Marco Impeduglia as soon as possible to reserve your spot in the program. All parts of all forms must be completed to ensure our player database is completely up to date. Incomplete applications will not be accepted.

Registration Information

Participant's Name		Date of Birth Age		Email Address	
		G P			
Mother's Name	Home Phone	Cell Phone	Work Phone	Email Address	
Father's Name	Home Phone	Cell Phone	Work Phone	Email Address	
Address		City	,	State Zip Code	
USTA Number:					
Emergency Contact:					
Name		Relation to	Child	Phone	



KNOW ALL MEN BY THESE PRESEN		
That (I), (we),	, parent(s) or le (Minor) in consideration for the opportuni	
related activities, as well as educated activities, as well as educated Center Inc. (JTCC), that (I) (we), without or proceeding against JTCC, its insuccessors and assigns for or on arising out of the Minor's activities understand that participation in shotels and other activities, which complete defense to any action or our heirs or legal representatives,	hampions Center (Academy) for the purpose of eation and physical fitness, do hereby covenant will not individually or as legal guardian of Minor structors, staff, or any of their affiliates or their account of any injury or damage that the Minor eas or the Minor's presence at the academy, or an uch activities may involve travel away from the A are not under the control of JTCC. These preser other proceedings which may be brought, institution, successors and assigns in breach of this agreement parties which may be involved in such action	ith Junior Tennis Champions sue or bring any legal action legal representatives or may sustain by virtue of or y off site location. (I) (We) Academy; overnight stays at ints may be pleaded as a tuted, or taken by (me) (us), ment, reserving unto the right
assumption of responsibility or ri- with respect to such enrollment o and inherent in such enrollment of	ent in the academy and participation in activities sk of any kind by JTCC and JTCC does not make or activities. (I) (We) assume the risk of all dange or activities or in the transportation connected the ranged for or provided by JTCC and waive any and the transportation connected the ranged for or provided by JTCC and waive any and the transportation connected the ranged for or provided by JTCC and waive any and the transportation connected the ranged for or provided by JTCC and waive any and the transportation connected the ranged for or provided by JTCC and waive any and the transportation connected the ranged for or provided by JTCC and waive any and the transportation connected the ranged for or provided by JTCC and waive any and the transportation connected the ranged for or provided by JTCC and waive any and the transportation connected the ranged for or provided by JTCC and waive any and the transportation connected the ranged for or provided by JTCC and waive any and the transportation connected the ranged for or provided by JTCC and waive any and the transportation connected the ranged for or provided by JTCC and waive any and the transportation connected the ranged for or provided by JTCC and waive any and the transportation connected the ranged for or provided by JTCC and waive any and the transportation connected the ranged for the range	any warranties of any kind rous conditions arising from nerewith, regardless of
injury or damage sustained during transportation connected therewing JTCC, (I) (we) will be personally re- affiliates or their legal representation amounts recovered in connection (we) further agree to authorize and	of any action being brought for or on behalf of the general section of the Minor's enrollment at the academy and parth, regardless of whether such transportation is sponsible to, and agree to repay JTCC, its instructives or successors and assigns and hold each or with any such action and all related costs incurred grant JTCC the right to use and depict the likes Minor's right of publicity (collectively "Images")	rticipation in activities, or in arranged or provided by ctors, staff, or any of their f them harmless against any red by JTCC. Furthermore, (I) eness, image, name,
nor in settlement of any claim for this covenant and agreements co	s, not in satisfaction of any damages sustained a damages. Said enrollment in the Academy is of ntained herein. It is distinctly understood and again of any liability on its part and that is expression of any liability on its part and that is	fered as consideration for greed that acceptance of this
understand the contents thereof.	ions of the parties hereto. (I) (we) have carefully IN WITNESS WHEREOF, (I) (WE) have hereunto se	
Print Parent Name	 Signature of Parent	——————————————————————————————————————

WAIVER & RELEASE FORM

Participant herby agrees to this Waiver and Release as a condition of his/her participation in Junior Tennis Champions Center ("JTCC") programs, activities, tournaments or events relating thereto including any travel in connection therewith ("Program"). Participant certifies that he/she has no health conditions or defects that would prevent my safe participation in the Program.

PARTICIPANT HEREBY RELEASES, DISCHARGES AND HOLDS HARMLESS JUNIOR TENNIS CHAMPIONS CENTER ("JTCC") AND COLLEGE PARK TENNIS CLUB, THE VENUES OF THE PROGRAM, AND EACH OF THEIR RESPECTIVE AFFILIATES, SECTIONAL ASSOCIATIONS, OFFICERS, DIRECTORS, AGENTS, EMPLOYEES, VOLUNTEERS, REPRESENTATIVES, MEMBER ORGANIZATIONS, SPONSORS, SUCCESSORS AND ASSIGNS (COLLECTIVELY, THE "RELEASEES") FROM AND AGAINST ANY AND ALL CLAIMS, DEMANDS, DAMAGES, CAUSES OF ACTION, PRESENT OR FUTURE, WHETHER KNOWN OR UNKNOWN, ANTICIPATED OR UNANTICIPATED, RESULTING FROM OR ARISING OUT OF PARTICIPANT'S PARTICIPATION IN THE PROGRAM, AND PARTICIPANT DOES HEREBY COVENANT AND AGREE THAT HE/SHE WILL NOT SUE OR OTHERWISE MAKE ANY CLAIM AGAINST RELEASEES FOR ANY REASON.

Participant hereby irrevocably consents, in perpetuity, throughout the world, to the use of his/her name, voice, image and/or likeness in any live or recorded transmission, recording, or photograph taken of Participant during the Program, published, produced, broadcasted or otherwise disseminated by Releasees in any and all media now existing or hereafter discovered or developed. Participant consents to all such uses without any further compensation or other consideration becoming due to Participant.

CONSENT TO MEDICAL TREATMENT & RELEASE: Participant consents that the Releasees may, but have no duty, to provide him/her, through personnel of their choice, assistance, transportation, and/or emergency medical services in the event Participant sustains any injury while participating in the Program. Participant further understands that he/she will be responsible for payment of any such medical care. Participant's participation in the Program is without assumption or responsibility of any kind by the Releasees for any Program in which he/she may be entered or may participate. In consideration of the acceptance of his/her participation, Participant hereby for and on behalf of his/herself, and his/her heirs and legal representatives release and forever discharge the Releasees from any and all claims and damages, losses or injuries which may be suffered or sustained by Participant in connection with the Program, and all claims are hereby waived and released, and Participant covenants not to sue therefore. Participant hereby agrees to abide by all applicable rules and regulations and codes of JTCC and/or the same as may be adopted by JTCC from time to time and hereby consents to be tested for drugs pursuant to the provisions thereof.

This Waiver and Release is governed by and enforceable in accordance with the laws of the State of Maryland without giving effect to the principles of the conflicts of law for that State and the parties submit to the exclusive jurisdiction of the Maryland Courts, County of Prince George County. If any provision of this Waiver and Release should be adjudged illegal, invalid or unenforceable, the remaining provisions shall remain in full force and effect.

I hereby represent that, if this form is not signed by my parent or guardian, I am eighteen (18) years of age or older. By participating in the Program, I acknowledge that my electronic signature is authentic and a valid form of acceptance.

Participant's Name (print):	Age (required only if Participant is under 18):
Participant's Signature:	Date:



RULES OF JTCC PLAYER CONDUCT

Behavior Rules

Junior Tennis Champions Center ("JTCC") expects players to come to our program mentally and physically prepared to learn and develop their games to the highest level. We expect players to be responsible, self-motivated, and hard working

individuals. All JTCC sponsored activities (program, tournament, camp, etc.) are designed to develop players to the highest level competition that he/she can achieve. All activities are taken seriously in furtherance of their development. Every player is expected to:

- 1. Strive to make the most of this opportunity for learning, both on and off the tennis court;
- 2. Be considerate and respectful of the coaches, teachers, staff and other players;
- 3. Respect the opportunities that students are offered here; and
- 4. Be positive and supportive of players

General Rules

- 1. Players are expected to stay with JTCC players at all times and must inform the coaches and teachers as to their whereabouts at all times. Any deviation from the normal circumstances requires permission from the coaches, teachers or parents (approved written release) in advance;
- 2. Smoking, use or possession of drugs or alcohol, gambling, use of profanity and cheating are strictly prohibited;
- 3. When under the supervision of JTCC coaches, teachers or staff, players are prohibited from driving a motor vehicle or riding with someone who has not been approved by JTCC;
- 4. Players will wear appropriate tennis attire to all tennis related functions (practice, matches, etc.); and
- 5. Any player who violates the above rules shall be subject to disciplinary measures.

Housing Rules

- 1. Male and female players are not allowed in each other's housing units at any time without staff permission;
- 2. Players are expected to abide by the curfew set by JTCC Coaches while at program and tournament housing;
- 3. Players will be expected to leave the housing units in the same condition that they were found and shall be kept presentable during the week. Room inspections will be held periodically throughout the program and tournament. All players will be held financially responsible for damages sustained in the housing units;
- 4. Players must travel and stay with the group during the entire program and tournament. Special transportation and housing arrangements with parents, other players or friends are not allowed unless approved in advance in writing by the JTCC;
- 5. Use of any flammable devices is prohibited;
- 6. Players are expected to look presentable during meals and may not wear provocative clothing at any time; and
- 7. Players are expected to clean up after themselves at all times.

Failure to comply with any of the above rules of conduct may:

- Result in notification of parents;
- 2. Result in the player being sent home immediately. The decision of the JTCC Coaching Staff is final in this respect:
- 3. Result in suspension or dismissal from all JTCC programs and/or tournaments;
- 4. Result in loss of future opportunities to travel with the JTCC team;
- 5. Result in the performance of an appropriate task(s), such as a written explanation and accounting of the incident.

I have read and understand	the Rules of Player Conduct and will	adhere to them while atte	nding the event.
Player Signature	Parent/Legal Guardian Signature Page 10	Personal Coach	Date



Pricing and Billing Information

Billing for JTCC programming is due during the second week of each month. JTCC will store credit card information on file and process payment automatically for the monthly tuition on the 12th of the month. It is also possible to pay by check before the 12th of every month. Players with an outstanding balance for more than 30 days will be subject to removal from practice. Siblings participating in the JTCC program are eligible for a 15% discount.

Program Pricing - Please mark appropriate program

Junior Champs 1 (Director Approval)

After School & Weekend Program – five (5) days per week and fitness	\$13,282 (\$1,382/per month)	
After School & Weekend Program - four (4) days per week and fitness	\$11,437 (\$1,143/per month)	
After School & Weekend Program - three (3) days per week and fitness	\$10,114 (\$1,011/per month)	
After School & Weekend Program – two (2) days per week and fitness	\$8,766 (\$876/per month)	
Drop-In Daily Rate	\$95/per day	
Junior Champs 2		
After School & Weekend Program – five (5) days per week and fitness	\$11.600 (\$1.160/per month)	
After School & Weekend Program – five (5) days per week and fitness After School & Weekend Program – four (4) days per week and fitness	\$11,600 (\$1,160/per month) \$10,070 (\$1,007/per month)	
· · ·	-	
After School & Weekend Program – four (4) days per week and fitness	\$10,070 (\$1,007/per month)	
After School & Weekend Program – four (4) days per week and fitness After School & Weekend Program – three (3) days per week and fitness	\$10,070 (\$1,007/per month) \$9,010 (\$901/per month)	

- A 1-month non-refundable deposit is payable upon acceptance to reserve a place. (The deposit is credited towards June's 2015 payment tuition)
- Late payments will incur a 2% service charge.

Monthly Payment Due (Total tuition divided by 10)

- Billing for JTCC programming is due during the second week of each month. JTCC will store credit card information on file and process payment automatically for the monthly tuition on the 12th of the month.
- This includes coaches' time at travel tournament but does not include coaches' travel



Payment Authorization Agreement – Required					
American Express	Master Card	Visa	Discover		
Name on Card:	Card Numbe	r:	Exp Date:		
Name on Card: Card Number: Exp Date: I have enrolled my child in the Junior Champions Program at the JTCC and accept full responsibility for all fees and expenses associated with the program. I hereby authorize the JTCC to process payment for tuition expenses by drafting my credit card account on the 12th day of each month as agreed to above. I understand that other associated charges authorized by me can also be included in this payment. It is my responsibility to ensure that the payment information listed above is current and valid. I agree to pay a \$20 service charge, which will be added to my next payment, if the credit card company, for any reason, does not process a payment. This service charge can be charged at management's discretion. My child may not participate in the program until full payment has been received. Should my child withdraw from the program, I will be billed until the JTCC receives thirty (60) days written notice.					
I hereby agree to and understand the paym	nent policy stipulations stated ab	ove:			
Signature:	Г	Oate:			



Schedule Form: Junior Champions Program

Junior Champions Five Days per Week
Junior Champions Four Days per Week
Junior Champions Three Days per Week
Junior Champions Two Days per Week
STEP 1: Please select the Junior Champions 2 Program, in which you are enrolled:
,
Junior Champions Five Days per Week
Junior Champions Five Days per Week



Note: Available spots will be filled on a first-come-first-served basis.

		Junior Champs 1 Fitness & Tennis	
	Mon	Fitness and Tennis from 4:00 - 7:00pm	
	Tue	Fitness and Tennis from 4:00 - 7:00pm	
	Wed	Fitness and Tennis from 4:00 - 7:00pm	
	Thurs	Tennis and Fitness from 4:00 - 7:00pm	
	Fri	Fitness and Tennis from 4:00 - 7:00pm	
	Sat	Competitive Match Play Only 3:00 - 5pm	
	Sun	Fitness and Tennis from 2:00 - 5pm	
Drint Dlaver's No.		Data	
Print Player's Nar	ne	Date	
 Parent/Guardian S	Signature		



Note: Available spots will be filled on a first-come-first-served basis.

		Junior Champs 2 Fitness & Tennis	
	Mon	Fitness and Tennis from 4:30 - 7:00pm	
	Tue	Fitness and Tennis from 4:30 - 7:00pm	
	Wed	Fitness and Tennis from 4:30 - 7:00pm	
	Thurs	Fitness and Tennis from 4:30 - 7:00pm	
	Fri	Fitness and Tennis from 4:30 - 7:00pm	
	Sat	Competitive Match Play Only 3:00 - 5pm	
	Sun	Fitness and Tennis from 2:30 - 5pm	
·			
Print Player's Nan	ne	Date	
Parent/Guardian Si	ignature		



Medical Information

Name of Participant		
Emergency Contact Informatio	n	
Primary Contact	Relation to Player	
Daytime Phone	Evening Phone	
Backup Contact	Relation to Player	
Daytime Phone	Evening Phone	
Insurance Policy Information		
Policy Holders Name	Date of Birth	
Relation to Player	Insurance Company_	
Policy number	Plan Number	
Insurance Company Phone Number	r	<u> </u>
SSN		
program, in accordance with the reconsent to examination and treatmemergency room. I also understantanyone connected with the Junior for accidents or illness incurred by	tic participation in the Junior Tennise commendations of the physician conent of my child by a qualified physician defense that neither the Junior Tennis Charennis Champions Center will assume my child while participating in the ment of any and all medical, dental, and /or injury.	ompleting this form. I cian and or hospital ampions Center, nor ne any responsibility program. I agree to
Parent/Guardian Signature	Print Name	Date



Junior Champions Medical Release

Name of Participant		
Medical History and Imn	nunization Dates	
Does the player have any of the fo	llowing – if yes, please explain blow.	
Drug Allergies	Food Allergies	
Allergies to insect bites	Special dietary needs	
Asthma	Frequent headaches, dizziness, or seiz	ures
Other health problems or limitation	ns of activities	
Taking medications?		
	fic treatment while participating in the pro	ogram?
	re:	
Dates of Immunizations		
Measles	Mumps	<u> </u>
Rubella	or MMR	<u> </u>
Polio Series Completed	Date of last medical checkup	<u> </u>
Last tetanus (DPT,YT,TD)	-	
Physician's Information		
Physician name		-
Physician Address		_
Telephone Number		_
I have examined the above named and qualified for full participation	player and found she/he to be free from in the program.	nfectious and contagious disease
Physician's signature		
Print Name		
Data		



Junior Tennis Champions Center & CPTC Membership Agreement

I/We wish to become members of the College Park Tennis Club and provide the following information as part of the application.

ame(s)		Ho	me Phone	Work Phone		
Address		City	State	Zip Code		
mail Addres	SS	Emergency Contact Name and Phone				
	MEMBERSHIP TYPE					
	JTCC MEMBERSHIP					
		Membership #				
		Key tag #				
	Family Members: Pleas	se include members of hou	usehold and Dates of B	irth		
1)		3)				
2)		4)				

1. **Change in Type of Membership**: A member may change membership type by completing the appropriate form and

submitting it to the CPTC management.

Conditions of Membership

- 2. **Membership Renewal and Termination:** All members agree to abide by all Policies, Rules and Procedures of the CPTC, which are subject to change without notice. All members agree to maintain their membership for a minimum of 12 months. After the end of that first year, membership will automatically renew on a month -to -month basis. After completing that first year of membership, a member may terminate their membership with 30 days notice, by notifying the CPTC in writing, by certified mail, fax, and email or delivered in person.
- 3. **Suspension or Extension of Membership:** During the first year of membership the CPTC will allow a suspension of dues or the extension of this agreement, with written documentation, as a result of relocation more than 50 miles away, loss of job, disability due to injury, illness, or pregnancy. The collection of dues will be suspended and the membership contract will be extended for up to three months. Before a suspension of membership can be approved all current fees must be paid and the



- appropriate form with written verification must be completed and submitted to the CPTC. Suspension of membership is not provided retroactively.
- 4. **Collection Fees:** There will be a \$20 administrative fee added to a member's account if payment of any form is returned for any reason.
- 5. **House Charges:** The CPTC allows members to charge fees to their house account, which will be charged with their next electronic payment of membership dues. If a member uses the resources of the facility (courts, lessons, clinics, etc.) and no payment is received, management reserves the right to automatically charge their account.
- 6. Health Warranty: Each member represents to the CPTC that he/she is physically fit to perform all of those activities which he/she undertakes at the CPTC and that he/she understands all health risks associated with such activities. Each member understands that any evaluation or assessment of his/her physical fitness and any recommendation of activities made by the CPTC is not and will not substitute for obtaining such evaluation, assessment or recommendation from his/her physician before undertaking a physical exercise program or engaging in any of the activities at the CPTC. Each member warrants and represents that he/she has no disability, impairment or ailment that would prevent him/her from engaging in physical exercise or that would be detrimental to his/her health, safety, or physical condition or to that of others, if he/she so engages or participates in activities held at the CPTC.
- 7. **Guest Policy**: A nonmember may accompany a member three times a year, but is limited to one visit every thirty days. The indoor guest fee is \$10 and the outdoor guest fee is \$5. The fee is waived if the nonmember is taking a lesson or participating in a group clinic.
- 8. **Cancellation Policy:** The CPTC requires a 24-hour notice when canceling a reservation for courts and lessons. Members will be charged 50% of the appropriate fee if sufficient notice is not provided for cancellation.
- 9. **Change of Address and Communication:** All members must notify the CPTC of any address, phone or name changes. Failing such notice, all communication shall be presumed to have been received within 5 days after mailing to address on record.
- 10. Waiver of Liability: All persons listed on the membership agreement understand that the foregoing waiver of liability will apply to any and all claims against the College Park Tennis Club, the Junior Tennis Champions Center, Maryland National Capital Park and Planning Commission and/or its owners, shareholders, officers, directors, employees, agents or affiliates (collectively "CPTC Affiliates") for any such personal injuries, property loss, or other damages connected to or arising out of any of these risks: *I, and all others on the membership agreement, on behalf of myself and my heirs, executors and administrators, fully and forever release and discharge the CPTC and the CPTC Affiliates, from any and all claims, damages, demands, rights of action or causes of action, present or future, known or unknown, anticipated or unanticipated, resulting from or arising out of my attendance at or use of the CPTC or my participation in any of the CPTCP's activities or programs, including those which arise out of the negligence of the CPTC and/or the CPTC Affiliates. Further, I release and discharge the CPTC and the CPTC Affiliates from any and all liability for any loss, theft of or damage to personal property, including without limitation automobiles and the contents of lockers.*

Member Signature (Parent/ Guardian signature for minor/student member)

Date

Fitness Consent Form						
Name of Participant:						
Fitness training is an important aspect of the Junior Tennis Champions Center (JTCC) player development program. The purpose of the fitness program is to develop the player's aerobic fitness, flexibility, speed, strength, and agility.						
In signing the consent form, I state that I understand that participation in the JTCC is voluntary and undertaken without assumption of responsibility of any kind by the JTCC. I hereby waive all claims against the JTCC for any injuries of any kind or description arising from participation in this program.						
Parent/Guardian Signature	Date					
Printed Name						
Player Signature	Date					

Printed Name_

Disciplinary Policy

Date

We have a "three strikes and you're out" policy for all Champions Program students:

1 st Violation:	Warning						
2 nd Violation:	Student will be asked to	leave the practice for the day					
3 rd Violation: There will be NO R	recommendation for no	led for the week, or expelled, verice re-invitation the following years suspended or expelled for a	ar				
Violations may include but are not limited to the following: - Audible or Visible Obscenity - Verbal Abuse of a Coach, Player, or Staff Member - Physical Abuse of a Coach, Player, or Staff Member - Abuse of Equipment or the Club Facility - Cheating - Unsportsmanlike Conduct							
		sciplinary policy and will adher Park and Junior Tennis Champ					
Printed Name of Studen	 t	Printed Name of Parent					
Signature of Student		Signature of Parent					

Date