



www.preteenvaccines.org

IMMUNIZATION RECORD KEEPER FOR ADOLESCENTS

Keep this tracker as a record of recommended routine vaccines your child has received. Remember to bring it with you whenever you take your preteen or teen to the doctor or clinic. Ideally, children should receive these vaccines at 11-12 years-old. **If your child missed a vaccination at this age, it's not too late. Know what vaccines your children should be getting. It could save their lives.**

Name: _____ Birth Date: _____

| Vaccine | Recommended Schedule | Date(s) Vaccinated | Administered by (e.g., name of doctor, clinic) |
|---------------------------------------|--|--------------------|---|
| Meningococcal | One dose for all 11-12 year-olds, with a booster dose at age 16* | Dose 1: | |
| | | Booster: | |
| Human Papillomavirus (HPV) | Three doses for adolescents at 11-12 years of age with the second and third doses two months and six months after the first dose Girls and women age 13 through 26 years and boys up to age 22 who have not yet been vaccinated or completed the vaccine series | Dose 1: | |
| | | Dose 2: | |
| | | Dose 3: | |
| Tetanus, Diphtheria, Pertussis (Tdap) | One booster shot for adolescents at 11-12 years of age | | |
| Seasonal Influenza | One seasonal flu vaccination each year for all adolescents | | |
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This tracker provides information on routine adolescent vaccinations. Please visit www.preteenvaccines.org for information on vaccines for adolescents who have certain risk factors or did not receive all recommended immunizations as children.

*For those who receive the first dose at 13-15 years, a booster is recommended at 16-18 years. CDC suggests that adolescents receive the vaccine less than five years before starting college.