



## DIRECTORY of TRAINING

SEPTEMBER 2015 
AUGUST 2016



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#### **Our Mission Statement**

Our mission is to promote and advance the skills, knowledge and core competencies of persons employed or intending to be employed in industry and commerce. To this end, we aim to make PETA the training provider of choice for our employers by delivering outstanding training and exceptional service, supported by first-class training environments that inspire, protect and support learners to develop and achieve.

#### **Our Quality Policy**

As a company, we are committed to the principle of providing professional services of excellent quality designed to meet the requirements of our clients. The management and staff of the Company are required to uphold this principle and to ensure its accomplishment through their active commitment to the achievement of the highest possible standard of performance in respect of all activities undertaken. In support of this policy, strategic objectives exist throughout the organisation to provide a framework for the continual improvement of processes, systems and the services provided to our customers. These objectives are recorded within the Annual Business Plan.





## Welcome from PETA Director Bob Hiskey ...

I am delighted to introduce our September 2015/2016 edition of the PETA Directory of Training.

As the UK economy pushes forward it is surprising to hear that in a digital age where technology should make our businesses more efficient, that many companies are experiencing lower productivity.

Part of the issue may be that the UK has an ageing workforce where 8 out of 10 businesses with turnovers of £5-300m, suggest that their business will suffer if they are unable to source the skills they require. The increase in flexible employment arrangements such as zero hour and fixed term contracts, are a sign of the need for agile organisations who can respond to fluctuations in demand. If we are to balance productivity and talent retention, then a solid training strategy is vital.

Fortunately, as corporate earnings strengthen, business confidence and investment in training is increasing. However, those responsible for learning and development provision are demanding a better alignment between training and business strategy. This is why we believe PETA is best placed to support your company's learning and development needs.

As an employer-led organisation, our Directory of Training has been developed through listening to the views of employers to ensure we offer a suitable range of services that match the stated needs of employers.

A recent survey of adults in employment revealed a high proportion (60%) required training in skills such as time management, planning and organisation, selfmotivation, problem solving and creativity. Leadership and management training is also in high demand, in order to equip managers with the skills and capability to be resilient and deal positively with people performance issues, cultural change and demands for greater efficiencies. Our open courses spanning personal skills, safety and IT provide a superb solution to meeting some of these fundamental skills needs. Delegates attending our open courses relish the value of learning in a group scenario and employers benefit from the transfer of new knowledge to practical actions in the work place, resulting in improved performance.

Tailored training is also in high demand and our Directory of Training forms the basis of the many courses that we can adapt and customise to create the clear and tangible link between corporate strategies, measurable outputs and training that generates growth in skills and performance.

Although our Directory of Training represents the core of our offer, the scope of our services expands further than what you may immediately see on the following pages. Our commitment is to offer the 'human touch' in our service delivery and should you have a specific need you wish to explore, please do contact us as our team of professionals are on hand to help you determine what is right for your organisation.

Lastly, whatever method of training delivery you decide is best for your organisation one overriding fact is clear; it makes absolute sense to grow skills within your business.

Thank you for your continued support as a valued customer of PETA and we look forward to welcoming your delegates to our centres in the near future.

Bob Hiskey Director







## Your training options



## Quality training through experience . . .

## Where should the training journey take me?

If people are to learn and learning needs to achieve a defined outcome, then the starting point must be in truly recognising the conditions that exist, what needs to change and what success will look like.

Our commitment is to work with you every step of the way, to ensure the journey has clearly defined anchor points that enable you to measure if the required outcomes are being achieved and if not, to explore alternative routes that will bring the learning journey back on track.

## Funding to boost your training spend

Often training budgets cannot quite stretch to deliver all of the training needed in developing your people. This is why we actively seek out local and national funding initiatives which are then shared through our regular monthly updates.

## Strategic learning and development

years of service

Learning and development professionals recognise the intrinsic link between their roles, and being strategic partners in aligning training interventions with business needs, thus ensuring a return on training investment.

Mapping the journey is vital to achieving the right outcome. Even soft skills can be aligned, be these behavioural, cultural, motivational... everything can be measured.

We can offer a number of approaches for identifying training, learning and development needs, be this on a one-to-one basis, or group basis.

From the smallest of training needs through to larger corporate programmes, these can be supported with 'pre' and 'post' course activities that ensure effective objectives and evaluation measures are in place.

Our team of professional Training Consultants are primed to offer their guidance and explore with you the perfect solution for your business. For a free exploratory visit to scope the best option, please contact us.

# Selecting the right training

## **Open courses**

These are courses that have been scheduled to run with pre-determined dates and predefined content. They are open to anyone, so delegates from a wide range of differing companies may be in attendance.

Our open course programme offers topical subjects with published learning aims and structure. Open courses offer an excellent learning environment, where delegates share and learn from one another, gaining new knowledge and developing techniques that can be quickly applied to real work situations, giving great impact and return on investment.

Multiple booking discounts offer a great incentive for maximising your training budget; the more you book, the more you save.

#### **Multiple discounts**

#### 5% off for 2-3 people 8% off for 4-5 people 12% off for 6 or more

Please remember - If you have large numbers of people you wish to train, then let us know so that we can discount further!

## **Sponsored courses**

This means a course that is discrete to a specific company and their employees, delivered at a time and place to suit your business needs.

Aligning your strategic corporate aims to training, learning and development is vital where you need a clear focus on specifics that fit your business needs. Sponsored training is ideal, particularly where you have a group of delegates requiring training.

We work with you to determine the content to contextualise and align the course to your business aims, policy and practice. A sponsored course can be held at your facility or ours and the start and finish times can be adjusted to fit into your work pattern (including evenings or weekends), so the training becomes highly personalised to your business.

As a starting point, the content of the courses you see on the following pages can be tailored to suit, alternatively, we can start from scratch and create a completely bespoke course for your business.

Starting with a blank canvas and designing a course totally personalised to your business makes the content exceedingly powerful in supporting the change you are seeking, from uplifting knowledge and growing talent, through to facilitating change in behaviours and skills leading to improved outputs. We offer flexible and tailored training options to meet your business needs . . .

## **Qualification options**

Many of our courses that follow a set syllabus are approved by awarding bodies and lead to recognised qualifications; a great incentive for your people to gain a formal qualification and a brilliant indicator to your customers of the quality of knowledge and skills of your staff. Some of these awarding bodies embrace a wider perspective of what is important to business, and have endorsed courses that have been developed on behalf of our customers to carry a branded certificate.

## **Apprenticeships**

An Apprenticeship is a great development tool for both new and existing staff and is fully or partially funded by the Government. The benefits of an Apprenticeship are many, with motivated, productive and committed staff being at the top of the list. Delivering Apprenticeships as part of your own staff development programme is a great way to invest in your staff at very little or nil cost. Please see page 129 for full details.

## Organisational and training needs analysis - making the right choice

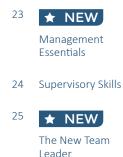
We are passionate about delivering the right training option so that every customer is delighted in the quality of service and training received. If you are not sure which option will suit your needs, call us and one of our highly experienced and knowledgeable team will work with you to select the perfect solution for your business. It is all part of our service and commitment to you!

## **Open Courses**

## **14 ILM Qualifications**

17 ILM Level 2 - Certificate in Leadership and Team Skills 18 ILM Level 3 - Certificate in Leadership and Management 19 ILM Level 5 - Certificate in Leadership and Management 20 ILM Level 5 Certificate in Coaching and Mentoring

## 22 Leadership and Management



25	Practical	
	Leadership	Skills



High Performing Teams

- 26 Coaching Skills for Managers
- 27 Managing Performance – Capability
- 27 Managing Performance – Appraisal Skills
- 28 Managing Performance – Discipline and Grievance
- 28 Finance for Non-Financial Managers

## **30 Personal Development**

33

- 31 Professional Presentations
  31 ★ NEW
  Professional Presentations – Masterclass
  32 Train the Trainer
- 32 Communication Skills

- Assertiveness Skills 35 Time
- 33 Negotiation Skills
- 34 Dealing with Difficult People

34 ★ NEW Handling Tricky

Conversations

35 Problem Solving

- 35 Time Management
- 36 Building Personal Resilience
- 36 Manage your Emotional Response
- 37 Meeting Management

- 37 Minutes and Agendas
- 38 Report Writing
- 38 Business Writing

## Choose your course . . .

## 40 HR and Employment Law





- 42 Interview and Selection Skills
- 43 Data Protection

43 Equality and Diversity

## **46 Continuous Improvement**



- 49 LEAN for Business – An Introduction
- 49 LEAN for Business - Masterclass
- 50 Process Mapping

50 Project Management

51 Procurement Principles



## 54 Customer Service and Sales

55 Customer Service Skills

55 Selling Skills

- 56 Consultative Selling
- 57 Key Account Management



\star NEW

**Complaint Handling** 

58 Essential Marketing Skills

## **Open Courses**

## 60 Computer Software

#### 62 ★ NEW Computing

Fundamentals

- 62 Microsoft Publisher
- 63 Microsoft Outlook
- 63 Microsoft Visio
- 64 Microsoft PowerPoint Introduction
- 64 Microsoft PowerPoint Advanced
- 65 Microsoft Word Introduction
- 65 Microsoft Word Intermediate
- 66 Microsoft Word Advanced
- 66 Microsoft Project Introduction

- 67 Microsoft Project Intermediate
- 67 Microsoft Project Advanced
- 68 Microsoft Excel Introduction
- 68 Microsoft Excel Intermediate
- 69 Microsoft Excel Advanced
- 69 Microsoft Excel – Pivot Tables

#### <sup>70</sup> 🖈 NEW

Developing Dashboards with Microsoft Excel

- 70 Microsoft Visual Basics for Applications (VBA) Microsoft Excel
- 71 Microsoft SharePoint Contributor

- 71 Microsoft SharePoint Site Owner
  - 72 Microsoft SharePoint Workflows
  - 72 Microsoft SharePoint InfoPath
- 73 Microsoft Access for Users
- 73 Microsoft Access for Developers Introduction
- 74 Microsoft Access for Developers Intermediate
- 74 Microsoft Access for Developers Advanced
- 75 Adobe Acrobat
- 75 Adobe Illustrator Introduction

- 76 Adobe Dreamweaver Introduction
- 76 Adobe Dreamweaver Advanced
- 77 Adobe InDesign Introduction
- 77 Adobe InDesign Advanced
- 78 Adobe Photoshop Introduction
- 78 Adobe Photoshop Advanced
- 79 Crystal Reports Introduction

#### <sup>79</sup> ★ NEW

Social Media - Building your Business Presence

80 ITIL<sup>®</sup> Foundation

Thank you so much for the course, it has given me so much more confidence to do my job.

Porvair Filtration Group Ltd

## Choose your course . . .

## 82 Safety, Health and Environmental

- 84 CIEH Level 3 Award in First Aid at Work
- 85 CIEH Level 3 Award in First Aid at Work – Requalification
- 85 First Aid Skills Update Annual Refresher
- 86 CIEH Level 2 Award in Emergency First Aid at Work
- 86 Automated External Defibrillator (AED) Responder
- 87 NEBOSH National General Certificate in Occupational Health and Safety
- 88 NEBOSH National Certificate in Fire Safety and Risk Management
- 89 NEBOSH National Certificate in Construction Health and Safety
- 90 NEBOSH Certificate in Environmental Management

- 91 NEBOSH National General Certificate in Occupational Health and Safety – Distance Learning Programme
- 91 NEBOSH Revision Workshop (NGC1, GC2, FC1, EC1 or NCC1)
- 92 IOSH Managing Safely
- 92 IOSH Safety for Senior Executives
- 93 IOSH Working Safely
- 93 IOSH Supervising Safely
- 94 IOSH Managing Safely in Construction
- 94 IOSH Health and Safety for Work Placement Personnel
- 95 CIEH Level 2 Award in Health and Safety in the Workplace
- 95 Accident and Incident Investigation and Reporting

- 96 British Safety Council Level 2 Award in Risk Assessment
- 96 Safety Awareness for Employee Representatives
- 97 Managing Contractors
- 97 Managing Occupational Road Risk
- 98 CCNSG Safety Passport
- 98 CCNSG Safety Passport Renewal
- 99 Fire Risk Assessment
- 99 Fire Wardens / Marshals
- 100 Manual Handling Awareness
- 100 Manual Handling - Train the Trainer

#### <sup>101</sup> ★ NEW

Safety Harness and Fall Arrest

101 Racking Safety Awareness

#### ★ NEW

102

Environmental Awareness for Senior Managers

- 102 ISO 14001 An Introduction
- 103 Waste Management
- 103 Asbestos Awareness
- 104 COSHH Assessment (Incorporating CIEH Level 2 Award Understanding the Principles of COSHH)
- 104 Portable Appliance Testing (PAT)
- 105 Level 2 OHSAS 18001:2007 Internal Auditor
- 105 Level 3 OHSAS 18001:2007 Lead Auditor
- 105 Auditor Conversion to OHSAS 18001:2007
- 105 OHSAS 18001:2007 Understanding Audit Compliance
- 106 Display Screen Equipment Assessor

## **Open Courses**

## 108 Lift Truck and Mechanical Handling

110 Instructional Techniques for Mechanical Handling Equipment 111 Counterbalance or Reach Lift Truck (Accredited training for Novice, Experienced and Refresher) 113 Counterbalance / Reach Lift Truck Conversion 114 Lift Truck Instructor - ITSSAR Accredited (Novice or Requalification)

## **116 Engineering Skills**

Level 3 Award In
Requirements
for Electrical
Installation BS7671
(17th Edition) :
June 2008 (2015)

- 119 Introduction to Electrical Principles
- 120 Basic Soldering
- 120 Competence Assessment for Changing Abrasive Wheels
- 121 Introduction to MIG Welding
- 121 Introduction to TIG Welding
- 122 Introduction to MMA Welding

- 122 Introduction to Oxy-Acetylene Cutting
- 123 Introduction to Milling
- 123 Introduction to Turning



EAL Level 3 Award In the In-Service Inspection and Testing Of Electrical Equipment (PAT) (QCF)

Complementing our comprehensive range of open courses, we also provide bespoke, in-house and tailored training, consultancy and advisory services with the flexibility to meet your needs. Let us know how we can help you with your unique training requirements . . .

## Other Training and Support Services

## 126 Advisory and Consultancy Services

Safety, Health and Environmental Training and HR

ICT Applications Support Continuous Improvement

## **129** Apprenticeships and Traineeships

Business Administration

Customer Service

Information Technology

Management and Team Leading Machining and CNC Fabrication and Welding Maintenance Engineering

Electrical / Electronic Engineering

127 Venue Hire

Conference Room - Seating up to 120 people Seven Training Suites Three Computer Suites Two Breakout Areas Two Intimate Meeting Rooms On Site Catering Free Parking Free Wifi

## 131 Membership

**Membership Benefits** 

Membership Fees

The PETA Council

PETA Members List

## AND DON'T FORGET YOUR DISCOUNTS

5% off for 2-3 people 8% off for 4-5 people 12% off for 6 or more!

Take advantage of your muliple booking discounts. And please remember - If you have large numbers of people you wish to train, then let us know so that we can discount even further!

### **JUST ASK US!**



## ILM Qualifications

We have an excellent relationship with PETA, not only do they undertake bespoke training for us but we also use them for the courses they design. When our employees go on the ILM course, you have to be dedicated due to all the modules however, with the support from everyone at PETA our staff are engaged and we always get excellent feedback. It certainly assists with our succession planning.

Hendy Group Ltd

## Institute of Leadership and Management (ILM) Qualifications – PETA Flagship Courses

#### Why choose ILM?

The Institute of Leadership and Management (ILM) is the number one body for leadership, management and coaching qualifications in the UK. The ILM portfolio of concise qualifications provides strong focus on workplace performance, delivering real improvement consolidated via the completion of assessment activities. The qualification format at each level offers a flexible approach to addressing key skills. The structure also allows delegates to progress with ease on to additional qualifications, at a more advanced level - enabling delegates to build upon their achievement and continue their development.



#### Coaching and Mentoring

Our coaching and mentoring qualifications develop people's capacity for dealing with change and finding solutions to problems.

 Level 5 in Coaching and Mentoring

For practising middle Managers, particularly those preparing for senior Management.

There are 31 units available at this level (each with their own credit value), focusing on six core areas:

- Managing yourself
- Working with people
- Providing direction
- Facilitating change
- Achieving results
- Using resources

See page 20

#### Leadership and Management

Combining innovative design with a strong focus on workplace performance, our leadership and management qualifications are structured to meet the needs of businesses and individuals. They deliver well-rounded Managers with a proven ability to perform at the required standards.

#### Level 2 in Leadership and Team Skills

For practising, new or aspiring Team Leaders. There are 30 units available at this level (each with their own credit value), focusing on communication, providing direction and leadership, people skills, problem solving and achieving results.

See page 17

#### Level 3 in Leadership and Management

For new or aspiring Managers or Managers without any formal training. There are 43 units available at this level (each with their own credit value), focusing on core management skills, such as organisation and delegation, managing change, communication, team leadership, managing people and relationships and managing resources.

See page 18

#### Level 5 in Leadership and Management

For practising middle Managers, particularly those preparing for senior Management. There are 31 units available at this level (each with their own credit value), focusing on six core areas: managing yourself, working with people, providing direction, facilitating change, achieving results and using resources.

See page 19

## Businesses benefit from strong ILM Qualifications through PETA

The creation and maintenance of a robust talent pipeline for managers has become critical to business sustainability and growth. Our flagship programmes are designed around your business needs to ensure you get the very best from rising stars and retain your management talent . . .



#### Havant Borough and East Hampshire District Council are aiming higher with ILM

Pictured Jeremy Tool (back row, left) Training Consultant from PETA and Sandy Hopkins, Chief Executive from Havant Borough and East Hampshire District Council (front row, right) with successful ILM Award candidates.

The ILM Level 3 Programme was endorsed by Havant Borough and East Hampshire District Council's Chief Executive, Sandy Hopkins who presented successful candidates with cerficates to recognise their achievements. Sandy stressed real admiration for these individuals and highlighted the importance of the organisation making a real commitment to its aspiring and existing managers in order to ensure the continued development of their leadership and management skills.



## Sanden International invest in their Managers with PETA

12 UK and Germany-based Sanden International Managers are undertaking a total of 18 days' training for their ILM Level 3 Certificate in Leadership and Management, delivered over two years, aligned to the company's Competency Framework and unique ethos. The delegates are now entering into the final phase of this programme and are looking to complete shortly.



#### Wallop Defence Systems celebrate their process leaders

Wallop Defence committed to supporting a mix of process leaders and deputy process leaders through a total of 8 days' training for their ILM Level 2 Certificate in Leadership and Team Skills. The course was created and aligned to the company's requirements, values and mission statement, ensuring the most beneficial programme possible to provide new skills for the process leaders. The delegates have successfully completed the programme and the company have chosen to invest in this achievement by providing them with a lunch and presentation.

#### ILM Level 2 - Certificate in Leadership and Team Skills

The ILM Level 2 Certificate in Leadership and Team Skills is designed to provide practising or potential team leaders a foundation for their formal development in this role. Via a series of activities individuals will develop a wide range of skills and knowledge required by a team leader through attendance to practical modules of training, application of learning and reflective reviews.

The programme consists of an Induction session and a total of four training modules delivered over a period of eight months.

#### Benefits of the Qualification

#### For Delegates

- Learn core leadership skills
- Put these skills into practice in the workplace
- Improve the team's performance
- Achieve a nationally recognised qualification

#### For the Organisation

- Motivated and competent leaders
- Increased productivity
- Workplace-based assessment ensure new skills are effectively transferred to the job

#### Assessment

There will be a half day induction at the start of the programme designed to inform delegates of the programme structure, assignment requirements and programme expectations.

Each module requires the completion of an associated assignment to assess application of learning. This assessment process ensures learning is readily transferred into practical actions and development within the work environment to a recognised standard, resulting in delegates achieving a nationally recognised qualification.

#### Objectives

## On completion of the Certificate programme, delegates will;

- Develop an understanding of the role of the team leader
- Develop a range of leadership skills, and understand how to apply them

• Gain skills to motivate

- the team
  Understand how to plan and monitor work within the team
- Develop an extensive range of team leadership skills and obtain a 'toolbox' of essential techniques
- Gain indispensable and comprehensive knowledge to discharge their role confidently and effectively

#### Programme Overview

The Certificate comprises four modules of learning covering the following topics:

#### Module 1

• Leading the Work Team

#### Module 2

• Communication, Induction and Coaching in the Workplace

#### Module 3

 Setting Team Objectives, Planning and Monitoring Work

#### Module 4

 Business Improvement Techniques

#### BOOKING INFORMATION

#### DURATION

**Seven and a Half Days** Delivered over approximately eight months

#### FEES (+VAT)

Non-Member

Member	£1,195

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f1 400

#### START DATES

2015 25 September

**2016** 12 February



#### ILM Level 3 - Certificate in Leadership and Management

What makes a great leader? What are the fundamentals of people management? How do you motivate teams to achieve personal and professional success? These modular programmes will equip managers and leaders with all the tools and techniques needed for successful leadership.

The ILM Level 3 in Leadership and Management is designed to provide a sustained approach to developing first line managers. Through a series of activities delegates will learn definitive management and leadership techniques that have stood the test of time through attendance to modules of training, application of learning and reflective reviews.

#### Benefits of the Qualification

#### For Delegates

- Gain a range of key management skills and put them into practice within their own role
- Build own leadership capabilities - motivate and engage teams, manage relationships confidently
- Develop leadership and management skills using own knowledge, values and motivations

#### For the Organisation

- Effective and confident first-line managers
- Better relationships and communication in teams
- Proven skills to get this qualification managers will need to show that they can transfer their new skills to the workplace
- Managers with the tools to develop their own skills and abilities

#### Assessment

There will be a half day induction at the start of the programme designed to inform delegates of the programme structure, assignment requirements and programme expectations.

Each module requires the completion of an associated assignment to assess application of learning. This assessment process ensures learning is readily transferred into practical actions and development within the work environment to a recognised standard, resulting in delegates achieving a nationally recognised qualification.

#### Objectives

On completion of this course, delegates will be able to;

- and leadership in both theory and practice
- Develop techniques to
- Approach problem solving and decision making
- · Communicate effectively through different mediums appropriate to the audience
- implement change
- and implications of organisational finance
- customer service

#### Programme Overview

The Certificate comprises six modules of learning covering the following topics:

#### Module 1

Understanding Leadership

#### Module 2

 Communication Skills and Problem Solving

#### Module 3

• Motivation to Improve Performance and Conflict Management

#### Module 4

• Understanding Performance Management and Organising and Delegating Work

#### Module 5

 Managing Costs and Resources

#### Module 6

• Planning and Managing Innovation and Change

#### BOOKING INFORMATION

#### DURATION

#### Ten and a Half Days

Delivered over approximately eleven months

#### FEES (+VAT)

<b>Member</b> £1,595		
Non-Member £1,895		
START D	ATES	
2015	27 N	ovember



- performance and motivation
- solve workplace conflicts

• Understand management

- Manage the team's
- - in a structured way

- Understand, plan and
- Understand budgets
- Drive quality

#### ILM Level 5 - Certificate in Leadership and Management

The ILM Level 5 in Leadership and Management is designed for practising middle managers, helping them to develop their skills and experience, improve performance and prepare for senior management responsibilities. Through a series of taught modules and practical activities delegates will learn essential techniques in core areas – working with people, managing yourself and personal skills, providing direction, facilitating innovation and change, achieving results and using resources.

#### Benefits of the Qualification

#### For Delegates

- Use core management techniques to drive better results
- Develop the ability to lead, motivate and inspire
- Provide strategic leadership as well as day-to-day management
- Benchmark their managerial skills
- Raise their profile in the organisation

#### For the Organisation

- Encourage strategic thinking at this level of management to foster business improvement
- Engage middle managers with training and development (this qualification is designed to provide clear, measurable benefits to careerminded professionals)

#### Assessment

There will be a half day induction at the start of the qualification designed to inform delegates of the programme structure, assignment requirements and programme expectations. In addition, each module requires the completion of a work-based assignment to assess application of learning. This assessment process ensures learning is readily transferred into practical actions and development within the work environment to a recognised standard, resulting in delegates achieving a nationally recognised qualification.

#### Objectives

On completion of this course, delegates will be able to;

- Understand management and leadership in both theory and practice
- Manage the team's performance and motivation
- Communicate effectively through different mediums appropriate to the audience
- Understand budgets and implications of organisational finance

#### Programme Overview

The Certificate comprises three modules of learning covering the following topics:

#### Module 1

 Assessing your own Leadership Capability and Performance

#### Module 2

Managing for Efficiency
 and Effectiveness

#### Module 3

• Understanding Financial Management

#### BOOKING INFORMATION

#### DURATION

#### Six and a Half Days

Delivered over approximately seven months

#### FEES (+VAT)

Member	£1,795
Non-Member	£2,095

#### START DATES

2016 15 January



#### ILM Level 5 Certificate in Coaching and Mentoring

The ILM Level 5 in Coaching and Mentoring is designed as a practical leadership and management discipline that allows managers to unleash potential within individuals to help maximise both their business performance and potential. Coaching uses one-to-one conversations and guided questioning to help managers deal with change and find solutions to business problems using their own resources. It's an effective way of creating a high performance culture in your organisation.

Through a series of taught modules and practical coaching and mentoring sessions, delegates will learn essential techniques in core areas that will assist them in becoming more experienced business coaches.

#### Benefits of the Qualification

Incorporating coaching and mentoring into an organisation delivers tangible benefits to a business. Coaching is a sought after management skill which is proven to transform business performance and can benefit both individuals and organisations:

- Get a critical understanding of the role and responsibilities of the workplace coach and mentor
- Deepen your understanding of how coaching and mentoring can impact an organisation
- Be able to assess your own skills, behaviours and knowledge as a coach and mentor
- Provide evidence of your own development as a coach and mentor through the qualification
- Plan, deliver and review coaching and mentoring in your organisation

#### Assessment

There will be a half day induction at the start of the qualification designed to inform delegates of the programme structure, assignment requirements, coaching sessions and programme expectations. In addition, each module requires the completion of a workbased assignment to assess application of learning. There will also be a requirement to complete several hours of coaching and mentoring, and maintain a reflective journal on these sessions and how they were delivered.

#### Objectives

Delegates attending the course will demonstrate;

- Better communication and interpersonal skills
- Increased confidence and motivation
- Improved conflict resolution
- Better management
   performance

#### Programme Overview

The Certificate comprises three modules of learning covering the following topics:

#### Module 1

• Understanding the Skills, Principles and Practice of Effective Management Coaching and Mentoring

#### Module 2

• Undertaking Management Coaching or Mentoring in the Workplace

#### Module 3

• Reviewing Own Ability as a Management Coach or Mentor

#### BOOKING INFORMATION

#### DURATION

#### Six and a Half Days

Delivered over approximately seven months

#### FEES (+VAT)

Member	£1,795
Non-Member	£2,095
START DATES	
2016	8 April





## Leadership and Management



Whenever I need help from PETA it is always to an exceptionally high standard, from advice to training.

Turbocam Automated Production Systems UK Ltd

#### Management Essentials

Understanding the connection between leadership and management is essential to the continued sustainability, development and growth of any organisation. Ensuring that the people within your business have the skills, knowledge and expertise to manage and lead people is vital in contributing to this ongoing development.

This intensive, six day course is perfect for newly-promoted or emerging managers, providing an excellent grounding in the concepts and practicalities of management and leadership.

Not only will this course take delegates through the key elements of management and leadership, delegates will also leave the programme with their own personal development plan, supporting them in applying the skills back in the workplace and in planning their continuing growth and development.

#### **NEW COURSE**

#### Objectives

On completion of this course, delegates will be able to;

- Demonstrate management and leadership skills and the differences between them
- Appreciate differing styles of communication
- Understand communication models and language patterns
- Create a high performing team
- Identify what makes a high performing team
- Recognise how to manage their own time and the impact they have on others
- Interpret and use financial results to aid their
- decision making process Appreciate why certain
- business decisions are taken Operate confidently in
- understanding the legal framework in which to manage employees
- Know what documentation to provide and when

Course Overview

#### Day 1 - Effective Leadership

- Management in context
- when to manage · Responsibilities of
- management • Inspirational leadership
- harnessing the power
- Day 2 Communication Skills • Communication model and language patterns
- Reframing and problem solving - thinking differently
- Giving constructive feedback – building working relationships
- · Pure listening

#### Day 3 – High **Performing Teams**

- Team dynamics in action
- Team roles
- · What makes a high performing team
- Developing positive team attitudes to increase motivation and productivity

#### Day 4 – Time Management

- Work drivers and influencers
- Taking control of the working day
- Delegation as a time management tool
- Setting realistic and achievable objectives and goals

#### BOOKING INFORMATION

#### DURATION

Six Days One day a week

#### FEES (+VAT)

Member	£1,095

£1,288 Non-Member

#### START DATES

2015	4 November
2016	8 March 16 June

•	The main financial
	instruments of business
•	How daily actions impact
	business results

 Profit and Loss, Balance Sheet, Working Capital, Cash Flow

#### Day 6 – HR for Non-**HR** Managers

- An introduction to the scope of Human Resources responsibilities
- Recruiting, selecting and inducting new employees
- Different types of workers in your company
- · Contracts of employment

#### Day 5 – Finance

#### **Supervisory Skills**

Improving team performance is always high on the agenda. Leading a team to effectively achieve set business objectives needs enthusiasm and aptitude. It is essential for supervisors to acquire effective, memorable, easy-to-use tools, skills and techniques that they will be able to use immediately in order to manage their teams.

Whether delegates are aspiring or newly-appointed supervisors, or established in their post. This hugely effective course will examine the fundamental role of the supervisor, identify tried-and-tested management techniques and provide a practical setting for individuals to adapt these in order to fit in with their own personality and how they can apply these to real workplace settings.

#### Objectives

On completion of this course, delegates will be able to;

- Understand their role, responsibilities and qualities of an effective Supervisor
- Develop their own personal confidence in the role
- Communicate clearly and assertively with others
- Confidently manage challenging situations
- Use outstanding, simple, applicable tools and techniques for managing their teams

#### Course Overview

#### Communication

- The power and importance of effective communication
- Channels, methods and barriers to communication
- Communicating assertively and with confidence
- Active listening techniques
- Body language and associated behaviours

#### Leadership

- Understanding and developing your leadership style
- · Motivation techniques
- Building trust and respect through leadership example
- Understanding behaviours, channelling energies
- The characteristics of a high performance team and how to achieve it

#### Managing Conflict

#### and Discipline

- · Understanding why conflict happens and ways to prevent a conflict situation becoming unmanageable
- The disciplinary process and the supervisor's role within it
- Providing feedback on observed performance

#### Certificate available

Upon completion of the course, delegates will receive an ILM Development Programme certificate of attendance

Five Days (One day a week)

DURATION

BOOKING INFORMATION

#### FEES (+VAT)

Member £1,053

£1,239 Non-Member

#### START DATES

2015

2016

9 September 19 January

28 April



#### 023 9253 8700 All our courses can be tailored to suit you ... Ask us www.peta.co.uk enquire@peta.co.uk

The New Team Leader

Do you have new team leaders? Are they unsure where to start? The first step is right here!

This two day, highly interactive course will provide the foundations for new team leaders to be highly effective. It will start by looking at the style needed in leading teams, how to get the best out of the team members and will explore how to communicate to an advanced level by learning some new tools and techniques to achieve excellent results. Formulas to manage both good and poor performance will be available to enable effective management of people and teams. Further analysis will be completed to look at how changes can be smoothly implemented whether big or small.

Finally, delegates will learn what motivates people and how to engage them.

#### ★ NEW COURSE

#### Objectives

On completion of this course, delegates will;

- Identify their style as a Team Leader
- Identify what is required of a Team Leader
- Use tools and techniques to communicate to achieve results
- Identify and describe what equates to good and bad performance and how to handle it Describe what motivates
- and engages a team
  Develop an Action Plan to implement in their workplace
- Course Overview
- Understanding expectations for the team leader and the team
- Why people think, act and feel the way they do
- Communicating to achieve above average results
- Managing performance both good and bad
- Managing change it's inevitable!
- Motivation and engagement – sustaining and moving forward
- Putting it all into practice when back in the workplace

#### Practical Leadership Skills

Loaded with proven and practical tools and techniques, this course is perfect for individuals who perform a direct role in leading teams or work groups and who wish to take a practical, results-driven approach to their leadership. It provides essential tools that delegates will be able to translate directly into the working environment, enabling them to achieve great results through both individuals and their teams.

#### Objectives

On completion of this course, delegates will;

- Be even more confident in motivating, inspiring and leading others
- Develop their ability to create an enthusiastic, focused and productive working environment
- Enhance their understanding of their own leadership strengths and areas of development

#### Course Overview

- Leadership versus Management – the difference
- Assuming the leadership role – The Philosophy of 'Acting As If'
   Leaving a legacy that is
- worth inheriting becoming a tough act to followGaining the respect of
- others so as to better influence them
- Connecting and developing relationships with others
- Developing vision and goals for the team
- Developing effective behaviours and practices in team members

- Inspiring and motivating colleagues to perform and to go above and beyond
- Delegating- knowing the other person will do what you need them to – each and every time!
- Inspiring Leadership: the key practices of excellent business leaders today
- Minimising the negative aspects of conflict and preventing unnecessary conflict situations
- Understanding personal leadership strengths
- Developing a compelling personal action plan

#### BOOKING INFORMATION

DURATION

Two Days

FEES (+VAT)

Member

Non-Member £653

£555

START DATES	

2015	22 September
2016	8 February 10 August

BOOKING INFORMATION DURATION Two Days FEES (+VAT) Member £555 Non-Member £653

#### START DATES

2015	16 November
2016	30 March 20 July

#### **High Performing Teams**

With an ever changing world in business, it has never been more important to have a high performing team than right now. This one day course will delve into what makes a high performing team, looking at everything from personalities, motivation, and engagement to tapping into people's talents. The session will provide a toolbox of techniques and ideas that can be utilised, depending on the situations being faced back in the working environment.

#### ★ NEW COURSE

#### Objectives

On completion of this course, delegates will;

- · Identify what makes a high performing team
- · Identify stages of team development
- Develop positive team attitudes
- Understand key generic employee behaviours required in the workplace
- Manage conflict constructively within teams
- Develop an action plan to start implementing in the workplace

#### Course Overview

- What makes a high performing team -Bruce Tuckman style
- Delving into Belbin Team Roles
- Where are your team and why?
- People's perceptions and thoughts and the impact it has on the team
- What key behaviours should you be looking for from your team?
- How to manage conflict constructively within your team - tools and techniques that work
- Developing positive team attitudes to increase motivation and productivity
- Action planning taking it back and implementing it in the workplace

#### BOOKING INFORMATION

DURATION

One Day

#### FEES (+VAT)

Member £298 Non-Member £351

#### START DATES

2

2

015	25 November
016	22 March 30 June

#### **Coaching Skills for Managers**

Coaching is one of the most effective methods of enhancing the performance of your people. Through a series of agreed activities and goals, a good coach can enable staff to improve their performance whilst learning 'on the job'.

This course delivers the necessary key skills to be an effective workplace coach, and is ideal for managers, team leaders, supervisors and all those who wish to develop their coaching skills. It is a practical course with plenty of opportunities to 'test drive' the techniques being learned. The impact back in the workplace will be seen through enhanced staff engagement, business performance and effectiveness.

#### Objectives

On completion of this course, delegates will be able to;

- Implement an effective coaching process, resulting in improved performance
- Develop the key skills of listening and asking skilled guestions
- Provide effective feedback that encourages positive change

#### Course Overview

- Recognising the value of a coaching system
- The skills and qualities
- of a good coach Identifying barriers to learning and overcoming them
- Creating trust and rapport
- Gaining commitment
- Questioning and listening skills
- Developing the most appropriate communication style
- · Setting goals and targets

#### BOOKING INFORMATION

DURATIO	N	
One Day		
FEES (+VA	AT)	
Member		£298
Non-Mem	ber	£351
START DA	TES	
2015	24 Se	ptember
2016	12	2 January 27 April

#### Managing Performance - Capability

The success of any organisation relies on the performance of its departments and teams. The success of each department and team comes down to the way its performance is managed by its leaders, managers and supervisors. This course is designed for all managers and team leaders who have a responsibility for the performance of a team or department and, therefore, the individuals working within those teams.

Learning the principles of what performance management is, how to measure performance, and how to improve performance are key skills that will be learned during this course, and will help delegates to increase individual and team output, without sacrificing team cohesion.

#### Objectives

On completion of this course, delegates will be able to;

- State the aims of performance management
- Identify acceptable standards of performance and why this is essential
- Understand the importance of a consistent message
- Manage a full performance management review process
- management? • The contract of employment pay and benefits in
- Conduct verses capability • Why do people under
- The ACAS code of practice
- Review meetings, objectives and performance improvement plans
- Managing sickness absence - short and long term.
- things go wrong
- practical exercises

BOOKING INFORMA	
DURATION	
One Day	
FEES (+VAT)	
Member	£298
Non-Member	£351

#### START DATES

2015	15 September
2016	5 January 19 April

#### Managing Performance - Appraisal Skills

This one-day course for managers, team leaders and supervisors is packed with essential tools and techniques that will make a genuine difference to the appraisal/performance review delivery. It is important that businesses get the most from their staff and see the benefit that this process has within the wider context of performance management.

Delegates will also gain an understanding of not only the benefits of Appraisals but also some of the common pitfalls and how to avoid them.

#### Objectives

On completion of this course, delegates will be able to;

- Plan, structure and deliver effective appraisals
- Set smart objectives
- Gain genuine agreement and commitment to the process
- Give effective feedback to staff and also encourage and be able to receive feedback from staff
- Understand the differences in employee motivational value systems and therefore adjust feedback

- Course Overview
- · The benefits of appraisals on 3 levels: the organisation, the employee and the manager
- The link between appraisals/ performance review and motivation/engagement
- Appraisal preparation Aligning performance
  - to business goals Objective setting crafting SMART objectives to clarify performance requirements
  - Establishing strengths and areas for improvement
- Managing the appraisal interview
  - Creating the right environment for an appraisal interview

- Using questions to explore issues and open up discussion Listening for key words
- to probe and increase effectiveness of discussion
- Giving and receiving feedback
- Identifying a range of training and development needs
- · Understanding employees different motivational value systems and strengths
- The importance of 1-2-1's to maintain focus on the successful achievement of objectives
- Keeping the objectives and development plan alive to enhance success

#### BOOKING INFORMATION DURATION One Dav FEES (+VAT) Member £298 Non-Member £351 START DATES 2015 29 October

2016 25 February 25 May 31 August

- return for a satisfactory level of performance
- perform? Ensuring fairness, support and training to get the best
- - What happens when
  - Case law examples and
- Course Overview · What is performance

#### Managing Performance -**Discipline and Grievance**

Failure to follow the correct procedures when managing disciplinary and grievances can result in serious consequences for employers. This one day workshop covers the key features of workplace conduct and related disciplinary and grievance policies and procedures from warnings through to dismissal. Relevant case law, along with existing defined employment law will bring knowledge to a level where individuals will be confident and capable of managing different cases. Attendees will learn the different rights that both employers and employees have and how important it is to act fairly and reasonably at all times.

#### Objectives

On completion of this course, delegates will be able to;

- Understand the purpose and benefits of effective disciplinary and grievance procedures
- Recognise the difference between capability and conduct
- Use disciplinary and grievance policies and procedures to achieve improvement
- Decide appropriate outcomes and sanctions

- Understand the appeal process
- Use key skills of questioning, listening and recording both verbally and in writing
- Use own policies and procedures to manage workplace performance issues

#### Course Overview

- The five fair reasons for dismissal (and discipline)
- Who can be managed?
- ACAS codes of practice
- Step by step approach investigation, deliberation, notification, interview, penalties and appeal
- Case studies reviewing real life scenarios
- Companions their role
- What happens when
- you get it wrong
- Taking notes
- Personal action plans
- Evaluation and close

#### BOOKING INFORMATION

DURATION

One Day

#### FEES (+VAT)

Member £298 Non-Member £351

#### START DATES

2

2015	23 November
2016	9 March 28 June

#### **Finance for Non-Financial Managers**

This two day course will appeal to those keen to understand how actions and decisions at work translate into the financial results contained in profit and loss reports, balance sheets and cash forecasts. This course will help individuals understand the jargon of finance and give them the knowledge to understand and interpret the financial performance of a business. It aims to give individuals the confidence to engage with the management team and the finance department; to enhance decision making and help avoid some financial pitfalls.

No prior financial knowledge is required.

#### Objectives

On completion of this course, delegates will be able to:

- Understand how business decisions and actions are reflected in the financial results
- Interpret and use financial results to aid their decision making process
- Appreciate why certain business decisions are taken

#### Course Overview

- The three main financial instruments of business
  - The balance sheet
  - The cash flow forecast
  - The profit and loss report
- How daily actions impact business results
- Long term investment comparisons and decisions
- Finance terminology what do all those terms mean?
- · Why you should focus on managing your working capital

- Using budget performance to enhance business responsiveness
- · Ratio analysis to see and understand what lies beneath the numbers
- Fixed and variable costs and the importance of the break-even point

BOOKING INFORMATION

#### DURATION

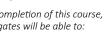
Two Days

#### FEES (+VAT)

Member £555 Non-Member £653

#### START DATES

2015	10 November
2016	10 February 17 May 17August





## Personal Development



The help and support of PETA has been a very positive and successful experience and one that I would thoroughly recommend.

Innova Design and Build Ltd

#### Professional Presentations

A successful presentation can sell an image, product or concept in a way that no other medium can. Development of presentation skills allows individuals to establish credibility and project the image of a poised and polished professional.

This practical two day course is for those required to make presentations as part of their role. It provides an excellent guide to delivering confident, professional presentations - from objective-setting and scoping through to planning, development and delivery. The course provides opportunities for delegates to practice their new skills.

Course Overview

The shape and form of

• How to select, prepare

· Structuring the material

ensure commitment

Contingency plans- the

benefits and pitfalls of new technology

and use visual aids

Allocating time to

• Preparing and using

notes effectively

effective presentations

Defining the presentation

The Presentation

objectives

#### Objectives

By attending this course, delegates will be able to;

- Plan, design and execute a presentation
- Demonstrate techniques for presenting a positive, powerful and professional image
- Avoid common presentation errors
- Influence the audience to gain commitment

#### The Individual

- Calming those nerves and learning to relax
- Effective use of voice and body
- Control of platform mannerisms
- Techniques for opening and closing a talk
- Attracting and maintaining interest
- Gaining audience buyin and commitment
- Handling questions and objections

Day 2

· Review of key points

Final preparation

Presentations and feedback

and questions

and coaching

#### Professional Presentations - Masterclass

This innovative two day course looks at how you can further advance your presentation skills and take them to the next level. As an advanced course, it is aimed at those who are already capable of planning and delivering basic presentations and who now need to improve their delivery through understanding and recognising how their feelings about presenting are transmitted to an audience and identifying individual inhibitors to presenting. Delegates will learn techniques to improve self-confidence and be able to adjust their delivery style to better influence their audience.

#### ★ NEW COURSE

#### Objectives

On completion of this course, delegates will be able to;

- Plan, structure and deliver effective business presentations
- Reduce anxiety and access increased confidence
- Exert greater influence over the audience to win business or gain buy-in

#### Course Overview

#### Day 1

#### Introductions and

- course overviewPersonal outcomes presented to group
- Communication strategies and skills
- Beyond visual aids, multisensory presentations
- Using language patterns to influence with integrity
- Planning and creativity
- Techniques for giving presentations more impact
- Accessing a confident and relaxed state
- Putting the theory into practice, preparation
- 1-1 Coaching

#### BOOKING INFORMATION

DURATION

Two Days

FEES (+VAT)

Member £555

Non-Member £653

2015	20 October
2016	13 January 17 May 23 August

# BOOKING INFORMATION DURATION Two Days Two Days FEES (+VAT) Member £555 Non-Member £653 START DATES FEES (+VAT)

**2015** 2 December

2016

2 March 19 July

#### Train the Trainer

Understanding what a trainer needs to do to initiate behavioural change within any organisation is essential for continued success. Developing the talents of those who have responsibility for the training and development of staff will ensure that, not only are they competent and confident to train others, but their training style matches the style of the audience, thus accelerating learning and ensuring the training is engaging and relevant.

#### Objectives

By attending this course delegates will:

- Implement the three key skills of an excellent trainer
- Understand why and how people learn
- Be able to identify and deliver to ensure the key aims and objectives are achieved
- Develop and deliver practical, structured and logical training sessions
- Identify ways to keep the trainee's attention
- Build confidence and rapport with trainees

- Facilitate engaging learning sessions resulting in required outcomes being carried out in the workplace
- Follow the five steps to evaluation to ensure success after delivery

#### Course Overview

- Being a great Traineressential skills to know
- The objectives of training and elements of a training programme
- The elements of instruction: the learner, the instructor, the job
- Why and how people learn
- The training cycle
- Individual learning styles

- Analytical approach to giving instruction: Getting organised, preparing the learner, presenting the instruction, trying out, putting the learner to work
- Maintaining the learner's attention
- Confirmation and questioning techniques
- Preparation for individual instruction practice
- Individual instruction practice (delivery of short practical training session by each course participant with professional, structured feedback)



DURATION

**Two Days** 

#### FEES (+VAT)

#### Member £555 Non-Member £653

#### START DATES

2015	20 October
2016	20 January 12 April 5 July

#### **Communication Skills**

This course provides practical concepts for building rapport and developing stronger relationships. By attending the course delegates will be able to identify different communication needs and styles and how to get their message across more clearly and effectively, enabling them to build better working relationships. The tools and techniques delegates will take away with them will enable them to flourish in all aspects of their lives.

#### Objectives

On completion of this course, delegates will be able to;

- Understand communication models and language patterns
- Demonstrate the ability to reframe and problem solve
- Be able to giving constructive feedback building working relationships
- Demonstrate pure listening skills
- Understand how to manage personal energy a practical strategy
- Demonstrate application and personal commitment

#### Course Overview

- What is effective communication?
  - Delving into and pinpointing what is effective communication
- The communication process
  - Why communication is successful and unsuccessful – did you get your message across?
- Different types of communication and when to use them
  - Are you selecting the best method of communication in each situation you are faced with?
- Positive and Negative language
  - What should I censor?

- Effective body language
  - How to present yourself in any given situation
- Assertive, submissive, aggressive
  - What behaviours are displayed and why?
- Difficult conversations Take the challenge
- Action planning

#### BOOKING INFORMATION

#### DURATION

#### One Day

#### FEES (+VAT)

#### Member f298 £351

Non-Member

#### START DATES

2

2

015	18 November
016	15 March 23 June

#### Assertiveness Skills

Assertiveness is an essential quality in business. Development of these skills enables individuals to establish credibility and project the image of a poised and polished professional. It is a skill which requires a blend of confidence, communication and the ability to see things from other people's points of view, allowing us to manage relationships effectively and exert greater influence in challenging situations.

Being assertive enables appropriate boundaries to be set, allowing the expression of ideas and confidence in communicating whilst enhancing and conveying your value to an organisation. This course will give delegates greater insight into these areas, giving them the confidence to communicate positively and clearly, and have a greater influence on people and situations in all areas of their life.

#### Objectives

On completion of this course, delegates will be able to;

- Understand and explain how personal communication preference relates to assertiveness
- Manage people and relationships and increase personal efficiency
- Develop the ability to convey messages more positively
- Communicate with increased personal confidence

- Course Overview
- Defining assertive, submissive, passive and aggressive behaviour
- Communication preferences
- The basic steps to developing an assertive approach
- Managing relationships

   the ability to disagree constructively and with confidence
- Dealing with difficult situations removing barriers

#### BOOKING INFORMATION

DURATION

One Day

#### FEES (+VAT)

Member £298

Non-Member £351

#### START DATES

2015 19 November 2016 27 January 20 April 12 July

#### Negotiation Skills

The skills of negotiation permeate many aspects of our lives, both business and personal. Whether buying or selling concepts, ideas, products or services, in order to win in negotiations, it is essential to follow the process. This workshop will take delegates through the stages in preparing for a negotiation and getting to a Yes solution.

#### Objectives

On completion of this course, delegates will be able to;

- Develop negotiation strategies that can be used immediately
- Understand the tools and techniques that are available to support the selected strategy
- Practice using these tools in a risk free environment
- Build a personal action plan of how they will change the way they negotiate in the future

#### Course Overview

- The principles and stages of negotiation
- Strategies available when negotiating
- Effective communication and behaviours when negotiating
  - Using questions
  - Develop active listening skills
  - Using silence and recognising signals
- Developing your own skills
   Role rehearsal of typical negotiating scenario with, feedback and coaching
- Final review and action plans

## INFORMATION

BOOKING

DURATION

One Day

FEES (+VAT)

Member £298

Non-Member £351

START DATES

**2015** 8 December

2016 10 March 29 June

## • Establishing and maintaining an assertive manner

- Building personal confidence
- Settings goals for the future

#### Dealing with Difficult People

This course will help delegates gain a better understanding of why people behave as they do and how to manage that behaviour more productively through a set of effective tools and techniques. Once these behaviours are identified, we are able to adjust our own behaviours and re-frame or re-structure situations for others resulting in more collaborative and productive behaviour.

#### Objectives

On completion of this course, delegates will be able to;

- Identify the motives and the traits of 'difficult' people
- Demonstrate greater selfawareness and confidence
- Communicate more effectively and compassionately to all types of people
- Deal calmly and effectively with difficult situations, enabling more positive outcomes

#### Course Overview

- Identifying "difficult" people
- Why are people difficult?
- Why do we do what we do?
- Taking responsibility
- Identifying the
- difficult behaviourNegotiating in difficult situations
- Being assertive
- Handling challenging conversations
- Solving people problems
- Putting into action moving forward

#### BOOKING INFORMATION

DURATION

One Day

#### FEES (+VAT)

Member £298 Non-Member £351

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#### START DATES

2

2

015	30 September
016	18 February 2 June

#### Handling Tricky Conversations

Holding difficult conversations can be one of the most challenging parts of managing performance, especially around behaviour and competencies. As a manager, supervisor or team leader, it can be something that we may endeavour to avoid. This can then have a knock on effect in other areas including dilution of credibility, resistance and dis-engagement.

This one day workshop is designed to give individuals valuable tips, techniques and practice of how to frame and manage these conversations in a balanced, calm and proactive way.

#### ★ NEW COURSE

#### Objectives

On completion of this course, delegates will be able to:

- Plan and prepare for the conversation
- Identify facts and perceptions of behaviour
- Structure the conversation using a template
- Stay on track and identify the most appropriate ego state to remain calm and professional
- Deal more confidently and effectively with tricky or difficult conversations

#### Course Overview

- What is a difficult conversation and the reasons why we may not handle them as well as we could do
- What can make these conversations more successful?
- Using a framework to improve planning and control of conversations
- Identifying facts from interpretations, opinions and judgements
- Understand overdone behaviours and reframing them
- Giving feedback on behaviours and competencies in a more specific and useful way

- Understand the ego states that may become hooked
- Increase techniques to remain calm and maintain control of our emotions
- Utilise good questioning and listening techniques

INFORMATION		
DURATION		
One Day		
FEES (+VAT)		
Member	£298	
Non-Member	£351	

BOOKING

#### START DATES

2015	1 December
2016	20 April 11 August

#### **Problem Solving**

Anyone whose work involves solving complex problems or meeting new challenges where the solutions are not always obvious will appreciate how even the smallest of matters, if left unattended, can spiral out of control and become a significant issue. Taking a more creative approach to problem solving and decision making can provide a real difference.

This one day course will provide delegates with the tools and techniques that will allow them to think differently about a problem and use innovative methods to solve it.

#### Objectives

By attending this course, delegates will be able to:

- Alter the way they approach and think about problems and challenges
- Identify and overcome the barriers to creative thinking in their approach
- Recognise and cope with the obstacles to creativity and change in the work place
- Appreciate the limitations and applications of conventional problem solving
- Apply a range of creative thinking tools to escape from the conventional barriers to analysis and idea generation

#### Course Overview

- The importance of a structured approach
- Engaging the team
- · Creative thinking tools
- Techniques for generating ideas and evaluating them
- Tools to help make the decision
- Implementing action
- Responsibilities, priorities and decisions
- Action planning, monitoring and evaluation techniques

#### BOOKING INFORMATION

DURATION

One Day

FEES (+VAT)

Member £295

Non-Member £347

START DATES

2015	15 September
2016	21 January 10 May

#### Time Management

Making the most of our working day is achieved through the effective management of our own time and the impact we have on others. Move from hearing 'there just aren't enough hours in the day, I haven't got time' to 'I will have that done on schedule' is definitely achievable!

On this one day course, delegates will examine a broad range of time management techniques and select the ones that will make a significant difference to their personal effectiveness and contribution to business objectives each and every working day.

#### Objectives

On completion of this course, delegates will:

- · Be clear that the ability to manage time can make or break their working lives
- Recognise how to manage their own time and the impact they have on others
- Be able to apply tools and techniques to organise and prioritise short term and long term goals
- · Learn how to maintain and control time management in themselves - and others

Don't forget your multiple discounts . . .

#### Course Overview

- Self-assessment how well do you manage your time? · Work drivers and influencers
- Taking control of the working day: developing
- clear priorities • Delegation as a time management tool
- Dealing with interruptions - telephone, colleagues, visitors
- Managing e-mail and meetings
- Time wasters alleviate or eliminate
- Setting realistic and achievable objectives
- · Dealing with deadlines
- Saying "No"

## START DATES

2016

2015 14 October 15 December

BOOKING INFORMATION

DURATION

FEES (+VAT)

Non-Member

One Day

Member

4 February 6 April 14 June

£298

£351

5% off for 2-3 people 8% off for 4-5 people 12% off for 6 or more!

# **Building Personal Resilience**

Building Personal Resilience is a half day programme designed to help individuals understand and recognise what is stress and what is pressure, and equip them to proactively build resilience by providing practical tools for dealing with stress.

The course offers a unique approach to understanding work place pressures. It is guaranteed to be straightforward, practical and humorous. It offers a completely fresh approach to this often sensitive subject.

#### Objectives

On completion of this course, delegates will be able to:

- Define what personal resilience is
- Identify what is stress and what is pressure
- Identify what causes you stress
- Explain the attributes required for being Personally Resilient
- Identify how personally resilient you are at work
- Identify how you can change to be more personally resilient in everyday life
- Explain how you can manage your own stress in the future

#### Course Overview

- What is personal resilience?
- What is the difference between stress and pressure
- What causes you stress?
- Attributes to being personally resilient
- Personal resilience at work
- Managing your stress in general
- · Moving forward

#### BOOKING INFORMATION

DURATION

Half Day

#### FEES (+VAT)

Member £155 Non-Member £182

START DATES

2015	1 October
2016	3 February 16 August

# Manage your Emotional Response

We are emotional beings, and therefore emotions, such as Anger, can at times get out of control and turn negative or destructive leading to problems at work. The way we view and handle our emotional responses can make a huge difference to the outcome. This course gives individuals tools and techniques for understanding and managing the emotional response of flight or fight

#### Objectives

On completion of this course, delegates will;

- Identify what is anger and its causes
- Understand the three main approaches to anger
- Use more techniques to be able to encourage a response rather than a reaction
- Demonstrate a range of skills and techniques for managing their emotional response

#### Course Overview

- The nature of anger
- The three main approaches to anger
- Recognising awareness signs
- Clarify the differences between aggressive, passive and assertive behaviours
- The choices we have
- Understand the differences - why other people can seem difficult
- · Strategies to help keep anger at bay- help control the emotions
- Techniques to remain in the assertive state understanding the fight or flight mode

- Questioning and listening techniques to explore issues and outcomes
- The ability to give and receive feedback more effectively in order to resolve issues



#### DURATION

#### One Day

# FEES (+VAT)

#### Member f298 Non-Member £351

#### START DATES

2015	5 November
2016	2 February 9 June

# Meeting Management

Do you want to finish a meeting and feel that it was worth the time and effort that everyone put into it? This short course will give you the skills to focus on starting a meeting strongly, keep control, manage the attendees and ensure that all the objectives are met and that it runs to time! This is an excellent course for anyone who needs to organise or conduct meetings as part of their role.

#### Objectives

By attending the course, delegates will learn;

- A structured approach to enable real results to be achieved from every meeting
- Practical techniques for managing dominant and reluctant attendees
- An understanding of how to energise meetings
- Guidelines on how to ensure attendees know precisely the actions that must follow the meeting

#### Course Overview

- Defining the purpose
- Agenda, planning the structure, setting the time
- Progressing the discussion
- Encouraging contributions
- Arriving at clear decisions
- Summarising
- Controlling time
- Conflict management and resolution
- Making a constructive contribution
- Minutes and Action Plans
- Evaluating the outcome and value of a meeting

#### BOOKING INFORMATION

DURATION

Half Day

FEES (+VAT)

Member £155

Non-Member £182

START DATES

2015 12 October 2016 3 February 16 August

# Minutes and Agendas

The success of a meeting depends, not just with the discussion and decisions taken, but also with accurate recording of what has taken place and what action is required. This one day course will provide delegates with a good understanding of the purpose of meetings, with the recording of concise minutes that will be easy to read back and form an accurate record of the meeting. They will learn what to listen out for to ensure the meaning of what is being said is captured, and identify what is important to record.

#### Objectives

By attending this course delegates will be able to:

- Understand the importance of consistent, concise and accurate minutes
- Plan, manage and present the information minuted in an efficient manner
- Co-ordinate the information in order to enhance the understanding of the readers
- Set a well-structured agenda

#### Course Overview

- The meeting- what you should do before, during and after
- The role and responsibilities of a chairperson
- Setting the agenda
- Barriers to listening
- Listening and summarising a conversation
- Methods and style for taking notes
- Simplifying expressions and editing redundant expressions – writing concisely
- Styles of minutes
- Sections of minutes
- Recording decisions and actions
- Practising taking minutes
- Completion of a personal action plan

#### BOOKING INFORMATION

DURATION

One Day

FEES (+VAT)

Member £298

Non-Member £351

START DATES

2015 3 September

**2016** 5 January

1 June

# **Report Writing**

This excellent one-day course is for anyone who needs to produce reports as part of their job role. Following a structured format delegates learn how they can achieve their aim of writing effective, informative reports that produce a positive reaction from the reader.

#### Objectives

On completion of this course, delegates will;

- Express facts, ideas and findings with confidence and clarity
- Plainly define the purpose of a report, suitable for the intended audience
- Write in a persuasive style which creates interest for the reader
- Present accurate information in a structured and professional format

#### Course Overview

- Understanding the reader, writing to capture their interests and answer their needs
- What constitutes a report – purpose, types and objectives
- Logical structure, layout, style, content and impact
- Terms of reference, methods of investigation, effective conclusions and recommendations
- Pitching the report at the recipient's level of understanding
- Effective use of all the necessary and required elements that will aid in the creation of a report

- Deciding what should stay in
- What makes a report successful?
- Tips and hints to enable effective proofreading and revision

BOOKING
INFORMATION

DURATION

One Day

#### FEES (+VAT)

Member	£298
Non-Member	£351

#### START DATES

2

2015	8 September
2016	10 February 28 July

# **Business Writing**

E-mail, letters, newsletters, websites... all are written communication methods used extensively in business today. Consider the potential damage and impact on the organisation's image resulting from a badly written and worded communication, and the importance of this subject matter takes on a whole new relevance!

On this intensive one day course, delegates will gain the confidence to produce effective business writing, ensuring their communications get noticed and acted upon.

#### Objectives

By attending this one day event, participants will learn and develop:

- Approaches to producing readable, presentable and accurate written communications
- How to select the best form of communication appropriate to the situation
- Ways to build and develop relationships through written communication
- Standards of writing to ensure quality of output, mastering grammar, spelling and style

#### Course Overview

- Writing style influences and idioms
- How to keep it simple
- Avoiding ambiguity
- Email etiquette
- Creative writing eliminating buzz words, tautology, clichés, business jargon and tired phrases
- Personalising knowing your personal style
- Basic grammar
- Spelling words to
- watch out for
- Avoiding common pitfalls

#### BOOKING INFORMATION

DURATION One Day FEES (+VAT) Member £298 Non-Member £351 START DATES 2015 25 November 2016 13 April 3 August



# HR and Employment Law



PETA were able to identify our priorities and bespoke a programme of learning and development that focused on our specific business requirements. This resulted in more cohesive teams, greater cross functionality and the development of individuals both professionally and personally.

Citymain Administrators Ltd

# HR for Non-HR Managers

Managing staff can be a time consuming activity. Ensuring that you know the fundamental requirements for all legal activities to be correct and up to date does not need to be a complex matter. This one day course is an essential introduction for those who are responsible for the full range of Human Resources activities on a full time basis combined with other responsibilities and provides practical knowledge and tools to enable managers to tackle HR issues with confidence.

#### ★ NEW COURSE

#### Objectives

By attending this course delegates will:

- Be confident in appreciating the legal framework in which to manage employees
- Know what documentation to provide and when
- Understand how to manage performance within their organisation
- Know how to record and manage sickness absence
- Understand their responsibilities in relation to employee benefits

- Course Overview
- An introduction to the scope of human resources responsibilities
- Recruiting, Selecting and inducting new employees
- Different types of workers in your company
- Contracts of employment · Salary and benefits
- Disciplinary, grievance and dismissal
- Appraisals
- Sickness absence
- Equality and diversity

#### BOOKING INFORMATION

DURATION

One Day

FEES (+VAT)

Member £298

Non-Member £351

#### START DATES

2016 2 December 12 April 21July

# **Resolving Conflict**

Conflict can cause immeasurable damage within your business. This course considers ways to minimise conflict and offers solutions for resolving it, including workplace mediation. This is an informal, structured process in which an independent third party, a mediator, helps people in disagreement to create a way forward. It introduces a powerful new dynamic to any negotiation or dispute discussion, enabling people to restore and develop healthy working relationships. This hands-on workshop looks at the benefits of mediation and explores the skills required to be an effective mediator.

#### Objectives

On completion of this course, delegates will be able to;

- Indentify types of conflict and why they occur
- Explain what mediation is and when it is appropriate to use it
- · Describe the essential steps for mediation to have the best chance of success
- Apply mediation techniques back in the workplace to deal with disputes and conflict

#### Course Overview

 Methodologies for minimising and resolving conflict

The use of mediation

- in dealing with workplace conflict When it may be
  - appropriate The ground rules
  - for engagement The role of the mediator
  - The possible outcomes of mediation
- · Confidentiality and record keeping
- Admissibility if disputes are not resolved and an employment tribunal is the next step

- · The skills a mediator requires to be able to conduct a mediation activity
- Incorporating mediation into an organisation's practices and people management policies

BOOKING
INFORMATION

£298 Member

Non-Member £351

#### START DATES

2015	2 September
2016	26 January 26 May

# DURATION One Dav FEES (+VAT)

# **Recruitment Skills**

Attracting top talent to your organisation in a cost effective manner is a science rather than an art! With an ever increasing employment market, it is essential to ensure that you attract the best candidates to your business. Top talent can have an immediate impact on an organisation.

This one day course will ensure that delegates have an understanding of the recruitment process and give them the tools and techniques to be successful at selecting the right candidates first time.

#### ★ NEW COURSE

#### Objectives

By attending this course delegates will:

- · Confidently attract the right candidates to their business
- Identify the key skills and experience required to fill a vacancy
- · Write succinct and attractive job adverts
- Identify where and when to place an on line advert
- Manage the response process to ensure applicants make recommendations

#### Course Overview

- · The purpose of recruitment
- Why getting recruitment is so important
- The importance of an employer brand
- · Defining the requirements of the vacancy
- Considering various recruitment options
- The do's and don'ts of a recruitment advert
- Where to place an advert
- · When to advertise to get the most on line views and applications
- Social media in recruitment
- The legal framework

#### BOOKING INFORMATION

DURATION

One Day

#### FEES (+VAT)

Member £298 £351

Non-Member

TART DATES	
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2015	20 October
2016	3 February 16 June

# **Interview and Selection Skills**

Recruiting the right person with the right skills for the right job is essential in any organisation. The average cost of selecting the right person for a job is significant, so getting it right first time is critical for business success.

This highly practical course is for all managers and team leaders who are involved in interviewing and selecting staff, to ensure they get the right person.

#### Objectives

On completion of this course, delegates will be able to;

- Confidently select the best candidate for the job
- · Understand the importance of getting recruitment right
- · Plan the selection process

#### Course Overview

- The purpose of recruitment and selection
- Why getting it right is so important
- · Utilising the job description
- Understanding the importance of a good candidate experience
- Shifting and shortlisting candidates
- Optimum questioning techniques
- Preparation for interviewing process
- Using different selection methods
- Note taking and assessing each candidate
- The legal framework

#### BOOKING INFORMATION

DURATION

One Day

FEES (+VAT)

Member £298 £351 Non-Member

#### START DATES

2015 26 November 2016 2 March 14 Julv

# Data Protection

Anyone who handles personal data of any nature needs to be familiar with the data protection act. All data held either on a manual filing system or via electronic means needs to ensure it is compliant with the legislation.

This half day training will equip delegates with the knowledge to deal with issues relating to data protection within their own organisations.

#### Objectives

On completion of this course, delegates will be able to:

- Understanding why data protection is important
- Knowing the eight principles of data protection and their relevance to your business
- Appreciating the need keep data secure
- Knowing the rights of individuals and what to do in the event of a subject access request

#### Course Overview

- Background to data protection legislation
- Key definitions
- Understanding the eight principles of data protection
- Ensuring data securityDealing with subject access requests
- How to share data appropriately and the penalties for not doing so

#### BOOKING INFORMATION

DURATION

Half Day

FEES (+VAT)

Member £155

Non-Member £182

START DATES

2015 16 September 2016 22 March 15 June

# **Equality and Diversity**

Diversity and Equality are 'Hot Topics' in HR and this course will help you understand why. This half day workshop will introduce key legislation looking at the provisions of the Equality Act 2010 and will give you basic guidance around building robust diversity and equality policies to protect both your staff and your company.

#### Objectives

By attending this course delegates will be able to:

- Understand the legislation of the Equality Act 2010
- Identify protected characteristics and types of discrimination
- Review own policies and procedures to ensure they are current and inclusive
- Act fairly and reasonably at all times
- Recognise poor practice and implement changes through training

#### Course Overview

- The Equality act 2010 and your responsibilities under the Act
- Protected characteristics

   understanding the nine
- The different types of discrimination and where to look for risk
- The ever changing entitlement to flexible working / family friendly rights
- Handling complaints fairly and reasonably at work
- What the future will bring
- Reviewing relevant case law
- Review of own policies and procedures

#### BOOKING INFORMATION

DURATION

Half Day

FEES (+VAT)

Member

Non-Member f182

£155

#### START DATES

2015 29 September

2016 17 February 20 July

# **HR Advisory and Consultancy Services**

Our first class HR professionals will work with you to ensure that the package of support that is delivered is bespoke to fit your exact requirements, providing you with the greatest return on investment.

Our services cover a wide scope of activities and the following provides a snapshot of the most popular areas where assistance is usually requested.

# Training Services

Providing you with a training professional who can deliver all aspects of the training function including training needs analysis, management skills audits, coaching programmes, skills matrix and contingency planning, induction and initial training, training management from identification through to evaluation.

## Employee Handbooks

Often previously seen as a luxury, employee handbooks are now fundamental in ensuring you have the right framework and processes in place to manage your workforce, regardless of its size. They set clear and comprehensive boundaries for your employees and provide information for you and your managers, therefore aiding performance management and productivity. Working with you to understand the unique nature of your business, we can draft a comprehensive employee handbook with the right emphasis for you and your employees, taking account of current employment legislation.

# Zero Hours Contracts

If drafted appropriately zero hours contracts have the benefit of providing you with a flexible workforce who can be managed effectively. The legal status of 'casual' workers is often forgotten and brings with it risks to your business. Our HR Consultants can draft and assist in the implementation of suitable contracts ensuring they are future proof!

# Redundancy and Termination

Unfortunately there are times when you need remove an employee from your business, whether it is as a result of downsizing or for misconduct issues in the workplace. We can assist you in determining the right, legally robust process for making this happen, minimising any risk you might be exposed to whilst treating your employees in a professional and supportive way. Our services range from providing you with appropriate documentation and information through to attending meetings with you when you need that support.

#### Settlement Agreements

There are times when, for whatever reason, you just need to remove someone from your business in a swift and cost effective manner. We can support your business in advising on the likely cost and process to do this. If you then decide to proceed, we can act as your HR Consultant in drafting a suitable and legally robust Settlement Agreement along with advisory letters, scripts and / or attendance at meetings as required. ΔΔ



# Continuous Improvement



We approached PETA to assist us with waste reduction and increasing productivity within our organisation. PETA, as our trusted training provider, worked closely with us to understand our business needs and process requirements and designed a programme to help us create and adapt a LEAN culture.

Polycast Ltd

# ISO 9001 - Transitioning between standards

# ISO 9001:2015

The new ISO 9001:2015, from publication, will see up to a 3 year transition period in which to become certificated to the new standard. However, it is better to start working on the transition sooner rather than later in order to gain early benefits and improve business performance.

The new standard will ensure that quality management is now completely integrated and aligned with your business strategies.

It places a greater emphasis on the;

- context of the organisation
- · needs of interested parties
- leadership
- process management

It also challenges the;

- management of risk and opportunities
- setting of objectives and measurements
- effective communication and awareness within the business

# Need some extra support?

PETA is available to assist organisations making the transition or embarking on the journey to certification through providing;

- Advisory services where we work with you to gain and retain certification
- Awareness briefings to plan for and implement the change
- Formal training to meet systems auditing requirements
- Customised training specific to your organisations management system

# Annex SL – the backbone to the standard

All management system standards of the future will have the same high level structure (Annex SL), resulting in a common framework.

This is particularly beneficial if you have, or will have, more than one management system standard, such as the revised ISO 9001, ISO 14001 and the new ISO 45001 (replacing OHSAS 18001), as it will ensure consistency and compatibility between those standards, making them much easier to manage.

Clauses	
Clause 1	Scope
Clause 2	Normative References
Clause 3	Terms and definitions
Clause 4	Context of the organisation
Clause 5	Leadership
Clause 6	Planning
Clause 7	Support
Clause 8	Operation
Clause 9	Performance Evaluation
Clause 10	Improvement



48

# ISO 9001 - An Introduction

ISO 9001 is the leading international Quality Management Standard (QMS), providing a best practice framework for management systems. This no-nonsense, one day course will show newcomers to Quality Management the benefits of ISO and QMS in a series of straightforward, jargon-free steps. Delegates attending the course will be introduced to the ISO 9001 quality management system and will be provided with guidance on whether ISO would be suitable for their organisation.

#### Objectives

On completion of this course, delegates will;

- acquire an understanding of the ISO System
- understand the principles of quality and identify best practice processes and procedures
- understand the guideline on which to build their own ISO-compliant quality management system

#### Course Overview

- Definitions what is quality
- Quality management systems - an overview
- Overview of the ISO 9001 Standard
- Your business how to create, structure, monitor and document your quality management system
- · Selecting a consultant
- Nominating and deciding the scope of your registrar
- Route map to registration
- The application process
- Pre-assessment audit
- Certification audit
- Continual assessment and improvement - making your system work for you

#### BOOKING INFORMATION

DURATION

**Two Days** 

#### FEES (+VAT)

Member £555

Non-Member £653

START DATES	
2015	1 October
2016	7 March 27 July

# ISO 9001 - Systems Auditing

Systems Auditing is an essential part of maintaining an organisation's ISO 9001 standard, especially with the changes that are occurring to the structure and content of the accreditation. This intensive two day course will give delegates the underpinning knowledge they require to become successful auditors and will explore the changes in the new standard.

The course will take delegates through the elements involved with the auditing process, how to carry out their own ISO audits and how to present and act upon the results.

#### ★ NEW COURSE

#### Objectives

On completion of this course, delegates will;

- · Gain an understanding of the ISO auditing process
- Be able to conduct a thorough internal audit in order to maintain status as an ISO 9001 organisation
- Know how to compile and submit a full auditing report and raise and respond to actions

#### Course Overview

#### Dav 1

- ISO 9001 elements
- The role of the auditor
- · The attributes of the auditor
- Definitions of first, second and third party assessments
- · Presenting the audit findings
- · The importance of corrective action

#### Dav 2

- Case study on conducting a company quality system audit
- Review of the case study activity
- Categorising non-compliance against the system standard

#### BOOKING INFORMATION

#### DURATION

Two Davs

#### FEES (+VAT)

£555 Member

#### Non-Member f653

#### START DATES FOR ISO 9001: 2008

2015 3 November

2016 11 May

#### START DATES FOR ISO 9001: 2015

2015	13 October
2016	16 March

10 August

# LEAN for Business – An Introduction

Whether you are in manufacturing, service sector, financial services or the public sector our introduction to LEAN can kick you off on a great journey. If you are keen to change, improve and develop your business this introduction to LEAN will help you become more effective and efficient. We will give you the opportunity to see that a series of a small, quick-win improvements can be just as effective as large scale improvement projects. No previous understanding or experience of LEAN? No problems. That is what we are here for: to help you understand and decide how you want to change your business forever.

#### Objectives

On completion of this course, delegates will be able to;

- Discuss and share the basic principles of LEAN
- Start identifying business processes back in the workplace that might benefit from LEAN
- Suggest how certain practical approaches can be applied to remove waste and start the continuous improvement process

- Course Overview
- Understanding basic principles of LEAN
  Understanding 'the 7 wastes' - how to identify
- where the business adds value to the customerProcess mapping
- Problem solving- including problem resolution techniques and five whys
- The importance of
   Improvement teams

- See what others have achieved (great ideas that may work in your business)
- An introduction to some of the many LEAN tools
- Kaizen (continuous improvement)
- The importance of the visual nature of LEAN
- Action plans

BOOKING

One Day

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Member

FEES (+VAT)

£298

Non-Member £351

# START DATES

2015	23 September
2016	2 February 23 June

# LEAN for Business - Masterclass

This four day program is designed to build on the one day foundation covered by 'LEAN for Business - An Introduction' and will further develop the skills and abilities already established. The course will develop and focuses on understanding how to engage the wider business in LEAN thinking by directly linking it with business strategy. This will provide focus and act as a catalyst in instigating dramatic improvements in business performance.

With the classroom days spread over three weeks, the course moves individuals into the application of LEAN – teaching you advanced techniques and preparing you to participate in your own workplace LEAN events.

#### Objectives

On completion of this course, delegates will;

- Establish an "As Is" business process status as the first step in process development and improvement
- Develop their own project plan for implementing LEAN back at the workplace
- Be conversant with the importance of data management and analysis that forms a fundamental aspect of the LEAN philosophy

#### Course Overview

- A reminder of LEAN and
- what it can achieveSix sigma put in context
- and other terminologyThe importance of understanding the "As
- Is" business process Bring structure to LEAN
- by using DMAICThe control of processes using statistics
- The importance of the team and the part that innovation has to play
- Examples of what others have achieved: food for thought
- Problem solving using 8D
- Why you need a CANDO approach
- Are you asking enough questions
- Problem solving and root cause analysis

In additional the following techniques will be introduced to you during the course;

- Kanban
- Ishikawa
- Pokeyoke
- VOC
- Kaizen
- 5S - VA & NVA
- 5 Why

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£825
<b>r</b> £971
ËS
21 October
1 March

# **Process Mapping**

Anyone who deals with business operations will be familiar with the pressures to simplify, rationalise and create efficiencies. To achieve this, you need to be crystal-clear on how your business functions.

One proven way to achieve this clarity is through process mapping. This one-day course will show you how the effective technique of process mapping can help you simplify and automate business workflows, gain a better understanding of how your business functions – and identify opportunities for change and improvement.

#### Objectives

On completion of this course, delegates will;

- Know how to map processes and business activities
- Be able to define key business objectives and results
- Know how to eliminate low-value or negative activities in order to create a more streamlined, effective business operation
- Defining key business objectives and results
- Customer driven processes
- Major process mapping
- High level process flowchart
- Detailed process flowchart
- Task analysis defining opportunities for added value
- Analyse process and problems to define major work activities
- organisational and business systems
- Establish measurement

#### BOOKING INFORMATION

DURATION

One Day

# FEES (+VAT)

Member £298

Non-Member £351

#### START DATES

2015	27 October
2016	19 May

# **Project Management**

Gain the confidence of the management team by demonstrating a disciplined and structured approach when managing any project or task.

With an emphasis on the importance of staying in control of the project, delegates will have a clear understanding of the six stage process. Over the two days delegates will learn and practice the importance of each of the six steps. Case studies through the course will provide delegates the opportunity to not only have a go but reflect on their own workplace environment and any active or pending projects.

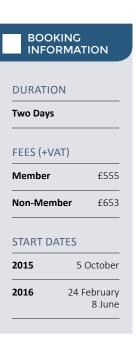
#### Objectives

On completion of this course, delegates will be able to:

- Establish the key phases of any project/task
- Understand the importance of defining risks that could undermine the project
- Recognise the characteristics that are needed to have a well-balanced project team
- Develop a project plan and use it as a control mechanism
- Share with the organisation tools and techniques that can facilitate good project management

#### Course Overview

- · Setting project aims and objectives
- Project definition
- Work scope, assumptions and risks
- Organisation and the power of the team
- Project planning using PERT, critical path analysis and Gantt charts
- Resource planning



• Action Planning Map and match to

- and management controls

Course Overview

# Procurement Principles

In today's tough economic conditions, where margins are crucial, getting the best deal from suppliers is a key factor in improving the financial performance of your business.

This one day course will allow delegates to understand their crucial role in the success of the business. It will equip anyone involved in purchasing, with practical tools, essential know-how and the confidence to work with suppliers and their own finance and sales teams when discussing costs and other financial factors.

#### Objectives

On completion of this course, delegates will;

- Understand the supply chain
- Understand managing suppliers
- Understand customer requirements.
- Know what they need to get 'right' to fulfil their purchasing role
- Understand economic order quantities, mark-ups and margins, the criticality of the break-even point and how small movements in costs can have such a dramatic effect on the performance of their organisation.
- Appreciate the importance of contracts and that negotiation does not mean bartering.

#### Course Overview

- Supply chain management process
- Quality & specification
- Managing stock, costs and the relationship to pricing
- Supplier appraisal and relationships
- Contracts and negotiations
- Typical procurement documents

# Leading Change and Managing Transitions

This excellent one-day course is for managers, supervisors, team leaders and anyone involved in planning and implementing organisational change. The course will investigate the effects of change on individuals, teams and organisations and how you can eliminate the negative side effects so they can be managed to ensure a smooth and sustained transition.

#### ★ NEW COURSE

#### Objectives

On completion of this course, delegates will be able to;

- Plan, communicate and manage change in their teams
- Understand the effects that change has on employees
- Be able to support team members through the transition phase
- Know the key steps in implementing and sustaining effective change in the workplace
- Identify and manage the human and organisational obstacles in implementing change

#### Course Overview

- What is change?
- The change
   management tool kit
- The 3 phase process for managing change
  Developing the vision –
- establishing the vision establishing the destination, the why and the how of achieving the goal
- Tracking and controlling the change plan
- Managing the people and organisational aspects of change
- Establishing the behaviours required of employees in today's rapidly changing workplace
- Communicating and selling the change to others
- Recognising why people fear change and react the way they do
- Kubler Ross Change Curve
- Lewin's Change Model
- Force Field Analysis

- The importance of communicating how the change is going
- Planning small wins and celebrating success along the way
- Identifying, managing and overcoming active and passive resistance to change
- Sustaining the change maintaining the momentum



DURATION

One Day

FEES (+VAT)

Member £298

Non-Member £351

START DATES

2015 17 December 2016 3 May

DURATION	DURATION	
One Day		
FEES (+VAT	)	
Member	£298	
Non-Membe	er £351	
START DAT	ES	
2015	8 December	
2016	26 Apri 18 August	

BOOKING INFORMATION

# Continuous Improvement Advisory and Consultancy Services

Our services cover a wide scope of activities and can be tailored to ensure they support and enhance your business priorities, providing you with a tangible return on investment.

The following provides a snapshot of the most popular areas where assistance is usually requested:

### Waste Walk and Process Identification

Our highly professional team will firstly undertake a 'waste walk' of the designated areas of the business, collecting current information whilst walking along the actual pathway of material, process and information flow. The Waste Walk Exercise will highlight value add and non-value add areas of the business and will allow the team to process map the current state and identify opportunities for reducing waste and create an Action Plan to take the process to the future state.

# Six Sigma

Six Sigma is a business improvement process that offers a pragmatic framework for delivering improved customer satisfaction and significant financial savings for a business. It can be applied to any company or process whether manufacturing or service based. Developed in 1986 by Motorola, Six Sigma seeks to improve the quality of process outputs by identifying and removing the causes of defects and errors within business processes.

Six Sigma can deliver significant improvements in sales and profitability from . . .

- · Improved quality and process capability
- · Reduction in product variation and defects
- · Alignment of people and business objectives
- Better customer relationships

Six Sigma is made up of a various different levels and PETA are able to support businesses with the creation and application of these programmes.

#### Six Sigma - Yellow Belt Training

Yellow Belt training is the first level of training in Six Sigma. Yellow Belts are individuals often responsible for the implementation of improvements identified by the Six Sigma process. It is vital that organisations implementing Six Sigma have a culture of improvement and a fundamental understanding of how improvements are identified, implemented and monitored.

#### Six Sigma - Green Belt Training

Green Belt is the second level of training, applicable to anyone where process improvement forms a significant part of their role. These individuals are process champions, continually analysing and measuring business processes and looking to eliminate defects and inefficiencies. Perhaps they are managers of an operational or production team, or an individual charged with the duties of process management.



# Customer Service and Sales



Overall the learning experience was very good and I would definitely recommend to others.

Southampton Football Club

# Customer Service Skills

High on the agenda of every successful and prosperous organisation is the desire to deliver great customer service! Businesses of all types and sizes are increasingly recognising the complete experience enjoyed by their customers is critical to customer retention. The key to an outstanding experience is the engagement of competent, courteous and confident staff.

This one-day course is essential for all staff that needs to provide consistently high quality service, whether face-to-face, on the telephone, or working in a support function of the business.

#### Objectives

On completion of this course, delegates will;

- Define customer service
- Identify customers perceptions and expectations
- Take personal responsibility for the customer
- Identify the factors that help and hinder successful communication
- List the key elements to demonstrate you are listening
- Gain a greater understanding of your customers through effective questioning techniques
- Deal with difficult situations in a professional manner

#### Course Overview

- The customer service
   experience
- Defining what customer service is
- Making a first impression
- Making your customers feel welcome
- Developing excellent
   conversations
- Dealing with difficult situations
- Acquiring excellent telephone skills
- Selecting the right method of communication to hit the mark with the customer every time
- Practicing the new skills
- Action planning taking your new skills forward

#### BOOKING INFORMATION

DURATION

One Day

FEES (+VAT)

Member £298

Non-Member £351

#### START DATES

2015	8 October
2016	23 March 9 August

# Selling Skills

Don't let sales people be "thrown in the deep end". There are key skills which can be used to let new face-to-face salespeople be effective and learn without risking valuable customer relationships in the process. Motivate from day one and retain both your sales personnel and your customers!

This one-day course is primarily for those who are new to a face-to-face selling or anyone in the organisation who requires a basic understanding of sales processes.

#### Objectives

On completion of this course, delegates will be able to;

- Understand the principles of the sales process
- Enhance communication skills to develop excellent customer relationships
- Develop a personal selling style and an individual plan to improve their basic skill set

#### Course Overview

- What is effective selling?
- The sales process
- Behaviours in selling
- Communicating when selling
- Features and benefitsUsing and presenting
- features and benefits in the most powerful way
- Customer resistance and how to handle it
- Keeping your self-confidence level high all the time
- Knowing when to close a sale.
- Summary and Action Session

# BOOKING INFORMATION

DURATION

One Day

#### FEES (+VAT)

Member £298

Non-Member £351

#### START DATES

2015	15 October
2016	9 March 12 July

# Consultative Selling

Modern selling techniques require far more than a "process". It is not possible to subject a client to standard sales pitch or routine and have consistently good results. In order to sell anything you have to scope its use in terms of requirements from a number of different angles. This one-day Consultative Selling course provides the skills you need to get the disclosure of customer requirements that you can satisfy, and is beneficial for all those in sales and account management roles.

#### Objectives

On completion of this course, delegates will;

- Develop a consultative selling style that adds value to the client
- Differentiate staff from your competition
- Blend product knowledge, sales process and people behaviour together, to form long-term profitable business relationships

#### Course Overview

- The essential skills knowledge and attitudes of effective consultative sales people
- Identifying the type of sale
- Adapting your approach to suit the circumstances
- Knowing the decision influencers
- The Decision Making Unit (DMU)
- Creating sponsors within the DMU
- Defining tactics for the DMU approach
- A four stage sales process; attention, interest, desire, action
- Understanding the differences between features and benefits

- Presenting features and benefits correctly
- Techniques to avoid resistance
- 4 ways to deal with objections
- Developing powerful questioning models that challenge, involve and motivate
- Constructing powerful questions that get define needs and personal drivers
- Using question "tags" and "softeners"
- The four stages of listening
- A technique that develops your listening skills, instantly

#### BOOKING INFORMATION

DURATION

One Day

#### FEES (+VAT)

#### START DATES

2

2015	5 November
2016	7 April 2 August

# Service and Sales Consultancy Support

# Mystery Shop

Delivering excellence in customer service is critical to your company image, branding and customer retention. Whilst your company commitment and values may express what you aspire to, are you confident that your people actually deliver on that promise? Our mystery shop service enables you to secure the critical eye of an experienced customer and sales focussed professional, who will conduct a blend of agreed activities to test how well your service matches up to your expectations, and work with you to develop and deliver on your customer service commitment.

# Customer Journey Mapping

Customers offer a life time of value to your business, yet how often do we actually take that into consideration when planning our marketing activities? The starting point is to understand the journey in the first instance, recognising the 'touch points', in the customer journey; the significance, priority and impact of each stage. Working with your customer service teams, our professionals will map the journey, highlight inefficiencies, and identify ways to make the process lean and slick, whilst building the integrity of great service and critical outputs along the way. By including teams in the mapping process, you will gain commitment, 'buy-in' and the drive needed to actually put improvements in place.

# Customer and Sales Dashboard Metrics

Measure twice, cut once! Metrics are essential to measuring business performance at individual, team or business level. Placing key performance indicators (KPIs) into context makes them meaningful, and when presented well, will allow users to instantly understand the significance of the information. We offer a tailored service to support you in developing and presenting metrics through the dashboards, thus creating a system that allows accurate measurement and provides significant business critical data that is used to inform future decisions and manage performance.

# Key Account Management

This one-day course is for anyone who manages internal or external accounts and is involved in building and developing long term relationships with clients. It offers a structured approach to account development and includes the skills and tools needed to effectively build, manage and grow client relationships. Delegates will also learn how to identify and maximise networking opportunities.

#### Objectives

On completion of this course, delegates will have gained:

- Business development skills for gaining entry to potential new clients
- Know-how to build long-term relationships at all levels within clients' organisations
- Negotiation skills to persuade, influence and grow existing accounts
- Networking skills to grow an existing client base
- Skills to build and manage an account plan

#### Course Overview

- The essential responsibilities of an account manager
- The importance of having an account plan
- Buyer/seller partnerships
- Understanding the client – seeing things from their perspective
- Identifying, quantifying and agreeing customer needs
- Matching their communication style
- Maintaining a professional attitude
- Influencing and persuading with integrity
- Value selling against competitors
- Dealing with difficult clients

#### BOOKING INFORMATION

DURATION

One Day

FEES (+VAT)

Member £298

Non-Member £351

#### START DATES

2015 12 November 2016 6 April 25 August

# Telesales Techniques

Set your team on the road to achieving the power of selling through conversation alone! Effective preparation before lifting the handset and using language which is persuasive and meaningful to your customers will bring sales rewards. Increasing customer interest and generating confidence in our abilities to meet their needs will lead to increased sales.

#### Objectives

On completion of this course, delegates will be able to;

- Identify the issues faced when communicating by phone
- Create powerful verbal "hooks" that generate telephone conversations
- Use questions as
   conversation drivers
- Avoid the trap of "feature dumping" too early in a sales conversation
- Identify practical changes to make straight away

#### Course Overview

- The problems and advantages of selling by telephone
- Planning the working day
- Creating the right impression
- Using the voice effectively
- Selling techniques and processes
- Establishing the buying authority
- Design powerful opening statements to capture attention
- Fact findingSummarising and
- confirming needsSelling benefits
- Closing or gaining
- commitment on the saleOvercoming objections
- Maintaining records
- Follow-up calls

# FEES (+VAT)

Member £298

BOOKING INFORMATION

DURATION

One Day

Non-Member £351

#### START DATES

2015 2 December

2016 23 March 26 July

# Complaint Handling

Managing customer complaints is essential for customer retention and a positive customer experience whether you are interacting with customers over the telephone or face to face. A successful complaint handling process can increase long term customer loyalty and help to ensure that staff feel confident and are equipped with the right skills to tackle any customer situations.

This Complaint handling training provides the skills and confidence to help your staff deal with complaints in a professional manner and is suitable for all individuals who interact with clients and have the potential of dealing with customer complaints on a regular basis.

#### ★ NEW COURSE

#### Objectives

On completion of this course the delegates will be able to

- Defuse customers' anger in a short space of time
- Deal with different
- types of complaintsMaintain a high level of self-confidence
- Identify practical hints and tips

#### Course Overview

- Why do customers complain?
- What are customers' expectations of us when things are not right?
- How to create customer confidence through the right behaviour
- Knowing your boundaries and levels of authority
- Having an escalation procedure if it's needed
- Developing an assertive style of communication when handling complaints

- Improving your listening skills
- A technique that helps you listen better instantly!
- Understanding some specific assertive techniques that you can use
- Case study work to practice new ideas

#### BOOKING INFORMATION

DURATION

#### One Day

FEES (+VAT)

#### START DATES

2015	22 October
2016	14 April 4 July

# **Essential Marketing Skills**

For those that have been newly tasked with marketing, but may have no marketing background, the prospect can be daunting, confusing and potentially detrimental to the brand reputation of the business. Inherited marketing strategies can appear not to be working and alternative plans may be needed to reap rewarding returns on investment. This workshop is essential in helping new marketeers gain a practical insight into the best methods and channels that place products and services into the correct marketplace.

Delivered through simple step-by-step techniques, this workshop will provide delegates with an understanding of the theory behind marketing, and then provide an opportunity to see how they can apply these theories to the business.

#### Objectives

On completion of this course, delegates will be able to;

- Identify target markets
- Understand the structures of effective marketing communication
- Understand the psychology behind effective engagement
- Write effective copy to improve existing materials
- Develop a marketing plan

#### Course Overview

- Identify your target market and the challenges you can solve
- Understand the simple structures of effective marketing communication
- Gain an overview as to the psychology behind effective engagement
- Learn the secrets of effective copywriting to improve your existing materials
- Find out how to develop a marketing plan around a structured process

- Gain some clear ideas which can be implemented immediately
- Hear case studies and examples

# BOOKING INFORMATION DURATION One Day FEES (+VAT) Member £298 Non-Member £351 START DATES 2015 10 December 2016 4 August

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# Computer Software



The quality and high level of service PETA strive to provide is reflected in their flexible approach and the resulting training and development solutions.

Hendy Group Ltd

# The PETA ICT Training Centre

The PETA ICT Training Centre is located near to local industry and transport in Cosham and offers employers and young people access to a well equipped Training Centre for the provision of ICT skills and Apprenticeship training. As part of The PETA Management Training and Conference Centre, our ICT training offering uses the latest technologies and methodologies to prepare learners for a career in ICT application within all sectors.

Our courses and qualifications are gained from practical and theoretical application of skills honed in our state-of the-art centre.

You are welcome to visit the centre and see what and how we do things and talk to the experienced staff about how we can assist in your skills development.

Please call us on 023 9253 8700 or e-mail enquire@peta.co.uk to make an appointment.



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# **Computing Fundamentals**

The ability to use IT with confidence is essential to the productivity, efficiency and effectiveness of your employees. This course provides an excellent introduction to computing, aimed at anyone who has no or very little computing experience. Our expert tutors will work at a pace that enables users to get to grips with the basics in a supportive environment. Whatever exposure to the world of technology, this is a great course for getting started with a computer.

#### ★ NEW COURSE

#### Objectives

In just half a day, this handson workshop will ensure delegates leave able to:

 Navigate their way confidently around a computer

#### Course Overview

- · Starting and stopping Windows
- · Logging on
- Starting programs from the desktop
- Navigating the Taskbar and Start menu Selecting and starting
- an application • Changing background/
- colours/screensavers
- Creating shortcuts
- Creating, renaming, deleting, moving and copying folders/files
- Moving, resizing, customising
- Cancelling printing
- Using Accessories
- The Calculator tool
- Housekeeping Recycle bin, restoring and emptying

#### BOOKING INFORMATION

DURATION

Half Day

#### FEES (+VAT)

Member £125 Non-Member £147

START DATES

2015	20 November
2016	19 February 20 May 19 August

# **Microsoft Publisher**

Creating professional publications and promotional materials is vital to the way in which a business is positioned with its customers. Using photo tools, text features, setting page layouts and designs, this is a brilliant course that will take delegates through all the features of this application, both basic and complex which will enable them to produce their own documents.

#### Objectives

Delegates attending this course will be able to;

- Design and edit their own publications, templates and set master pages
- Create mail merges and publish data to a website with confidence and skill
- Incorporate pictures, objects and prepare for commercial printing

#### Course Overview

#### Introduction to the Publisher program

• Elements of a publication

• Saving, closing, opening and printing files

#### Creating, selecting and editing text

- Text frames
- Formatting
- · Linking text frames
- Tables

#### Layout

- Page setup
- Guides and background

#### Pictures and objects

- · The design gallery Using borders, fills
- and patterns
- · Importing data
- Set Master pages
- Create and format styles
- Create a mail merge
- Publishing data
- Pack and go to a commercial printer



BOOKING

#### FEES (+VAT) £205 Member Non-Member f241 START DATES

5	15 October
6	12 February 17 June

201

201

# Microsoft Outlook

Outlook is a clever application offering more complex and useful functions beyond managing mail, important for those who need to use Outlook as a primary business communications and time management tool. This course will introduce functional options, from how messages are handled, stored and archived, rules and calendar, importing and exporting data and sharing information.

#### Objectives

To develop effective mail management skills through learning how to;

- Compile, send and receive emails
- Create contacts, group and manage contacts effectively
- Organise the flow of incoming mail, prioritising and forwarding
- Effective use of the calendar
- Reduce duplication through using rules and sharing information

#### Course Overview

# Working with Email –

- Sending and Receiving
- Creating mail
- Using Contacts
- Changing Email Option
- Attachments
- Replying
- ForwardingOut of Office Assistant
- Organising mail File
  - Management

#### Contacts

- Adding and Maintaining Contact Lists
- Finding and Printing Contact Details
- Using Contacts to create mail

#### Handling messages

#### Organising the inbox

- Customising the message window
- Using the Rules Wizard
- Archiving mail
- Set message tracking optionsRecall a message

#### Calendar essentials

- Creating appointments
- Scheduling meetings
- Free/busy time
- Categorising with colour

#### Integrating Outlook

- Integrating OutlookImporting and
- exporting data
- Export data to Excel

#### BOOKING INFORMATION

DURATION

One Day

#### FEES (+VAT)

Member £205

Non-Member £241

#### START DATES

2015	19 November

18 February
13 May
8 August

# Microsoft Visio

Microsoft Visio provides business users with an application that enables much clearer integration of business information graphics into Word documents or PowerPoint presentations. It is a great tool for developing office plans and layouts, organisation charts, flow diagrams; in fact, a highly versatile program. This course will provide the practical skills and knowledge needed to start using this package.

#### Objectives

On completion of this course, delegates will;

- Create flow charts, process maps and other useful business diagrams
- Illustrate with Visio to design documents such as diagrams and room layouts
- Create organisation charts

Course Overview

# Getting started with Visio

- Starting with the diagram type required
- Creating a diagram
- Connecting shapes
- Working with stencils and master shapes
- Merging shapes
- Creating and using a background page
- Working with layers
- Using special features

#### Versions Available

2007, 2010, 2013

# INFORMATION DURATION One Day FEES (+VAT) Member £205 Non-Member £241 START DATES 2015 16 October

BOOKING

2015	16 October
2016	24 February 15 June

# **Microsoft PowerPoint Introduction**

Presenting information in a vibrant and engaging way increases audience engagement, vital to conveying that all important message, from employee briefings, educating people, critical business meetings through to tendering for business and sales. PowerPoint offers a range of tools that can truly bring presentations to life. This course is aimed at individuals who have little or no experience of PowerPoint and need to be able to create professional looking presentations.

#### Objectives

To build the knowledge and ability to;

- Establish a professional look to presentations
- Use custom features to enhance the delivery of information
- Produce professional handouts to accompany presentations

#### Course Overview

#### Creating, saving and opening presentations using:

- Templates
- A blank presentation

#### Viewing a presentation

- Slide view
- Outline view
- Notes view
- Slide sorter/show view
- Saving/closing a

#### Entering slide content

presentation

- Creating slide backgrounds
- Developing slide layout
- Using clipart
- Headers and footers

# Printing optionsSlides

- Outline
- Notes
- Handouts

#### Custom features

- Animations and transitions
- Slide timings

#### Versions Available

2007, 2010, 2013

DURATIO		
One Day		
FEES (+V	AT)	
Member		£188
Non-Mem	nber	£221
START D	ATES	
2015		ptember ecember
2016		3 March
		26 May 5 August

BOOKING INFORMATION

# Microsoft PowerPoint Advanced

Powerful, memorable and impressive PowerPoint presentations are defined through the professional use of the tools and features this application can offer. For Managers, Sales Presenters and any staff required to deliver more complex and comprehensive presentations, learning the advanced features of PowerPoint will ensure what is delivered conveys the right message in a highly polished and professional manner.

#### Objectives

To learn the full features of PowerPoint to enhance professional presentations;

- The overall look and style; templates, masters, colours and fonts
- Using tables, charts, animations, transitions, action buttons and hyperlinks
- How to incorporate import and export files

#### Course Overview

#### Creating presentations using:

Templates and masters

#### Entering slide content

- Creating tables
- Creating charts

#### **Custom features**

- Animations and transitionsAction buttons and
- hyperlinksCreating an automatic
- slide show
- Slide timings
- Save a presentation as a PowerPoint show
- Custom shows

#### Integrations features

- Using PowerPoint with Word
- Exporting PowerPoint
- files to word
- Outline only
- Notes next to/below slides

#### Versions Available

2007, 2010, 2013



#### DURATION

#### Half Day

#### FEES (+VAT)

Vember	£125
Non-Member	£147

#### START DATES

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2015	29 October
2016	22 January 13 April 4 July

# Microsoft Word Introduction

Microsoft Word is used to produce all manner of business documents, from letters, reports, proposals, product information, forms; it is an extensively utilised business application. To create professional documents requires an understanding of the basics. This course is essential starting point aimed at individuals who are either new to Word or need to brush up on the basics. Step-by-step tuition and practical examples given ensures immediate application of skills on return to the business environment.

#### Objectives

To develop the ability to use Word efficiently and effectively to:

- Produce professional business letters and simple documents
- Learn and apply basic editing techniques to enhance the look of documents
- Insert and manipulate tables as part of a text document

Course Overview

#### Introduction to Word

- Creating a new document
- Using templates
- Using wizards
- Using task pane
- Opening, closing and saving
- DocumentsNavigating in Word
- for Windows
- Proofing tools Print preview and printing
- Bullets and Numbering

#### Bullets

- Numbers
- Outline numbering

#### Editing techniques

#### Character and paragraph formatting

- Page set up
- Margins
- Page layout and orientation
- Inserting files and graphics
- Introduction to Tabs

#### Tables

- Creating tables
- Inserting rows and columns
- AutoCorrect and AutoText

#### Versions Available

2007, 2010, 2013

#### BOOKING INFORMATION

DURATION

One Day

FEES (+VAT)

Member £188

Non-Member £221

#### START DATES

2015	2 September 6 October 9 November
2016	7 January 10 February 24 March 4 May 16 June 28 July

# Microsoft Word Intermediate

Using Word to produce more complex documents such as business reports and proposals requires a good understanding of styles, sections and page numbering to not only ensure the document is professional, consistent in its look and feel but to also take advantage of the time saving features such as automated table of contents and indexes. This course will provide these skills and more to increase efficiency.

#### Objectives

On completion of this course, delegates will;

- Create documents and templates using different headers and footers and page layouts
- Use styles and automated indexes to ensure consistency in their documents
- Perform mail merge to labels and letters

#### Course Overview

- Using Sections
- Creating columns
- Custom Headers and Footers
- Page numbering
- Paragraph Styles
- Creating, modifying and applying Styles

#### Overview of Mail Merge: Step-by-Step

- Creating Mail Merge documents
- Creating New Data Source
- Merging data
- Creating labels

#### Inserting Comments and revising documents

- Inserting and viewing comments
- Using revision marks (track changes)
- Indexes and Tables of Contents
- Overview of Word Draw
- Creating Templates
- Introduction to Macros
- Versions Available

2007, 2010, 2013

#### BOOKING INFORMATION

#### DURATION

# One Day

FEES (+VAT)

Member £200

Non-Member £235

#### START DATES

2015	15 October 25 November
2016	13 January 17 February 31 March

Don't forget your multiple discounts . . 5% off for 2-3 people 8% off for 4-5 people 12% off for 6 or more!

BOOKING

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# Microsoft Word Advanced

Microsoft Word has more to offer than a simple word processing package. Its features enable professional reports, publications and documentation to be developed, using tools that will enhance the quality and save time in producing detailed documents. This course covers complex features demanded by large documents including cross references and notes, merging from different sources and creation of forms.

#### Objectives

To bring to a more professional level the ability to;

- Build interactive forms
- Use cross references, footnotes and endnotes
- Merge with alternative data sources
- Link and synchronise documents

#### Course Overview

#### Advanced Mail Merge Techniques Customising and printing envelopes

- Merging Mail Lists and documents
- Specifying an Address Book as the Data Source
- Specifying an existing file as the Data Source

- Merging selected recordsInserting Word Fields
- into a main document

#### Using Different Versions

- Linking several documentsSynchronisation
- of documents
- Footnotes and endnotes
   Inserting footnotes and endnotes
- Change footnotes and endnotes
- Change note separators

#### **Cross References**

- What is a cross reference
- Creating a cross reference
- Creating what a cross reference refers to
- Updating cross references

#### Captions

- Adding captions
- Editing captions

# Formatting captions

#### Creating and using forms

- Using a table in your form
- Inserting form fields
- Formatting form fields
- Protecting a form

#### Versions Available

2007, 2010, 2013

# Microsoft Project Introduction

Microsoft Project is the tool that will help your business keep projects to time and in budget. Managing the elements of a project can be pretty complex and Microsoft Project will enable users to work with a wide range of influencing factors, strengthening visibility of project progress from working out costs and keeping on budget through to the interrelationship between project activities, responsibilities and time lines.

#### Objectives

To develop the ability to manage projects from start to completion;

- Establish a critical path to manage visibility of projects
- Set up defaults, calendars, tasks and durations
- Work with data that tracks costs and timelines

#### Course Overview

#### Understanding default settings

- Entering project summary information
- Entering a start or finish date

#### Setting up a project

Defining project calendars
Setting up new base calendars

#### Entering tasks and durations

- Inserting tasks
- Inserting recurring tasks
- Hiding and showing
- the outline

#### Entering durations

- Establishing a critical path
- What is a critical path?
- Format the project plan to show the critical path

# \_\_\_\_

# Tracking and managing the project

- Setting a baseline
- Tracking actual performance and costs
- Displaying planned and actual data
- Comparing planned and actual data on the Gantt chart

#### Views and reports

- Network diagram view
- Calendar view
- Tracking Gantt view
- · Viewing standard reports

#### Versions Available

2007 and 2010

#### BOOKING INFORMATION

DURATION

#### One Day

#### FEES (+VAT)

Member £188

Non-Member £221

#### START DATES

2015	14 September
	8 December

**2016** 14 March 9 June

# **Microsoft Project Intermediate**

Building on the skills learnt from the Introduction course or experience with Microsoft Project, the Project Manager will learn how to develop the Project Plan by assigning resources to tasks, analysing workloads and tracking a plan.

#### Objectives

To develop the ability to add resources to projects;

- Reviewing the different resource types
- Setting realistic resource allocations
- Sharing resources across projects

#### Course Overview

#### **Review Planning and** defining a project

- · Setting the environment options
- · Working time and calendars
- Creating a template

#### Working with resources

#### • Understanding resources and costs

- Defining work resources
- Defining group resources
- Defining material resources
- Defining cost resources
- · Entering resource availability
- Assigning resources to tasks

#### Advanced resource scheduling

- · Applying resource contours
- Creating resource contours
- · Entering durations

#### Advanced techniques for resolving resource over allocations

- Assignment overtime
- Resolving resource conflicts

#### Resource sharing

- Creating a resource pool
- · Sharing resources Protecting and updating
- a resource pool Assigning resources to tasks
- using a resource pool

#### Views and reports

- · Viewing standard reports
- Versions Available

2007 and 2010

#### BOOKING INFORMATION

DURATION

One Day

#### FEES (+VAT)

#### Member £200

Non-Member £235

#### START DATES

2015	15 September 9 December
2016	15 March 10 June

# Microsoft Project Advanced

Project Managers who have completed the introductory and/or intermediate course, or who already have a good working knowledge of this Microsoft Project, will find this a highly beneficial course that will draw on the more advanced features of this application that are ideal for more complex and wider scoping project activities

#### Objectives

On completion of this course, delegates will be able to;

- Take greater control of more complex projects using advanced features
- · Work with multiple projects

#### Course Overview

#### **Review Planning and** defining a project

- Setting the environment options
- Working time and calendars

#### Importing and exporting data

- Using import/export maps
- Creating a custom import/export map

#### Reporting

- Customising reports
- Creating Visual Reports

#### Working with multiple projects

- · Consolidating projects
- Creating master and sub projects
- Linking tasks between projects
- Viewing multiple critical paths

#### Using macros

- Creating a macro
- Adding a macro to the toolbar

- · Adding hyperlinks

#### Versions Available

2007 and 2010

# BOOKING INFORMATION

#### DURATION

One Day	
FEES (+VAT)	)
Member	£205
Non-Membe	<b>r</b> £241
START DATE	ES
2015	12 October
2016	26 January 27 April

# 20 July

# Macros

- Running a macro

#### Presentation of Gantt chart data

- Formatting the Gantt chart
- to a project
- Formatting text displays
  - Formatting timescales

1 June

7 July

3 August

68

#### **Microsoft Excel Introduction** BOOKING INFORMATION Microsoft Excel is a powerful application that makes working with numbers and data DURATION a great deal easier and more efficient. Spreadsheets are used for a vast number of functions, from financial management through to data analysis such as performance One Day metrics. This course is an introduction which will provide users with the right foundation to start using Excel effectively and efficiently for business data management. FEES (+VAT) Member £188 Objectives Course Overview Versions Available Non-Member £221 2007, 2010, 2013 On completion of this Worksheet basics course, delegates will have Formatting your spreadsheet gained the skills to; • Column widths START DATES • Create simple spreadsheets • Page set up and printing to manage data 2015 1 September Entering and editing data Construct formulas to 1 October ensure data calculations Aligning data 4 November work effectively 3 December • Using AutoFill or sequencer • Use simple functions • Working with formulas that save time and Creating simple formulae reduce inaccuracies 2016 12 January • Absolute and relative 4 February cell references 4 March • Creating, editing and 6 April 5 May printing charts

# **Microsoft Excel Intermediate**

One of the most popular topics demanded by businesses, this course is essential for users who are required to use Excel to produce business information and statistics. This training will introduce tools to be able to filter, sort and look up information as well as getting to grips with linking spreadsheets, creating formulae for more complex calculations, using charts to represent data and introduces macros to automate simple tasks.

Linking data across

worksheets

#### Objectives

On completion of this course, delegates will;

- Apply filters, sorting and totals
- Design and work with functions to manipulate data effectively
- Record a simple Macro

#### Course Overview

- Linking data across workbooks
- Using Paste Special
- Using Date & Time functions
- Look up tables
- Outlining
- Creating & removing outlines
- Sub-totals
- Outline symbols
- Using Excel as a Database
- Auto filter
- Sort
- Further formula
- · Manipulating charts
- Introduction to Macros

#### Versions Available

2007, 2010, 2013

# DURATION

BOOKING INFORMATION

One Day

#### FEES (+VAT)

Member £200

#### Non-Member

£235

#### START DATES

2015	16 September 20 October 16 November 21 December
2016	21 January 16 February 23 March 21 April 19 May 23 June 21 July 22 August

# Microsoft Excel Advanced

Users of Excel who are managing volumes of data demanding more complex functionality will find this intensive course a real boost to mastering their command of the wide scope of tools and functions that Excel offers. Building on features like 'If' statements, and introducing auditing tools, pivot tables and importing data, this course will benefit users who regularly manage and report a wide range of data scenarios within business.

#### Objectives

On completion of this course, Excel users will;

- Make effective use of Pivot tables
- Learn how to use "what if" analysis (scenarios)
- Understand how to import data from other applications
- Course Overview
- Importing data
- Database functions
- Data validation
- Input messages
- Consolidation data

- Traces precedents

#### BOOKING INFORMATION

DURATION

One Day

#### FEES (+VAT)

Member £205

Non-Member £241

#### START DATES

2015 29 September 28 October 26 November

2016	27 January 25 February 30 March
	28 Apri
	25 May
	28 June
	29 July
	30 August

# **Microsoft Excel - Pivot Tables**

Excel tables can contain a massive amount of data that is difficult to manipulate to extract what is needed quickly and effectively. Pivot Tables are a brilliant feature that enables business users to calculate and present data more effectively. In this short and intensive workshop, through hands-on exercises, course participants will learn how flexible and time saving Pivot Tables can be.

#### Objectives

On completion of this course, delegates will have learned how Pivot tables save time through the art of;

- Creating and customising pivot tables
- Manipulating the data within pivot tables
- Interpreting the data

#### Course Overview

- Creating Pivot Table • Adding data
- Refreshing data
- Creating Pivot Charts
- Changing the Pivot Table layout
- Creating separate pivot tables
- Updating the Pivot Table · Using custom calculations in a Pivot Table
- Grouping/ungrouping Pivot Table items
- · Group by text fields
- Group by number fields
- Group by data fields

# Versions Available

2007, 2010, 2013

#### BOOKING INFORMATION

DURATION

Half Day

FEES (+VAT)

Member

Non-Member f147

£125

# START DATES

2015 30 October

18 November

26 February 2016 29 April 30 June 26 August

Versions Available

2007, 2010, 2013

Error alerts

- techniques
- · Auditing tools
- Trace dependants
- Scenarios
- Templates
- Custom formatting
- Trace errors Creating and using **Pivot Tables**

70

# Developing Dashboards with Microsoft Excel

Dashboards are a core component of presenting business intelligence analytics with clarity and direct to those who need to make swift business decisions based on factual information. Introducing Dashboards enables those who need to act on statistics immediate and clear visibility of information, ensuring business intelligence is current and meaningful. Introducing Dashboards needs to be well planned and understanding how to use information and present these in a usable format is vital to creating powerful information sharing.

#### ★ NEW COURSE

#### Objectives

To embed the skills to enable developers to produce Dashboards for business;

- Preparing and analysing data for a Dashboard
- Building Interactive Excel Dashboards
- Using Excel's data visualisation tools for KPI reporting

#### Course Overview

- Introduction to Dashboard design
- Advanced Charting techniques
- Enhancing Pivot tables and Pivot Charts
- Building a Power Pivot Data Model with related data
- Using Power View to create reports
- Using DAX calculations to analyse the data
- Using Hierarchies to enable drilling down through the data

- Extending a dashboard with simple VBA
- Using Conditional Formatting for KPI
- Enhancing DAX calculations to create KPI reports

INFORMATION	
DURATION	
One Day	
FEES (+VAT)	
Member	£274
Non-Member	£322
START DATE	S
<b>2015</b> 10	November
2016	11 March

# Microsoft Visual Basics for Applications (VBA)

# **Microsoft Excel**

Visual Basics Applications enables businesses to build intelligent user interfaces and interactive features with Excel, customising the look and functionality. Through using VBA, business tasks and work flows can be automated, repetitive tasks reduced and impressive user interfaces can be developed.

#### Objectives

On completion of this course, delegates will be able to customise host programs (Excel), to automate processes and to make them function in a particular way.

#### Course Overview

#### Introduction

- Recording VBA
- Buttons to Run Macros
- Macro Security

#### Visual Basic Editor

- Overview of Menus and Toolbars
- Project Explorer
- Local/Immediate/ Watch Windows
- Short cuts
- Object explorer

#### Programming Basics

- Objects, Properties and Methods
- Comments
- Code Layout
- Location of Code

#### **Programming Structures**

- Sub and Function Statements
- Decision Code If/Select Case Statement
- Do Loop, For Loop, For Each Loop
- With Statement
- Msgbox and Inputbox

#### Variables

- Naming Variables
- Types of Variables
- Using Parameters
- Variable Lifetime and Scope

#### **User-Defined Forms**

- Basic Form Design
- Form Handling and Events

#### **Error Handling**

- Trapping Errors
- Err Object
- Debugging Techniques

#### Development Process

- Modular Code
- Test Plans
- Gold Plating

#### Excel Object Model

- Range, Worksheet, Workbook Object
- Events/Add-ins/ Worksheet functions

#### Accessing data

- Using SQL statements
- Active x data objects

# BOOKING INFORMATION



#### FEES (+VAT)

Member £589

Non-Member £693

#### START DATES

These courses are offered on demand based on the specific needs and dates are available on application

# Microsoft SharePoint Contributor

SharePoint is not only designed as a Business Intelligence tool, it also seeks to ensure end users understand the basic principles and functionality to maximise their own contribution and use of SharePoint. This course is designed for the 'end-user' and is aimed at those who want to gain the most from the functionality and possibilities of document control and collaboration.

#### Objectives

The objectives of this course are to equip end user with the knowledge to be able to:

- Search and navigation techniques
- Upload and share documents
- Work collaboratively on projects

#### Course Overview

- · SharePoint features
- Connecting through the browser
- · Search, navigation and views
- Document control and versions
- Working with SharePoint calendars and contacts in Outlook
- Office applications and SharePoint
- SharePoint dashboards
- Permissions

# **Microsoft SharePoint Site Owner**

#### To get SharePoint up and running within business, the responsibility for the planning, designing, building and maintaining of the site needs to be established and that requires learning the key aspects of this vital element and developing the right skills to ensure SharePoint is working with the business needs in mind.

This course covers building a site using the SharePoint site and assumes a working knowledge of SharePoint including Libraries and other simple parts such as a calendar.

#### Objectives

On completion of this course, delegates will;

• Be able to build a professional looking SharePoint site with wellconstructed permissions.

#### Course Overview

#### Day 1:

#### What is SharePoint

Terminology

#### What makes a good site

#### **Creating a Site**

- Templates
- Names and URLs
- Site Hierarchy

#### Permissions

- Creating and Editing Groups
- Permission Levels
- Checking Permissions
- · Inherit or Unique

#### Site Settings

- Themes
- Navigation
- Site Features
- Site Assets and Site Pages
- Site Columns

#### **Other Content**

- Workspaces
- Enterprise Wiki
- Blogs

#### Day 2: Libraries

- Library Types
- Creating Views
- Navigation
- Permissions
- Document Control
- Content Types

#### Lists

- Common Lists
- Creating Views
- Custom Lists
- Columns

#### Pages

- Simple Home Page
- Formatting Options
- Images and Tables
- Web Parts
- Styles

#### Workflows

- · Using a workflow
- · Out of the box workflows

#### BOOKING INFORMATION

#### DURATION

One Day

FEES (+VAT)

Member £274

Non-Member £322

21 October 13 April

Two Davs FEES (+VAT) Member £589

BOOKING INFORMATION

DURATION

Non-Member f693

#### START DATES

2015 22 October 2016 14 April

Don't forget your multiple discounts ... 5% off for 2-3 people 8% off for 4-5 people 12% off for 6 or more!

- Lookup and Calculation

- Publishing Pages

# START DATES 2015 2016

## Microsoft SharePoint Workflows

A 'Workflow' is a business process that involves steps, decisions and outcomes. If seeking to improve the look and functionally of a process within SharePoint, then this course is an excellent way of learning the best method of achieving this aim.

### Objectives

On completion of this course, delegates will;

- Understand the concept of Workflow and SharePoint Designer
- Be able to create a workflow in SharePoint Designer
- Use Visio to visually create a workflow

### Course Overview

### Introduction

- What is workflow?
- Out of the box Workflows
- Basics of SharePoint
   Designer

### **Basic Workflow**

- Create a workflow
- Actions
- Conditions
- Deploying Workflows

### Emails

- Email Options
- Formatting Tricks

### Variables

- Variable types
- Calculations
- Using Empty Variables

### Tasks

- Creating Workflow Tasks
- Using Task Outcomes
- Email Options

### More Advanced Workflows

- Multi Stage \*
- Loops \*
- Starting another Workflow
- Permissions

### Using Visio

- Map a Workflow
- Importing
- Exporting

### Logs and Debugging

- Workflow Status
- Workflow History
- Alternative History List

### Testing

• Test Plans

- User Acceptance

### Please note

 These topics are only available on SharePoint Designer 2013

### BOOKING INFORMATION

DURATION

Two Days

### FEES (+VAT)

Member	£589
Non-Member	£693

### START DATES

2016	21 January 6 July
	,

## Microsoft SharePoint InfoPath

InfoPath is a form creation and data gathering tool that helps move business processes into a streamlined SharePoint environment. InfoPath forms can be used to collect data from forms such as surveys and applications. The uses are endless.

### Objectives

On completion of this course, delegates will;

- Be introduced to the concept of forms and how the forms can be used with SharePoint
- Be able to create different types of forms within SharePoint
- Using multiple views and work with SharePoint Workflows

### Course Overview

### Introduction

- Why use forms?
- Common uses

### Simple Form

- Form Layout
- Controls
- Field Names

### Adding Logic

- Buttons
- Validation
- Calculations
- Rules
- Views

### **Publishing and Submitting**

- Publishing to SharePoint
- Promoting Columns
- Content Type

### Using Forms

- InfoPath Filler
- Form Web Part
- Parameters

### Approval Process

- Using Library Approval
- Form Load Rules

### Workflows

- Using Workflows with forms
- Task Forms

## BOOKING

DURATION

### One Day

### FEES (+VAT)

Member £274

Non-Member £322

2016	20 January
	5 July

## Microsoft Access for Users

Microsoft Access is an information management tool that enables vital and complex business data to be stored, and essential information to be extracted quickly. Used effectively, it is a superb basis for managing information, from being able to extract specific data, monitor trends or analyse. This one day course provides a great introduction to the scope of Access databases from a users' perspective and establishes the foundation for increasing the functionality of databases.

### Objectives

On completion of this course, Access Users have gained the knowledge to;

- Enter, and extract data contained in a database
- Undertake basic design changes
- Edit existing databases
- Course Overview
- Access Basics
- What is a database
- The access basics
- Opening and closing access
- Working with tables
- Opening and closing tables
- Viewing and sizing tables
- Navigating records in tables
- Working with columns
- Forms
- Purpose of a form
- Creating forms
- Modifying forms
- Queries
- Query types
- · Creating and refining queries
- Action queries
- Reports
- Purpose of a report

### • Creating and Customising reports

- Previewing and printing reports
- Using graphics
- Graphics files
- ClipArt
- Customising access
- Creating a shortcut
- Switchboards
- Using Macros

### Versions Available

Versions Available

2007, 2010, 2013

2007, 2010, 2013

### BOOKING INFORMATION

DURATION

One Day

FEES (+VAT)

Member £188

Non-Member £221

### START DATES

2015	8 September 2 December
2016	10 March 3 June

## Microsoft Access for Developers Introduction

Microsoft Access is a widely used business database program which offers full relational database functionality, suitable for both small and large databases. This course is designed to provide an introduction to Access starting with the fundamentals of database design, essential to the implementation of a successful database, right through to creation of a fully functional basic database including forms and reports. It is aimed at those who are responsible for designing, implementing or managing an Access database.

### Objectives

On completion of this course, delegates will;Understand the

- fundamentals of database designDevelop a basic
- Access database
- Produce basic forms and reports

Course Overview

### Day 1

- Introduction to AccessQueries
- Designing a table
- Creating relationships
   between tables

### Day 2

- Forms
- Reports
- Mail merge and analysis

### BOOKING INFORMATION

DURATION

Two Days

FEES (+VAT)

Member £350

Non-Member £412

2015	12 October 14 December
2016	17 February 14 April 29 June 18 August

## **Microsoft Access for Developers Intermediate**

Once the basics of Access database design have been mastered, this course will introduce developers to more powerful techniques around database management using Access. Introducing a wider range of options including working with 'relational' databases, forms, queries and reports, this one-day course will benefit developers in creating databases that are functional and a valuable data source for business.

### Objectives

On completion of this course, delegates will;

- Create multiple data relationships
- Build and expand forms and reports
- Extract data using a range of queries

### Course Overview

 Review of introduction topics

### Forms

- Creating a form from scratch
- Creating combo boxes
- Creating a main and sub form
- Creating a form
- based on a query

### More on a relational database

- A one-to-one relationship
- A many-to-many relationship
- A one-to-many relationship

### Oueries

- · Creating calculated
- controls in a query
- Using action queries
- Creating summary queries
- Changing query properties
- Duplicating and
- unmatched wizards

### Reports

- Creating a report from scratch
- Using calculated controls in a report
- Grouping and sorting options

### Versions Available

2007. 2010. 2013

BOOKIN	
	ATION
DURATION	
One Day	
FEES (+VAT)	
Member	£200
Non-Member	£235
START DATES	5
<b>2015</b> 14 S	September
2016	18 March 14 June

## Microsoft Access for Developers Advanced

Specifically designed for individuals who are required to design and develop complex databases and ensure the integrity of database management, this course will present the most advanced functionality available through Access, including how to build a secure database front end using a Switchboard and how you can combine the different elements efficiently and effectively. It is an excellent progression from our Intermediate course.

### Objectives

On completion of this course. delegates will be able to;

- · Build a secure front end
- Apply user/group security settings
- Create, use and embed powerful Macros

### Course Overview

### Review of intermediate topics

• Via question and answer session

### Queries

- · Changing join lines (Inner and outer joins explained)
- Creating a Cross-tab query

### Forms

- Calling a form with specific records displayed

### Reports

- Printing parameter query values on a report
- Selecting a combo box and printing the related information

### Building a 'Switchboard'

- Creating a form to act as a "Front End"
- Making the form load automatically
- Adding command buttons to the form

### Macros

- Creating a macro
- Using macro groups
- · Setting conditions in a macro • Attaching a macro

- Creating a secure database
- Creating users and groups • Assigning permission

### Versions Available

2007, 2010, 2013

DURATI	ON	
One Day	,	
FEES (+'	VAT)	
Member		£205
Non-Me	mber	£241
START D	DATES	
2015	29 Sep	otember
2016	10 F	ebruary
		27 May

BOOKING INFORMATION

• Creating a pop up form

- to an event

### Security (2003 Only)

- to groups
- Multi user record locking

## Adobe Acrobat

Adobe Acrobat is one of the most widely used applications for controlling the distribution of forms and documents. Using Adobe Acrobat enables the user to maintain the integrity of the content and structure of documents, brilliant when sending documents as attachments to emails such as proposals, letters, memos and forms, in fact anything that the sender wants to protect in terms of content and layout.

### Objectives

### On completion, delegates will be able to

- Secure the integrity of transmitted document, forms and data
- Create, view and print PDF files with confidence
- Combine documents into one professional PDF attachment

### Course Overview

- Working with PDF files
- · Indexing and searching
- · Security and accessibility
- Print production techniques
- Tool bars and navigation pane
- Drag and drop thumbnails
- · Copying pages to documents
- Cropping tools
- Creating watermarks
- Bookmarks

## Adobe Illustrator Introduction

Adobe Illustrator is one of the most effective and popular graphical illustration tools available. Anyone who is required to produce artwork from Illustrator will appreciate this introductory course, which takes a step-by-step approach to finding a way around this powerful tool.

### Objectives

On completion of this course, delegates will;

- Have a good knowledge of the most popular and commonly used graphics
- Apply filters, and layers
- Competently and confidently use Adobe Illustrator

### Course Overview

### Basics

- Navigate the screen
- Use the toolbox
- Work with views
- Work with palettes
- Save, open and revert commands
- Using ruler and guide snap
- **Use Draw and Select tools**
- Draw and manipulate objects
- Control the selection of tools

### Working with Objects

- Transform objects
- · Cut, copy and paste
- Align and distribute objects
- · Fill and stroke

### Type

- Create type
- Format type
- Convert text to graphic objects
- Views
- Preview and artwork views

### The pen tool

- Accurate pen drawings
- · Control the point tools
- Manipulate curves
- Use the eyedropper and paint bucket tools
- Understand colour models
- Colour and stroke palettes
  - Create colours and gradients

- · Join and average points

### Print features

- Print files
- Export illustrator files

### BOOKING INFORMATION

DURATION

One Day

## FEES (+VAT)

Member

Non-Member £322

£274

START DATES

2015 2 October 2016 22 April

## INFORMATION

BOOKING

### DURATION

One Day

FEES (+VAT)

- Member f274
- Non-Member £322

START DATES	
2015	4 September 5 December
2016	31 March

10 June

- Colour

### Useful features

- Use scissors and knife tools

  - · Work with the layers palette

## Adobe Dreamweaver Introduction

Adobe Dreamweaver is one of the leading tools used today in writing and managing content for Intranet, Extranet or Internet. This course is aimed at individuals who are responsible for creating that professional edge and functionally and will be a great starting point for individuals looking to learn how to design and programme websites.

### Objectives

On completion of this course, delegates will;

- Be able to plan, design and maintain a website in Dreamweaver
- Understand FTP (File Transfer Protocol) and other web techniques
- Use cascading style sheets and other techniques for publishing web pages

### Course Overview

### **Creating Basic Web Pages**

- Creating a new web site with Dreamweaver
- Creating a new web page with Dreamweaver
- Applying formatting to web pages
- Previewing your work in a web browser
- Working with HTML

### Working with Lists

- Creating numbered and bulleted lists
- Editing a list's properties
- Definition list
- Inserting other types of lists
- Creating nested lists

### Tables

- · Creating and editing tables
- Using tables to present data and using them to layout your page

### Linking Web Pages

- · Linking web pages
- Creating bookmark links
- Creating external links
- Creating e-mails links

### Graphics

- Understanding web graphics
- Adding graphics to your web site
- Foreground and background colours
- Adding background images

### Frames

- Creating and editing frames
- Targeting frames
- Managing your Web Site

  Testing
- Publishing your web site onto a remote server

### Page Layout and Design Considerations

- Technical design considerations
- Document size vs. download time
- Browser compatibility
- Page layout and guidelines
- Site layout and navigation

### BOOKING INFORMATION

DURATION

Two Days

### FEES (+VAT)

## Member £350

Non-Member £412

### START DATES

This course is offered on demand and dates are available on application

## Adobe Dreamweaver Advanced

The internet is one of the most widely used mediums for promoting and presenting what business can offer. Individuals who have already grasped the basics of the features of Adobe Dreamweaver and how this web authoring package works, will welcome the opportunity to advance their skills to the next level, and start developing skills that when applied, will enable the creation of a more interactive and powerful web site.

### Objectives

On completion of this course, delegates will;

- Make their website more interactive and powerful
- Understand database linking
- Incorporate web page functionality including frames, layers, forms and behaviours

### Course Overview

### Site assets

- Library assets
- Page templates
- Head elements

### **Rollovers and behaviours**

- Rollovers
- Behaviours
- Lavers
- Page layers
- Working with layers

### **Content sections**

- CSS design
- Applying DIVs

### Interactive forms

- Building and validating input forms
- Form objects
- Accessible forms

### Dynamic Web sites

- Introduction to dynamic sites
- Record sets
- Master/detail pages
- Search functionality

### Browser compatibility

Compatibility testing

INFORMATION	
DURATION	

BOOKING

One Day

### FEES (+VAT)

Member	£317
Non-Member	£373

## START DATES

This course is offered on demand and dates are available on application

## Adobe InDesign Introduction

Adobe InDesign is an industry standard package for pulling graphics and photographs together into visually impressive and sophisticated, designs and templates. This course is aimed at newcomers to Adobe InDesign who need to develop and publish professional documents easily and quickly.

### Objectives

On completion of this course, delegates will;

- Be able to create professional-looking documents and layouts
- Apply formats to text and techniques for working with shapes and images
- · Prepare work for printing and publishing

### Course Overview

### The InDesign interface

- · Using the tools and palettes
- Changing views, zoom & pan
- Selecting objects • Undoing mistakes
- Preferences and defaults

### Page layout and design

- Palettes and preferences · Page, printer and
- margin set-up • Adding and using guidelines
- · Using master pages

### Working with text

- · Adding and importing text
- Threading text through frames
- Setting text frame properties
- Formatting characters
- Formatting paragraphs
- · Working with tabs
- Hyphenation and justification
- Creating and managing styles

### Working with colour

- Using Colour
- Spot colour printing Process colour printing
- Pantones and process • Effects and transparency

## Drawing shapes and paths

### Drawing basic

- shapes and lines
- Drawing with the pen tool
- Adjusting path segments
- Using the Stroke palette
- · Creating dashed-line effects

### Importing images

- Text flow around images
- Cropping and rotating
- Managing links to images

### Printing and output

- Spot colour printing
- Process colour printing
- · Working with bureaus
- and printers
- · Pre-flighting documents

### BOOKING INFORMATION

DURATION

One Day

### FEES (+VAT)

### Member £274

Non-Member £322

### START DATES

2015	4 September 4 December
2016	31 March 10 June

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	MATION
DURATION	
One Day	
FEES (+VAT	-)
Member	£317
Non-Memb	er £373
START DAT	ËS
2015	7 November
2016	12 February 8 May
	, 26 August

Adobe InDesign Advanced

This course has been designed for those familiar with Adobe InDesign basics and explores in depth some of the more powerful design capabilities this package can offer, building upon the introductory level course to learn more sophisticated approaches to document design and layout.

### Objectives

On completion of this course, delegates will;

- Create impressive looking graphical layouts that work efficiently and effectively
- · Set up document templates and master pages
- Appreciate type formatting and document management techniques

### Course Overview

- · Set up master pages
- Create and apply advanced styles
- Adjust text flow control · Set page elements
- and graphics
- · Bezier shapes
- · Manage long documents · Document sectioning

£274

£322

4 September

4 December

31 March

10 June

BOOKING INFORMATION

DURATION

FEES (+VAT)

Non-Member

START DATES

One Day

Member

2015

2016

## Adobe Photoshop Introduction

Adobe Photoshop is a digital imaging editing programme that enables users to develop and enhance visual images for marketing and publications purposes. From brochures through to web sites, understanding the features of Adobe Photoshop will enable users to create visual images that enhance the profile of a business.

### Objectives

On completion of this course, delegates will;

- Be able to use fundamental image editing tools within Photoshop
- Manipulate the colour and tone of an image
- · Confidently work with layers and other functionalities to prepare an image for printing or use on the web

### Course Overview

### The Photoshop Interface

- Toolbox & Options bar
- Using palettes & shortcuts

### Image Sizing & Resolution

- Changing size & resolution
- Creating new images

### **Transforming & Retouching**

- Cropping & Canvas size
- Transforming layers

### • Using the retouching tools

### **Colour & Tonal Adjustment**

- The colour adjustment tools
- Using levels
- · Sharpening Images

### Selections

- Making & adjusting selections
- Feathering selection edges
- Saving and loading selections
- · Removing fringe pixels

### Using Layers

- Using the Layers palette
- Layer blending options
- Using & Customising Layer Styles

### Using Text

- Paragraph Formatting
- Character Formatting
- · Working with type layers
- · Warping text

## Adobe Photoshop Advanced

Adobe at an advanced level truly enables users to explore the wider scoping functionality of this creative application, applying more complex features and tools to truly enhance visual production capabilities. This course is ideal for individuals who have attended the introduction level course or who use Adobe and have yet to explore its full potential as a business image-editing tool.

### Objectives

On completion of this course, delegates will;

- Understand how to apply masks, filters, advanced layers and automating tasks
- Create vector paths
- Manipulate colours and set colours for print and web production

### Course Overview

### Masking and layers

- Edit quick masks and alpha channels
- · Adjustment and Fill Layers
- Layer masks
- Grayscale masking
- Clipping groups

### Vector paths and

### drawing tools

- Vector path concepts • Creating vector paths
- Editing paths
- · Clipping paths
- Using paths for masking

### Colour

- Colour Channels
- Alpha Channels and Masks
- Spot Colour Channels
- Swatches, gradients, patterns
- Swatches
- Gradients
- Patterns

### Advanced masking

- The background eraser
- The extract command

### Additional

- Experiment with Filters
- Special Effects and Tricks
- Photo Repair and
- Enhancement
- Actions

INFORMATION		
D	URATION	

### One Day

F

EES (	(+VAT)
	(••••••••

### Member £317 Non-Member £373

### START DATES

2015	6 November	
2016	12 February 6 May	
	26 August	

### Layer types and styles

- Fill layers
- Drawing and painting shapes

### · Layer styles

• Type Tool

## Crystal Reports Introduction

Crystal Reports is a versatile data management tool that enables users and developers to integrate information from differing data sources, into concise reports for business use. Crystal reports leads to improved understanding of company critical data, resulting in clear information to support decision making. This course is designed to train individuals to present data in a format that clearly conveys succinct messages to those who need to act upon the information provided.

### Objectives

Course participants will develop skills in the reportwriting software, through exploring the scope this programme offers, enabling them to use some of the most commonly-used functions and features that make Crystal Reports so popular:

- Learn how to extract data for defined reporting purpose
- Tailor reports content and style to suite end users interpretation
- Connect multiple sources of data to consolidate information into concise, purposeful reports

- Course Overview
   Creating a Report default
  - setting, titles, position fields and fields from other tables Displaying Specific Report Data- find data, sort data, filter data
- by a single criterion
   Grouping Report Data-Insert and change a group, second level groups, group options. summaries
- Building Formulas create, edit, combine, delete, filter modify, parameters

- Formatting Reports getting the look and structure right
- Enhancing Reports objects, hyperlinks, suppressing and modifying
- Creating Pie Charts
- Distributing Data

BOOKING INFORMATION

DURATION

Two Days

FEES (+VAT)

Member £589

Non-Member £693

### START DATES

This course is offered on demand and dates are available on application

## Social Media - Building your Business Presence

Every day, there are more than 3.2 billion interactions on Facebook, 0.5 billion tweets are posted and 172,800 users join LinkedIn. Undeniably, Social Media is huge and will increase in importance for your business. But which platforms should you invest in, how should you and what can you expect to achieve?

### ★ NEW COURSE

### Objectives

This practical session will show the importance of Social Media to business and:

- Select which platforms to invest in for business
- Understand techniques and strategies to maximise the potential of Social Media
- Use tools to make sharing engaging, simple and effective

### Course Overview

- Benefits and how to
- measure them
- Strategies and rules
- Terminology
- Twitter; setting up an account
- Facebook; creating a business page
- Writing an effective bio
- What to share, when and why
- LinkedIn; creating an effective profile
- Joining and engaging in groups
- Measuring SEO Effectiveness
- Tools; applications for desktop and mobile
- Other social media platforms; Pinterest, Google+, Instagram
- Summary; social media do's and don't's

### BOOKING INFORMATION

DURATION

One Day

FEES (+VAT)

Member £274

Non-Member £322

START DATES

2015 22 September

**2016** 21 March

## ITIL<sup>®</sup> Foundation

ITIL® is recognised internationally as the best practice approach to IT Service Management aligning the provision of IT Services with the needs of the business. It is used globally by thousands of organisations throughout the private and public sectors to improve the way in which they implement and manage IT Services. By adopting proven approaches to better process management, this leads to increased efficiency, reduced costs and improved customer responsiveness and service.

ITIL Foundation is an introduction to the ITIL framework used by IT Service Management professionals and leads to the Foundation Certificate in IT Service Management. Suited to IT Managers and staff, a general level of IT literacy and experience in IT and/or liaising between IT and the business is expected. Some evening study during the course will be necessary in order to pass the exam.

### Objectives

The objectives of this course are to:

- Gain an appreciation of the importance of Service Management to IT and the business
- Understand how ITIL can be used to enhance the quality of IT service management
- Enable comprehension and awareness of key areas of the 5 ITIL core books (Service Strategy, Service Design, Service Transition, Service Operation and Continual Service Improvement)

### Course Overview

- An Introduction to Service Management
- What is "Service Management"
- Understanding customer requirements

### Service Lifecycle

 The objectives and business value of each phase in the lifecycle

### Service Strategy

- Purpose, objectives and scope of Service Strategy
- Value to the business
- Value creation
- through services • Purpose, objectives and
- scope for Service Portfolio Management, Financial Management and Business Relationship Management

### Service Design

- Purpose, Objectives and Scope
- Value to the business
- People, Processes, Products and Partners
- The five major aspects of Service Design (designing Service Solutions, Service management system and tools, Management and technology architectures, Processes, Measurement systems, methods and metrics)
- Service Design Processes (including Service Level Management, Availability Management, Capacity Management, IT Service Continuity Management)

### Service Transition

- Purpose, objectives and scope
- Value to the business
- Service Transition Processes (Transition Planning and Support, Change Management, Knowledge Management, Service Asset and Configuration Management and Release and Deployment Management)

### Service Operation

- Purpose, Objectives and Scope of Service Operation
- Value to the business
- Service Operation Processes (Incident Management, Problem Management, Event Management, Request Fulfilment and Access Management)
- Service Desk function (role, objectives and organisational structures)
- Roles and objectives of Technical Management. Application Management, IT Operations Management (IT Operations Control and Facilities Management)

### **Continual Service** Improvement

- · Main purpose, objectives and scope of CSI
- Value to the Business
- The CSI approach
- The Deming Cycle
- The 7-step Improvement Model
- The role of measurement (baselines and types of metrics)
- CSFs and KPIs

### **Technology and Architecture**

• Review of the generic requirements for an integrated set of Service Management Technology

### Mock exam and review of topics

### Exam details

A one hour exam is taken on day three of the course. The exam consists of 40 multiple choice questions and the pass mark is 65%. This is a closed book exam i.e. entrants may not refer to any course materials or their own notes It is necessary to pass this exam in order to proceed to the higher levels of ITIL.

BOOKING
INFORMATION

DURATION

**Three Days** 

## FEES (+VAT)

Member £716 Non-Member £842

### START DATES

2

2015	1 December
2016	8 June

80



# Safety, Health and Environmental

PETA has helped me gain my NEBOSH General Certificate, the tutors delivered the course with great methods of teaching which was informative ensuring all delegates understood. The facilities at PETA are second to none and all their staff make you feel at ease. I would recommend PETA to anyone wishing to develop their knowledge and key skills set.

Fareham Shopping Centre

## Health and Safety Accredited Courses



## NEBOSH

National Examination Board in Occupational Safety and Health

## IOSH

Institution of Occupational Safety and Health

## CIEH

The Chartered Institute of Environmental Health





Client Contractor National Safety Group



APPROVED PROVIDER

iosh



**CIDI Registered Centre** 

## BSC The British Safety Council

11

## IRCA

International Register of Certificated Auditors





## Safety, Health and Environmental Update Breakfast Briefings

Keep up to date with changes in legislation, updates to guidance and best practice, and network with your peers.

Attend our popular Breakfast Briefings and still be at work in time to get the most out of the day.

Breakfast rolls and hot drinks are served from 7.30am with the briefings starting at 8.15am.

Next confirmed dates are: 23 October 2015 and 8 April 2016. Fees (+VAT): Members: £30, Non-Members: £35.



## CIEH Level 3 Award in First Aid at Work

Every work situation holds the potential for an accident to happen. The critical difference is whether a business has the people with the skills and knowledge to respond quickly and calmly to an accident or incident where people are injured or unwell, and to control the situation until emergency services or medical personnel are available.

### Objectives

This three day course is designed to:

- Teach the theory and practice of basic first aid
- Improve recognition of signs and symptoms in emergency situations
- Equip participants with the knowledge and skills to respond positively in emergency situations should they arise

### Course Overview

The course comprises two mandatory units, with a total value of three credits.

- Understanding the role and responsibilities of a first aider
- Assessing an incident
- Managing an unresponsive casualty
- Recognising and assisting a casualty who is choking
- Managing a casualty with external bleeding
- Managing a casualty who is in shock
- Managing a casualty with a minor injury
- Conducting a secondary survey
- Administering first aid to a casualty with bone/ muscle/joint injuries
- Administering first aid to a casualty with suspected head and spinal injuries
- Administering first aid to casualties with chest iniuries, burns and scalds
- Administering first aid for eye injuries, sudden poisoning and anaphylaxis
- Providing first aid to a casualty with suspected major illness

### Assessment

During and at the end of the course, delegates will complete theory assessments and various practical tests in first aid. Subject to satisfactory completion of these the resulting certificate is valid for three years, although delegates should attend an annual half-day update, and a re-qualification within 3 years of achieving the First Aid at Work Certificate.

### Qualification Available

CIEH Level 3 Award in First Aid at Work

### Please Note

A reasonable standard of written and spoken English is required in order to pass the assessments on this course; a minimum of Level 1 in literacy is recommended, and candidates must be physically able to carry out the first aid procedures. Please contact us for further details if you have any concerns.

### BOOKING INFORMATION

DURATION

Three Days

F

Me

2

2

EES	(+VAT)

mber	£234

Non-Member £275

015	7 September 5 October 2 November 16 November 14 December
016	4 January 18 January 8 February 7 March 21 March 11 April 9 May 23 May 13 June 4 July 18 July 15 August



## **CIEH Level 3 Award in First Aid** at Work - Requalification

Individuals already holding a First Aid at Work Certificate are required to requalify within three years to maintain the validity of their qualification. This ensures their ability to respond effectively to emergency illness or injury situations in business, with up-todate knowledge of changing approaches and techniques in delivering first aid.

### Objectives

This two day course is designed to refresh existing knowledge and:

- Introduce new developments and techniques in delivering first aid
- Re-energise knowledge of how to deal with emergency situations
- Raise individuals' confidence in their ability to respond positively and calmly in an emergency

### Course Overview

- Understanding the role and responsibilities of a first aider
- · Assessing an incident
- Managing an unresponsive casualty
- Recognising and assisting a casualty who is choking
- Managing a casualty with external bleeding
- Managing a casualty who is in shock
- Managing a casualty with a minor injury

- Conducting a secondary survey
- Administering first aid to a casualty with bone/ muscle/joint injuries
- · Administering first aid to a casualty with suspected head and spinal injuries
- · Administering first aid to casualties with chest injuries, burns and scalds Administering first aid
- for eye injuries, sudden poisoning and anaphylaxis
- Providing first aid to a casualty with suspected major illness

### Assessment

During and at the end of the course, delegates will complete theory assessments and various practical tests in first aid. Subject to satisfactory completion of these the resulting certificate is valid for three years, although delegates should attend an annual half-day updates and a further requalification within 3 years of this course.

### Qualification Available

CIEH Level 3 Award in First Aid at Work Requalification

### Please Note

A reasonable standard of written and spoken English is required in order to pass the assessments on this course; a minimum of Level 1 in literacy is recommended, and candidates must be physically able to carry out the first aid procedures. Please contact us for further details if you have any concerns.

### BOOKING INFORMATION

DURATION

Two Days

### FEES (+VAT)

Member £167

Non-Member £196

### START DATES

2015	14 September 12 October
	9 November
	7 December
2016	11 January
2010	'
	15 February
	14 March
	18 April
	16 May
	20 June
	11 July
	22 August



## First Aid Skills Update Annual Refresher

Methods and techniques for dealing with emergency first aid situations are continually improving and evolving. The Health and Safety Executive (HSE) recommend that individuals holding the First Aid at Work or the Emergency First Aid at Work Certificate attend annual first aid skills update training. This short course will ensure that skills are refreshed and aligned to current best practice.

### Objectives

On completion of this course, delegates will:

- Be introduced to new developments in first aid techniques
- Gain refreshed knowledge of core practice
- Learn through shared practice of real situations

### Course Overview

- · Assessing the situation · Administering first aid
- to a casualty who is unconscious/in seizure
- Cardiopulmonary resuscitation (CPR)
- Administering first aid to a casualty in shock. wounded or bleeding

### Assessment

This course is provided as an update where participants can benefit from tutor input and feedback on situations they have responded to alongside peer learning.

### Qualification Available

First Aid Annual Skills Update Certificate

DOOKING
INFORMATION

### DURATION

Half Day (am) FEES (+VAT) Member f86 Non-Member f101 START DATES 2015 16 October 2016 15 January 8 April 15 July

POOKING

## CIEH Level 2 Award in Emergency First Aid at Work

This course is aimed at those in environments where there is a lower risk of emergency, either due to the nature of the work or number of employees, or where qualified medial assistance is close at hand. The course provides the basic knowledge required to respond quickly should an emergency occur.

### Objectives

On completion of this course, delegates will:

- Understand the basic principles of first aid
- Understand the priorities of a response
- Know how to deal confidently with an emergency first aid situation

### Course Overview

- The role and responsibilities of a first aider
- Assessing an incident
- Managing an unresponsive casualty
- Recognising and assisting a casualty who is choking
- Managing a casualty with external bleeding
- Managing a casualty who is in shock
- Managing a casualty with a minor injury

### Assessment

Continual assessment is carried out by the approved tutor throughout the day, with feedback and guidance offered to increase confidence and awareness. Candidates must pass a written assessment and demonstrate competence in first aid procedures for the management of a casualty. The certificate is valid for three years during, which annual half day 'updates' are recommended. At the end of three years this one day course is taken again.

### Qualification Available

CIEH Level 2 Award in Emergency First Aid at Work

### Please Note

A reasonable standard of written and spoken English is required in order to pass the assessments on this course; a minimum of Level 1 in literacy is recommended, and candidates must be physically able to carry out the first aid procedures. Please contact us for further details if you have any concerns.

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NC	
AT)	
	£117
nber	£138
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	January 6 March 18 May 13 July
	PRMAT DN (AT) (ATES 1 Sep 11 Nc 13



## Automated External Defibrillator (AED) Responder

Rapid response is needed when a person's heart stops; the quicker the response, the better the chances of survival. In private businesses and in public venues, AED (defibrillator) equipment is becoming a more widely available to enable those first moments to truly count. This course is designed for those already holding a First Aid at Work or Emergency First Aid Certificate, as the use of such equipment needs to be combined with a sound knowledge of the methods for dealing with cardiac arrest.

Course Overview

Role of the First Aider

and AED Responder

of the heart and the

Practical experience of using an AED trainer unit
Care and maintenance of the AED unit

 Guidelines on using an AED unit

• Assessing and dealing with

a suspected heart attach

or cardiac arrest situation

• Understanding the workings

effectiveness of defibrillation

### Objectives

This is a practical course based on learning how to:

- Use AED equipment
- Quickly assess the needs to use AED equipment
- Steps and checks prior to and during application

Assessment

This course is assessed by the accredited tutor and based on observation of practical application in a safe situation on AED training units, in small group sizes.

### BOOKING INFORMATION

### DURATION

Half Day (pm)

F

N

2

2

EES (+VAT)	
lember	£86

Non-Member £101

015	16 October
016	15 January 8 April 15 July

## **NEBOSH National General Certificate** in Occupational Health and Safety

The NEBOSH qualification is nationally recognised and suitable for all types of industry, hence its huge popularity and reputation with employers as the health and safety qualification of choice for those in a managerial or specialist role, tasked with health and safety advisory and management responsibilities. Combining risk assessment, control, auditing, analysis, accident prevention, reporting and practical application this course will equip delegates with the information they need to support workplace safety.

### Objectives

To equip individuals with a solid foundation from which they can support the development and maintenance of health and safety systems and effective management of health and safety, the course will enable individuals to:

- Support development of systems, policy, organisation and planning
- Propose controls over workplace hazards, recognising where they exist and how to reduce them
- Conduct a practical assessment of a workplace situation

### Course Overview

### NGC1: Management of health and safety

- Foundations in health and safety
- Health and safety legal requirements and moral issues
- Health and safety management systems (policy, organising, planning, measuring, audit and review)

### NGC2: Controlling workplace hazards

- Workplace hazards and risk controls
- Transport hazards and risk control
- Musculoskeletal hazards and risk control
- Work equipment hazards and risk control
- Electrical safety
- Fire safety
- Chemical and biological health hazards and risk control
- Physical and psychological health hazards and control

### NGC3: Health and safety practical application

Practical project within the workplace

### Assessment

Units NGC1 and GC2 are taught units each assessed by a twohour written examination. Unit GC3 is assessed by a practical project carried out in the candidate's own workplace.

### Please Note

- 1. No previous health and safety knowledge is required, however the standard of English required by candidates studying for this programme must be such that they can both understand and articulate the concepts contained in the syllabus. NEBOSH recommends that candidates undertaking this qualification should reach a minimum standard of English equivalent to an International English Language Testing System (IELTS) score of 6.0 or higher. We therefore ask that all potential delegates for this programme undertake a short online **BKSB** literacy skills assessment, at no additional cost, before booking on to the course; further details will be provided to potential delegates.
- 2. NEBOSH suggest that at least 49 hours of private study time is allocated by delegates on the programme, in addition to the taught component.

### Qualification Available

NEBOSH National General Certificate in Occupational Health and Safety

START DATES	

BOOKING INFORMATION

DURATION

**Thirteen Days** 

One day a week

FEES (+VAT)

Non-Member

Member

Twelve days' tuition

plus one day for exams

2015	10 September 26 November *
2016	10 March

0 March 16 June

£1,595

£1,876

\* There is a two week break for Christmas and New Year



## NEBOSH National Certificate in Fire Safety and Risk Management

The risk of disruption, major damage, harm to people and costs caused by fire is a real one. That is why all business premises are required to hold a fire risk assessment that defines the controls and measures in place to safeguard and protect people from the risks associated with fire. The NEBOSH Fire and Risk Management Certificate is a the ideal choice for Managers, Health and Safety or Fire Officers, or anyone taking responsibility for conducting and managing fire risk assessments in your business, as it sets out clearly the steps and methods for reducing the potential for an incident related to fire.

### Objectives

### Delegates will learn:

- How to ensure legal compliance with the Fire Regulatory Reform (Fire Safety) Order 2005
- How to conduct and complete fire risk assessments
- How to apply preventative measures, or control measures to reduce risks
- The principles and elements of fire risk assessment

### Course Overview

### NGC1: Management of health and safety

- Health and safety policy
- Organising for health and safety
- Promoting a health and safety culture
- Risk assessment
- Principles of control
- Monitoring, review and audit
- Incident investigation, recording and reporting

### FC1: Fire safety and risk management

- Managing fire safety
- Principles of fire and explosion
- Causes and prevention
   of fires
- Fire protection in buildings
- Safety of people in the event of fire
- Fire safety risk assessment
- FC2: Fire safety practical application
- Risk Assessment in a work context

### Assessment

Units NGC1 and FC1 are taught units, each assessed by a two-hour written examination. Unit FC2 is assessed by one two-hour practical project carried out in the candidate's own workplace.

### Please note

- If you hold an existing NEBOSH General Certificate that is less than five years old, you can take the FC1 and FC2 components over 5 days of training followed by the exam, without having to retake NGC1. Please contact us for more details and prices.
- 2. No previous health and safety knowledge is required, however the standard of English required by candidates studying for this programme must be such that they can both understand and articulate the concepts contained in the syllabus. NEBOSH recommends that candidates undertaking this qualification should reach a minimum standard of English equivalent to an International English Language Testing System (IELTS) score of 6.0 or higher. We therefore ask that all potential delegates for this programme undertake a short online **BKSB** literacy skills assessment, at no additional cost, before booking on to the course; further details will be provided to potential delegates.
- NEBOSH suggest that at least 55 hours of private study time is allocated by delegates on the programme, in addition to the taught component.

### Qualification Available

NEBOSH National Certificate in Fire Safety and Risk Management

### BOOKING INFORMATION

### DURATION

### **Twelve Days**

One day a week (Comprises eleven days' tuition plus exams)

### FEES (+VAT)

Member		£1,414
Non-Member £1,66		£1,664
START DATES		
2015	10 Se	eptember
2016		10 March



## NEBOSH National Certificate in Construction Health and Safety

The NEBOSH National Certificate in Construction Health and Safety is established as a leading health and safety award for the construction industry, with more than 12,000 candidates successfully completing the qualification to date. It is aimed at Managers and Supervisors within the construction industry who are required to ensure that activities under their control are undertaken safely. It is likely to prove useful for those concerned with the management of buildings who may need to ensure that contractors are working safely. The qualification is also appropriate for Supervisors and Managers working in other industries such as utilities and even broadcasting, where temporary workplaces are a feature of their activities.

### Course Overview

### NGC1: Management of health and safety

- Foundations in health and safety
- Health and safety legal requirements and moral issues
- Health and safety management systems (policy, organising, planning, measuring, audit and review)

### NCC1: Managing and controlling hazards in construction activities

- Construction law and management
- Construction activities
   and control
- Movement of people and vehicles – hazards and control
- Manual and mechanical handling – hazards and control
- Work equipment hazards and control
- Electrical hazards and control
- Fire hazards and control
- Chemical and biological health hazards and control
- Physical and psychological health hazards and control
- Working at height hazards and control
- Excavation work and confined spaces – hazards and control
- Demolition hazards and control

### NCC2: Health and safety practical application

 Practical examination within the workplace

### Assessment

Units NGC1 and NCC1 are taught units, each assessed by a two-hour written examination. Unit NCC2 is assessed by one two-hour practical project carried out in the candidate's own workplace.

### Please note

1. If you hold an existing NEBOSH General Certificate that is less than five years old, you can take the NCC1 and NCC2 components over 12 days of training followed by the exam, without having to retake NGC1. Please contact us for more details and prices. experience would be beneficial. The standard of English required by candidates studying for this programme must be such that they can both understand and articulate the concepts contained in the syllabus. NEBOSH recommends that candidates undertaking this qualification should reach a minimum standard of English equivalent to an International English Language Testing System (IELTS) score of 6.0 or higher. We therefore ask that all potential delegates for this programme undertake a short online **BKSB** literacy skills assessment, at no additional

2. No previous health and

construction industry

required, although some

safety knowledge is

cost, before booking on to the course; further details will be provided to potential delegates.
3. NEBOSH suggest that at least 75 hours of private study time is allocated by delegates on the

### Qualification Available

programme, in addition to

the taught component.

NEBOSH National Certificate in Construction Health and Safety

### BOOKING INFORMATION

### DURATION

**Eighteen Days** Seventeen days' tuition plus one day for exams One day a week

### FEES (+VAT)

Member  Non-Member		£1,902
		£2,238
START	DATES	
2015	26 N	NGC1 lovember
2016		CC1 / CC2



## NEBOSH Certificate in Environmental Management

The NEBOSH National General Certificate in Occupational Health and Safety qualification has been recognised for many years as an excellent introduction to the fundamentals of occupational health and safety. The NEBOSH National Certificate in Environmental Management is designed to provide a similarly sound foundation in environmental management. The course is aimed at those within an organisation who have responsibility for managing environmental issues as part of their day-to-day duties, and focuses on UK law and environmental management systems.

### Objectives

To equip individuals with a solid foundation from which they can support the development and maintenance of environmental management systems. The course will enable individuals to:

- Support development of systems, policy, organisation and planning
- Propose controls over environmental impacts, recognising where such impacts exist and how to reduce them
- Conduct a practical environmental review of a workplace

### Course Overview

- Foundations in environmental management
- Environmental management systems
- Environmental impact assessments
- Control of emissions
- Control of contamination of water resources
- Control of waste and land use
- Sources and use of energy and energy efficiency
- Control of
   environmental noise
- Planning for and dealing with emergencies
- Environmental practical application
- Site visits to support the learning

### Assessment

Unit EC1 is a taught unit, assessed by a two-hour written examination. Unit EC2 is assessed by completion of a three-hour practical project involving an environmental review and report carried out in the candidate's own workplace.

### Please Note

- 1. No previous environmental knowledge is required, however the standard of English required by candidates studying for this programme must be such that they can both understand and articulate the concepts contained in the syllabus. NEBOSH recommends that candidates undertaking this qualification should reach a minimum standard of English equivalent to an International English Language Testing System (IELTS) score of 6.0 or higher. We therefore ask that all potential delegates for this programme undertake a short online **BKSB** literacy skills assessment, at no additional cost, before booking on to the course; further details will be provided to potential delegates.
- NEBOSH suggest that at least 33 hours of private study time is allocated by delegates on the programme, in addition to the taught component.

### Qualification Available

NEBOSH Certificate in Environmental Management

### BOOKING INFORMATION

### DURATION

Seven and a Half Days One day a week plus exam

### FEES (+VAT)

2016

13 April

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## NEBOSH National General Certificate in Occupational Health and Safety – Distance Learning Programme

Our NEBOSH General Certificate distance learning programme provides employers with a flexible alternative to employees attending our scheduled 12 week course. This open learning course requires between 80 and 100 hours of study, to be completed by delegates in their own time. Designed by the Rapid Results College working in conjunction with NEBOSH, the materials follow the National General Certificate syllabus, and cover hazard identification and control, safety management, occupational health and hygiene and the law.

### Objectives

The syllabus and selfstudy materials cover three components:

- Management of health and safety (NGC1)
- Controlling workplace hazards (GC2)
- Health and safety practical application (GC3)

### Course Overview

- Initial meeting with tutor
- Self study materials
- E-mail and telephone access to tutors
- Final exams and practical assessment

### Assessment

Units GC1 and GC2 are each assessed by a two-hour written examination. Unit GC3 is assessed by one twohour practical examination carried out in the candidate's own workplace. Exams are scheduled quarterly by NEBOSH but the papers do not have to be taken at the same time.

Qualification Available

NEBOSH National General Certificate in Occupational Safety and Health

### Please note

No previous health and safety knowledge is required, although some construction industry experience would be beneficial. The standard of English required by candidates studying for this programme must be such that they can both understand and articulate the concepts contained in the syllabus. NEBOSH recommends that candidates undertaking this qualification should reach a minimum standard of English equivalent to an International English Language Testing System (IELTS) score of 6.0 or higher. We therefore ask that all potential delegates for this programme undertake a short online BKSB literacy skills assessment, at no additional cost, before booking on to the course; further details will be provided to potential delegates.

### BOOKING INFORMATION

### DURATION

Flexible home study of 80 to 100 hours Followed by one or more days at PETA to sit the exams, which are scheduled four times a year

### FEES (+VAT)

Exams

Member £736 Non-Member £866		
2015 Exams		otember cember
2016	:	2 March

1 June



## NEBOSH - Revision Workshop (NGC1, GC2, FC1, EC1 or NCC1)

This revision workshop is specifically designed to support individuals who have been unsuccessful in passing the NEBOSH paper(s) following a programme of study via our scheduled course or distance learning programme. This workshop is an excellent means of receiving more intensive tutorial support to revise core aspects of the syllabus in preparation for a re-sit of the papers.

### Objectives

 This intensive one-day workshop is designed to refresh and prepare participants to re-sit the NEBOSH exams.

### Course Overview

• Dependent upon which units of study are being revised



BOOKING INFORMATION	
DURATION	
One Day	
FEES (+VAT)	
Member	£257
Non-Member	£302
START DATES	
This course is offe	red on

This course is offered on demand and dates are available on application

Don't forget your multiple discounts ... 5% off for 2-3 people 8% off for 4-5 people 12% off for 6 or more!

BOOKING INFORMATION

DURATION

One day a week

FEES (+VAT)

Can be taken as a block

course (see dates below)

f684

£805

Four Days

## IOSH Managing Safely

Designed for managers or supervisors who are required to take a lead role in promoting health and safety in business, this course will introduce delegates to their responsibilities in managing safely as an essential component to their management duties. Focusing on practical steps that are quickly transferrable to working practice, the course will equip delegates with the tools and techniques required to ensure staff are working in a safe and healthy working environment where safety is embedded and risks are reduced.

### Objectives

On completion of this thorough and highly practical course, delegates will be able to;

- Promote compliance through training and guiding staff in the principles of health and safety practice
- Firmly implement proper measurement and monitoring procedures
- Strengthen their knowledge of the subject, from common workplace hazards and risks to accident investigation and risk control

### Course Overview

- Introducing Managing Safely
- Assessing risks
- Controlling risks
- Understanding your responsibilities
- Identifying hazards
- Investigating accidents and incidents
- Measuring performance
- Protecting our environment



IOSH Managing Safely Certificate



### Member \_\_\_\_\_\_ Non-Member

201

### START DATES

2015	9 September 4 November
2016	9 March

4 May

### **BLOCK COURSE DATES**

6	4 January
	4 July

## IOSH Safety for Senior Executives

Senior Executives and Managers are pivotal to influencing and driving forward a culture of positive health and safety in their business. This course gives the legislative perspective, and presents the practical business case for good health and safety management, highlighting the potential outcomes of non-compliance with legislation. From policy setting to implementation, the course will navigate the legislation, and help to show how to balance financial considerations and resource implication. This will enable participants to understand how health and safety, when run properly, can become a highly effective and strategic business function.

### Objectives

On completion of this course Senior Managers will understand:

- The steps in defining and developing a policy that drives effective health and safety management
- The regulations and implications inherent in current legislation, together with the documentation and financial considerations involved
- How to take a pro-active approach to health and safety through the risk assessment process

### Course Overview

- Health and safety as a crucial management function
- Financial implications of accidents and ill-health
- Current legislation
- Health and Safety at Work Act
- Management of Health and Safety at Work Regulations
- Other relevant legislation
- Penalties for offences relating to health and safety, including corporate manslaughter
- Documentation and procedures to satisfy legislation
- Root causes of accidents

- The law's shift in emphasis to a nonprescriptive approach
- Basic principles of risk assessment
- The need to appoint competent people to advise on health and safety

### Assessment

Assessment is through a short questionnaire at the close of the course

### Qualification Available

IOSH Safety for Senior Executives Certificate

## BOOKING INFORMATION

1.1.1	IKAI	ION

One Day

FEES (+VAT)

Member £246

## Non-Member

### START DATES

2015	9 December	
2016	9 March	

8 June 10 August

£289



## IOSH Working Safely

Designed specifically for new employees, or members of staff with no previous formal health and safety training, this straight-talking, highly practical workshop covers all the skills and knowledge required in order to work safely and confidently. Delegates will learn how to make a significant contribution to the safety of their organisation, and how to help their managers by knowing how to assess risks and spot potential hazards.

### Objectives

On completion of this highly practical course, delegates will:

- Learn the principles of safe working, and how to ensure that others are also following safety guidelines
- Learn about common workplace hazards and how to spot and prevent these
- Have practically applied their newly obtained skills in a safe environment

- Course Overview
- The need to work safely
- The meaning of hazard, risk and risk control
- Basic risk assessmentIdentifying commonly
- occurring hazards and precautions
- Fire
- Electricity
- Work equipment
- Manual handling, vehicles and people movement
- Housekeeping

- Display screen equipment
- NoiseChemicals and substances
- Key health and safety legislation
- Active and re-active monitoring
- Violence
- Stress
- Environment
- Qualification Available
- IOSH Working Safely Certificate

## \_\_\_\_\_

BOOKING INFORMATION

DURATION

**Three Days** 

BOOKING INFORMATION

DURATION

FEES (+VAT)

Non-Member

START DATES

2015

2016

£136

£160

15 September

12 January

14 June

One Day

## IOSH Supervising Safely

Good standards of health and safety can be promoted by those in a supervisory position. This course introduces the essential components of health and safety within the supervisory role. This is a thorough, highly practical course that covers a wide range of topics, from common workplace hazards and risks to accident investigation and risk control; essential knowledge for promoting a health and safety culture within business.

### Objectives

Combining theory with practical application, delegates will learn how to translate policy into practice to promote a healthy, risk reduced environment and:

- Supervise others in the practical application of health and safety
- Assess and report on conditions influencing health and safety to improve safety performance
- Learn how legislation impacts health and safety policy and practice

### Course Overview

Over the course of three days,

- Supervisors will explore the theory and practical aspects of:The Supervisor's role in health and safety
- Legal responsibilities
- Influencing behaviour
- Hazards, risks and controls
- Principles of risk assessment
- Pro-active monitoring Mentoring and discipline in the health
- and safety context Investigating incidents
- and reporting of incidents/accidents
- Communicating with and consulting employees
- Environmental perspective; control of waste, duty of care

### Assessment

Assessment is via a short multi-format questionnaire and two hazard spotting exercises

### Qualification Available

IOSH Certificate in Supervising Safely

FEES (+\	/AT)	
Member		£447
Non-Me	£526	
START D	DATES	
2015	19 (	October
2016		ebruary 20 June



BOOKING INFORMATION

## IOSH Managing Safely in Construction

Managers and supervisors who work within the construction industry, or who are involved in managing construction work generally, need to have a sound understanding of the health and safety legal requirements that influence working practices in this type of environment. This intensive four-day course will focus on the practical as well as the theoretical elements, and will equip delegates with the tools and techniques needed to ensure staff are working in a healthy and safe environment where risks are reduced.

### Objectives

By the close of this course, delegates will have learned how to implement a good health and safety strategy and:

- Manage risks within the workplace
- Recognise common hazards and risks within the construction sector
- Implement measurement and monitoring procedures

### Course Overview

• The course is presented as eight modules delivered over four days and covers topics:

- Introduction to Managing Safely in Construction
- Managers' responsibilities
- Assessing risks in construction
- Controlling risks in construction
- Understanding the law
- Health and safety management systems
- Hazard identification
- Investigating incidents and accidents
- Measuring performance
- Protecting the environment

### Assessment

Assessment is via a short multi-format questionnaire and a risk assessment project.

### Qualification Available

IOSH Managing Safely in Construction Certificate

DURATION	
Four Days One day a week	
FEES (+VAT)	
Member	£352
Non-Member	£414
START DATES	

2016 3 February



## IOSH Health and Safety for Work Placement Personnel

This course will give anyone who works in Education, or for Education Bodies or Business Partnerships, a very valuable insight into the regulations and measures relating to health and safety for work experience and apprenticeship placements. Our expert tutors will help participants understand their roles and responsibilities for assessing work placements for students, learners and apprentices, and the precautionary measures that should be taken to protect them against accidents in the workplace.

### Objectives

Work Placement Personnel will be equipped with the knowledge and skills to practically assess work placements. includina:

- Recognising the main causes of hazards and accidents, how to identify and eliminate these
- Questioning employers and securing the correct information to inform decisions on suitability of placements
- Confirming the outcomes and actions required prior to placing young people in the employer's undertaking

### Course Overview

- Introduction
- Health and safety law
- The role of the
- placement officer
- The role of the employer
- Common hazards
- Fire
- Electricity
- Work equipment
- Movement of people
- Vehicles
- Housekeeping
- Manual handling/ mechanical handling
- Display screen equipment
- Noise
- Chemicals

### Qualification Available

IOSH Certificate in Health and Safety for Work Placement Personnel

### BOOKING INFORMATION

### DURATION

Two Days

FEES (+VAT)

Member £341

Non-Member £401

### START DATES

2016

2015 2 November

9 May



## CIEH Level 2 Award in Health and Safety in the Workplace

Employers have a responsibility to support a positive health and safety culture in business. This course, accredited by the Chartered Institute of Environmental Health (CIEH), provides a great introduction for those in industry as it introduces a broad range of safety topics, including accident prevention, risk assessment and control, welfare, working environments, transportation, noise and workplace equipment.

### Objectives

This course will change perspectives and promote the application of:

- A positive attitude to health and safety
- Creating a positive health and safety culture in business
- Safe working practices, acting on hazards and reducing risks

Course Overview

Assessment

The course involves a short

Qualification Available

CIEH Level 2 Award in Health

and Safety in the Workplace

paper-based assessment

at the end of the course.

- Topics will include:
- Principles of legislation
- Contributing to health,
- safety and welfare at workThe workplace and work equipment
- Risk assessment
- Manual handling
- Hazardous substancesErgonomics and
  - workstation design
- Transport and vehicles
- Noise and vibration

INFORM	IATION
DURATION	
DURATION	
One Day	
FEES (+VAT)	
Member	£247
Non-Member	£291
START DATE	S
2016	25 January
	18 July

## Accident and Incident Investigation and Reporting

Incidents and accidents are often preventable, subject to good systems of Health and Safety management. Despite the very best of systems, every business harbours the potential for an incident or accident to occur. This course is designed to support those who are tasked with investigating and reporting accidents, to ensure they apply practical and legally compliant approaches to the process, and identify improvements and preventative measures.

### Objectives

Delegates will develop their ability to respond effectively to situations and:

- Appreciate the legislation surrounding the reporting of accidents
- Implement practical assessment and reporting techniques
- Understand how effective accident/incident investigation can inform risk management to reduce future accident potential

### Course Overview

- Incident and accident definition
- Accident statistics
- Why investigate incidents and accidents?
- Legal requirements Common and Statute Law
- Accident causationAccident investigation
- techniques
  Accident reporting

  Company systems
- and RIDDOR 2013Cost of accidents
- Monitoring and reviewing
- performance

## BOOKING

DURATION

One Day

FEES (+VAT)

Member £229

Non-Member £269

### START DATES

2016 18 January 12 July

## **British Safety Council Level 2** Award in Risk Assessment

Every business, no matter how small, is required to conduct suitable and sufficient risk assessments. The British Safety Council (BSC) Level 2 Award in Risk Assessment is an industry-respected standard that provides practical guidance on conducting risk assessments to identify hazards or risks, so control measures can be defined to reduce the potential for accidents and incidents.

### Objectives

On completion of this course, delegates will:

- Recognise the purpose of risk assessment as a preventative measure
- Be able to conduct practical risk assessments at work
- Be ready to complete the BSC Level 2 assessment (administered by the BSC)

### Course Overview

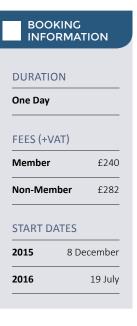
- Why do we need risk assessments?
- Risk assessments and legislation
- What are the differences between a hazard and a risk?
- Conducting a risk assessment - five steps
- Risk rating- likelihood, severity, risk
- Hierarchy of controls
- Making recommendations for risk control

### Assessment

To achieve the full certificate, delegates are emailed a risk assessment task by the British Safety Council who will mark completed work and issue a certificate to candidates who reach the required pass mark.

### Qualification Available

British Safety Council Level 2 Award in Risk Assessment





## Safety Awareness for Employee Representatives

Safety Representatives provide a vital link in promoting the safety culture within business. They are the 'eyes and ears' of daily operations and can offer a real insight to health and safety practice, both good and bad. Designed for individuals holding the role of Safety Representative or members of a Safety, Health and Environment committee, this course will increase the understanding of the Safety Representative's role and the positive contribution they can make to a safe and healthy workplace.

### Objectives

This course aims to develop an objective approach to supporting the development of good health and safety practice within business by looking at:

- The role, responsibility and influence of the Safety Representative
- Health and safety legislation and its relationship with business and employee wellbeing
- Delivering a positive impact on safety performance in business

### Course Overview

- Introduction to relevant health and safety legislation
- Introduction to Health and Safety at Work etc. Act
- · The company safety policy
- · Consultation with employees
- Role of the Safety • Representative
- Function of Safety Committees
- Purpose of safety inspections, surveys, audits
- Accident investigation
- Hazard identification exercise and report

### BOOKING INFORMATION

## DURATION 0

One Day		
FEES (+VAT)		
Member	£229	
Non-Member	£269	

2015	29 September	
2016	27 January 5 April	

## Managing Contractors

The use of contractors in all types of workplace is common. Many companies turn to contractors to supplement their own staff or for specialist tasks, which may involve hazardous activities, use of plant and equipment and/or carrying out nonroutine activities where there is a greater potential for harm if their work is not properly managed. It is important to ensure that contractors are properly selected and briefed on any risks associated with your activities in order for them to be able to work safely and to safeguard the integrity of your plant and processes.

### Objectives

This course will consider various types of contracted activities including construction, maintenance, cleaning, security etc. and will equip delegates with the skills to:

- Recognise the legal requirements and the responsibilities of the parties within the contract
- Contribute effectively to the selection of contractors and the planning and monitoring of work
- Measure and review contractor performance

### Course Overview

- Types of contractors
- Health and safety law and statutory duties
- The costs of getting it wrong; enforcement and prosecution
- Managing contractors in practice
- Planning the work Selecting the right
  - contractor
- What should be done before work starts?
- What should be done during the work?
- Reviewing work
   post-completion

### BOOKING INFORMATION

DURATION

Half Day

FEES (+VAT)

Member

Non-Member £128

£109

### START DATES

**2016** 8 January 8 July

## Managing Occupational Road Risk

An estimated one third of all road traffic accidents in the UK involve someone 'at work'. In 2009 an average of 14 people were killed each week and almost 160 seriously injured whilst driving during work. Many people drive as part of their work, either full or part-time. Employers have clear duties under the Health and Safety at Work etc. Act 1974 and the Management of Health and Safety at Work Regulations 1999 to manage work-related health and safety risks, which include occupational road risks.

### Objectives

This course is designed to equip managers with the knowledge and skills to:

- Effectively manage those who drive for work on a regular basis
- Understand how they can influence and affect the safety culture and drivers' behaviour at work
- Understand the legal requirements relating to 'at work' driving

### Course Overview

- Relevant legislation
- The importance of effective leadership in creating a positive safety culture

Why collisions occur

- Human behaviour and its relevance to driving risks
- Costs of non-complianceEffective time
- management and route planning for drivers
- Reducing risks and costs

### BOOKING INFORMATION

DURATION

Half Day

### FEES (+VAT)

Member £109

Non-Member £128

2015	4 December
2016	10 June

BOOKING

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20

20

## CCNSG Safety Passport

If your staff work on engineering construction sites then this is the national standard to enable access to on-site working. The Engineering Construction Industry Training Board (ECITB)'s CCNSG Safety Passport is designed for individuals working in the engineering construction industry. Subject to satisfactory completion of the relevant assessments, this course equips individuals with a 'passport' that most engineering construction sites will look for to demonstrate an appropriate level of health and safety knowledge.

### Objectives

On completion of this course, delegates will:

- Be able to apply the vital principles of health and safety in engineering construction to their working practices
- Know their obligations and the procedures to follow to promote safety
- Learn about higher risk issues including hazardous substance control, heavy and noisy equipment and emergency procedures

### Course Overview

- Safe behaviours at work
- Safe place at work
- Confined space entry
- Excavations
- Permit to work systems
- Safe use of access equipment
- Working at heights
- Site transport
- Protecting the environment
- Personal hygiene
- Safe lifting and manual handling
- Safe systems of work
- Asbestos
- Hazardous substances
- Work equipment and lifting operations
- Electricity and isolation
- Hand-arm vibration
- Noise

### Assessment

Successful completion of the assessments over the two days provides individuals with a CCNSG Safety Passport valid for three years. A one day renewal course must be taken at the close of three years and within three months of the passport expiry date. If not taken in that time, a full two day course will need to be taken again.

### Qualification Available

CCNSG Safety Passport



JRATION	
o Days	
ES (+VAT)	
ember	£159
on-Member	£187
ART DATE	S
<b>15</b> 21	September
	26 October
23	November
7	December
16	18 January
2	2 February
	21 March
	25 April
	16 May 27 June
	z/June

25 July

22 August

## CCNSG Safety Passport Renewal

The Engineering Construction Industry (ECITB)'s CCNSG Safety Passport is valid for three years, and within three months of the expiry date a one day renewal course must be attended to retain the safety passport. This course is essential to ensure that passport holders have current knowledge in health and safety legislation and practice in respect of high risk environments, particularly engineering construction sites.

### Objectives

This course is an essential refresher to ensure that individuals are:

- Fully appraised of safety responsibilities and how to continue to work safely on site
- Updated on changes to legislation and associated working practices
- Reminded of practical hazard spotting techniques to reduce potential hazards

### Course Overview

- Update on legislative requirements
- Group discussions on each module of the two day CCNSG Safety Passport course
- Syndicate exercise: hazard spotting and job safety analysis
- Multiple choice question papers

### Assessment

This course is assessed by multiple choice question papers and syndicate exercises

### Qualification Available

CCNSG Safety Passport Renewal



## BOOKING INFORMATION

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2

2

## FEES (+VAT)

lember	£89
on-Member	£105

015	14 September 16 November
016	11 January

7 March
9 May
11 July

## Fire Risk Assessment

All business premises are subject to the requirements of The Regulatory Reforms (Fire Safety) Order 2005. There are moral, economic and legal reasons for conducting fire risk assessments to manage the welfare and safety of your business and your employees. This course is aimed at individuals tasked with conducting fire risk assessments to ensure that organisations are compliant.

### Objectives

On completion of this course, delegates will be able to:

- Identify the causes and contributors to fire in the workplace
- Conduct fire risks assessments to reduce risks and increase safety
- Course Overview
- Introduction 5 steps to risk assessment
   Legal and moral issues; Fire Safety Order, Building Regulations, guidance documents
- Chemistry of fire; chemical reactions, triangle of fire, causes and spread of fire
- Fire detection and warning (BS 5839); types of system
- Signage (BS 5499); types, location, size
- Means of escape; doors, linings, refuges, travel distances, exit widths

- Fire suppression system; sprinklers, fog systems, drenches, gas evacuation systems, positive pressure ventilation
- Portable fire fighting equipment (EN 3); types and location
- Emergency lighting (BS 5266); types of location
  - Making an assessment; practical, carrying out the fire assessment, recording the findings, knowing your limitations

BOOKING
INFORMATION

DURATION

One Day

FEES (+VAT)

Member £229

Non-Member £269

START DATES

2015	10 November
2016	10 May

## Fire Wardens / Marshals

In the case of a fire emergency evacuation it is essential that there are designated people with the responsibility to help ensure your business premises are evacuated calmly and quickly. This course is designed for individuals tasked with that responsibility, to give them the knowledge and skills to support an effective fire evacuation if it is necessary.

### Objectives

- Course participants will learn:
- The importance and responsibilities of the Fire Warden / Marshal role
- How to operate during routine evacuation exercises
- How to effectively manage their responsibility in the case of a real fire or emergency evacuation

### Course Overview

- Characteristics of fire and smoke
- Methods of fire extinction
- Fixed installationsHuman behaviour in an emergency fire situation
- Emergency incident priorities
- Familiarity and training in the emergency fire routine
- Regular routine checks and tests
- Housekeeping essentials
- Information needs
- Training, use of fire fighting equipment, drills, exercises and tests
- Immediate and secondary emergency response actions
- Checks and control for compliance of workplace emergency evacuation

### Practical Experience

Participants will be given the opportunity to use a fire extinguisher to appreciate its purpose and application in the case of an emergency

BOOI INFO		ION
DURATIC	)N	
Half Day		
FEES (+V/	AT)	
Member		£124
Non-Mem	ber	£146
START DA	ATES	
2015	27 No	vember
2016	12 F	ebruary
	1-	20 May
	14	2 August

## **Manual Handling Awareness**

Back injury can be debilitating and costly to business and often occurs when people apply unsafe techniques whilst moving loads as part of their work routine. To minimise the risk of costly absence caused through manual handling injury, this course provides your employees with clear guidance and instruction in the correct methods to assess a situation and move objects in order to protect themselves and others from injury and harm. It is suitable for anyone who carries out tasks involving lifting or moving, and is equally relevant for those supervising manual handling operations so that they can reduce the potential for incidents or accidents.

### Objectives

This course is based on equipping those attending with the knowledge and understanding to apply best practice. By the end of the course, delegates will:

- Be able to apply the basic principles of good manual handling following safe systems at work
- Recognise equipment and its application in supporting good lifting and moving techniques
- Recognise hazards, the potential danger and consequences

### Course Overview

- Introducing delegates to practical principles of manual handling in the work place:
- Manual Handling Operations Regulations 1992
- What constitutes 'manual handling'
- How the human body works in relation to manual handling
- Types of injuries and accident rates
- Assessing the situation
- Applying legislation and best practice

### BOOKING INFORMATION

DURATION

Half Day

## FEES (+VAT)

Member £109

Non-Member £128

### START DATES

2015	20 November
2016	26 February 13 May 19 August

## Manual Handling - Train the Trainer

Back pain resulting from manual handling injuries is one of the most common causes of occupational ill-health in the UK. Repetitive tasks such as pushing or pulling, together with moving and lifting objects, all contribute to the potential for injury if people do not apply safe working practices. This course is designed for staff tasked with delivering manual handling training, to small groups or on a one-on-one basis, and incorporates manual handling information and training in instructional techniques to enable delegates to deliver training with impact within their workplace.

### Objectives

On completion of this course, delegates will be ready to:

- · Deliver manual handling training to influence and improve others' manual handling techniques
- Assess situations and promote best practice
- Understanding current legislation and practice in manual handling

### Course Overview

### Day 1:

- Manual Handling Operations Regulations 1992
- What constitutes 'manual handling'
- How the human body works in relation to manual handling
- Types of injuries and accidents rates
- Assessing the situation
- Applying regulations and best practice

### Days 2 and 3:

- Manual handling assessments
- Planning training delivery
- Training aids, communication and questioning • Techniques to deliver
- confidentially and with impact
- · Preparing to instruct
- · Evaluating and assessing

### Micro Training

This course also offers the opportunity to prepare and deliver a micro training session in a supportive environment.

DURATION	
Three Days	
FEES (+VAT)	
Member	£45
Non-Member	£53

BOOKING INFORMATION

2016 1 February 1 August

## Safety Harness and Fall Arrest

The Work at Height Regulations stipulate that 'any person working at height must be trained and competent in the use of work at height equipment, including rescue procedures'.

Our safety harness training courses combine all the latest updates in relevant health and safety legislation, standards, and guidance together with hands-on practical awareness training. The course considers various types of harness and lanyards, and the correct selection, pre-use checks, practical assessment on fitting and anchorage, end of shift checks and correct storage.

Fall arrest is a vital part of understanding the risks involved in harness use. Your harness can become a tourniquet on falling and being able to react quickly can save lives. Delegates will be armed with the required knowledge to do their job in the safest possible manner.

### ★ NEW COURSE

### Objectives

This course has been designed to:

- Provide an introduction to global environmental issues and effects, and key environmental legal requirements
- Assist delegates to understand the benefits of effective environmental management
- Give delegates the background knowledge to support the implementation of environmental management measures within their own organisations

### Course Overview

Introducing delegates to the following:

- Global environmental issues and the concept of sustainability
- Environmental legal requirements – an outline of key legislation

- Environmental management systems – the options available and the advantages and disadvantages of implementation
- What does an effective environmental policy look like?
- The aspects and impacts of the organisation
- Measurement of
   environmental performance
- Environmental reporting

### BOOKING INFORMATION

### DURATION

Half Day (am)

FEES (+VAT)

Member £195

Non-Member £234

### START DATES

2015	30 October
2016	4 March

## Racking Safety Awareness

The course takes an in-depth look at the need for racking safety inspections, how to conduct an assessment and what actions to take on completion. It references the SEMA codes of practice and industry standards and reviews current legislation. Recommended reference texts are also given on the course.

### Objectives

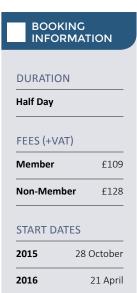
On completion of this course, delegates will;

- Understand the requirements for inspecting racking
- Understand the responsibilities for the safety of racking
- Be equipped with the knowledge and skills to managing racking-related risks within the workplace

### Course Overview

- Racking Inspections
- The need for racking inspections
- Legislative requirements
- Types of inspection
  Frequency how often
- should you inspect racking?Records to be kept
- Responsibilities
- Who is responisble for what?
- Requirements of different types of storage systems
- Use of ancillary equipment
- Particular end user responsibilities
- Responsibilities of the original equipment supplier

- Risk Assessments
  - Different levels of risk and how to manage the risk
  - What to look for duting the inspection
  - Loading configurationsAction points and
    - corrective measures



## **Environmental Awareness for Senior Managers**

Managers and Senior Managers within an organisation have the ability to manage the impact that the organisation has on the environment, and to use this to the benefit of the company when working with stakeholders and others. This course is designed to give delegates the information they need to understand their environmental obligations

### ★ NEW COURSE

Objectives

designed to:

This course has been

• Provide an introduction

to global environmental

understand the benefits

background knowledge

of effective environmental

issues and effects, and

key environmental

legal requirements

Assist delegates to

management

· Give delegates the

to support the

implementation of environmental management

own organisations

measures within their

### Course Overview

Introducing delegates to the following:

- Global environmental issues and the concept of sustainability
- Environmental legal requirements – an outline of key legislation
- Environmental management systems – the options available and the advantages and disadvantages of implementation
- What does an effective environmental policy look like?
- The aspects and impacts of the organisation
- Measurement of environmental performance
- Environmental reporting

### BOOKING INFORMATION

DURATION

One Day

## FEES (+VAT)

## Member £229

Non-Member £269

TART	DATES	

S

 2015
 12 October

 2016
 12 April

## ISO 14001 - An Introduction

Increasing supply chain pressure, combined with incentives and government targets, are driving businesses towards achieving recognition against the ISO 14001 Environmental Management standard. Before taking that first step on the road to recognition, this course will provide a positive basis to evaluate the impact and resource implications that businesses should consider prior to making a firm commitment.

### Objectives

On completion of this course, those attending this introduction will have:

- Developed an increased knowledge of the practical implications of ISO 14001
- Increased their knowledge of environmental legislation and the business case/ context for ISO 14001
- Gained sufficient insight to determine the next steps in gaining ISO 14001 recognition

### Course Overview

- The environmental context how legislation has evolved and from where/why
- Environmental impact and evaluation
- Understanding standards and legislative compliance
- Example case study: conducting an ISO 14001 systems audit
- Review of the case study; categorising non compliance
- The assessment process
   Sources of support
- Sources of support and information

### BOOKING INFORMATION

### DURATION

One Day

### FEES (+VAT)

\_\_\_\_\_

2015	13 October
2016	13 April

## Waste Management

Every business has a duty to ensure that waste produced on its site is managed in accordance with legal requirements, and that the business has appropriate measures in place to comply with the waste hierarchy. This course will equip delegates with the knowledge to ensure that their organisation complies with their duty of care.

### Objectives

On completion of this course, delegates will:

- Understand why there is a duty of care and the important role that the producer plays
- Understand the legal requirements and relevant Codes of Practice
- Be able to implement measures to comply with the waste hierarchy

### Course Overview

- Why is there a duty of care?
- What does the legislation really require?
- What is the role of the producer?
- Obligations of the duty of care
- Waste transfer notes
- Hierarchy of waste

   practical ideas
- Assessment

Assessment is by group discussion and group work. A PETA certificate will be issued.

### BOOKING INFORMATION

DURATION

Half Day

FEES (+VAT)

Member £109

Non-Member £128

START DATES

2015	13 October
2016	9 February 13 June

## Asbestos Awareness

Employers have a legal responsibility to ensure their employees do not place themselves or others at risk, where there is a potential for exposure to asbestos. Whilst there is an obvious need to train those in trades such as building, general maintenance and systems installations (e.g. telecoms/alarms/IT), key people who act as facilities managers or who employ contractors should also be aware of the dangers and their legal responsibilities.

### Objectives

This course is designed to educate people as to the dangers of asbestos, and methods of protecting themselves and others from exposure to asbestos:

- How to identify where asbestos may exist – risks of exposure
- The legal element the Control of Asbestos Regulations
- Adopting safe principles and practice

### Course Overview

- Regulations controlling working with asbestos
- What is asbestos?
- Health effects of exposure
- Likely occurrencesDifference between
- licensed and unlicensed work with asbestos
- Action to take if you discover asbestos

## BOOKING INFORMATION

DURATION

Half Day

### FEES (+VAT)

Member £109

Non-Member £128

2015	13 November
2016	6 May

BOOKING INFORMATION

## COSHH Assessment (Incorporating CIEH Level 2 Award Understanding the Principles of COSHH)

All businesses are faced with the challenge of ensuring that their employees are protected from harm. Chemicals and substances form part of everyday working environments and it is essential that the risks these present are assessed, and that appropriate control measures are implemented. This course will benefit anyone who is responsible for, or who needs a more comprehensive understanding of, managing and conducting risk assessments under the Control of Substances Hazardous to Health Regulations 2002 (COSHH).

### Objectives

This highly practical course will equip delegates with the skills to:

- Recognise the legal perspective and implications of COSHH
- Identify hazards and dangers with chemicals and substances
- Conduct COSHH risk assessments to reduce the potential for incidents or accidents

### Course Overview

- Introduction to COSHH
- COSHH RegulationsResponsibilities of
- employers, employees and the self-employedRoutes of entry and
- effects of exposure
  Classification and
- labelling of substances
- Sources of informationIntroduction to Material
- Safety Data Sheets (MSDS)
- Emergency procedures
- The COSHH assessment process
- Control measures and strategies (to include 'Hierarchy of Controls')
- Practical COSHH assessment

### Qualification Available

This course incorporates the syllabus of the Level 2 Understanding the Principles of COSHH course, and subject to satisfactory completion of the assessment, delegates will receive a certificate demonstrating achievement of this Level 2 qualification.

DURATION One Day FEES (+VAT) Member £23 Non-Member £27	_
FEES (+VAT) Member £23	_
Member £23	
Non-Member £27	7
	9
START DATES	
2015 8 Septembe	r
<b>2016</b> 13 Januar 22 Apr	y



## Portable Appliance Testing (PAT)

Employers have a duty and responsibility to ensure that work equipment is safe. Portable Appliance Testing (PAT) is an essential part of this and there are a number of regulations that apply. Whilst the frequency of testing is not cast in stone, it makes good business sense to have a scheduled approach to inspection and testing of work equipment. This course is designed to provide the background knowledge and practical skills for those who are tasked with conducting Portable Appliance Testing.

### Objectives

In attending and completing this course, delegates will be equipped to:

- Carry out testing and assessments as defined by legislation
- Use equipment safely and maintain effective records of testing
- Support preventative measures to reduce the risk posed by work equipment

### Course Overview

- Introduction to the Electricity at Work Regulations and the IET Code of Practice
- Responsibilities of the duty holder
- The Portable Electrical Appliance Guidance Note HSG107
- Introduction to the test equipment
- Practical exercises in the use of testing equipment
- Record keeping and logs

### BOOKING INFORMATION

### DURATION

Half Day FEES (+VAT) Member £109

Non-Member £128

### START DATES

20

2016

015	25 September
	11 December

4 March 24 June

## OHSAS 18001:2007 Auditor Courses

## Level 2 OHSAS 18001:2007 Internal Auditor

Creating a healthy, safe and supportive health and safety environment helps a business and its employees to flourish. Stakeholders look for recognised standards when developing their supply chain and OHSAS 18001 was developed in response to a growing demand for business to be able to demonstrate good health and safety systems and management. This course is delivered by SGS UK Ltd, and is designed for those tasked with internal auditing responsibilities.



## Level 3 OHSAS 18001:2007 Lead Auditor

Any business moving towards OHSAS 18001:2007 recognition will need to consider how to support the vital function of internal auditing within the business, to maintain and continually improve against the standard. This course, delivered by SGS UK Ltd, is certified by IRCA (A17324) and is designed for those new to internal auditing responsibilities, although delegates should have good knowledge and experience of health and safety.

## Auditor Conversion to OHSAS 18001:2007

This course is aimed at existing auditors of other management systems and standards with the knowledge and skills to perform audits of Occupational Health and Safety (OH&S) management systems against the national and international standards, statutory requirements and principles of OHSAS 18001. Participants should hold an IRCA Lead Auditor qualification in quality or environmental systems and have experience of health and safety systems.

## OHSAS 18001:2007 Understanding Audit Compliance

OHSAS 18001 is the internationally recognised assessment specification for occupational health and safety management systems. This standard can be adopted by any organisation seeking to demonstrate its commitment to reduce the risks associated with health and safety in the working environment, to stakeholders and customers.

This course aims to present the context for OHSAS 18001:2007 and the integral nature of the auditing process in achieving and maintaining recognition, and will be suitable for those responsible for leading or presenting the business case for formal recognition.

### Objectives

Individuals attending this awareness course will gain an appreciation of:

- Relevant safety management issues to consider within their organisation
- OHSAS18001 standards, introduction and context
- Audit compliance and key legislative features

- Course Overview
- Background to the evolution of safety management systems
- Introduction to HSG 65Overview of OHSAS 18001
- Understanding of the standard and legislative compliance
- The audit process
- Self assessment through the audit approach

BOOKING INFORMATION	
DURATION	1
One Day	
FEES (+VA	Г)
Member	£229
Non-Memb	<b>er</b> £269
START DAT	TES
2015	9 November
2016	12 May

## Display Screen Equipment Assessor

Most people in business use either a desktop or laptop computer and poor posture or use of equipment can lead to injury and illness, including back problems, one of the major causes of absence from the workplace. This course is for individuals designated with the responsibility for setting up work stations and/or conducting Display Screen Equipment (DSE) risk assessments and it will support your business to promote employee wellbeing when using computers desktop or laptop computers.

### Objectives

This course aims to provide participants with practical techniques they can apply immediately on their return to the work environment:

- Identify hazards and risks associated with the use of display screens
- Assess users and their workstations, and guide and advise in best practice
- Promote compliance with legislation and contribute to a healthy work place

### Course Overview

- Understanding legislation; Management of Health and Safety at Work Regulations 1999, Display Screen Equipment Regulations 1992
- Practical application of the legislation
- Ergonomics; posture and breaks
- Equipment; mouse, keyboard, screen
- Environment; lighting, position
- DSE risk assessment procedure
- Video and discussion

### Assessment

Assessment will be undertaken via a practical exercise to conduct a DSE assessment

### BOOKING INFORMATION

DURATION

Half Day

### FEES (+VAT)

Member £109 Non-Member £128

START DATES

2015	4 December
2016	15 April 5 August



## More Safety, Health and Environmental training options

The list provided here is an overview of what we can assist with.

If you do not see what you are looking fo then please do get in touch.

- Level 2 Fundamentals of Food Hygiene
- Bespoke risk assessment training tailored to your business needs/risks
- Dangerous Substances and Explosive and Explosive Atmospheres
- Bespoke Senior Manager training for Safety, Health and Environmental topics
- Confined Space
- Work at Height
- Noise Awareness
- Radiation Safety
- Chemical Spills Training
- OHSAS 18001 and ISO
   14001 auditor training
- Waste Electrical and Electronic Equipment (WEEE)



# Lift Truck and Mechanical Handling



It has been very reassuring to know that we have access to fast, efficient and local help and support for those things we don't have expertise in.

Building Monitoring Services Ltd

# Lift Truck Training delivered at our dedicated centre or at your premises

We provide a wide range of training where the course is delivered on your premises with your equipment. Training onsite offers you complete control over what is delivered, when and where, so please see our list of options on the next page.





The Independent Training Standards Scheme and Register (ITSSAR) offers accreditation to training instructors and organisations supplying industrial truck and construction training services to industry. ITSSAR is approved and listed as an accrediting organisation by the Health & Safety Commission (HSC) in the Approved Code of Practice (ACoP) for Lift Truck Operator Training.

The Health and Safety Executive (HSE) recognise National Plant Operators Registration Scheme (NPORS) as a competent organisation to accredit, monitor and train Instructors/Training Providers to deliver Operator training and testing.

# Instructional Techniques for Mechanical Handling Equipment

Larger organisations may have a number of lift truck operators and, at times, it makes sense to consider having the in-house capability to train lift truck operators and to manage lift truck operations. This five day, cost-effective PETA course is designed to instil solid principles of practical and theory based training. This course complies with the recommendations of the Health & Safety Executive (HSE)'s Approved Code of Practice and Guidance for rider-operated lift trucks, operator training and safe use (L117).

### Objectives

On completion of this course, instructors will:

- · Demonstrate their ability to plan and prepare practical instruction to a minimum standard
- Construct, conduct and objectively mark a practical test of operators' ability to the HSE standard

### Course Overview

- Corrective tuition and driver safety test
- Practical test
- Legislation
- Basic Principles and • role of the instructor
- Principles of instruction
- · Simple skills analysis
- Classroom demonstration ٠ and administration
- Daily safety checks and operating practice
- Truck familiarisation Operating and •
- corrective tuition
- Guided preparation for a practical lesson plan
- Deliver practical lesson plan to a trainee
- Feedback on strengths and weaknesses
- Introduction to the practical test
- Guidance throughout on all aspects of practical lesson preparation, use of marking sheets, practical test and certification of operators

### Assessment

Participants will be required to conduct a role playing scenario as the instructor/ examiner, practising both practical and theory lesson formats, examining operators to a pre-determined level of competence. In addition they will have undergone appropriate theoretical and practical tests of basic skills and knowledge as both operator and instructor/examiner.

## Qualification available

Successful candidates will be certificated by PETA. with certification valid for three vears.

#### BOOKING INFORMATION

Due to the nature of this course, dates are available upon request

# More lift truck and related training options for your business

DURATION **Five Days** FEES (+VAT) Member £813 Non-Member £955

# START DATES

# Counterbalance or Reach Lift Truck (Accredited training for Novice, Experienced and Refresher)

The Health and Safety Executive (HSE) recommends that lift truck operators are trained to a nationally recognised standard by an accredited training provider. As an approved centre, PETA offers a range of courses suiting employees who are new to operating a lift truck through to those that are experienced and require a refresher on current standards. Our courses are accredited by ITSSAR and/or NPORS. Course options are:

### Objectives

Our courses combine theory with practical assessment of operator's competence to ensure that all lift truck operations are conducted safely and to the operating skill levels that are required by the HSE.

On successful completion of the course, delegates will be able to:

- Operate a lift truck in a safe and efficient manner and carry out loading, unloading, stacking and de-stacking procedures correctly
- Apply the operator's safety code and be aware of their legal responsibilities under the Health and Safety at Work etc. Act
- Systematically carry out lift truck user checks
- Successfully complete a written and practical competence test

### Course Overview

- Responsibilities in law
- Operators' Safety Code
- Lift truck stability
- Operators' user checks
- Introduction to the lift truck
- Recording the defects
- Basic driving skills
   operator practice
- Stack and de-stack procedures
- Operating practice, including stacking and de-stacking of pallets in varying conditions
- Written test
- Practical competence test to a nationally recognised standard
- Test results

## Please Note

The duration of the training is dependent on the numbers attending, to a maximum of three people per course. The level of detail covered in each section will be dependent on the type of course being delivered, i.e. Novice, Experienced or Refresher.

## Assessment

To achieve a full certificate, delegates must pass all theory papers and practical assessments.

# Novice

For new lift truck operators with no prior experience

# Novice Counterbalance

# Novice Reach

BOOKING

DURATION

Three to Five

Depending on

FEES (+VAT)

Non-Member

Member

**Consecutive Days** 

delegate numbers

INFORMATION

#### BOOKING INFORMATION

# DURATION

Three to Five Consecutive Days Depending on delegate numbers

## FEES (+VAT)

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Member £757
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Non-Member f889
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### START DATES

2015 14 September 5 October 2 November 14 December

2016 4 January 1 February 7 March 4 April 9 May 6 June 4 July 1 August START DATES

£757

£889

8 August

Don't forget your multiple discounts ... 5% off for 2-3 people 8% off for 4-5 people 12% off for 6 or more!



Experienced or individuals with at least 6 mor xperience of operating lift trucks		<b>Refresher</b> For operators already holding a cuneeding to refresh their skills with with the HSE's Approved Code of	nin a 3-5 year period, in accordar
Experienced Counterbalance	Experienced Reach	Refresher Counterbalance	Refresher Reach
BOOKING INFORMATION			BOOKING INFORMATION
DURATION	DURATION	DURATION	DURATION
Two to Four Consecutive Days	Two to Four Consecutive Days	One Day	One Day
Depending on delegate numbers	Depending on delegate numbers	FEES (+VAT)	FEES (+VAT)
FEES (+VAT)	FEES (+VAT)	Member £280	Member £280
Member £545	Member £545	Non-Member £328	Non-Member £328
Non-Member £640	Non-Member £640	START DATES	START DATES
START DATES           2015         12 October           2016         13 June	START DATES 2016 14 March	2015 10 September 21 October 23 October 13 November 27 November 4 December	2015 16 Octobe 20 Novembe 11 Decembe 2016 19 Februar 24 Marcl
		2016 12 February 26 February 18 March 1 April 15 April 6 May 31 May 3 June 24 June 15 July 19 August	14 Apri 5 May 17 June 22 July

# Counterbalance / Reach Lift Truck Conversion

Having the flexibility to switch between reach or counterbalance trucks can be an invaluable asset and this course is designed for experienced operators who need to be confident to switch between counterbalance and reach trucks.

## Objectives

The conversion course will cover the basic operating skills required by the HSE and makes the transition between the two types of truck a smooth and safe process.

On completion of this course, delegates will:

- Understand the key differences between the safe operation of counterbalance and reach trucks
- Operate either truck in a safe and efficient manner and carry out loading, unloading, stacking and de-stacking procedures correctly
- Apply the operator's safety code and be aware of their legal responsibilities under the Health and Safety at Work etc. Act
- Systematically carry out lift truck user checks

# Course Overview

- Introduction to the lift truck
- Operator's user checks
- Recording the defects
- Lift truck stability
- Operator's safety code • Basic driving skills
- operator practice • Operating practice, including stacking and de-stacking
- in varying conditions • Written test • Practical competence test to a nationally
- recognised standard Assessment

To achieve a full certificate, delegates must pass all theory papers and practical assessments.

# Counterbalance to Reach

# Reach to Counterbalance

**T**SSA

BOOKING		BOOKING	
DURATION		DURATION	
Two Days		Two Days	
FEES (+VAT)		FEES (+VAT)	
Member	£545	Member	£5
Non-Member	£640	Non-Member	£6
START DATE	S	START DATES	5
2015	19 October	2016	11 Aj
2016	11 July		



# Lift Truck Instructor -ITSSAR Accredited (Novice or Requalification)

Larger organisations may have a number of lift truck operators and, at times, it makes sense to consider having an in house capability to train lift truck operators and to help your business maintain good systems of lift truck operations. This ITSSAR accredited course is deigned to install solid principles of practical and theory based training and is offered at two levels; a full Instructors course (10 days), for those new to instructing others, and a Re-qualification course (3-5 days dependent on the number of participants) for existing Instructors who must demonstrate they remain competent to instruct to current standards.

This course complies with the recommendations of the Health & Safety Commission Approved Code of Practice and Supplementary Guidance for Rider Operated Lift Truck Operator Training (L117).

### Objectives

On completion of this course, Instructors will:

- Be able to demonstrate their ability to plan and prepare practical instruction to a minimum standard
- Construct, conduct and objectively mark a practical test of operator's ability to the HSE standard

## Course Overview

- Corrective tuition and driver safety test
- Practical test
- Legislation
- Basic principles and role of the Instructor
- Principles of instruction
- Simple skills analysis
- Classroom demonstration
   and administration
- Daily safety checks and operating practice
- Truck familiarisation
- Operating and
- corrective tuition
- Guided preparation for
   a practical lesson plan
- Deliver practical lesson plan to a trainee
- Feedback on strengths and weaknesses
- Introduction to the ITSSAR test
- Guidance throughout on all aspects of practical lesson preparation, use of marking sheets, practical test and certification of operators

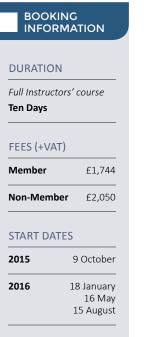
## Assessment

Participants will be required to conduct a role playing scenario as the instructor/ examiner, practising both practical and theoretical lesson formats, examining operators to a pre-determined level of competence. In addition, they will have undergone appropriate theoretical and practical tests of basic skills and knowledge as both operator and instructor/ examiner, as endorsed by the appropriate accrediting bodies.

## Qualification available

Successful candidates will be certificated and their details placed on the ITSSAR National Register of Lift Truck Instructor/Examiners.

# Full Instructors' course



# Requalification course

DURATION	1	
Re-qualifica	tion cours	se
Three to Fiv (depending		
of requalific	ation)	
FEES (+VA	Г)	
Member £866		
Non-Member £1,017		
START DAT	TES	
2015	16 Octo	be
2016	25 Jani	uary



# Engineering Skills

We regularly use PETA for employee training due as they deliver training packages that are consistently of a high standard, delivered in a concise format that not only provides the information required, but also made interesting and relevant to our working practices here. We would definately recommend using PETA training courses to any other companies that are looking to invest in training for their employees.

Straightpoint UK Ltd

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# The PETA Engineering Training Centre







The PETA Engineering Training Centre is located near to local industry and transport in Havant and offers employers and young people access to a well equipped Training Centre for the provision of engineering skills and Apprenticeship training.



Within the centre, skills such as Machining/CNC, Mechanical, Electrical, Electronics, Fabrication and Welding can be delivered from introductory to advanced level.

Our qualifications are mainly registered through EAL who is the specialist, employer-recognised awarding organisation for the engineering, manufacturing, building services and related sectors.

You are welcome to visit the centre and see what and how we do things and talk to our experienced staff about how we can assist in your skills development. Please call us on 023 9245 4445 or e-mail enquire@ peta.co.uk to make an appointment.



# Level 3 Award In Requirements for Electrical Installation BS7671 (17th Edition) : June 2008 (2015)

This qualification is aimed at personnel involved in the electrotechnical sector such as electricians, designers, inspectors who wish to update their knowledge to the IET Wiring Regulations Seventeenth Edition incorporating amendment Three (2015).

#### Objectives

Completion of this qualification provides evidence that you are working to the latest wiring regulations.

- Course Overview The course is a four day
  - delivery with an assessment exam on a fifth day. The Course covers the full content of BS7671: IET Wiring Regulations Seventeenth Edition incorporating amendment Three (2015). The Regulations apply to the design, erection and verification of electrical installations, and also

additions and alterations

to existing installations.

## About this Qualification

Is a QCF qualification and his accredited by EAL awarding body at level three.

Is recognised by industry, and was developed in conjunction with the NICEIC, ECA and Summitskills; the sector skills council for building service engineering.

#### The Assessment

Is a 60 question, multiplechoice, 2 hour online exam.

#### Please note

You will require your own copy of the Wiring Regulations 17th Edition.

#### BOOKING INFORMATION

### DURATION

Four Days plus half day assessment exam

#### FEES (+VAT)

Member	£415
Non Mombor	£100

### START DATES

Due to the nature of this training, we offer this course on demand and dates are available on application.

# Introduction to Electrical Principles

This course will give you a basic working knowledge of the principles of electrical engineering and will also cover safe working practices.

## Objectives

On completion of this course, delegates will be able to;

- understand the basic electrical principles and how they apply in electrical circuits
- additionally, delegates will be shown how to work safely and competently with electrical equipment, including operating techniques and the various symbols and icons which are important to understand
- Course Overview
- Practical application wire an intermediate lighting circuit,
  - a ring main circuit, a motor control circuit and wiring of iunction boxes and terminals
- Electricity at Work Regulations 1989
- Introduction to 17th Edition • Electrical safety, safe system
- of work and permit to work • Ohms law, relationship between voltage, current and resistance and basic electrical calculations
- AC Generation and Transformer Principles
- AC Starters- theory of operation
- Protection devices including fuses. MCBs. RCDs and RCCBs

- Understanding simple electrical drawings and simple circuit diagrams
- Identification and use of a range of electrical cables Electrical systems testing
- continuity, polarity, insulation resistance
- Measurement of voltage, current and resistance
- Basic electrical fault diagnosis
- Earthing, bonding, insulation of electrical circuits

## BOOKING INFORMATION

## DURATION

Four Days

# FEES (+VAT)

f649 Member

Non-Member f765

### START DATES

Due to the nature of this training, we offer this course on demand and dates are available on application.

# **Basic Soldering**

This short course focuses on the principles, safe practices, best-practice techniques and skills of soldering. After completing this course, you will have a broad basic knowledge of how to solder and will be able to work at a good level of competency.

#### Objectives

By the end of this course delegates will be able to understand the theory of soldering along with safe practices and techniques that will ensure their soldering work is of a high quality.

### Course Overview

- Safe working practices
- Soldering tools and
- equipment Solders and the
- soldering process
- Component preparation
- Theory of Eutectic Materials
- Soldering Techniques
- Practical Exercises covering soldering of wires, soldering of Tag strips and THC PCB soldering
- Quality standards & Common faults
- Handling Static Sensitive components
- Desoldering techniques

## Further soldering courses available

#### Intermediate

Identifying THC and SMDs; surface mounted device soldering techniques; introduction to SMD re-work; soldering and handling circuit boards; securing and fixing components; adhesives; quality requirements.

#### Advanced

(only available as an incompany sponsored course)

Benefits of surface mounting; SMD assembly techniques; oven profiling applications; inspection techniques; BGA soldering techniques; re-work of fine pitched SMDs. Please call to discuss your requirements.

#### BOOKING INFORMATION

DURATION

One Day

## FEES (+VAT)

Member £226 Non-Member £265

### START DATES

Due to the nature of this training, we offer this course on demand and dates are available on application.

# Competence Assessment for Changing Abrasive Wheels

If you are changing any abrasive grinding discs/wheels, it is in the interest of Health & Safety and the requirement of the PUWER Regulations 1998 that you are competent to undertake the changing of such wheels. This Assessment is designed for personnel responsible for the mounting of abrasive wheels.

### Objectives

By the end of this course delegates will be able to select and change abrasive wheels which meet both their company requirements and those of the PUWER Regulations 1998 in a safe manner.

### Course Overview

- Health & Safety Regulations including the selection of correct PPE.
- Theoretical knowledge and data for correct wheel selection and correct stowage of abrasive wheels.
- Appreciation of safe working procedures and practice related to changing abrasive wheels. (This varies depending upon type of machine).
- A check list will be used to assess the delegate for competence on changing abrasive wheels for each machine that the delegate is or will be designated as being responsible for changing such abrasive wheels.

### Certificate

A Certificate of Competence will be issued on successful completion.

#### Please note

This course is delivered on customer premises.

#### Company sponsored event

Training/facilitation is available on a company sponsored basis and will be provided for your staff on a date which is mutually agreed.

# BOOKING

### DURATION, FEES AND START DATES

This is a company sponsored event.

Training/facilitation is available on a company sponsored basis and will be provided for your staff on a date which is mutually agreed.

Fees vary depending on location, number attending and level of training/facilitation required. This ensures the content is tailored to meet your organisation's very specific needs – please contact us on 023 9245 4445 or email enquire@peta.co.uk

# Introduction to MIG Welding

This course focuses on safety and the best-practice techniques and skills of MIG welding. The course combines theory and practical instruction, and attendees will learn how to manage and assess MIG welding tasks as well as how to tackle a welding task yourself.

#### Objectives

On completion of this course, delegates will be able to:

- check the equipment is set up safely
- explain potential dangers that can arise by the incorrect use of the equipment
- weld in the flat position
- adjust voltage/current to suit work
- recognise and rectify faults and causes

## Course Overview

- Safe working practices (personal, electrical and equipment)
- Welding terminology and weld symbols
- Setting the weld conditions
- Care and use of gas
   cylinders, hoses and valves
- Appreciation of gas
   pressure and flow rates
- Setting up procedures and tack welding
- Selection and use of electrode wire
- Practical exercises in welding techniques of lap and butt joints
- Identification of welding defects and rectification requirements

#### BOOKING INFORMATION

# DURATION

**Five Days** 

## FEES (+VAT)

#### Member £811

Non-Member £954

# START DATES

Due to the nature of this training, we offer this course on demand and dates are available on application.

# Introduction to TIG Welding

The course builds upon basic welding knowledge, and focuses on the principles, procedures, safety practices and dangers associated with TIG welding.

## Objectives

On completion of this course, delegates will be able to:

- check the equipment is set up safely
- select the correct sizes of filler rods and electrodes and use a torch control safely
- identify and report faults

## Course Overview

- Safety in the use of equipment
- Personal and Electrical safety
- Type of current and its effects
- Types of electrodes
- Cleaning procedures
- Correct set-up and tacking procedures
- Correct use of torch control
- Torch and filler rod anglesElectrode sharpening
- technique • Welding technique
- Single run technique
- Rectification of faults
- Fillet and lap joints in the flat position
- Practice to reach an acceptable standard

# BOOKING INFORMATION

## DURATION

Five Days

FEES (+VAT)

Member £811

Non-Member £954

## START DATES

Due to the nature of this training, we offer this course on demand and dates are available on application.

# Introduction to MMA Welding

The course focuses on giving you a practical understanding of basic Manual Metal ARC (MMA) welding skills and will enable you to understand how welding works, basic safety measures and the benefits and drawbacks of using different types of equipment and different welding styles on tasks.

#### Objectives

On completion of this course, delegates will be able to:

- check the equipment is set up safely
- weld in the flat position
- identify and correct faults

#### Course Overview

- Correct safety procedureselectrical and personal safety
- Type of current used: AC/DC
- Recognise type of joints
- Correct set-up and tacking procedures
- Types of electrodes
- Correct setting of machine
- Correct use of electrodes
- Correct use of electrode angle
- Fillet and lap joints in the flat position
- Rectification of faults
- Single run technique

#### BOOKING INFORMATION

DURATION

#### Five Days

# FEES (+VAT)

# START DATES

Due to the nature of this training, we offer this course on demand and dates are available on application.

# Introduction to Oxy-Acetylene Cutting

This is a very practical course that focuses on the basic theory, skills and safety procedures behind oxy-acetylene and gas cutting. After attending this course, you will be able to operate oxy-acetylene machinery safely and competently.

#### Objectives

On completion of this course, delegates will be able to:

- identify the potential dangers of using oxyacetylene equipment
- recognise and circumvent faults
- select the correct cylinder pressure and choose the correct size of cutting nozzle

### Course Overview

- Safety in the use of the equipment
- Safe handling of equipment
- Personal safety
- Distortion control
- Care and maintenance
   of equipment
- Faults and causes
- Rectification of faults

#### Please Note

This course is delivered on customer premises.

# BOOKING

### DURATION, FEES AND START DATES

This is a company sponsored event.

Training/facilitation is available on a company sponsored basis and will be provided for your staff on a date which is mutually agreed.

Fees vary depending on location, number attending and level of training/facilitation required. This ensures the content is tailored to meet your organisation's very specific needs – please contact us on 023 9245 4445 or email enquire@peta.co.uk

All our courses can be tailored to suit you ... Ask us www.peta.co.uk enquire@peta.co.uk 023 9253 8700

# Introduction to Milling

Mills are highly technical and require specialist training. This course is extremely safety-focused and will enable you to operate to a high standard of safety.

### Objectives

delegates will be able to;

produce horizontal,

• set, test, control and adjust

all the machine elements

vertical and angled faces,

closed and open slots

• chamfer and drill to a

competent standard

### Course Overview

- On completion of this course, · Machine safety and guarding
  - · Understanding of machine controls
  - Use of measuring equipment i.e.: verniers, micrometers and dial test indicators
  - · Work holding devices
  - Basic cutting tool identification and setting
  - Reading and interpretation of engineering drawings
  - Understanding and calculation of speeds and feeds
  - Clocking in of machine vices or other work holding devices
  - Basic milling operations producing: horizontal, vertical and angled faces; closed and open slots; chamfering and drilling
  - Drilling, reaming and threading
  - Understanding and using digital readouts (DROs)

#### BOOKING INFORMATION

# DURATION

### **Five Days**

#### FEES (+VAT)

Member £823

Non-Member £970

## START DATES

Due to the nature of this training, we offer this course on demand and dates are available on application.

# Introduction to Turning

Lathes are highly technical and require specialist training. This course is extremely safety-focused and will enable you to operate to a high standard of safety. Attending this course will enable you to operate the machinery effectively and safely.

## Objectives

On completion of this course, delegates will be able to;

- use digital readouts and dials
- calculate speeds and feeds
- use of automatic feeds
- understand machine axis
- use tailstock and compound slide
- use attachments and precision techniques

## Course Overview

- · Machine safety and guarding
- · How to read and use
- measuring tools
- · How to use feeds and speeds
- Tail-stock and running centre drilling, reaming & threading
- Precision techniques of turning diameters and boring holes
- Understanding drawings
- Facing/Parting off · Machining shoulders and chamfers
- Basic cutting tool identification and setting
- Machining angles using compound slide
- Understanding and using digital readouts (DROs)

### BOOKING INFORMATION

DURATION

**Five Days** 

### FEES (+VAT)

Member

Non-Member £970

£823

## START DATES

Due to the nature of this training, we offer this course on demand and dates are available on application.

£415

# EAL Level 3 Award In the In-Service Inspection and Testing Of Electrical Equipment (PAT)(QCF)

This qualification is aimed at those who wish to carry out formal visual inspection, and inspections and tests of electrical equipment, electricians who wish to enhance their knowledge skills and those who wish to pursue a career in the electrotechnical/building service sector.

## ★ NEW COURSE

#### Objectives

Inspect and test an item of class I and II electrical equipment to current industry standards. Interpret the test results and determine if the equipment is OK to use and determine your ability to complete appropriate documentation

#### Course Overview

The course is a four day delivery with a practical assessment and on-line exam on the fourth day.

The qualification covers, the skill and knowledge required to carry out the in-service inspection and testing of electrical equipment. This Award has one unit which covers: statutory and non-statutory requirements, electrical units, equipment construction; inspection and testing theory, practical inspection and testing of equipment and completion of documentation.

#### This Qualification

- Is a QCF qualification and is accredited by Ofqual at level three.
- Is recognised by industry, and was developed in conjunction with the NICEIC, ECA and Summitskills; the sector skills council for building service engineering

#### Objectives

- One on-line screen exam (open book).
- A Centre marked practical task.
- Must pass BOTH the assessments to achieve the qualification.

#### Please Note

You will require your own copy of the IET Code of Practice for In-service Inspection and Testing of Electrical Equipment.

#### BOOKING INFORMATION

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DURATION
Four Days
FEES (+VAT)
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Member

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Non-Member £490
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## START DATES

Due to the nature of this training, we offer this course on demand and dates are available on application.



# Engineering Apprenticeships are great for your business

An Apprenticeship is a nationally recognised training programme which is predominantly work-based and can be used to train both new and existing employees for which funding is available from the Skills Funding Agency.

We work extensively with employers to source, preselect, mentor and train young adults entering the world of work via an Apprenticeship.

We have many employers who recruit year on year recognising the importance of keeping the skills levels fresh throughout their business for now and the future.

Whether you employ new staff or embark existing staff onto

an Apprenticeship programme, there are no changes to your usual employment conditions- they are the same as any other employee.

If recruiting new, PETA does all the work for you and you simply select the best candidates to suit you and then induct them as you would with any other employee.

So ask us how Apprenticeships can help your business . . .

Call 023 9245 4445 or email apprenticeships@peta.co.uk to get started!



PETA is an excellent organisation. The facilities are first class. The catering and staff are outstanding.

120

Eaton Aerospace

# Advisory and Consultancy Services

Health, Safety & Environmental ... Managed Training Service ... HR service ... Quality systems ... Business Improvement ... Database Development ... Graduate Development ... a wide range of flexible support services tailored to your specific needs ...

We can offer a personalised level of support to enable you to move critical projects and work activities forward, particularly when you require the input of experts in their field, or purely when there are just not enough hours in the day to get things done! From as little as one hour through to a regular schedule of visits, or an agreed project plan, our service is priced on clarity with no hidden extras. This means, you can decide how little or how much support you need. Our services cover a wide ranging scope of activities and the following provides a snapshot of the some of the areas where we can assist.

# Safety, Health and Environmental

Our qualified and experienced team of safety, health and environmental professionals can deliver safety audits and inspections, policy development and revision, OHSAS 18001 implementation support, risk assessments, toolbox talks, lift truck operator assessment, accident/incident investigation, response to HSE visits, environmental audits (legislation compliance, waste management etc.), support with ISO 14001 implementation and more.

# **Training and HR**

The Training and HR Advisory and Consultancy service can be tailored to cover a range of HR related activities to suit your needs and can be delivered either as a regular schedule of visits over a period of time or ad hoc to suit. This service is wide and varied and can be used, for example, in the implementation of HR policies and procedures, co-ordination of your training function or even the drafting of an employee handbook as a project, leaving your HR team free to concentrate on other priorities.

# **ICT Applications Support**

Providing an ICT professional with a range of expertise in differing applications to offer database development, creating forms and templates, linking and rationalisation of spreadsheets, integrating new initiatives such as SharePoint, IT mentoring service (personalised one-to-one support), IT skills analysis and assessment, and setting up METRICS and Dashboards.

# **Continuous Improvement**

Personalised consultancy support to enable you to move vital initiatives such as business efficiency, streamlining and quality systems management forward.

# The benefits of our services are clear . . .

- Access to expertise with the latest information, legislative updates and best practice
- A dedicated resource focused on a specific task with no distractions
- Cost effective and flexible delivery as little or as much as you like
- No direct delays to your business operation, saving you time so you can focus on your business
- Results driven, with clear objectives defined right from the start

# Venue Hire at PETA

# NUMBER OF ROOMS: 13 MAXIMUM ROOM CAPACITY: 120

Our outstanding conference and venue hire facilities are professional, organised and welcoming, perfect for hosting that all important event. From large conferences through to small meetings, we have a wide selection of rooms available that will perfectly meet your needs.



# Free as standard to your venue hire

- ✓ A dedicated PETA event co-ordinator to plan your perfect venue hire with you
- ✓ Reception and hosting to greet your attendees
- ✓ WiFi connectivity
- ✓ Full audio and visual capability
- ✓ Interactive Whiteboards
- ✓ Refreshments (Tea/Coffee/Juice) on arrival, mid morning, at lunch and mid afternoon)
- ✓ Filtered water in all rooms
- ✓ Parking on site
- ✓ Shower facility
- ✓ Delegate packs, paper, pens and flip charts

# Benefits of selecting PETA as your venue

- ✓ A professional environment and comfortable environment
- $\checkmark$  Rooms set up to your preference to facilitate your event
- ✓ Easy access from the M27 and public transport links
- ✓ Flexible hire options, morning, afternoon, evening or all day
- Catering options allowing you to select what suits your budget and eating preferences
- ✓ Air conditioned rooms
- ✓ Disabled access and hearing systems
- ✓ Photocopying service if required

# Full catering options

- ✓ Breakfast, lunch and dinner available to suit your needs and served in our comfortable dining hall
- ✓ Our room hire also includes refreshments (tea, coffee, fruit juice and biscuits) as standard



# Our prestigious large conference room

- ✓ Comfortable seating for up to 120 people
- $\checkmark$  Wide stage and lectern for professional presentations
- ✓ Large screen and projector with lighting options
- ✓ Audio system with choice of 3 microphone types

# Seven specialist training suites

- ✓ Ideal for groups up to 30 people per room
- $\checkmark$  Interactive smartboards and flipcharts
- ✓ Wifi connectivity

# Three spacious computer suites

- ✓ Ideal for up to 8-12 people per room
- ✓ Interactive smartboards and flipcharts
- $\checkmark$  Wifi connectivity and internet networks
- ✓ Additional tutor workstations

# Two large relaxing break out areas

✓ Free to use with your booking

# Two intimate meeting rooms

✓ Free to use with your booking

# **DISCOVER MORE**

Your hire is personal to you and to ensure that we fully understand your requirements, please contact us for an informal discussion or a noobligation visit to our facilities to see what we can offer you . . .

# Experience our great value and personal service ...



# Great value venue

Conference Suites		Member	Non- member
Half Day	Up to 6 people	£75	£93
9.00 am - 12.30 pm	Up to 14 people	£131	£163
1.00 pm -	Up to 30 people	£181	£225
4.30 pm	Up to 60 people	£318	£395
	Up to 120 people	£479	£595
<b>Full Day</b> 9.00 am - 4.30 pm	Up to 6 people	£109	£135
	Up to 14 people	£181	£225
	Up to 30 people	£280	£348
	Up to 60 people	£459	£570
	Up to 120 people	£685	£851
Evening	Up to 14 people	£158	£196
<b>Hire</b> 6.00 pm -	Up to 30 people	£232	£289
10.00 pm	Up to 60 people	£397	£494
	Up to 120 people	£599	£745

Computer Suites		Member	Non- member
<b>Full Day</b> 9.00 am - 4.30 pm	Up to 12 people	£335	£418

# Please note

For all fees, please remember to add VAT. Additional hourly charge outside of the above times will be charged at  $\pm$ 15.50 per hour, per room.

# Your catering choices

We offer a range of catering options and can be flexible to suit your budget or needs. We take pride in our famously delicious in-centre catering service that can provide anything from hearty three-course hot meals to fancy finger buffets and light snacks. Call us to speak with our Conference Co-ordinator to develop a menu just for you.

Tea, coffee, juice and biscuits are provided in our super Dining Hall on a self-service buffet arrangement.





# **Apprenticeships**



# What is an Apprenticeship?

An Apprenticeship is an achievement to be proud of; it's a predominantly work-based learning programme that will ensure your employee has the practical skills and qualifications your organisation needs now and in the future. The mixture of on and off the job learning ensures they develop the skills that work best for your business. The content of the Apprenticeship is designed by business representatives from the relevant industry sectors working with the Sector Skills Councils and because they genuinely understand business, the training will be relevant to you and will build your skills capacity.

Apprenticeships are not only a cost effective way to harness fresh new talent but also to train existing employees that are taking up a new role and developing those that will progress to a senior role within the organisation or achieve professional status. In the majority of cases funding is available from the National Apprenticeship Service.

An Apprenticeship is not just about gaining nationally recognised qualifications but also ensuring the knowledge and skills learnt are developed through significant time on the job. Depending on the sector and job role an Apprenticeship can take anything between one and four years to complete.

# Apprenticeships really work for your business

Why? Because they can and really do make a difference to business and deliver real returns to the bottom line. They can make your organisation more efficient, productive and competitive by addressing your skills gaps directly and can be more cost effective than hiring skilled staff, leading to lower overall training and recruitment costs. They are designed to help those involved reach a high level of competence and performance.

When you take on an Apprentice the whole organisation can benefit with existing employees acting as mentors to the Apprentices and enjoying looking at learning from the new perspective of the Apprentice.

With a ready made labour pool to select candidates, and a proven way to train young people there's bound to be a business case where your organisation would benefit from employing an Apprentice.

PETA has extensive experience of delivering Apprenticeships and is recognised as one of the South's leading providers of vocational skills training. So, working together, we can train your future workforce and equip them with the skills, competencies and expertise your business needs now and in the future.

# **PETA specialises in:**

- ✓ Business Administration
- ✓ Customer Service
- ✓ Information Technology
- Management and Team Leading
- ✓ Engineering:
  - Machining and CNC
  - · Fabrication and Welding
  - · Maintenance Engineering
  - · Electrical / Electronic Engineering

# **PETA offers Apprenticeships at:**

- ✓ Intermediate Level
- ✓ Advanced Level
- ✓ Higher Level

# **Apprenticeship levels**

There are three levels of Apprenticeship available which allow people to study at the right level commensurate with the occupation for which they are being trained.

### Intermediate Apprenticeships

Intermediate level Apprentices work towards work-based learning qualifications at Level 2 including a competence and knowledge based qualification such as Certificate or Diploma and Functional Skills. The Intermediate Apprenticeship is equivalent to 5 GCSEs at grade A\* to C.

#### Advanced Apprenticeships

Advanced level Apprentices will be employed in more technical and complex roles and work towards workbased learning qualifications at Level 3 including a competence and knowledge based qualification such as a National Certificate and Functional Skills. The Advanced Apprenticeship is equivalent to 2 A Level passes.

#### **Higher Apprenticeships**

Higher level Apprentices will be employed in technical or complex roles and on a route to professional status or a senior role within the organisation. They will work towards work-based learning qualifications at Level 4 including a competence-based qualification, Functional Skills and, in some cases, a knowledge-based qualification such as a Higher National Certificate or Foundation Degree.

# Apprenticeships

# **DISCOVER MORE**

Please call us on 023 9253 8724 or e-mail apprenticeships@peta.co.uk

# Traineeships



# What is a Traineeship?

A Traineeship is an education and training programme with work experience that is focused on giving young people the skills and experience that employers are looking for.

At its core are work preparation training, English and maths for those who need it, and a high quality work experience placement.

Traineeships can last from six weeks to a maximum of six months.

# What are the benefits of offering Traineeships?

With Traineeships, businesses can help develop the next generation of employees, equipping young people with the personal and practical skills required in the labour market.

- Employers can design a high quality Traineeship in partnership with PETA – ensuring it suits both the needs of your business and the needs of the learner.
- Employers can get ahead of the competition by bringing enthusiastic young people with their fresh ideas into their business before they get on to the job ladder.
- Traineeships will allow the employer to shape the skills and experience of young people from the local community, helping businesses to develop a loyal and talented workforce.
- Working with learners will give established staff the chance to develop their skills in mentoring and coaching young people.
- Employers can be eligible for an Apprenticeship Grant worth £1,500, if they transfer an individual from a Traineeship to an Apprenticeship.

# What will my business need to provide?

It is essential that the work experience placement is linked to the job the individual is looking to move into, PETA specialises in Business, ICT and Engineering. A PETA representative will discuss this with you at your first meeting and the work experience placement can last up to 6 months.

### Work experience placements should be

- Substantial and meaningful, providing a real workplace experience.
- A structured opportunity for the young person, matched to their areas of interest and aspiration, where they engage in purposeful work related learning activities rather than observation.
- Long enough to allow for the development and thorough embedding of new skills and behaviours.



#### Employers should be able to

- Pre-agree content prior to the start of a Traineeship.
- Identify a mentor to support the trainee and give them regular constructive feedback throughout the programme.
- If a position exists within your business that you commit to giving the learner an interview opportunity.
- If no Apprenticeship or job opportunity exists within your business at the end of the Traineeship, you provide a meaningful exit interview
- Provide a reference, where an opportunity does not exist, to help the learner secure an Apprenticeship or other employment with another employer.

# Is it a rigid training programme?

No, Traineeships are very flexible, a programme can be designed which suits your needs and those of the learner. PETA will assess the needs of the trainee and depending on the individual they will start the pre-employment elements including local business and sector information.

The work experience placement is core to the Traineeship – however it does not have to start on day one of a learner's Traineeship, but at the most appropriate time. A plan for when the trainee should start, the days they come in for work experience and how the programme is delivered will be agreed in advance. The process can be changed and finessed during the Traineeship so that both you and your learner get the best out of the programme.

# Are there any financial costs to offering Traineeships?

All training costs are met by Government funding. Employers are not required to pay young people taking part in Traineeships but are encouraged to support trainees with expenses such as transport and meals.

# How do I get started with Traineeships?

If you would like to consider offering a Traineeship, then do get in touch with our employer engagement team who will be pleased to walk you through the entire process.

Only providers such as PETA, who are rated 'Outstanding' or 'Good' by Ofsted at the start of the academic year are eligible to offer Traineeships.

Traineeships are a stepping stone to future success for young people, businesses and the wider economy.

# **DISCOVER MORE**

Please call us on 023 9253 8700 or e-mail enquire@peta.co.uk

# **PETA Membership**

# What is PETA Membership?

Membership of PETA is open to any organisation wishing to benefit from the extensive range of services we provide. There are currently over 300 members (see pages 143- 144) – many of which join PETA to access our expertise, courses and advisory services – but also to be part of a non-profit making organisation that is there for the sole benefit of its Members. Members also like the idea of being able to influence how PETA is run and, above all, have the security of knowing that there is always someone on hand to support them with training-related concerns or problems encountered during everyday business. Upon joining PETA your company becomes a part owner of the business and as a key stakeholder you will be invited to attend twice yearly Members' meetings which enables you to:

- $\checkmark~$  Keep up to date with the performance of PETA Ltd
- ✓ Be the first to hear of new training developments, initiatives and funding opportunities
- ✓ Network with other Member companies
- $\checkmark$  Tell us what you think about the services we provide
- ✓ Raise any issues you may have direct to the Council
- ✓ Influence and vote on PETA policy

# Membership benefits

The benefits offered by Membership rapidly recoup both the initial joining fee and annual subscription. Most organisations join because they trust us with their training and wish to take advantage of our quality training services and discounts.

## Substantial discounts

- ✓ 15% off Apprentice Monitoring and Assessment
- ✓ 15% off Professional Advisory Service
- ✓ 15% off Consultancy Support Projects
- ✓ 15% off Courses, Seminars and Workshops
- ✓ 20% off Training Room Hire

### Priority status

- ✓ Last minute booking offers and discounts
- ✓ Payment 28 days after commencement of service
- Eligibility to be elected to the PETA Board
- ✓ Priority response to calls for assistance

### Free services

- ✓ FREE Initial training health check
- ✓ FREE Telephone help-line limited over the phone assistance
- ✓ FREE Places on topical seminars and events
- ✓ FREE Web link from our list of Members to your website
- ✓ FREE Place per year on our Apprentice Mentoring Course for those companies employing PETA Apprentices

# **Membership** fees

Organisations wishing to take up Membership of PETA are required to pay both a joining fee and an annual fee at the rate commensurate with the number of permanent staff employed within their business at the time of joining and as detailed in the table below. All fees are subject to VAT at the prevailing rate.

Any organisation recruiting a PETA Apprentice and taking out Membership at the same time will receive two years' Membership for the price of one and a free place on our Apprentice mentoring course.

Membership Fees (1 September 2015 - 31 August 2016)				
Employees	Joining Fee	Annual Fee	Total Fee (excl. VAT) Charities * *	Total Fee (excl. VAT)
1 - 10	£100	£58	£142.20	£158
11 - 60	£100	£197	£267.30	£297
61 and over	£100	£374	£426.60	£474

£572

£604.80

£672

Please remember to add VAT at the prevailing rate.

£100

Group \*

- Group Membership is only available to those organisations who are registered as a parent company with legal subsidiaries. This does not include Associates.
- \*\* A 10% discount is applied to registered charities for the joining fee and annual fee for the first year of Membership. All subsequent years are charged at full price. Membership resignation and reapplication will not warrant a further discount.

# How to apply for PETA Membership

- Complete and sign a Membership application form. The form can be obtained from our website (www. peta.co.uk/membership) or ask us for your copy
- If applying for Group Membership, be sure to complete the subsidiary application form for each subsidiary business
- Include a cheque payable to 'PETA Ltd' covering both the joining and annual fee plus VAT at the prevailing rate
- Send original application with fees to "Membership, PETA Ltd, One Access Point, Northarbour Road, Portsmouth, Hants PO6 3TE

# You'll be in good company . . .

# The background to PETA

PETA Ltd (formerly known as Portsmouth Engineering Training Association) was founded in 1970 by Alex Zemenides when he was Managing Director of Sealectro Ltd. Together with five other companies he based the Association in Southsea. The combined vision of this group of companies was to establish an organisation, controlled by local business, that would be free from external influences to concentrate on the training and development of people employed in local industry and commerce.

# The motto of the company is still: "set-up by companies for companies"

PETA Ltd is a registered charity, directed by an executive council, elected from the Membership. It operates on a self-financing basis and is non-profit making, with funds reinvested to expand services and training.

PETA Ltd is now one of the largest and most respected training organisations on the south coast, and continues to build on this reputation.

# **DISCOVER MORE**

Membership is the best way to make huge savings on your training with PETA. You will find a special discounted Member's price in the booking information of each course. Turn the page to discover which companies are already saving with PETA Membership . . .

If you would like more information or wish to receive a visit to discuss how you could benefit from Membership, call us to arrange a no obligation meeting at your convenience.

# The PETA Council

The Councillors who run PETA are elected from Member Companies and are the strategic planners of the organisation, guiding the business to the benefit of its Member companies.

# PETA Council Officers

**Nick Loader - Chair** Financial Director - DP World Southampton

Ann New - Vice Chair HR Director - H+S Aviation Ltd

Bob Hiskey - Chief Executive Officer PETA Ltd

Judith Joslyn - Company Secretary PETA Ltd - Company Accountant



# PETA Councillors

Alex Zemenides Owner - A D Zemenides Associates (and Founder of PETA Ltd)

Mark Waring Managing Director - Mimtec Ltd

Kevin Rough Managing Director and Chief Operations Officer - Daniamant Ltd

Phil Deer Senior Learning and Development Manager - Whitman Laboratories Ltd

Simon Escott Managing Director - Portsmouth Aviation Ltd

Nick Iacobucci Managing Director - DKW Engineering Ltd

# **PETA Members List**

PETA Ltd is proud to list the many organisations who have seen benefit in joining and would like to thank each and everyone for their support and involvement in making PETA one of the largest and most respected training providers on the south coast.

- ABP Marine Environmental Research Ltd
- ABP Southampton
- Absolute Calibration Ltd
- Accuracy International Ltd
- Action Pumps Ltd
- AD Zemenides Associates
- Adler and Allan Ltd
- Advanced Maintenance Services Ltd
- AFFED

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- Affinion International
- Airbus Defence and
- Space LimitedAlitex Ltd
- Allclean Contract
- Cleaning Services LtdAllen Fencing Ltd
- Alresford Salads
- Apollo Fire Detectors Ltd
- Aquadition Ltd
- Aquila Nuclear Engineering Ltd
- Arrk Europe Ltd
- Ashford Colour Press Ltd
- Atlantic Refrigeration Ltd
- Atmosphere Control International Ltd
- Austin Divall
   Fabrications Ltd
- AVS Fencing Supplies Ltd
- B & M Clark (Builders) Ltd
- BAE Systems
   Maritime Services
- Bartholomews Agri Food Ltd
- Basepoint LimitedBF Engineering Services Ltd
- BF Engineering Service
- Bigneat Ltd
  Big Pure Ter
- Bio Pure Technology LtdBlake Morgan
- Blendworth International
- BMT Reliability
- Consultants Ltd
- Boeing Defence UK
- Bouygues UK
  Box-it UK I td
- Box-It UK Ltd
- Brymor Construction Ltd
- Building Monitoring Services Ltd

- C & G Building ContractorsCameron Flow Control
- Technology (UK) Ltd • Capita Communications
- and Control Solutions Capital Fabrication Ltd
- Carillion Health
- CDS Group Services Ltd
  - Chemring Countermeasures
  - Christopher Fairweather Ltd
- Chromalytic Limited
- Ciret Limited
- City Technology Ltd
  - Citymain Administrators Ltd
- Clip Interiors Ltd
- Cobham TCS Ltd
- Colt International Ltd
- Commercial & Domestic Aluminium Ltd
- Commercial Lighting Systems Ltd
- Compact Lighting Ltd
- Compass Contract Hire Ltd
- Compass Contrac
   Compassion in World Farming
- Swegon Cooling Ltd
- Coopervision Manufacturing Ltd (Hamble)
- Cougar Automation Ltd
- Country FareCovidien (UK)
- Commercial Ltd • CPI Card Group
- Petersfield LtdCredfeld Ltd
  - Custom Audio Designs Ltd
  - D & R Structures Ltd
  - Dack Property Management Company
- Dando Drilling
- International Ltd
  Daniamant Ltd
- Daktronics Ltd
- DataCard (UK) Ltd
- DC White & Partners
- Deltair Airmotive Ltd
- Denholm Wilhelmsen Ltd
- Dennison Doors Ltd
- Digits Industries Ltd

- Di-Spark Ltd
- DKW Engineering Ltd
  - Doncasters Trucast Ltd

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Hampshire Cosmetics Ltd

Hampshire Flag Company

Hayling Island Sailing Club

Hampshire Fire &

Rescue Service (HQ)

Hand Made Places

Hendy Group Ltd

Hi-Tech Precision

HiTek Power Ltd

Engineering (UK) Ltd

HN Butler Farms Ltd

Hornet Sailing Club

Huhtamaki (UK) Ltd

Ikiwi UK Ltd T/A Phone

Solutions UK Limited

Inchcape Fleet Solutions

Industrial Rubber Ltd

InTandem Systems Ltd

Itchenor Sailing Club

James Hardie Building

James Walker Keaflex

James Walker Keaflex

Johnson Controls Ltd

Jim Stokes Workshops Ltd

K & N Finishers (Southern) Ltd

JB Corrie & Co Ltd

Kayospruce Ltd

Kenwood Itd

Kern Ltd

**KB** Salon Supplies

Key Systems UK Ltd

ITT Industries

**ITW Switches** 

Products 1td

ITW Delfast

Incentive Facilities

Management Ltd

Hyde Housing T/A

Martlet Homes

Hvdroid Inc

Repair Doctor

IMS Technology

IAC Ltd

IDS UK

HS Butyl Ltd

Holbrooks Printers Ltd

Honeywell Analytics Limited

Harwin Plc

HASTF Itd

- Dorelbury Ltd
- Douglas Stafford Ltd
- DP World Southampton
- Drew Marine Signal & Safety UK Limited
- Driver Hire Portsmouth
  - Dryad Maritime Intelligence Service
  - Dunham-Bush Ltd
  - Eaton Limited
  - Eaton Ltd (Titchfield)
  - Elta Fans Ltd
  - ENL Ltd
  - ENSINGER Ltd
  - ESL Defence Ltd
  - Esprit Electronics Ltd
  - Essentra Packaging
  - Exosect Ltd
  - Fareham Shopping Centre
  - FCC Paragon
  - Fern-Howard LtdFirst Chapter

Consultancy Ltd

First Wessex Ltd

Fischer Connectors Ltd

Fresenius Kabi Oncology

Flowers Glazing Ltd

Formaplex Limited

Garmin (Europe) Ltd

GB Agencies Ltd

Engineering Ltd

GFA Searle Heat

Exchangers Ltd

Gemalto UK Ltd

GMT CNC Machining

Grand Lodge of Mark

Gosport Ferry Ltd

Master Masons

H&S Aviation Ltd

Halyard (M&I) Ltd

Hambrook Holdings Ltd

Graytone Ltd

HAFFItd

Gigatronix Ltd

GEA Process

# Thank you to all our Member Companies Your support is very much appreciated

PETA's Member companies and organisations come in all shapes and sizes and work within a vast spread of sectors and industries, so you'll be in good company! Join our fantastic Members and receive training discounts and more! Call 023 9253 8700 or email enquire@peta.co.uk now

- Knowlton and Newman Ltd
- KraftPowercon UK Ltd
- Landguard Systems Limited
- Langstone Harbour Board
- Language Specialist
- International Ltd
- Latchmore Roofing
- Lee on the Solent Golf Club
- Marlin Environmental
   Services Ltd
- Lewmar Ltd
- Linet UK Ltd
- Lynq Limited
- Martin & Porter Co Ltd
- Matchtech Group
- McMurdo Group
- Meggitt Avionics
- Mercator Media Ltd
- Metal Polishing Supplies UK Ltd
- MG Duff International Ltd
- Mimtec Ltd
- MMP Electrovibe UK Ltd
- MN Electrical Services Ltd
- Morgan IAT Ltd
- Morph PR & Marketing Ltd
- Moss Marine Construction Ltd
- Multi Packaging Solutions
- Natural Stone and Timber Ltd
- Natures Way Foods
- Neural Technologies Ltd
- Newhaven Port & Properties Ltd
- Nipro Diagnostics
   (UK) Limited
- Nolato Jaycare Limited
- Nordiko Technical Services Ltd
- North Harbour Unit Trust c/o Glidefern Property Mgt Ltd
- Novatech Limited
- Oil Spill Response Limited
- Optimus Flowers Ltd
- Outsource Electronics Ltd
- Oxford Innovation
- P & I Generators Ltd

- P & R Structural Glazing Ltd
- Pall Manufacturing UK Limited
- Paper Tech Europe Ltd
- Parish Council of Denmead
- Parkwood Leisure Ltd
- Parlex (Europe) Ltd
- PEI-Genesis UK Ltd
- Permabond Engineering Adhesives Ltd
- Pfeifer Ltd
- Pfizer Ltd
- Phillips Decorators Ltd
- PolarKold Distribution Ltd
- Polycast Ltd
- Portsdown Office Ltd
- Portsmouth Aviation Ltd
- Portsmouth Craft & Manufacturing Ind.
- Portsmouth Historic
   Dockyard
- Portsmouth
   International Port
- Portsmouth Publishing
   & Printing Ltd
- Portsmouth Water Ltd
- Porvair Filtration Group Ltd
- Power Tecnique Ltd
- Powertraveller
- PPG Design & Print
- Pratt & Witney Canada CSC Europe GmbH
- Precision Products
   (Portsmouth) Ltd
- Preformed Line Products (Great Britain) Ltd
- Pressco Precision Engineering
- PRS Machining Ltd
- Qioptiq Photonics Limited
- Radian Group Ltd
- Rawling & Sons Opticians
- Ravmarine UK Ltd
- RD Decs Ltd
- Red Funnel Group
- Ricardo UK I td
- Rimor I td
- Rockayne (Jersey) Ltd T/A Channel Island Lines
- Rolls-Royce Motorcars Ltd

Rowner Family Centre

Taxsense Accountants Ltd T/A Helpbox

Taylor Made Computer

Teledyne Impulse-PDM

Tews Engineering Ltd

The EC Roberts Centre

The English Provender

The Injury Care Clinics Ltd

The Lettuce Company Ltd

The Royal Maritime Club

Town & Country Covers Ltd

Transas Marine (UK) Ltd

Triumph Structures-

Farnborough Limited

Turbomeca UK Ltd

Ultimate Insurance

Ultramag Inspection

Vector Aerospace Ltd

James Walker Keaflex

Wallop Defence Systems Ltd

Vitacress Salads Ltd

Watermark Spas Ltd

Wessex Interiors Ltd

Wiggle Limited

Wilton Carpets Ltd

Winchester City Council

Zehnder Group UK - Ltd

Wightlink Ltd

Whitman Laboratories Ltd

Veolia FS Hampshire Itd

Services Limited

VES Andover Ltd

Viking Test Ltd

Wärtsilä UK Ltd

WASP Ltd

WFS Itd

TwistedPair I td

Solutions

•

•

Turbocam International

The Havant Sheet

TJ Transport Ltd

Trescal Ltd

Trimline Ltd

Total Fire (UK) Ltd

Metal Co Ltd

Technology Means Business

The Alarming Company Ltd

Solutions

Company

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- Saab Seaeye Ltd
- SAACKE Combustion Services Ltd
- Saith Limited
- Sanden International (Europe) Limited
- Scheidt & Bachmann (UK) Ltd Petrol Division
- Sea Talk Systems Ltd
- Sea-Fire Europe Ltd
- Seldén Mast Ltd
- Serco Project Solutions
  - SERCO Space & Security Skynet 5
- SES Controls Ltd
- Smart CCTV Limited
- SMR Automotive
   Mirrors UK Ltd
- Solartron Metrology
- Solent Mould Tools Ltd
- Solent Scale Services Ltd
- Solent Stevedores
- South Coast Insulation Services Ltd

Park Authority

Terminal Ltd

Association

Superstore

South Downs National

South Hants Glass Ltd

Southampton Grain

Sovereign Housing

Specsavers Optical

SPI Lasers UK Ltd

Services Limited

Spirit Circuits Ltd

Spur Electron Ltd

Sumika Polymer

Suunto OY T/As

Swan Retail Ltd

Suunto Diving UK

Sumo I td

Stannah Stairlifts Ltd

Straightpoint (UK) Ltd

Sue Wassall Optometrist

Sulzer Dowding & Mills

Compounds (UK) Ltd

Spinnaker Contract

Southampton Football Club

# **Booking Your Courses**

# When do the courses start and finish?

The majority of courses commence at 9.15 am and coffee and registration takes place from 8.45 am. Typically, courses finish between 4.30 pm and 5.00 pm. Lunch is provided for courses of one day or more and will be served within the Centre, usually between 12.30 pm and 1.30 pm. Refreshments are provided mid-morning, lunch time and mid-afternoon.

You will receive joining instructions approximately two weeks prior to course commencement which will provide full details regarding the course you are attending.

You should arrive so that you have some time to familiarise yourself with our Centre, have some refreshments before you start and take the opportunity to meet some of the people who are attending the same course.

# How will the training be delivered?

Our courses offer a balanced mixture of case studies, practical exercises and formal learning. They are conducted in a friendly environment where you will be encouraged to participate in discussion, express opinions and share ideas with fellow delegates. Each course is limited in number to facilitate interaction and group debate of individual circumstances.

# What do I need to bring with me?

In most cases you only need to bring yourself. There are occasions when the course will require you to bring information or prepare prior to the event and these requirements will be noted on your joining instructions.

# What if I need to contact the office or my colleagues need to contact me?

During the training we do request that mobile phones are switched off, to ensure the group is not distracted and you all gain the most from the day. We are happy to take messages on your behalf and pass them to you during the break times throughout the day. We also provide e-mail access in our reception area as well as wifi throughout the centre.

# What if I am disabled or have special needs?

It is essential that you contact us at the earliest possible opportunity so that we can make any necessary arrangements to accommodate your requirements. PETA Limited is committed to an equal opportunities policy which addresses the needs and rights of all applicants, learners and employees to be treated with respect and dignity, in an environment in which diversity of backgrounds and experience is valued. All reasonable adjustments will be made to ensure that disabled people are not disadvantaged and that they can attend our courses and take part in our training programmes secure in the knowledge that we will use every endeavour to meet their needs.

# Fees

All fees listed in the Directory are subject to VAT at the prevailing rate and include, unless otherwise stated, coffee, tea, lunch (for courses of one day or more) and all training materials, registrations. Accommodation is not included. PETA Ltd endeavours to maintain the fees quoted. If a change does become unavoidable, the right is reserved to increase fees without prior notification. However, every effort will be made to give as much notice as possible. When booking your course, please be sure to familiarise yourself with our terms which are detailed on the reverse of the booking forms.

# Do you provide services other than courses?

Yes, we have a wide range of support services which provide companies and individuals with assistance in many areas such as health and safety, computer software support, HR, training and development, quality systems and procedures and the provision of Apprenticeship training. Courses are one of many services offered and can be delivered either at our training centres, in-company or at an alternative venue.

# How to make a course booking

Course bookings may be made several ways;

- ✓ Online: www.peta.co.uk
- ✓ Telephone: 023 9253 8700
- ✓ Email : enquire@peta.co.uk
- ✓ Fax: 023 9220 1331
- $\checkmark$  Completion of our registration form
- In person at our offices and facilities

Telephone and email bookings should be confirmed as soon as possible as a booking is regarded as definite only when a completed registration form has been received. On receipt of a registration form it will be acknowledged within three working days confirming the course booked, the date and number of places reserved.

# How to pay

Members will be invoiced on commencement of training or delivery of a service unless otherwise agreed. Payment is to be made 28 days from date of the invoice.

Non-Members are required to pay at the time of booking and cash, cheque or credit card is acceptable. However, payment must be received PRIOR to course/service commencement. Should an invoice be required, this will be issued and payment will be required immediately. If a purchase order is required, quote the number on your booking forms.

Any questions you would still like to ask PETA? Call us on 023 9253 8700 or e-mail enquire@peta.co.uk

# Your PETA Course Booking Form

Registering for a course couldn't be easier - Simply fill out the form below and return it, or contact us and ask us to register for you.



PLEASE USE BLOCK CAPITAL LETTERS WHEN FILLING OUT THIS FORM . . .

# **COURSE DETAILS**

Please enrol the following delegate(s) on:

Course Title	
Date Commencing	Fee (+VAT)
Title, First Name, Last Name	£
Title, First Name, Last Name	£
Title, First Name, Last Name	£
	Total ( <i>Excluding VAT</i> ) : £

# **COMPANY DETAILS**

Company Name

Address including Postcode

#### Telephone

## **INVOICE ADDRESS**

Please invoice company and address as above:

Invoice Company Name

Invoice Address including Postcode

## **AUTHORISATION**

I confirm the course booking details are correct and agree to be bound by the booking conditions shown overleaf:

Name	Position	
Signature	Date	
To whom correspondence should be addressed		
E-mail		
I enclose a cheque made payable to PETA Ltd for	£	(Total amount including VAT)
Purchase Order Number	Or as a member of	PETA, please invoice my organisation (please tick)

## PLEASE COMPLETE AND RETURN TO ...

# **PETA Course Booking Terms and Conditions**

Our aim is to make your training experience with us as comfortable and pleasant as possible. Here is some key information you may need to know prior to training with us. Your booking form is overleaf . . .

All courses are subject to the following terms and conditions: If you require any further information, please contact us on 023 9253 8700 or e-mail enquire@peta.co.uk

# **Course bookings**

Course bookings may be made by either completing the registration form overleaf, telephone, e-mail or via our website. Telephone and e-mail bookings should be confirmed as soon as possible as a booking is regarded as definite only when a completed registration form has been received. On receipt of a registration form it will be acknowledged confirming the course booked, the date and number of places reserved. Provisional bookings can be accepted but when the numbers on a particular course are approaching the maximum, provisional bookings will be asked either to immediately confirm or agree to be transferred to the next course.

# **Course fees**

Course fees for Member Companies are payable within 28 days of the date of invoice. For non-members, we require payment with booking. Fees also cover, unless otherwise specified, coffee, tea, lunch (for courses of one day or more) and all training materials, but not hotel accommodation. All fees are subject to VAT at the prevailing rate.

PETA endeavours to maintain fees quoted. If a change does become unavoidable, the right is reserved to increase fees without prior notification. However, every effort will be made to give as much notice as possible.

# **Registration Fees**

Registration fees for accredited programmes are not refundable or transferable.

# Joining instructions

Joining Instructions are dispatched approximately two weeks before the course is due to commence. These give details of venue, start time, car parking facilities and any other relevant information for the course.

# **Transfers and cancellations**

First transfer and cancellation fees Substitutions may be made at any time up to the start of the course. Transfers and late cancellations will, however, incur the following charges based upon the time of receipt of written notification (a fax or e-mail is acceptable) prior to the course commencement date.

Working Days	Substitutions	Transfers	Cancellations
11-15	Free	Free	25 % Fee
6-10	Free	25 % Fee	50 % Fee
Less than 6	Free	50 % Fee	Full Fee

Delegates who fail to attend will be charged the full fee.

Second and subsequent transfers and cancellations The following charges shall apply to second and subsequent transfers instigated by the customer.

Working Days	Substitutions	Transfers	Cancellations
Any time following first transfer	Free	50 %	Full fee

Any transfer instigated by PETA Ltd will not be charged to the client. However, where the client agrees to the transfer, and then subsequently cancels the booking or effects a further transfer then the above charges shall apply. Nominees who fail to attend will be charged the full fee.

years of service

### PETA cancellation

In the event of cancellation for any reasons whatsoever or howsoever by PETA Ltd, the limit of PETA's liability shall be to use its best endeavours to give notice of such cancellation and no further.

Thank you for booking your training with PETA. We trust that you w<u>ill</u> enjoy the PETA experience.