



Association for Training on Trauma and Attachment in Children

Hope for Healing:
One-day Intensive Attachment Training for Professionals and Parents
Thursday, November 5, 2015
8:30am-4:30pm

Hosted by **Yellow Medicine County** at
Prairie's Edge Casino
5616 Prairies Edge Lane
Granite Falls, MN 56241

Join other inspired professionals and parents as they learn and train to improve the lives of children and families.

Outline of the Day:

- Attachment and attachment theory
- Attachment across generations
- Attachment, developmental trauma, and the brain
- Loss and grieving
- Behavioral outcomes of developmental trauma, neglect, and early separations
- Attachment-focused parenting
- Supporting your child in the school system

Learning Objectives:

- 1) Define attachment – both adult and child styles of attachment.
- 2) Describe the intergenerational relationship of attachment styles. Identify personal triggers for anger / fear / rejection.
- 3) Describe Window of Tolerance and arousal levels associated with survival mechanisms in the brain.
- 4) Describe the losses felt by parents and children. Understand the relevance of grief in the lives of those affected by trauma and loss.
- 5) Describe the behaviors associated with attachment difficulties and developmental trauma.
- 6) List five strategies of attachment-focused parenting.
- 7) Identify five strategies that are helpful for schools.

Who Should Attend?

- ♦ Parents
- ♦ Adoptive parents
- ♦ Foster parents
- ♦ Kin-carers
- ♦ Therapists
- ♦ Social Workers
- ♦ Counselors
- ♦ Nurses
- ♦ Early Childhood Educators
- ♦ Child and Youth Workers
- ♦ Marriage and Family Therapists
- ♦ Pediatricians
- ♦ Family doctors

To Register, email questions@attach.org or call 612-861-4222.

Association for Training on Trauma and Attachment in Children

310 E 38th Street, Suite 215 • Minneapolis, MN • 55409 • (612) 861-4222 • questions@attach.org • www.attach.org

Additional Information

This is an intermediate training and the Target Audience has been identified as: parents, adoptive parents, foster parents, kin-carers, therapists, social workers, nurses, early childhood educators, child and youth workers, marriage and family therapists, counselors, pediatricians, and family doctors.

Agenda of the Day

- 8:00a Registration, light breakfast and refreshments
- 8:30a Introductions
- 8:45a Relationship Blueprints and Parenting Roadmaps
- 9:45a Break, refreshments
- 10:00a Attachment, Trauma, and the Brain
- 11:00a Loss: The Hidden Trauma
- 12:00p Lunch (on your own)
- 1:00p Behavior Speaks Louder Than Words
- 2:00p Break, refreshments
- 2:15p Therapeutic Parenting: A New Roadmap
- 3:15p And off to school we go....
- 4:00p Discussions and developing supports
- 4:30p Close

Continuing Education Credit

Six Continuing Education (CE) credits are being offered for this workshop for a separate \$25 fee.

To receive CE Certification, you must complete the evaluation form and sign in and out on the attendance sheet. CE Certifications will be mailed out approximately 3-4 weeks after the conclusion of the workshop.



MARY M. MCGOWAN, ATTACH Executive Director, is adoptive parent of five and an experienced trainer who teaches and consults across the country and worldwide. Mary completed her undergraduate degree in Psychology with minors in Community Violence Prevention and Child Development, and is currently completing her graduate work in Clinical Psychology and Counseling. Mary holds several National Certificates including Therapeutic Crisis Intervention for Family Based Placements (TCIF) from Cornell University, and is a Nationally Certified Family Group Decision Making Facilitator (FGDM). Mary has been hailed as a nationally-renowned speaker and delivers her vast experience in an engaging and practical manner.

If you have special needs, questions, concerns, or if you have a grievance, please contact Mary McGowan, ATTACH Executive Director, at 612-861-4222 or by email at questions@attach.org.



**Association for Training on
Trauma and Attachment
in Children**

310 E 38th Street, Suite 215
Minneapolis, MN 55409

Local: 612-861-4222
Fax: 612-866-5499

www.attach.org
attachorg@gmail.com

**Hope for Healing:
Attachment Training for Professionals and Parents
Thursday, November 5, 2015
8:30am-4:30pm**

Hosted by Yellow Medicine County at
Prairie's Edge Casino
5616 Prairies Edge Lane
Granite Falls, MN 56241

Please complete the following and fax, mail, or email this form back to the ATTACH office (see contact information above.) You may also register by calling 612-861-4222.

Name: _____

Title: _____

Professional Affiliation/Organization: _____

Street Address: _____

City: _____ State: _____ Zip _____

Work Phone: _____ Home Phone: _____

Fax: _____ E-mail: _____

Website: _____

How did you hear about us?: _____

☐ **Yes, I am requesting CE credits (\$25)** License State: _____ License # _____

☐ **No, I am not requesting CE credits**

Method of Payment

Check No. _____ or

Credit Card: Visa _____ MasterCard _____ American Express _____

Card Number _____ Expiration Date _____ CV _____

Signature _____ Date _____