

UNIVERSITY OF ALBERTA
Department of Educational Psychology

Doctoral Programs in Counselling Psychology
Admission Criteria

Students applying for the Doctoral Programs in Counselling Psychology must have:

- A. obtained a four-year baccalaureate degree in psychology or education, or its equivalent
- B. obtained a Master's degree in Counselling Psychology, or its equivalent, from a program with the following characteristics:
 - 1. training must be offered by a recognised degree-granting institution of higher education in Canada, a regional accredited institution of higher education in the United States, or a university in another country acceptable to the Admissions Committee.
 - 2. the program must be clearly identified in pertinent institutional catalogues and brochures as intended to educate and train counselling or school psychologists
 - 3. the majority of faculty must be psychologists who were primarily responsible for the program
 - 4. the program must require enrolment for the equivalent of two full-time academic years
- C. completed three credits of graduate coursework or six credits of senior undergraduate coursework in each of the following three areas:
 - 1. biological bases of behaviour (biological influences on behaviour, affect, cognition, and development)
 - 2. cognitive-affective bases of behaviour (cognitive and affective influences on each other, behaviour, and development)
 - 3. individual differences (range and diversity of normal and abnormal human functioning and development)
- D. completed three credits of graduate coursework in each of the following four areas:
 - 1. scientific and professional ethics and standards CPA ethical code, practice standards and guidelines, relevant jurisprudence, and guidelines for ethical decision making)
 - 2. psychometrics (theory and techniques for the measurement of characteristics of individuals)
 - 3. research methods (research design, methodology, and interpretation of research findings)
 - 4. systems of counselling (major theoretical schools of counselling)
- E. acquired graduate training in the following three specific skills:
 - 1. psychological assessment (minimum 50 hours of client contact)
 - 2. group counselling (minimum 16 hours of client contact)
 - 3. individual counselling (minimum 100 hours of client contact)

Note: Exceptional applicants, on the basis of previous academic record, academic background in area of interest, relevant experience, letters of recommendation, and statement of intent, who do not meet all of criteria C, D or E above may be admitted into the Program on the condition that they complete any deficiencies in addition to the required courses of the program.

Doctoral Programs in Counselling Psychology
Supplementary Application Form

Name: _____

A. Undergraduate Degree: _____ University: _____

GPA (last 60 credits of undergraduate coursework): _____

GPA (all undergraduate psychology courses): _____

Number of credits of psychology courses completed: _____

B. Master's Degree: _____ Speciality: _____

University: _____

GPA (graduate coursework): _____

Characteristics of Master's program (check all that apply):

- ☐ 1. offered by a recognized degree-granting institution
- ☐ 2. identified as intended to educate and train counselling or school psychologists
- ☐ 3. the majority of faculty were psychologists
- ☐ 4. required enrolment for the equivalent of two full-time academic years

Note: If you have not obtained a graduate degree from a program that obviously meets the above 4 characteristics, but are of the opinion that you have completed the equivalent of such a program, please provide supporting documentation (e.g., institutional catalogues and brochures).

- C. Three credits of graduate coursework or six credits of senior undergraduate coursework in each of the following three areas:

1. Biological Bases of Behaviour

University	Graduate/ Undergrad	Year	Course No.	Credits	Course Title

2. Cognitive-Affective Bases of Behaviour

University	Graduate/ Undergrad	Year	Course No.	Credits	Course Title

3. Individual Behaviour

University	Graduate/ Undergrad	Year	Course No.	Credits	Course Title

- D. Three credits of graduate coursework in each of the following four areas:

1. Scientific and Professional Ethics and Standards

University	Year	Course No.	Credits	Course Title

2. Psychometrics

University	Year	Course No.	Credits	Course Title

3. Research Methods

University	Year	Course No.	Credits	Course Title

4. Systems of Counselling

University	Year	Course No.	Credits	Course Title

E. Graduate training in each of the following three areas:

1. Psychological Assessment

University	Year	Course No.	Client Contact Hrs	Course Title

2. Group Counselling

University	Year	Course No.	Client Contact Hrs	Course Title

3. Individual Counselling

University	Year	Course No.	Client Contact Hrs	Course Title

F. Please describe on an attached page any other counselling-related experience you may have. Be specific about start and end dates, the nature of clientele and client concerns dealt with, number of hours spent in client contact, number of hours of supervision received, name(s) of supervisor(s), etc.