

# Midnattsol

## (The Midnight Sun)



And we are back!

We have had an involuntary break in the newsletters and apologize if you have missed us very much.

Lots have happened since the last newsletter and the biggest thing might be our new web site:

<http://saskatoon-norwegian.ca/>



The web site is still under revision and if you have suggestions we would love to hear from you. So far we have received suggestions of using a calendar to show our events, as well as adding a list over links to Norwegian Newspapers. Keep the good ideas coming!

We hope to see you at the Western Development Museum to cheer on our wonderful dancers on November 25<sup>th</sup>. Closer to Christmas we have another opportunity to come together and rejoice at our yearly Gudstjeneste at Zion Lutheran Church, Dec. 1<sup>st</sup>. Until then, stay warm, and as Norwegian children sing:

*Det snør, det snør, tiddeli bom!*



Saskatoon Norwegian  
CULTURAL SOCIETY

Newsletter  
Saskatoon Norwegian Cultural  
Society Inc.  
Box 703,  
Saskatoon,  
SK S7K 3L7

[www.saskatoon-norwegian.ca](http://www.saskatoon-norwegian.ca)

2013  
November

President  
Ed Anderson

Vice President  
Art Bonstrom

Secretary  
Pat Christensen

Treasurer  
Andrea Cameron

NorSkole Director  
Omar Aschim

Social Director  
Carol Bumford

Newsletter /website  
Kathrine Marshall  
Heidi Sheehan

Cultural Director  
Dennis Moffat

Membership  
Alice Olson



## *Some upcoming dates to put on your calendars:*

November 25<sup>th</sup>

- **Festival of trees –**  
Our Folk Dancers are performing at 8:00pm at Western Development museum

December 1 – 2:00pm – Zion Lutheran Church

- **Norwegian Christmas Service**  
Please bring a snack to share. Please bring family and friends.

December 1

- **The Lutefisk & Meatball Dinner** will take place at Fairfield Senior Citizens Centre on Sunday, December 1st. Bring your family and/or friends to a traditional Christmas dinner. Doors open at 5:30 pm, with dinner at 6:00 pm. There are one hundred tickets available for \$25.00 each. For tickets contact

Graham Begg – 306-242-3314, graham.begg@shaw.ca

Diane Berg – 306-373-3156

Don't forget to join us on our

Facebook page – NorSkole

and we will also add video's as they come on YouTube. Follow link below.

[http://www.youtube.com/channel/UC9pNqu4HdLrkZyOmNrcOP\\_g/videos](http://www.youtube.com/channel/UC9pNqu4HdLrkZyOmNrcOP_g/videos)



## What is Rosemaling?

**Rosemaling** is a traditional **Norwegian** Folk Art that flourished during the 18th and 19th centuries in rural Norway. The stylized scrolls and flowers in combination with rustic folk art and woodcarving designs were greatly influenced by Baroque and Rococo styles from other parts of Europe. Styles and techniques varied from region to region. Different styles are named after the region of Norway or the valley (dal) in which they were practiced. The art form came with Norwegian immigrants to places like Minnesota, Wisconsin and Iowa and blossomed out from there. There are still many Norwegian families that teach rosemaling, along with many others who have learned it, loved it and share it.

The most popular styles of rosemaling are **Telemark** and **Rogaland**. **Telemark** is the most distinctive style in Norway. Telemark designs are asymmetrical, based on C-scrolls and S-scrolls filled with stylized flowers and graceful line-work. Colors used are clean and transparent and the outlining of the scrolls and flowers makes Telemark even more outstanding.

**Rogaland**, a very popular form in America, is symmetrical and precise. It has Oriental, Dutch and German influences using tulips, vases and hearts in many of the designs. This style uses dark colors with usually only three values, making the shading very subtle. Rogaland often has fine detailing such as beading and crosshatching. This style is a mixture of Hallingdal and Telemark.

The **Valdres** style is distinct in its use of flower forms that actually resemble real flowers. Another popular style, with many painters, **Hallingdal** uses large, bold stylized flowers as the main design element. Quite often figures of people or animals are included. The colors are strong and powerful, very often on a red background. Painting is opaque with wet on wet overlays creating the only shading. The **Gudbrandsdal** style makes extensive use of the folded over acanthus leaf, again stylized.

## **Rosmaling classes**

Taught by Alice Barth

WHEN: Dates are Jan. 17/18, Jan. 24/25 and Feb. 7/8th

TIME: Fri. 6:30 - 9:30pm and Sat. 9:30 - 2pm

WHERE: ZION Lutheran Church

COST: \$50

CONTACT: Lori Morris 306-244-0533 to register

## **Harvest Brunch**

On Sunday October 20 the SNCS (Saskatoon Norwegian Cultural Society, Inc.) had its annual member/volunteers Brunch. 108 people attended the event at the Heritage Inn. We are entertained by a Celtic band "across the Pond" and by our own Saskatoon Norwegian Folkdancers.

Omar Ashim mentioned the status of the Norwegian school and the beautiful poster made by Kristin Begg; Inger Anderson talked about the planning for a Gala Evening for May 17, 2014; and Bjorn Tokle mentioned the Sons of Norway Steak Night at Mulberry's on Friday, Oct. 25.

Dennis Moffat acted as the MC, recapped the goals and activities of the organization. Our three big activities are managing Norway Pavilion at Folkfest, co-ordinate the language school and folk dancing, and provide a scholarship for people to attend folk schools in Norway. He discussed the need for more key people to assist with the Norway Pavilion in 2014. He also reminded everyone to get articles, photos, etc. into the newsletter, to renew your membership and to let the executive know if you would volunteer on the SNCS executive or folkfest committee. Two door prizes were awarded with a Troll plate to Dale Lehmann, and home-made mittens (made/donated) by Lori Morris to Carol Hanson. Memberships were renewed by Alice Olson. If you didn't renew your membership please send them to our mailbox, or give them to Alice. The food at the Heritage Inn was delicious and the staff were excellent to deal with. The hall was attractively decorated in red and blue flags, banners and napkins, with white table cloths - done by Dennis Moffat and Thor Kleiv. Big thanks to Margaret Kleiv who phoned all the volunteers and to Lori Morris who phoned the members!

Thank you, Dennis



## Roald Amundsen Returns to Edmonton 100 Years Later

Last updated: 15/01/2013 // In May 1913 Roald Amundsen visited Edmonton as part of his lecture tour after winning the race for the South Pole. He was greeted like royalty when he arrived and treated to an official dinner by the city, driven around town to greet the crowds before he spoke to a large, enthusiastic crowd at the Methodist Church. He was a hero then, and is a hero now.

Today, 100 years later, the people of Edmonton will once again have the opportunity to discover the legacy of Roald Amundsen and learn more about his many achievements and his close connection to Canada. Through the exhibit Cold Recall at the Royal Alberta Museum, Amundsen's own reflections and lantern slides will once again bring us to the most harsh and remote places on the planet. The exhibition, presented in cooperation with the Fram Museum in Oslo, consists of Amundsen's very own photos from Gjoa Haven in Nunavut. Amundsen spent almost two years in Gjoa Haven before he became the first person ever to sail through the Northwest Passage. Amundsen and the crew on his ship Gjøa established a close relationship with the Inuit in the area. His photos are largely a documentation of the life of the Inuit, and reflect the great influence the Inuit's traditional clothing and skills had on Roald Amundsen's own development as a polar explorer. The Inuit have in large part been left out of the Canadian-Norwegian polar history, but with this new Roald Amundsen exhibition, the Embassy and the Fram Museum want to show that the knowledge Amundsen gained from living with the Inuit helped him win the race to the South Pole.

The photos and lantern slides have not been shown in Canada since Amundsen himself toured the world with his lectures, and they offer a unique view on his connection with the Canadian Aboriginal people, and the knowledge he gained from his stay in the Arctic.

The Embassy has published a catalogue with the photos from the exhibition and it will be available at the exhibition venue.





A beginner woodcarving workshop was held at the home of Lori Morris on Saturday, November 2nd with five persons participating. The class size was filled to just five because of insufficient tools for a larger group. However, some had bought some suggested tools so we could have had one more which would have filled the work space available. This beginner project was a relief carving of a clock holder, designed in the Gudbrandsdal style. It took about an hour for the beginners to become accustomed to handling the tools, so the first work was on a non-critical part of it. The 35mm diameter clocks to fit were available at the *Lee Valley* store on 51st Street. We started at 9:00 AM and stopped at 3:30 PM when finishing touches could be done at home. Lori's hospitality was also appreciated at the coffee and lunch breaks. This group is planning to do a second project, which Omar hopes to have ready for them before Christmas, but this is a busy time of the year. This workshop had been advertised at the recent SNCS Volunteer Dinner along with Rosemaling, Hardangersom, Cooking, and other courses."



## Laughter is the best medicine

*Lena says to Ole "I found dis pen, is it yours?"*

*Ole replies - "Don't know, give it here"  
He then tries it and says "Yes it is"*

*Lena asks "How do you know?"*

*Ole replies, "Dat's my handwriting"*

*Ole is sitting at home alone when he hears a knock on the front door.  
There are two sheriff's deputies there.*

*He asks if there is a problem.*

*One of the deputies asks if he is married, and if so, can he see a picture of his wife.*

*Ole says "sure" and shows him a picture of his wife, Lena.*

*The sheriff says, "I'm sorry sir, but it looks like your wife's been hit by a truck."*

*Ole says, " I know, but she has a great personality and is an excellent cook. "*

*Ole was telling Sven, "I jus bought a new hearing aid. It cost me four tousand dollars, but it's state of da art. It's perfect."*

*"Really," answered Sven, "What kind is it?"*

*Ole replied "Twelve turdy."*



May 17<sup>th</sup> at the Forestry Farm







**St. Hans at Lori Morris Acreage**

# **Delfia kake (Delfia cake)**

There is seriously no Christmas without this cake, it's not even a cake, really. It's only a mass of chocolate



**200 gram coconut fat  
300 gram plain chocolate  
2 eggs  
2,5 dl sugar  
Candy (Jelly Baby and marzipan)  
1 package of Marie biscuits.**

**Melt the fat and chocolate on low heat. Maximum on 1! Shall not boil! Whip the eggs and sugar to egg-flip in a mixing bowl, and mix in the  
(now lukewarm chocolate and fat)**

**Put a grease-proof paper in an oblong mold. Put a layer of the batter in the bottom.  
Then put a layer of biscuits and candy.**

**Then a new layer of batter, then more candy...Remember that you have to put batter on the top as well. Then you have to make a decision. Do you want to turn the cake around, or just leave it like it is? If you leave it, then it can be nice to decorate it with candy and marzipan. Then you need to pop the cake into the refrigerator. And then you have to let it set for about 5-6 hours...**

**Then dig in!**





### **Riskrem med bringebær saus (Rice cream with raspberry sauce)**

#### **Ingredients**

leftover rice porridge

1 cup whipping cream

1 tablespoon vanilla sugar (or 1 tablespoon gran. sugar + 1/4 teaspoon vanilla extract)

whip the cream and sugar.

Then mix into the porridge.

### **Bringebær saus (Raspberry sauce)**

#### **Ingredients**

1 cup raspberry concentrate

1 1/2 cup water

2 tablespoons cornstarch

1 teaspoon sugar

Mix the raspberry concentrate, water and cornstarch in a pan. Cook over medium heat until it boils and thickens slightly, stirring constantly. Remove from heat. Sprinkle sugar on top to avoid a skin from forming. Let cool and then keep in the refrigerator.

**SNCS purchased some beautiful Bunads this year to be used for our dancers**

Please come to our performance at the Festival of Trees at  
The Western Development museum  
Monday November 25<sup>th</sup> at 8pm to see these beautiful Bunads put to use.



My family and I went for a holiday in Norway in July and visited Trondheim, Åndalsnes, Trollstigen, and Lom. We were blessed with lovely weather and sometimes the beauty was overwhelming. At the end of our trip my daughter claimed that she was *numbed by beauty*!

One of the first highlights of our trip was the impressive Nidarosdomen – Trondheim’s 1000 year old cathedral. It is hard to believe something so beautifully intricate and huge can be that old, and it filled us with awe.



Trondheim is a city with several sights and is filled with tourists from all over the world. We strolled through the city and enjoyed the view over Trondheimsfjorden as well as some delicious waffles at a tiny cafe (although my husband almost choked over the price: \$ 10 per waffle).

We also visited the famous bridge over Nidelven, Gamle Bybro which was built in 1681 and is still standing strong, although some parts had to be replaced in 1861. The bridge is also called ‘Lykkens portal’, which means ‘the portal to happiness’.



13 As we left Trondheim and travelled along the coast we enjoyed the rugged beauty of the forested coastal landscape. However, the next highlight on the trip was Trollstigen – the troll's Footpath. Some of you may have heard of it, and if you have driven there you might remember it with a tinge of fear. It is a serpentine mountain road right outside Åndalsnes with a steep incline of 9% and eleven hairpin bends up a vertical mountain side. The road is narrow with chilling sharp bends, and although it has been widened in recent years, vehicles over 12.4 meters long are prohibited from driving the road. It is truly a scary drive, and even



more so when I meet the bus from Lithuania and I could see the fear in the bus driver's eyes... However, we made it to the top and admired the truly marvelous view below us.



These pictures do not do the sight justice



We thought it would be hard to top the Trollstigen view but it was done! We treated ourselves to a “mini-cruise” though a few fjords and again found ourselves blown away by the beauty. We travelled up three fjords: first Storfjorden, then Sunnylvfjorden and at last but not least Geirangerfjorden which is known as one of the most stunning fjords of Norway (together with Nærøyfjorden). It is hard to put into words the splendour we saw so I am using the words from UNESCO's web site:

- 14** The [...] Geirangerfjord areas are considered to be among the most scenically outstanding fjord areas on the planet. Their outstanding natural beauty is derived from their narrow and steep-sided crystalline rock walls that rise up to 1400 m direct from the Norwegian Sea and extend 500 m below sea level. Along the sheer walls of the fjords are numerous waterfalls while free-flowing rivers rise up through deciduous and coniferous forest to glacial lakes, glaciers and rugged mountains. (URL: <http://whc.unesco.org/en/list/1195>)

We were blessed with sun and the waterfalls fell and crashed like glitter down the steep hillsides. Magic.



Our last stop was Lom, right in the middle of mountainous Norway. With its peaceful glacier shaped valley, Stave church, fabulous rock museum, great hiking and a great waterfall roaring right through the centre of town it gave us a fun and eventful ending to our trip.



We hope to take another trip around Norway in not so long but it will be hard to top this trip!

**No Longer a member of the Saskatoon Norwegian Cultural Society?**

**Please join us and help us keep the SNCS alive**

**Saskatoon Norwegian Cultural Society  
Membership Registration**

September 1, 2013 – August 31, 2014  
Box 703 Saskatoon, SK S7K 3L7

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Single Membership \_\_\_\_\_ \$20/year Cash \_\_\_\_\_

Family Membership \_\_\_\_\_ \$30/year Cheque \_\_\_\_\_ CHQ # \_\_\_\_\_

\* \_\_\_\_\_ (Dependent) \* \_\_\_\_\_ (Dependent)

\* \_\_\_\_\_ (Dependent) \* \_\_\_\_\_ (Dependent)

\* \_\_\_\_\_ (Dependent) \* \_\_\_\_\_ (Dependent)

### **Volunteer Interests**

SNCS Director \_\_\_\_\_ Phoning Committee \_\_\_\_\_ Norskole \_\_\_\_\_

Cultural Classes \_\_\_\_\_ Social Committee \_\_\_\_\_ Folkfest \_\_\_\_\_

Other \_\_\_\_\_