## Date: Feb 14 & 15, Feb 21 & 22, Feb 28 & Mar 1 2015

#### **Theme: Chinese New Year Celebration**

Scripture Text: I can do all this through Him who gives me strength. Philippians 4:13 (NIV)

#### **Teaching Focus: Chinese New Year Manners**

**Duration: 3 Weeks** 

## **Learning Objective for Leaders**

Pre-activity encouragement is a very effective way to help prepare our young ones for situation that they are likely to encounter. Over the Chinese New Year period, there will be lots of visitation, dinners, greetings and rituals. We need our children to know how to respond to these situations in a way that is pleasing and honourable to their parents and relatives. Prepare them by doing pre-activity encouragement. This can come in the form of verbal instructions—verbal reminders, dialogue questions, positive words and role play.

#### Verbal Reminders

You are encouraging our David Club children to do right by reminding them of what is expected.

#### **Dialogue Questions**

The goal of this form of encouragement is to get the David Club children to tell you what you required them to do.

#### Positive Words

As often as possible, use positive words to encourage and do restrain from using negative words.

Instead of saying "Don't be so greedy!" say "Let's have self-control." Instead of saying "Don't be so noisy!" say "Let's practice being quiet."

#### <u>Role Play</u>

You will also learn one effective way of children's learning: role-play. This role play will not be done on platform but in small group with the leader and children being the cast as they go through the 3 different station activities. In order to stimulate the experience we will provide pictures for the children to see and real objects/items for the children to hold and touch so that the children can visualise better. Children at this age learn through their 5 senses and they need to learn through kinesthetic experiences.

# Learning Objective for Children:

Children will understand why we celebrate Chinese New Year and how they are to behave and what they ought to do during this celebrative period. Children will be prayed for after they have completed each station.

# Memory Verse:

#### I can do all this through Him who gives me strength. Philippians 4:13 (NIV)

Words	Actions
l can	Right hand on your chest
Do	Both hands in fist position, then knock one on top of the others
All things	Both hands open and in a circular motion twice
Through Him	Pointer fingers, pointing to sky
Who Gives Me Strength	Showing muscles
Philippians 4:13	Hand showing an open bible

# Leaders to take note:

For the Chinese New Year theme, we have structured a series of small group activities that incorporate all the three elements of pre-activity encouragement for situations peculiar to the Chinese New Year season. Note that the small group activities as listed are to be conducted in round robin system. i.e each may choose to start with any one of the activities. Groups need not do the activities below in the order that is listed.

# **Small Group Time Activities – 3 Stations**

The small group activities will be conducted in 3 different stations each week:

- Station 1 Reunion Dinner Training
- Station 2 Greeting people with mandarin oranges and saying "Goodbye"
- Station 3 Saying "No" to New Year Goodies

# **Station 1 - Reunion Dinner Training**

Reunion Dinner is a time for everyone in the family to eat together and to enjoy each other's company. It is also a time in which we can thank God for being so good to us.

#### Skills children will pick up:

- To address their elders before eating
- Not to stand up and reach across the table for food
- Need to ask for permission before leaving the meal table

#### Materials Needed:

- 1. Plastic spoons (20 per station)
- 2. Plastic bowls (20 per station)

- 3. Plastic cups (20 per station)
- 4. 5 plastic plates with pictures of food on them
- 5. Disposable Table cloths
- 6. Below pictures will be provided



#### Activity:

- Spread the table mat on the floor and get children to be seated around it.
- Then tell the children that we are going to pretend that we are going to have our CNY Reunion Dinner and some of the adults will be aunty, mummy, daddy, gong gong, ma ma, etc...
- Lay the plastic spoons, bowls and cups on the table cloth. Have the large plates for "food".
- Once everyone is seated. Let's say grace! Get children to bow their heads, hands together and give thanks for the food.
- Direct children to address their elders before eating "Uncle eat. Aunty eat. Ah gong eat. Ah ma eat. And so on..."
- Show appreciation to the host/the one who prepared the meal by saying "Thank you \_\_\_\_\_\_ (the name of the leader who is serving). The food is yummy!"
- Teach the children to say "Thank You" when adults serve them food.
- Children cannot stand up and reach across the table for food. Instead, they should ask for permission for the food that they want.
- When they finished their eating, they must ask permission from care giver before leaving table. Once permission is granted, they are to say to all adults at the table "Thank You Very Much."

Go through the above again using verbal reminders, dialogue questions, positive words and role play.

#### Application & Prayer Time:

#### End this Station with the below prayer:

"Jesus I thank You for my mummy, daddy, gong gong, ma ma, uncles and aunties in my family, please bless them with happiness and success this whole year. In Jesus' name, I pray. Amen!"

# Station 2 – Greeting People and Saying Goodbye

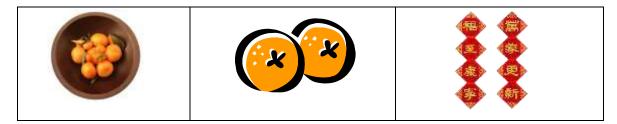
During Chinese New Year, we are to bring oranges to wish people "Happy New Year" or "新年健康- Xin Nian Jian Kang." And the children will be given an ang pow by their parents, their grandparents, their aunties and uncles to bless them and to wish them well.

#### Skills children will pick up:

- Proper way to present the mandarin oranges to greet people
- Proper way to receive ang pow

#### Materials Needed:

- 8 mandarin oranges
- 10 to 12 ang pow with 4 gold chocolate coins in each ang pow
- Below pictures will be provided



#### Activity:

Group Leader will demonstrate how to present the mandarin oranges and receive ang pow in the proper way.

#### Greetings:

- Hold both oranges together in two hands and raise them up in front of their relative while bowing slightly and saying greetings and blessings.
- Instruct children exactly what to say during greetings and blessing. Example "Happy New Year Aunty \_\_\_\_\_\_" or "恭喜发财- Gong Xi Fa Cai Uncle \_\_\_\_\_\_" or "新年健康- Xin Nian Jian Kang Grandpa \_\_\_\_\_\_"

#### **Receiving Ang Pow:**

- We are to receive the ang pow with two hands and to say "Thank You". (Leaders, please teach the children not to open the ang pow and see how much is inside because it is impolite.)
- Get the children to practise the proper way of presenting the mandarin oranges and receiving the ang pow.

#### Saying Goodbye:

- Direct the children how to show appreciation to the host for having them. They are to say: "Thank You for having me. I had a fun time. Goodbye"
- Teach them to wave while walking away.
- Practise saying goodbye 5 times to different adults that are in your group.

#### Application & Prayer Time:

Then, end this Station with the below prayer:

"Jesus I thank You for all the ang pow that I will be collecting this coming Chinese New Year. Teach me to receive it with a grateful heart. In Jesus' name, I pray! Amen!"

# Station 3 – Saying "No" to Chinese New Year Goodies

This will be one of the greatest hurdles for most of our children. During Chinese New Year, sweets and cookies are in abundance and are readily within reach. The self-control needed from our children will be demanding. Walk through the various food items with the children so that they will know what they can eat and what they should avoid because it is not suitable for them.

#### Character building:

- Self-control
- Obedience
- Respect others (Display eye-contact with the person you are interacting.)

#### Materials needed:

- A tray of assorted preserved fruits or goodies that they are not allowed to eat. (This will be consumed by leaders after the series)
- A tray of mixed gummy candies need to replenish (Children are allowed to eat only one piece.)
- A bottle of cornflake cookies need to replenish (Children are allowed to eat more than one piece.)
- Below picture will be provided



#### Logistics needed:

- A kitchen scissor to cut the gummy candies to smaller pieces (TL to bring from home)
- Tissue paper or wet tissue. (to take from GKidz mobile cupboard)

## <u>To re-enact the below two scenarios for each of the 3 listed goodies before you involved the children in</u> <u>this station:</u>

There will be two scenarios which the children and you will role play. Please get one leader to act as the host, one to be parent (mummy or daddy) and one to be the child.

Role play the scenarios first before you involved all the children in your group, so that they will know what to expect from them when the goodies are offered to them.

## Goodies offered - Assorted Preserved Fruits Tray - Children are not allowed to eat

To offer a tray of Assorted Preserved Fruit or Goodies that they are not allowed to eat. Do explain to them that some food that they see are not suitable for them because it will make them sick and they are too young to eat them.

#### Scenario 1 – Child is with parent (mummy/ daddy)

- Host offers goodies to child.
- Child will look towards parent (mummy / daddy) with eye-contact and ask, "May I have this?"
- Parent (mummy / daddy) to say "No, this is not good for you. Say "No, thank you."
- Child then turns to host and say "No, thank you."

#### <u>Scenario 2 – Child is not with parent</u>

- Host offers goodies to child.
- Child says to host, "Thank you but I must ask my mummy/daddy first."
- Child then moves to where parent is and asks for permission, "Mummy/Daddy, may I have that?"
- Parent to say, "No, this is not good for you. Say "No, thank you."
- Child then returns to host and say, "No, thank you."

# Goodies Offered – Mixed Gummy Candies Tray - Children are allowed to eat only one piece

#### Scenario 1 – Child is with parent (mummy/ daddy)

- Host offers goodies to child.
- Child will look towards parent with eye-contact and ask, "May I have this?"
- Parent to say, "Yes, you may have one. Remember to say, "Thank you."
- Child then takes only one and say, "Thank you."

#### Scenario 2 – Child is not with parent

- Host offers goodies to child.
- Child says to host, "Thank you but I must ask my mummy/daddy first."
- Child then moves to where parent is and asks for permission, "Mummy/Daddy, may I have that?"
- Parent to say, "Yes, you may have one. Remember to say, "Thank you."
- Child then returns to host and take one and say, "Thank you."

# Goodies Offered – Cornflake cookies – Children are allowed to eat more than one piece

#### Scenario 1 – Child is with parent (mummy/ daddy)

- Host offers goodies to child.
- Child will look towards parent with eye contact and ask, "May I have this?"
- Parent to say "Yes, you may have two—one for now and one for later. Remember to say "Thank You."
- Child then takes two and say, "Thank you."

#### Scenario 2 – Child is not with parent

- Host offers goodies to child.
- Child will move to where parent is and asks permission, "May I have this?"
- Parent to say "Yes, you may have two—one for now and one for later. Remember to say Thank You."
- Child then returns to host and takes two and say, "Thank you."

#### Application & Prayer Time:

#### End this Station with the below prayer:

"Jesus, please give me self-control and teach me to obey my parents during Chinese New Year. In Jesus' name, I pray! Amen!"

# Small Group Segment: Week 2 (21 & 22 Feb) Weekly Small Group Time & Craft: Chinese New Year Scroll

#### Materials needed:

1. Red Ribbons (est 0.7cm by 22 cm long - 1 per child)

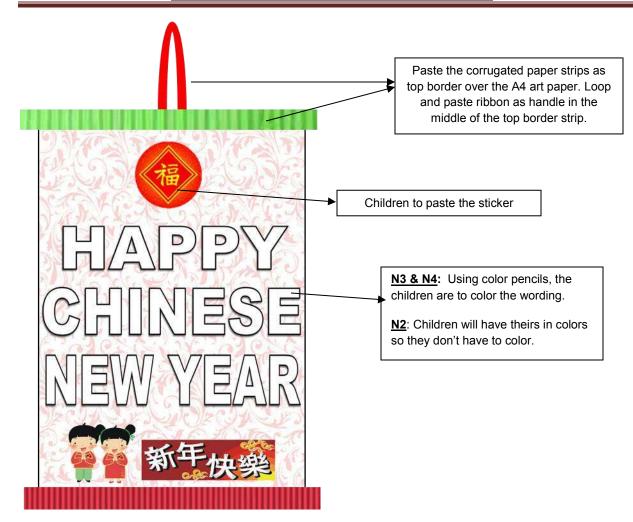


2. Strips of colour corrugated paper or strips of star paper (2 per child)



- 3. Doubled-sided tape
- 4. White A4 art paper (250gsm) with wording.
  N3 & N4 children will need to colour "Happy Chinese New Year".
  N2 children will have theirs in coloured wordings, so don't need to colour.

5. Sticker : 🂔 (1 per child)



#### Preparation:

- 1. Cut out double-sided tape and paste on the top and bottom borders of the A4 art paper (20.5cm)
- 2. Cut 22cm of red ribbon
- 3. Cut 2 strips of corrugated paper to paste over the double-sided tape on the top and bottom borders

#### How to do:

- To give out the A4 art paper for the children and get them to colour the wording: "Happy Chinese New Year"
- 2. Then give out this 🤷 sticker for the children to paste
- 3. Get the children to peel out double-sided tape backing
- 4. Loop and paste the red ribbon handle in the middle of top border
- 5. Stick the corrugated paper strip over the double-sided tape
- 6. Do remember to get the children to write down their names