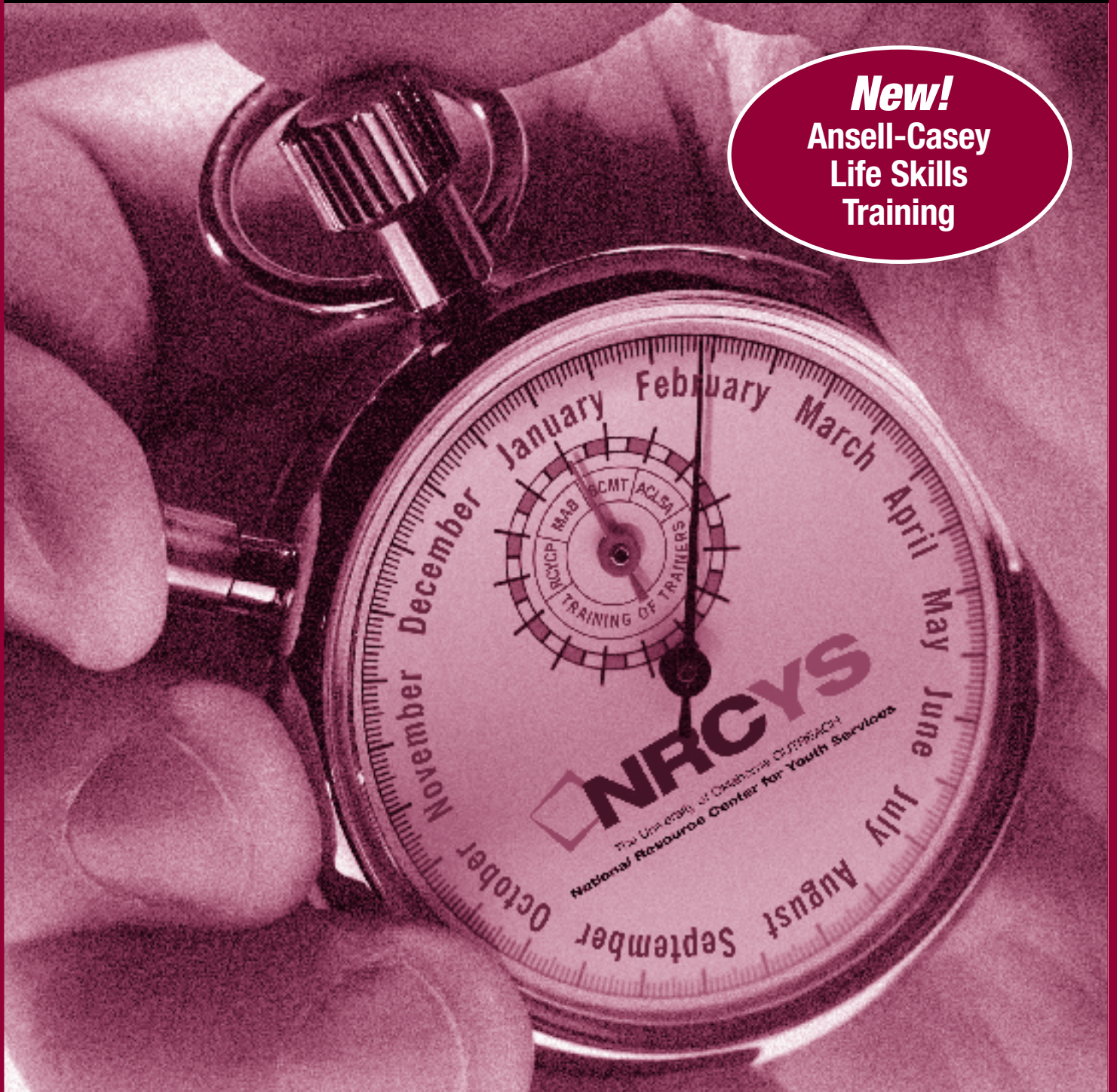


National Resource Center for Youth Services Training Schedule for 2005

# Training of Trainers

Managing Aggressive Behavior (MAB) | Residential Child and Youth Care Professional  
Behavior Crisis Management (BCMT) | Ansell-Casey Life Skills Training

**New!**  
**Ansell-Casey**  
**Life Skills**  
**Training**



- Training of trainers courses are cost effective and convenient
- One-time training and travel expense
- On-staff training and scheduling convenience
- Immediate training availability for new staff and volunteers

# Train the Trainer Programs from NRCYS

## Residential Child and Youth Care Professional (RCYCP) Trainer Certification

A competency based curriculum comprised of four modules:

- Creating A Culture of Care
- Understanding Child Development
- Building Relationships
- Teaching Discipline

This strengths based curriculum includes a strong youth development philosophy and current best practice components that incorporate work in diversity and independent living/life skills.

## Managing Aggressive Behavior (MAB) Trainer Certification

A crisis management program that focuses on prevention while teaching the physical and non physical intervention skills you need to keep staff and clients safe.

## Behavior Crisis Management (BCMT) Trainer Certification

A crisis management program developed specifically for teaching foster parents how to prevent and intervene appropriately in crisis situations. BCMT is suitable for home use with a broad age range of children and youth.



## Ansell-Casey Life Skills Trainer Certification

As an *Authorized Training Provider for Casey Family Programs*, NRCYS offers this course for professionals and volunteers who wish to train others within their own organization to use the complete Casey Life Skills suite of resources. The *Ansell-Casey Life Skills Assessment* is a user friendly on-line resource that measures a young person's skill level and readiness to live independently. *Casey Life Skills tools help bridge the gap between assessment, case planning, and practical skill development for each youth.*

Join us to learn how to incorporate these resources into your program and to train others on their use.

Low trainer to participant ratios mean individual attention:

- Review the course curriculum and resources
- Learn to train using activities from the course curriculum, resources & trainer's guide
- Receive personalized feedback from practice training sessions
- Review adult learning methods and ways to maximize the training experience for your staff and participants



**Register Today or CALL for a packet of information...**

**Contract to bring one of these or other workshops to your agency or region.**

Call (918) 660-3700 • Email: [rbaker@ou.edu](mailto:rbaker@ou.edu) or find us on the internet at [www.nrcys.ou.edu](http://www.nrcys.ou.edu)



## Residential Child and Youth Care Professional Trainer Certification (training of trainers)

### Course Description

This course is for professionals and agencies who want to provide direct care staff with a common knowledge base and philosophy for working with children and youth. Residential care workers have the most interaction, and therefore, the greatest potential impact on relationship building with the children and youth in their care. Learn to train your direct care staff using this basic in-service training program based in youth development and strength based philosophies.

### You'll receive

The RCYCP **Trainer's Guide** with complete guidelines for adult instruction, reproducible handouts and activities *plus* an easy-to-read **Participant Manual** that includes four modules in one book: *Creating A Culture of Care, Understanding Child Development, Building Relationships, Teaching Discipline.*

**2.0 CEUs (20 clock hours) from The University of Oklahoma**

COURSE AT A GLANCE / 3 Days – \$595 per person		
Day One	Day Two	Day Three
8:30 to 5:00	8:30 to 5:00	8:30 to 3:30
Date	Location	Registration Deadline
February 22-24, 2005	San Diego, CA Westgate Hotel	January 24
April 19-21, 2005	Tulsa, OK Tulsa Sheraton Hotel	March 21
June 14-16, 2005	Tulsa, OK Tulsa Sheraton Hotel	May 16
September 13-15, 2005	New Orleans, LA Bienville House	August 15

### Premises

#### Children and youth in residential care must:

- receive services that do more than focus on problems or deficits. They need a wide range of appropriately challenging and supportive opportunities for them to explore, learn, and grow as individuals.
- be engaged, along with their families, and actively involved in all aspects of the services they receive. This includes assessment, goal setting, case planning, activities, program design, and program evaluation.
- have opportunities to establish caring relationships in their lives. Their growth and progress occurs within the context of their relationships with staff, peers, family members and other caring adults.
- be served in programs that consider the environmental influences on growth and progress. Environments include physical, cultural, philosophical and social dimensions.
- be served in programs that collaborate and partner with a number of resources. Those resources include the youth, their families, staff, their service providers and the community.

## Behavior Crisis Management Training for Foster Parent Agencies Trainer Certification (training of trainers)

### Course Description

Learn to train Behavior Crisis Management Training (BCMT). Adapted especially for resource families (foster parents, therapeutic foster parents, adoptive parents, and kinship families) from the NRCYS Managing Aggressive Behavior (MAB) curriculum, this training of trainers course is for staff that will train current and future resource families. It will enable your agency to present BCMT in one or two days, depending on your own agency and resource family needs.

### You'll receive

A complete BCMT **Trainer's Guide** and **Reproducible Participant's Manual** with trainer how-to's, resources and sample activities *plus* worksheets, key concepts, and photographs.

**2.4 CEUs (24 clock hours) from The University of Oklahoma**

COURSE AT A GLANCE / 4 Days – \$695 per person			
Day One	Day Two	Day Three	Day Four
8:00 to 5:00	8:30 to 5:00	8:30 to 5:00	8:30 to 3:00
All training will be held in Tulsa, Oklahoma at the Tulsa Sheraton Hotel			
Date		Registration Deadline	
April 4-7, 2005		March 4	
November 14-17, 2005		October 14	

### Premises

- All behavior is an attempt to meet a need and therefore has meaning.
- Relationships between foster parents and foster children should provide opportunities for children and youth to learn and practice appropriate ways to express feelings, manage daily tasks and get needs met.
- Persons acting aggressively must be encouraged to exercise self-control. Therefore, the use of physical restraint can only be justified as long as, and to the extent that, the individual cannot commit to the safety of themselves and others. The use of physical restraint is only justified as an emergency safety measure in response to imminent danger to one's self or others and when no alternative means are sufficient to accomplish the purpose. It is imperative that physiological monitoring be maintained during the course of the physical restraint.

## Managing Aggressive Behavior Trainer Certification (training of trainers)

### Course Description

This course is appropriate for professionals who want to be qualified to train staff and volunteers to prevent and manage crisis. MAB emphasizes prevention and non physical intervention strategies, and teaches non pain producing physical intervention techniques to protect youth and staff alike. MAB can help you establish agency-wide procedures that will reduce the number of restraints and offers an after-crisis component that helps staff learn from each event. This five-day highly intensive, hands-on course will teach you how to train the MAB curriculum.

### You'll receive

A **Trainer's Guide** and **Participant Manual** with training how-to's, resources and cultural diversity information as it relates to MAB, *plus* 25 individual activities, photographs, and ready to copy handouts, transparencies and key concepts.

### 3.6 CEUs (36 clock hours) from The University of Oklahoma

COURSE AT A GLANCE / 5 Days – \$795 per person				
Day One	Day Two	Day Three	Day Four	Day Five
8:30 to 5:30	8:30 to 5:30	8:30 to 5:30	8:30 to 5:30	8:30 to 4:00
All training will be held in Tulsa, Oklahoma at the Tulsa Sheraton Hotel				
Date		Registration Deadline		
March 7-11, 2005		February 7		
May 2-6, 2005		April 4		
August 1-5, 2005		July 1		
October 3-7, 2005		September 5		

### Premises

- Youth and their families must be fully involved in their own assessments, planning, and services.
- All aspects of service provision to youth and their families must be culturally responsive and competency-based.
- All behavior is an attempt to meet a need and therefore has meaning.
- Aggressive clients must be encouraged to exercise self-control; therefore, physical intervention should be used only as a last resort, using non-pain-producing, passive, physical techniques.
- Relationships between staff and youth should provide opportunities for youth to learn and practice appropriate ways to express feelings, manage daily tasks and get needs met.
- Youth are best served by staff who believe in and practice teamwork and networking.

## Ansell-Casey Life Skills Trainer Certification (training of trainers)

### Course Description

This course is for professionals and volunteers who wish to be qualified to train staff, volunteers, or youth on the Ansell-Casey Life Skills Assessment, tools, and resources. As an Authorized Training Provider for Casey Family Programs, the National Resource Center for Youth Services is proud to offer the Ansell-Casey Life Skills Training of Trainers Course. This three day training program teaches you how to use all of the www.caseylifeskills.org on-line resources and gives you the additional instruction you need to become a "Certified Trainer."

### You'll learn

- The background and history of the Casey Life Skills tools.
- How to use and administer the Ansell-Casey Life Skills Assessment (ACLSA) and other on-line resources.
- How to interpret the ACLSA Scored Report.
- How to use the Life Skills Guidebook; Ready, Set, Fly! Handbook; and other companion resources.
- How to access your program's data.
- Effective presentation planning.

### You'll receive

A **Trainer's Guide** and **Participant Manual** with training how-to's, *plus* additional resources including the *Life Skills Guidebook*, *Guidebook Manual*, *Ready, Set, Fly!*, and a *Life Skills Resource Package* worth \$200.

### 2.0 CEUs (20 clock hours) from The University of Oklahoma

COURSE AT A GLANCE / 3 Days – \$795 per person*		
Day One	Day Two	Day Three
8:30 to 5:00	8:30 to 5:00	8:30 to 3:30
All training will be held in Tulsa, Oklahoma at the University of Oklahoma Schusterman Center Computer Lab. Rooms will be available at the DoubleTree Hotel.		
Date		Registration Deadline
March 15-17, 2005		February 15
July 12-14, 2005		June 13

\*Fee includes a \$200 Life Skills Resource Package.  
Shuttle service provided.

### Trainer Competencies

- Understand the basic structure of the Casey Life Skills tools and web site.
- Be able to use the Casey Life Skills tools.
- Be able to use the Data and Reports function on the website.
- Understand the importance of coaching others in the use of the Casey Life Skills tools.
- Know and understand the issues associated with implementing and maintaining the Casey Life Skills System.
- Be able to demonstrate effective communication skills when teaching sections of the ACLSA training curriculum.
- Be able to use relevant technology to facilitate learning of Casey Life Skills tools.
- Be able to demonstrate understanding of basic learning principles relevant to facilitating motivation and learning of the Casey Life Skills tools.

# NRCYS Training of Trainers Registration Form

Pre-Registration is mandatory for all NRCYS training courses. Enrollment is limited. Payment in the form of a purchase order, check, or credit card must be received before the training date. Registration deadline is 4 weeks prior to training date.

## Cancellations

You may cancel without penalty up to 45 days prior to training date. Cancellations received at least 15 working days prior to that date are subject to a 15% administrative fee. No refunds are made after that date. You may substitute another person or request a nonrefundable letter of credit for a future training. Cancellations must be received in writing.

## Trainer Certification

**You must attend the complete course in order to be certified as an instructor.**

### Training Schedule (Check one or more.)

Residential Child and Youth Care Professional \$595 per person			
<input type="checkbox"/>	February 22-24, 2005	San Diego, CA	Westgate Hotel
<input type="checkbox"/>	April 19-21, 2005	Tulsa, OK	Sheraton Hotel
<input type="checkbox"/>	June 14-16, 2005	Tulsa, OK	Sheraton Hotel
<input type="checkbox"/>	September 13-15, 2005	New Orleans, LA	Bienville House

Managing Aggressive Behavior \$795 per person			
<input type="checkbox"/>	March 7-11, 2005	Tulsa, OK	Sheraton Hotel
<input type="checkbox"/>	May 2-6, 2005	Tulsa, OK	Sheraton Hotel
<input type="checkbox"/>	August 1-5, 2005	Tulsa, OK	Sheraton Hotel
<input type="checkbox"/>	October 3-7, 2005	Tulsa, OK	Sheraton Hotel

Behavior Crisis Management Training \$695 per person			
<input type="checkbox"/>	April 4-7, 2005	Tulsa, OK	Sheraton Hotel
<input type="checkbox"/>	November 14-17, 2005	Tulsa, OK	Sheraton Hotel

Ansell-Casey Life Skills \$795 per person			
All training will be held at the University of Oklahoma Schusterman Center Computer Lab.			
<input type="checkbox"/>	March 15-17, 2005	Tulsa, OK	DoubleTree Hotel
<input type="checkbox"/>	July 12-14, 2005	Tulsa, OK	DoubleTree Hotel

Name \_\_\_\_\_

Title \_\_\_\_\_

Agency \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ E Mail \_\_\_\_\_

Telephone ( \_\_\_\_\_ ) \_\_\_\_\_ Fax ( \_\_\_\_\_ ) \_\_\_\_\_

### Payment Method:

Check  Purchase Order Purchase Order Number: \_\_\_\_\_

**Your check is payable to: The University of Oklahoma, FEIN 73-6017987**

Credit Card (check one)  Visa  MasterCard  American Express  Discover

Acct. Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

Print Name \_\_\_\_\_

**Special Services:** The University of Oklahoma College of Continuing Education provides services for those with disabilities. If you anticipate such a need, please check the box and provide a note of explanation.

**Questions:** Call 800-274-2687 or email [rbaker@ou.edu](mailto:rbaker@ou.edu)

**Return form to:** National Resource Center for Youth Services  
 The University of Oklahoma – Tulsa/Schusterman Center  
 4502 E. 41st St. Bldg 4W • Tulsa, OK 74135-2512  
[www.nrcys.ou.edu](http://www.nrcys.ou.edu)



**Four top-rated courses will be presented this year  
at convenient locations.**

**These courses are cost-effective for your organization  
and enhance your professional value.**

**Residential Child and  
Youth Care Professional  
Trainer Certification  
(training of trainers)**

**Managing Aggressive  
Behavior  
Trainer Certification  
(training of trainers)**

**Behavior Crisis  
Management Training  
for Foster Parent Agencies  
Trainer Certification  
(training of trainers)**

**Ansell-Casey Life Skills  
Trainer Certification  
(training of trainers)**



**For Your Convenience!**

**The Residential Child and Youth Care Professional Certification  
application and exam are now available online at [www.nrcys.ou.edu](http://www.nrcys.ou.edu).**

**National Child and Youth Care Professional Certification**

When you complete a **Residential Child and Youth Care Professional Trainer Certification** course, you can use your training to help your organization's staff become nationally certified Child and Youth Care Professionals.

Provide your direct care staff with recognizable professional status and evidence of the value you place on their role in service delivery. **Call (800) 274-2687 for more information on this program.**



The University of Oklahoma OUTREACH  
**National Resource Center for Youth Services**

Schusterman Center | 4502 E. 41st Street, Bldg. 4W | Tulsa, OK 74135-2512

Non Profit Org.  
U.S. Postage Paid  
Tulsa, OK  
Permit 881

Visit our website: [www.nrcys.ou.edu](http://www.nrcys.ou.edu)