Saint John Neumann Parish Invites all parishioners to the



Installation of

Fr. David Danneker

as Pastor of Saint John Neumann

with evening prayer



Monday, June 30, 2014

at 7:00p.m.



Location:

Saint John Neumann Parish

Pastor: Msgr. Richard A. Youtz

### **Holy Trinity**

#### The Trinity

The Trinity-God three in one-is a mystery of faith. Although the Trinity is a deep mystery, we can seek to understand it with our greatest human ability. As Catholic-Christians, we believe in a triune God: Father, Son, and Holy Spirit. The Holy Trinity teaches us that God is love. The Trinity is a communion of three persons—a divine relationship of love.

Jesus Himself reveals the Trinity. The Trinity is hardly logical. We cannot break it down like an algebraic formula. It is beyond our reason, beyond our comprehension. The YouCat says the mystery of the Trinity is "reasonable when (we) accept God's Revelation in Jesus Christ" (36). But again, what we can comprehend is God is love. He loves you. Unconditionally!

It's important to note the unity of the Trinity and the fact that it is visible even in the Old Testament. Yes, Jesus revealed the Trinity to us, but the Trinity always existed because it is God. And God was smart enough to give us clues to His Trinitarian nature throughout the Old Testament. Did you know Jesus is mentioned in Genesis, the first book of the Bible? Actually, it's in the first chapter. When God created the world, He did it by speaking—the Word. Jesus is the Word. John points out this connection in the first chapter of his Gospel.

Msgr. Youtz

Celebrate as a parish Fr. **Letteer's** 

new appointment

Extend your Well-Wishes and Goodbyes for Fr. Letteer on

Sunday, June 22

After these masses Sunday 7:30 a.m., 9:00 a.m. and 11 a.m.

Reception with refreshments

#### Mission Trip 2014

#### Thank you for your continual support!

Please pray for our Workamp participants who will be journeying to rebuild and restore homes that were hit with last years tornado in Moore, Oklahoma. Our faith calls us to work for those in need; to pursue peace and to defend the life and dignity and rights of our sisters and brother. Please pray for our students during the week of June 15-21, as they answer Jesus' call to help those in need.

Participants include: Michael Barto, Kevin Bodell, Jenna Bush, Anne Donnelly, Meg Donelly, Ryan Hennessy, Dominick Oliveri, Regina Oliveri, Rudy Rigano, Dominic Rodriquez, Nicholas Russinko, Corrine Schober, Brendan Varela-Keen, Ciara Varela-Keen Chaperone participants: Carol Reina, Sean Killen, Scott Warnick, and Yolanda

#### Mass Broadcast

**Mass Broadcast on Channel 66** 

St. Mary's 11:00 am

Sunday Mass is broadcast on LCTV Channel 66 from 5:00-6:00 pm on Sunday evening.

#### **Holy Trinity**

	I	T
		Marie Kenna
Monday, June 16	9:00 a.m.	Requested by Duncan and Kim
		Hawes
Tuesday, June 17	9:00 a.m.	Steve Cassidy
		Requested by The Kochanowski
		Family
		Steve Kovalchik
Wednesday, June 18	9:00 a.m.	Requested by
		Jim and Carol (Kovalchik) Dufrene
		and Family
Thursday, June 19	9:00 a.m.	Albert Heiles
		Requested by Dan and Barb Wagner
Eriden Jane 20	9:00 a.m.	Robert Harvey
Friday, June 20		Requested by The Harvey Family
		Kevin Kubicki
Saturday, June 21		Requested by Joyce Kubicki
Sunday, June 22	7:30 a.m.	People of Parish
		Larry Sills
Sunday, June 22		Requested by Mrs. Terry Leonard
	11:00 a.m.	John Meck
Sunday, June 22		Requested by The Henry Family and
		Friends
Sunday, June 22	5:30 p.m.	No Mass

#### IN YOUR PRAYERS REMEMBER

THE SICK OF OUR PARISH ESPECIALLY ...

Dolores Hess, Thomas Bertlet, Gerard Rothwell, Fran Gibes, Lauren Amanda Campbell, Mary Frey, Michael Andras, Eugenia Schrader ,Katie Martin West, Gail Trendler, John Scheuerman, Jr., Mickey Falcone, Patricia Hohman, Lawrence Zielinski, Dennis DeVorchik, Logan Andrew Bomgardner, Helen White, and all those in the Prayer Circle.

Sick and Shut Ins Please notify the Parish Office, 569-8531,

if you have a loved one from the parish who is in need of our prayers and would like their name placed in the bulletin.

Please notify the Parish Office 569-8531, when you enter the hospital.

Also, call if you desire weekly or monthly Communion brought to you in your home or if you know of someone who does.

# **PARISH CALENDAR EVENTS**

Sunday, June 15

Workcampers leave for Oklahoma

Monday, June 16

Workcampers at Oklahoma

Tuesday, June 17

Bazaar/ 9:30 a.m./ SH Choir/ 7 p.m./ Church Workcampers at Oklahoma

Wednesday, June 18

Workcampers at Oklahoma

Thursday, June 19

Workcampers at Oklahoma

Friday, June 20

Workcampers at Oklahoma

Saturday, June 21

Workcampers return today

#### PLEASE CONTACT BARBARA WAGNER

TO PLACE YOUR PARISH EVENT ON THE CALENDAR EMAIL BARBARA

ΑT

barb.wagner@sjnlancaster.org or call 717-569-8531. If you are new to the parish

please call the Parish Office and

we can help you register

for the parish 569-8531.

#### Readings for the week of June 22

#### The Most Holy Body and Blood of Christ

First Reading: Deuteronomy 8:2-3, 14b-16a

Psalm: Psalm 147:12-13, 14-15, 19-20

Second Reading: 1 Corinthians 10:16-17

Gospel: John 6:51-58

#### **Adoration every Wednesday after Mass**

Saint John Neumann Roman Catholic Church

Pastor: Msgr. Richard A. Youtz

**Holy Trinity** 

#### PARISH HEALTH MINISTRY

June 15, 2014

Lancaster, PA 17601

Boost Your Energy and Feel More Energetic

The many demands of everyday life and the various activities of each day can drain all your energy. As we get older, we may automatically assume that fatigue and decreased energy are to be expected. However this is not necessarily so.

Understanding the source of your fatigue is important if you want to begin to boost your energy levels. Once you understand the possible cause, you can then take action to counteract these factors. Here are some suggestions that may help you re-energize you:

- Get a good night's sleep-You should get a core sleep of at least 5 hour and try then to increase the amount of sleep up to seven hours or more of restful sleep each night. Living a sedentary lifestyle can be related to poor sleep. In order to improve sleep problems, try establishing regular sleep and wake cycles. Make sure your bedroom is cool, dark and comfortable. Refrain from exercise, alcohol consumption or caffeine within four hours of bedtime. Pursue calming activities in the hour or so before retiring.
- Reduce stress—Repeated stress or chronic stress can cause wear and tear on your body and deplete energy. Learn and practice relaxation techniques and try to get regular exercise five days a week for at least 20 minutes daily. Discuss your problems with your loved ones or with close friends. Focus on engaging in relaxing activities such as a warm bath or listening to music.
- Eat healthy—Poor eating habits can create vitamin and mineral deficiencies. Try to focus on consuming a balanced diet and get plenty of fiber to move the food through the digestive tract. To keep your blood sugar in a steady balance, eat small, regular meals every three or four hours. Avoid simple sugars that can cause high blood sugars followed by blood sugar lows that deplete energy.
- Exercise-Regular low to moderate exercise such as a brisk walk, swimming, or yoga every day for at least 30 minutes can boost your energy level. Avoid prolonged sitting. Try to stand up and walk around for a few minutes every hour or so during your waking hours.
   Also stay well hydrated and avoid excessive exercise that can actually deplete your energy.

This information came from Massachusetts General Hospital, Mind, Mood & Memory, Volume 10, Number 5, May 2014

Eleanor Nuffort-Parish Nurse

Off The Streets, Lancaster, started right here at St. John Neumann, just one year ago. Our mission? To help the homeless Off the Streets of Lancaster and into a room of their own - one person at a time. More than 25 parishioners and friends attended our first organizational meeting in May 2013. Since we took our "First Family" Off The Streets in July 2013, we have placed about 90 homeless persons and families into their own apartments. This has been done with no government funding, no paid staff, no offices, literally no overhead. Every part of this ministry is truly an Act of Faith. Almost every dollar contributed goes directly to security deposits (typically \$500) payable to landlords for homeless persons who have the ability to pay a monthly rent. All furniture is donated and used to help the homeless furnish their apartment.

Parishioners of St. John Neumann Parish have rallied around this cause in many different ways. We thank Monsignor Youtz, our Spiritual Director, for allowing us to use the Parish parking lot to collect donated furniture, for allowing us to use the Parish facilities for meetings, and mail drop for donations and correspondence, allowing us to set up the Loose Change jugs for donations, and use of the Parish copier. There are many more homeless that we will try to get Off The Streets. We get most of our referrals from other agencies who send clients to us who have the ability to pay a monthly rent, but cannot come up with a security deposit or basic household needs such as a bed, dresser, table, chairs, linens, pots/pans and other Living Needs. Almost all the homeless we have housed remain housed. Every homeless person we have helped and every Agency that refers homeless to us have been so very thankful. We, in turn, thank God we have the Gifts to serve.

Since it was founded in 2009, Off The Streets has been flourishing in Danbury, Connecticut. And because the Lancaster Chapter has been such a success, additional Chapters have been established in Bridgeport, CT and Huntington Beach, California. A book, Help the Homeless - OFF THE STREETS - One Person At A Time, is about to be published. Building on the strengths of each of the four Chapters of Off the Streets, the book is intended to inspire others to start their own Off The Streets Chapters in their own Communities and States.

#### Angela's Corner:

Year-to-date Sales \$ 106,590

Year-to-date Earned \$ 5,344.49

Remember, you can purchase gift cards to pay for many of your vacation expenses i.e. gasoline, hotels, national restaurants, etc. All funds earned will be used at the pastor's discretion towards scholarships to Catholic schools and/or social service initiatives.

Pastor: Msgr. Richard A. Youtz

# **Holy Trinity**



This is what it looks like when 25,000 youth and adults attend the NCYC!!!

# Youth Ministry National Catholic Youth Conference 2015 Indianapolis

Meeting: Sunday, July 13,2014

Noon

Cost: Depends on how much we fundraise

The National Catholic Youth Conference is an exciting, biennial three-day experience of prayer, community, and empowerment for Catholic teenagers and their adult chaperones. The schedule includes keynote addresses, concurrent and workshop sessions addressing a wide variety of topics. There are also opportunities for liturgy, reconciliation, prayer and worship, recreation and special activities such as concerts, exhibits, and the interactive thematic park.

NCYC is open to high school age young people and their chaperones. Most participants are Catholic. Many youth participants are leaders in their local parishes, schools and/or diocese, though many are just beginning to connect to their faith. Some attendees may have participated in previous national or international events such as the World Youth Day. Many are experiencing this type of gathering for the first time.

This is a wonderful trip... Join us as we grow stronger in our faith!

Students must be in ninth grade to attend.



If you would like more information on NCYC, please call the Youth Office or go to nfcym.com





#### **Catholic School News**

#### St. Anne School - Your Parish School!

Summer News. Beginning the week of June 16<sup>th</sup> through the week of August 11<sup>th</sup> the school office will be closed on Monday and Friday. The office will be open on Tuesday, Wednesday and Thursday from 8:30 until 11:30 a.m. There may be instances where the office will need to close during regular hours, so a good rule of thumb during the summer is to call ahead.

Are you looking for a Christ-centered and safe environment where your child's spiritual, academic, physical and social growth are fostered? Then you are looking for St. Anne School's Preschool Program! The program, which is currently accepting registrations for the 2014-2015 school year, is hosted at St. John Neumann and offers both Pre-K 3 and Pre -K 4 classes. The classes are taught by a state certified teacher and the program is Middle States and Diocesan accredited. Please pick up one of our brochures located on the St. Anne School bulletin board across from the church office. Or you can call the school office at 394-6711 for more program and registration information.

August 25<sup>th</sup> is the first day of school for the 2014-2015 school year. It will also mark the 90<sup>th</sup> anniversary of Catholic Education at St. Anne School. We are looking for parents, past parents and alumni who would be interested in serving on a 90<sup>th</sup> anniversary committee. This group will be planning activities to celebrate this important milestone throughout the coming school year. If you are interested in being a member of this committee, please contact Janice Wolfe at

wolfeja@stannelancaster.org by Friday, June 20. We will be meeting later in the summer to brainstorm and discuss various activities.

Registrations will continue to be accepted over the summer for students interested in attending St. Anne School for the 2014-2015 school year. Please contact the school office at 394-6711 for a school tour, information about the school and registration packets. We would love to have you join our family

Sponsorship Form
Sponsors Name
Address:
CityState Zip Phone
Email:
\$125 Hole Sponsorship Fee includes 12"X18" Profes sional Sign of your business at a Tee Box & Recognition in the Banquet Program after Golf.
Hole Sponsorship and Golf Foursome paying with or check \$425.00
Registration Form
Player's Name:
Address:
City:
State: Zip:
Phone:
Email:
Registration Form
Player's Name:
Address:
City:
State: Zip:
Phone:
Email:
Registration Form
Player's Name:
Address:
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Registration Form
Player's Name:
Address:
City:
State: Zip:
Phone:

# St. John Neumann Knights of Columbus presents the 14th Annual Golf Outing

Friday, July 18, 2014

## Four Seasons Golf Course

Tee off 12:30 PM Sharp

Light Lunch 11:30 AM \* Rain or Shine

#### **Registration Fee**

\$75 per golfer or \$300.00 per foursome **Includes:** 

18 Hole Green Fee with Cart Closest to the Pin Awards Longest Drive Awards

Hole-In-One on designated hole wins Car from Keller Bros. Dodge Hole-in-one Prizes on all Par Threes

First, Second, and Third Place Team Awards (using handicap system)

#### **Light Lunch**

Hot Dogs, Chips, Soda or Beer Full Dinner includes:

BBQ Chicken & Ribs,
Baked Potato with Butter and Sour Cream,
Corn on the Cob, Tossed Green Salad
Assorted Rolls and Butter, Dessert
Iced Tea, Lemonade & Coffee
Door Prizes

Make checks payable to: K of C Council 12532 (July 4th is the deadline)

#### **Questions:**

Contact: Dick Reehling at PSYRHR@aol.com



Proceeds from this event will benefit Youth Groups, Woman's Groups and other local charities.

	Dinner Only: \$25
Name:	
Address:	
City:	
State:	Zip:
Phone:	
Email:	