

Byron Park District **TRACK & FIELD CAMP**

Something for everyone which will benefit you in all of your activities! The focus is on proper running technique along with learning the fundamentals of several Track & Field Events. Sessions include Running & Relay Events, High Jump, Long Jump, Hurdles, Shot Put, and Discus. A great way to stay fit with friends!

Note: An inter squad track meet will be held on June 26th. Parents encouraged to come cheer on their children. The track meet may extend past 10:15 a.m.

WHO: Boys & Girls Entering 3rd - 8th Grade (*Fall 2014*)

WHEN: Mondays, Tuesdays & Thursdays **MIN/MAX:** 15/75

CODE: 411050-A1 **DATES:** 6/10 - 6/26 **TIME:** 9:00 - 10:15 a.m. **FEE:** \$36 res./\$42 nr.



COORDINATOR: Glen Kirk

LOCATION: Byron H.S. Outdoor Track (*Rain-P.E. Center*)

REGISTRATION DEADLINE: **Tues., June 3rd**

(Register Online or Return Form & Fee To The Byron Park District Office)

411050-A1 **TRACK & FIELD CAMP** \$36 res./\$42 nr.

Name: _____ **Gender:** M F **Grade:** _____

Birthdate: _____ **Age:** ____ **Primary Guardian:** _____

Address: _____ **City/State/Zip:** _____

Phone(s): _____ **Email:** _____

Emergency Contact & Phone: _____

Payment: **Office Use Only:** Amt. Pd.: \$_____ Rec.'d By: _____

Cash Check _____ Credit Card: AM EXP Discover MC Visa Exp. _____

Card #: _____ Cardholder's Name: _____

WAIVER & RELEASE OF ALL CLAIMS

In consideration of me (or my minor child/ward) being allowed to enroll in this program, I hereby personally assume all risks in connection with this program and release the instructors, supervisors, owners, Byron Park District and the Byron CUSD #226 for any injury, damage or loss and from any claim by me, my family, estate, heirs, or assigns, arising out of my enrollment and participation. I understand that on occasion, the Park District staff may take photos of participants enrolled in activities/programs and am aware that these photos are for Park District use only and may be used in future marketing tools (ie. brochures, fliers, website).

I have read, fully understand and accept the details, waiver and release of all claims above.

Signature of Participant or Parent/Guardian

Date

