

# 3 Things to Know

## 3 Things to Do



### Safe, Sober Holiday Driving

Weekly Safety Topic

ACES Driving Campaign 2014

December 22

#### 3 Things to Know About Drunk Driving During the Holidays

**1** The death toll from drunk driving crashes during the Christmas to New Year period is significantly worse than the rest of the year. On the worst days, an average of 54 Americans lose their lives to alcohol related crashes every day over the holidays.

**2** Almost 800 Americans will lose their lives in vehicle crashes during the 2014 holiday season. In addition to the loss of life, 39,000 to 45,000 people will sustain injuries requiring medical attention from vehicle crashes.

**3** The facts are grim. During the 2012 holiday period, 1,698 people nationwide were killed on the road, with almost a third of the fatalities related to drunk-driving. On Christmas Day that year, 26 people were killed by drunk drivers. Sadly, we could be facing two especially deadly holiday periods, since each will include a long four-day weekend.

#### 3 Things to Do About Drunk Driving During the Holidays

Take every precaution; buckle seatbelts every time, secure children properly, drive defensively, put away that cell phone, and of course, never operate a vehicle when impaired by alcohol or drugs.

Make sure you have a **designated driver** who will stay sober and be responsible for taking you home safely; or **drop off your keys**. If you plan to party hard and/or late, bring an overnight bag so that you are prepared to sleep over until you are sober and alert enough to drive home. In fact, make it part of your plans and everyone will sleep better.

**Walking isn't much safer.** You aren't necessarily safer if you decide to hoof it after a few drinks instead of getting behind the wheel. The first day of the New Year sees more pedestrians killed than any other day of the year. If you must walk, go in a group and wear visible clothing, so that drivers can see you. It's a myth that coffee can help sober you up. Only time can do that, so stay put until you recover. Have fun this holiday season, but stay safe!

**If you have not completed the Mandatory Bloodborne Pathogens Training, please do so immediately. It is located under the December 15 Weekly Topic**

Employee Last Name

Employee First Name

Location

Fleet Manager Name