



WHOLE CHILDREN

Recreation and enrichment programs
for children of all abilities

Summer 2015

Sports, drama, recreation and music programs
for toddlers, children, and teens of all abilities

MONDAY, JULY 6 - FRIDAY, AUGUST 21

SUMMER CLASS SCHEDULE 2015



Let's go paperless! We are making the catalog available to download, with links embedded to make signing up for classes even easier! To opt out of the printed/mailed class catalogs send an email to info@wholechildren.org. We will keep sending the printed version if we do not receive an email from you asking for the change. Thank you!



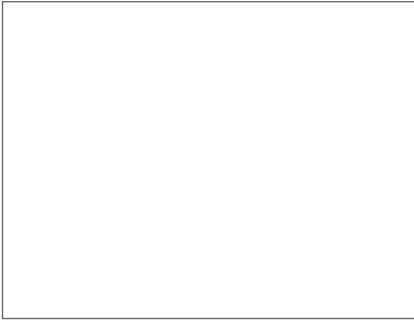


SUMMER AT WHOLE CHILDREN

We are happy to offer exciting and varied programs this summer, chock full of fun, adventure and learning to make sure that everyone is able to squeeze the most out of every summer moment! Each week includes a balance of social skills, indoor and outdoor recreation, and community visits.

YOUNGER FOLK - AGES 3-6; JULY 10 - AUGUST 21

Fridays 10 a.m. - 11:00 a.m.



Morning Movement and Play: *Lacie Omps, Pete Smith*

Join us as we move, dance, and explore pretend play. We will be learning about rhythm, sharing, energy modulation, and body awareness as we move individually and as a group. The class will include structured activities and pretend play, incorporating props, such as scarves, parachute, and drums/shakers to name a few. In addition to structured movement time, pretend play and story time is incorporated into the class to develop reciprocal communication skills. Join us for pretend and dance fun!

Fridays; 10:00-11:00 a.m.; \$115; DDS price: \$100

SCHOOL AGE - AGES 7-12; JULY 6 - AUGUST 21

Monday – Friday 1 p.m. – 4 p.m.

We have two school-age camps to choose from each week. Pokemon and Minecraft Club (for ages 7-13) runs **every week** while the theme of the second camp (age 7-12) changes weekly. \$225; DDS price: \$150. Non-DDS families: sign up for two or more weeks and pay \$200/week.

July 6 – August 21, Pokeman and Minecraft Club: *Instructors, Amanda Kent, Emily Schuster, Brittany Kelly*

Chat, draw, trade, and battle in a comfortable and friendly environment. All aspects of the Pokémon universe are welcomed so bring your cards, video games, and anything else you would like to share! Then join



us in the pixelated world of Minecraft, where gamers explore and build to their hearts content! On our specially designated Minecraft server, students interact with each other while being both in the game world and in the same room. We will also have a wide variety of exciting board games to play, as well as time for recess games and free movement. Every day includes snack time (please bring a nut free snack), physical activities, and games. If you do not already own Minecraft for PC, keep in mind that an account is required to play, which can be purchased at Minecraft.net for \$25.

July 6 – July 10, Sports Week 1: *Instructors, Kayla Santos, Lacie Omps*

Come join us for a week of sportsmanship and team-building! We will be playing kickball, soccer, flag football, and relay races (just to name a few!) while we learn the rules and practice sharing, taking turns, flexibility, and being positive! We'll be getting wet at least one day of camp, so be sure to bring a towel and change of clothes. We can't wait to see you on the field.

July 13 – 17, Kung Fu: *Instructors, Morgan Kent, Pete Smith*

Kids express themselves through the martial art of Indonesian Kung-Fu, which encourages the free movements of four animals: the monkey, tiger, snake and crane. From the movements of the animals we learn about being grounded, playful, coordinated, fast, balanced, fluid, intense, and creative. We also focus on learning invaluable life lessons of communication, boundary setting, verbal self-defense, and physical self-defense.

July 20 – July 24 Sports Week 2: *Instructors, Kayla Santos, Lacie Omps*

Come join us for a week of sportsmanship and team building! We will be playing kickball, soccer, flag football, and relay races (just to name a few!) while we learn the rules and practice sharing, taking turns, flexibility, and being positive! We'll be getting wet at least one day of camp, so be sure to bring a towel and change of clothes. We can't wait to see you on the field.

SCHOOL AGE - AGES 7-12; JULY 6 - AUGUST 21, CONTINUED

July 27 – 31, Science Club: *Instructors, Brian Melanson, Pete Smith, Abby Haas-Hooven*

Our Science Club aims to stimulate an innate sense of awe as we enjoy a variety of immersive and multi-sensory activities that offer a front-row seat to the majesty of the natural world. We will be hands-on as we explore weird and wonderful math concepts, such as fractals, and discover how simple patterns govern the seeming chaos of the world around us. We will consider space travel and learn about the phenomenon of zero gravity. We will even make a delicious burrito out of a tortilla with only one side. How, you ask? It's SCIENCE!

August 3 – 7, Cooperative Building Camp: *Instructors, Pete Smith and Abby Haas-Hooven*

Come join us for a week of creative and collaborative building for school aged kids! We'll learn about simple machines and experiment with different materials as we plan and build super cool projects. From Lego to dominoes, we'll spend our days working together, focusing on making group plans, sharing, cooperation, and friendship skills.

August 10 – 14, Jr. Chefs Cooking Show: *Instructors, Pete Smith and Abby Haas-Hooven*

Calling all Junior Chefs! We need your help to make Whole Children's first ever cooking show a success. Students in this camp will learn about healthy eating habits while planning and cooking meals to share. We'll go over kitchen safety, and following recipes. Once we've got the skills we need, we'll make short how-to videos to share with the world. As always, in addition to cooking, we'll be working on collaboration, cooperation and social skills as we prepare and share the meals we make.

August 17 – 21, Creative Movement: *Instructors, Lacie Omps and Abby Haas-Hooven*

Join us for a week of moving, dancing, and exploring pretend play. We will be learning about rhythm, energy modulation, body awareness, and friendships as we move individually and as a group. The class will include structured activities and pretend play, incorporating props, such as scarves, parachute, and drums/shakers to name a few. Join us for pretending and dancing fun!

TEENS (AGES 13 AND UP)

JULY PROGRAM: JULY 6 - 31

Monday - Friday; 1-4 p.m.; \$225; DDS price: \$150.

Non-DDS families: sign up for two or more weeks and pay \$200/week.

Independence, enrichment and wellness is our focus in July as teens engage in a wide variety of activities designed to teach skills while still having a blast. Whether we are stretching our legs with a leisurely round of disc golf, honing our art appreciation at a local museum or designing a healthy meal from local ingredients, this month of fun promises to engage and delight at every turn.

AUGUST PROGRAM: AUGUST 3 - 21

Monday - Friday; 10 a.m. - 3 p.m.; \$350;

DDS price: \$230. Non-DDS families: sign up for two or more weeks and pay \$315/week.

Aug 3 – 7, Vocational Exploration Week: *Instructors, Chris Harper, Brian Melanson, Lacie Omps*

This week teens get a real sense of jobs and volunteer opportunities in our community. We spend time here at the Inclusive Community Center practicing essential skills, such as writing a resume, filling out an application, and appropriate handshakes and greetings. We will even film students in an as-real-as-possible interview role-play. We'll only be in-house one day, though, because the rest of the time we are out and about

visiting a wide variety of local businesses and non-profits, where students will have a chance to ask questions, take tours, and get a glimpse of the variety of opportunities they will have for working in the community.

Aug 10 – 14, Adventure Week: *Instructors, Chris Harper, Brian Melanson, Lacie Omps*

An opportunity to nurture your sense of adventure and stretch beyond your comfort zone, this week we will be rock climbing, kayaking, hiking, swimming, doing ropes courses and or just eating some ice cream. The week is packed with expertly run adventures in a variety of locations, and students are sure to benefit from the safe, supportive and encouraging atmosphere we provide. From the DAR in Goshen to the top of Mt. Toby to the ropes courses at Morse Hill, you are sure to love Teen Adventure Week! Additional activities Fees: \$42 for Morse Hill,

Aug 17 – 21, Theatre Improv Week: *Instructor, Jeannine Haas*

Students will stretch their communication skills, spontaneity, and funny bones while playing theatre improvisation games. These tried and true games involve body, mind, voice and imagination and foster cooperation. But most importantly- fun, fun, summer fun!





Whole Children
 41 Russell Street
 Hadley, MA 01035

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RETURN SERVICE REQUESTED

SUMMER 2015 Class Registration

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Child's Name _____ Age _____

Parents' Names _____

Street Address _____ City _____

State _____ Zip _____ Home phone _____ Email _____

CLASS	DAY(S) AND TIME	COST

Amount Enclosed \$ _____ Please make checks payable to: **Whole Children**

A 50% deposit will be required to reserve your place.

To pay by credit card or PayPal, please use our online registration form at www.wholechildren.org or call 413-585-8010

Whole Children is a program of The Association For Community Living