

Charger Athletic Contract

Expectations:

- **BE ON TIME:** Athletes are expected to be dressed and ready for practice by 3:30. Arriving late, without a valid excuse, will result in extra conditioning after practice. A valid excuse is one that has been cleared by a coach or is school related. Leaving early is the same as arriving late.
- **BE PREPARED:** Practice clothing should not be in violation of the school dress code. Appropriate athletic shoes should be worn and no blue jeans or blue jean shorts are allowed. In some sports a practice uniform will be provided but will not go home. We will wash these for the players. Players are asked to always have an extra set of practice clothes and tennis shoes for an emergency situation.
- **BE POSITIVE:** A positive attitude and 100% effort is expected at all times.

Missed Practices: *Excused and Unexcused*

- If you are unable to attend a practice or are leaving school early due to illness, you are to notify a coach personally or with a written note, phone call or email from your parents by 3:00 pm on that day. Coaches are responsible for you afterschool and need to know where you are and why you are not with them.
- An absence is excused if you are not in school due to an illness or a family emergency. Make up conditioning will occur per days missed and playing time may be affected. Examples of unexcused absences are a hair appointment, going to another sporting event you are involved with, family trips, etc. If you are unsure if an absence will be excused or unexcused please see a coach and inquire before it occurs.
 - Unexcused Absences:
 1. 1st offence = extra conditioning + playing time affected
 2. 2nd offence = extra conditioning + suspension of one game
 3. 3rd offence = dismissal from team
- **If a student/athlete is absent or in ISS they will be responsible for getting their grade sheet completed when they return to school or class.**
- **On Early Release days we still do grade sheets as planned. They will get grade sheet filled out by teachers and then parent signs that night and coach will sign off at Thursdays practice/game.**

Grades and Behavior:

- A completed grade sheet will need to be turned in at the beginning of practice on Wednesdays. Grade sheets will be returned to the student/athlete by the end of practice and must be returned with a parent/guardian signature by the beginning of practice or game on Thursday.
- If any grades are **below a 70** the student/athlete will:
 - **STEP #1:** The student/athlete will fill out an **Academic Improvement Plan (AIP)** that he/she should attain from their coach. This completed form will be returned to the coach with the grade sheet on Thursday. Parents will be contacted to let them know what the student/athlete needs to do in order bring his/her grade up to passing. The student/athlete will be given the opportunity during practice to successfully complete the assignments set forth by the AIP.
 - **STEP #2:** If improvements are not made by the next weeks grade sheet the student/athlete will not participate in a practice or a game until the grade is brought up to passing. (passing = a 70 or above).
 - A missing grade sheet/AIP will mean that they do not practice or play until the grade sheet/AIP is turned in. Privileges will resume when grade sheet/AIP is turned in.

***Any future failing grades during that season by that student/athlete will result in going straight to STEP #2 of the plan.**

***FALSIFICATION OF A GRADE SHEET (ie. Forging signatures, changing grades, changing comments, etc.) IN ANYWAY WILL RESULT IN IMMEDIATE DISMISSAL FROM THE TEAM. This means that you will no longer be part of team. You will be removed for the rest of that season in that sport.**

- Team members are expected to be model students. Negative behavior comments on your grade sheet will result in extra conditioning and possible game suspensions.
 - Behavior Consequences:
 - 1st= coach and student conference + extra conditioning for the team
 - 2nd= behavior contract+ extra conditioning for the individual + conference with coach and athletic director
 - 3rd = one game suspension + extra conditioning for the individual

***Any further problems and athlete will be removed from the team.**

Practice and Games:

- We will practice Monday through Friday. (No practice/games on Early Release days.)
- After practice you will need to wait for your ride in the front off the school. If you are not there it will be assumed that you have been picked up.
- In order to participate in the first game, you must have turned in your health card, signed sportsmanship pledge, signed Charger Athletic Contract, signed Late Pick up Policy, and any other required paperwork. You must also have a current physical to practice or participate in games.
- If you are in ISS or OSS you are not eligible to play in a game or participate in practice in any way. You have to go home at the end of the school day.
- **Practice times will be given to the athlete and parents by the coach. During each season there will be calendars given for each month in that sport.**

Afterschool Program:

- Each athlete will be asked to fill out an afterschool program application so that if needed they can take advantage of the tutoring part of that program.

Away Game Policy:

- Student/Athletes will ride the bus to and from the away games. If your parents want you to ride home with them, you need to bring a note the day before the game. Parents may also e-mail us if you do so by 1:00pm on the day of the game. Coaches will share e-mail addresses with you as needed or you can use the Athletic Director's below.

We are looking forward to having your child involved with the athletic program at C.W. Stanford. If you should have any questions or concerns please use the information below to e-mail or call the Athletic Director.

C.W. Stanford Athletic Director: Julie Karnes

E-mail address: julie.karnes@orange.k12.nc.us

School phone: 919-732-6121 ext. 30090

Cell phone: 919-883-6550

I understand and agree to all the rules and procedures of this athletic contract, and will do my best to follow the rules/ support the rules to the best of my ability.

Athlete's Signature _____

Parent's Signature _____