

Weekly Update for: February 11th – 17th

(Our winter season ends on Feb 28th for everyone that's not attending a State meet)

[Storm Practice Schedule Link](#)

[Google Calendar Links](#)

***Any new time achieved during the finals season can be entered in the next meet. For example; if your swimmer earns a new "C" time at the Pre-C Finals meet they are eligible to enter that event even though the entry deadline has passed. Please send us an email with any additions ASAP to ensure they get entered into the meet.

Meet Results:

[Aquajet B/C Open](#) – February 9-10

Great swimming everyone! There were time drops all over the place and it looks like we're ready for the championship season to begin!

We are aware that there were several timing issues at the meet. After looking them over we are confident that the reported times are accurate and good to go. Please know the host teams, officials and coaches all work in concert to attempt to get every time accurate.

Weekend Meets:

[Rochester "A" Meet](#) – February 15-17

We sent out an update yesterday with a timeline and psych sheet. Those are inaccurate. Attached is the updated psych sheet, please check back with at our website for the updated timeline.

[OMNI Pre-C Finals](#) – February 15th

Timeline is now attached! We have 23 swimmers heading to the meet and it should be a great night!

Upcoming Meets:

[Northfield "C" Finals](#) – February 23rd – 24th

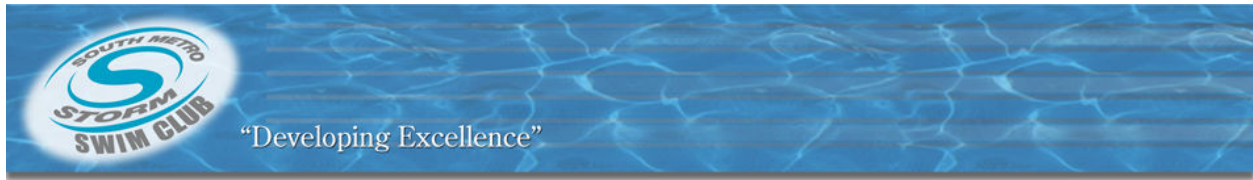
Registration Deadline: February 12th

This is the start of our Championship Season! Swimmers with "C" times are eligible to attend. This is a great chance to make a few more "B" or "A" times for the MRC meet in Rochester!

[Minnesota Regional Championships](#) (formerly A/B Finals) – March 1st – 3rd @ Rochester, MN

Registration Deadline: February 18th

This should be a great meet! We're hoping to have as many Storm swimmers as possible attend this meet. For many of this it will be the culmination of a great season of fun and hard work! For some of us it will be chance to make some new State qualifying times! Please sign up by Monday night to ensure entry.



[Sr State Meet](#): March 7th – 9th @ University of Minnesota

Registration Deadline: February 25th

Game on! Let's see how we stack up against the best in the State! You've been working hard and it's time to show everyone else what you've accomplished.

[Age Group State \(14&Under\)](#): March 14th – 17th @ Rochester, MN

Registration Deadline: March 4th

Game on! Let's see how we stack up against the best in the State! You've been working hard and it's time to show everyone else what you've accomplished.

March Training:

We will be posting times for our March Training shortly. This is a great opportunity for those in Ig1 and above to stay in the water during our break. We typically offer 2x's per week in both Lakeville and Prior Lake. If you're interested in taking advantage of this offering, please bring a check for 50.00 to your first practice (even if your signed up for auto pay).

Rochester Hotel Blocks:

We have reserved a block of rooms @ the Rochester Marriott for the Age Group State meet. To reserve a room please give them a call and as for the "South Metro Storm Swim Team Rate"

507.536.0040 - Deadline for the Age Group State is March 4th

See you in the pool,

The Coaching Staff

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