



**PRIDE SOCCER CLUB**  
**Program Information Packet**  
**2012-2013**

## **ABOUT PSC**

Pride Soccer Club was established in 2004 responding to the need of a more competitive youth soccer program with a higher level of training in the Canal Winchester and surrounding area. In the Fall of 2004, PSC was comprised of only four teams. Over the last few years, PSC has had 25-30 teams with several teams competing on the State level. Currently PSC has widespread membership with players coming from over 25 different high schools. PSC has a coaching staff of over 20 coaches with eleven having a USSF National 'D' License or higher. The coaching staff is guided by the PSC training and coaching curriculum, which is based on United States Soccer Federation (USSF) and National Soccer Coaches Association of America (NSCAA) guidelines.

The Pride Soccer Club is a proud member of the Ohio South Youth Soccer Association (OSYSA), which is affiliated with the United States Soccer Federation (USSF) and the United States Youth Soccer Association (USYSA). PSC teams compete in the Mid Ohio Select Soccer League (MOSSL), Buckeye Premier Youth Soccer League (BPYSL) and Ohio South State League (OSSL). PSC is a non-profit 501 (c)(3) organization, which is supported by player fees, donations, and fundraising

Our overall goal is to provide an environment in which players can develop to their fullest soccer potential in addition to developing character traits that will impact them for life!

# **Pride Soccer Club**

## **Expectations and FAQs**

### **The Player, Team and Club**

Once you commit to join PSC, you are part of the club, not just one team. Members of PSC agree to put the club ahead of the team. Although in most cases you will play on one team the entire season, you could be asked to play on another team during your membership. Club decisions will be made by the appropriate member of the Pride staff. Players are also expected to be committed to the club for the entire seasonal year (fall and spring) beginning July 1.

### **Expectations of the Individual Player**

During the soccer season the team and its players will participate in training sessions, league play and tournaments. Players are expected to arrive on time with required equipment (shoes, proper uniforms, soccer ball, shin guards, etc.) and be ready to train or play. If players will not be able to attend an event or will be late, it is expected that they let the coach know. Players are also expected to give their best effort at each training and game and have a positive, team-centered attitude.

### **Teams and Rosters**

U8-U10 teams will play 6v6 and have 8-12 players on each roster. U11-U12 teams will play 8v8 and have 10-14 players on each roster. U13-U19 teams will play 11v11 and have 13-22 players on each roster.

### **Guest Players**

At times during the season players may be asked to guest play on another team for league play or a tournament when the team is need of more players.

### **Tryouts and Player Placement**

Tryouts will occur at the end of each seasonal year according to MOSSL and OSYSA bylaws. During tryouts players will be evaluated by PSC coaches and other qualified evaluators. Players will be evaluated on technical abilities, tactical abilities, physical abilities, and special qualities such as attitude, character and leadership. Players will be placed on teams according to their abilities and the needs of the team. If additional players are needed throughout the season, players can and will be added to teams after the tryout process. If players are selected to join PSC, registration materials and commitment deposits are due the Sunday after tryouts.

### **Coaching Staff**

PSC currently has one of the strongest coaching staffs of any club in central Ohio with eleven coaches having a National 'D' License or higher. Coaches will be chosen based on playing experience, coaching experience, coaching license level, personality and other qualities. Coaches will be placed to teams by the PSC Director of Coaching according to the needs of the team. The coaching staff will work together to ensure all training sessions are covered by a qualified coach. In the event that a coach has another conflict and cannot make his or her team's training or game, another staff coach will cover the event. If no coaches are available, a qualified parent will be asked to cover. In most cases, coaches will be assigned to teams for the entire seasonal year. A list of current staff coaches is available on the PSC Website.

### **Coaching Decisions**

Coaches will make decisions on game line-ups, positions, playing time, etc. Players and parents are expected to respect those decisions and players should put the team's interest ahead of themselves and fulfill the role they are asked to perform for the sake of the team. If parents have questions regarding decisions that were made during the game, they are to observe the 24 hour rule and wait at least until the next day to address the coach. Parents and coaches are always expected to address each other in an appropriate, professional manner.

### **Playing Time**

Playing time is decided by the coach. U10 and under players should play a minimum amount of around half of the game. All other ages should not play less than one third of the game. Coaches will determine how players can increase their playing time and communicate that to parents and players.

### **Tournaments**

Tournaments will be selected by the PSC Directors in cooperation with the coaching staff based on the level and needs of the team. When possible, PSC will send multiple teams to the same tournament. Teams that play in higher level leagues will be sent to higher level tournaments, which sometimes require more travel.

### **League Play**

Pride Soccer Club is a member of the Mid Ohio Select Soccer League (MOSSL) and Buckeye Premier Youth Soccer League (BPYSL). Both leagues are sanctioned by Ohio South Youth Soccer Association (OSYSA), which is affiliated with the United States Youth Soccer Association (USYSA). BPYSL is for higher level U11-U19 teams and includes teams from Dayton and Cincinnati. BPSYL usually consists of 6-8 league games with 2-4 of those games possibly out of town. PSC will choose the league that is most appropriate for the development of the team.

### **Length of Season/Time Commitment**

The fall season usually begins with team camp around the last week of July. Training begins in early August with preseason tournaments in August and September. League play is in September and October with MOSSL tournaments in late October. Optional winter leagues and training runs November through February. Training for the spring season usually begins early March with preseason tournaments in March or early April. League play is in April and May with MOSSL and other tournaments in May and early June.

### **Game and Training Locations**

PSC trains and plays MOSSL home games in Canal Winchester. U11-U19 teams play home games at Canal Winchester Middle School. For league play in MOSSL there are 8-10 league games (1/2 home, 1/2 away). Away games are in the Central Ohio area. For league play in BPYSL there are 6-8 league games, which are played at neutral fields in Columbus, Dayton or Cincinnati. Tournament travel is based on age and competition level. Teams are likely to travel to tournaments outside of Columbus and some teams may travel out of state. Training takes place at PSC/Kroger training fields or at Canal Winchester High School. U9-U12 teams play home games at David Lutheran Church.

### **Hotels**

In many cases, teams will travel to tournaments which require an overnight stay. Hotel decisions and reservations will initially be made by the club or team administrators. It is the player/parent's responsibility to finalize and confirm the reservations before the set deadline. The hotel reservations are made based on many factors and for the convenience of teams staying together, but ultimately it is the parent's choice whether or not they use the hotels that have been reserved for the team.

### **Parents and Team Commitment**

Parental support and involvement in the club are essential. If your son/daughter is selected and chooses to commit himself/herself to the Pride, your commitment is also necessary. If players are to make a commitment to the club and their team, parents must see to it that players attend all possible club and team functions. At times, conflicts cannot be avoided and other more important events will take precedence. The club requires your communication, planning, and understanding so we can minimize conflicts. When players are going to miss a training session or match, it is best to let the coach know at least a day in advance as they can plan accordingly.

### **Overall Behavior**

We expect our players, parents and coaches to possess characteristics such as respect, responsibility, discipline, leadership, dedication, and integrity. Coaches will instruct players to ignore adverse conditions, such as poor calls made by referees, foul language, rough play, cheating, poor weather, and negative behavior by opponents and focus on what they can control, such as their effort and attitude. We expect our parents to have this same approach. Parents and players are to adhere to the PSC Fan Code of Conduct (on website). Decisions regarding disciplinary actions will be made by the PSC Director.

### **Sideline Behavior**

Your vocal support and positive encouragement are very much welcome on the sideline. However, no matter how good your intentions are, giving instructions to players or coaching from the parent sideline is not allowed. We also insist that parents refrain from addressing the referees, opposing players and coaches.

### **Uniform and Equipment Policy**

All players are expected to wear the designated club Adidas uniform. Players will choose numbers from 1 to 40. If more than 40 players exist in an age group, then players will be given more numbers to choose from. Players on existing Pride teams retain priority in choosing uniform numbers. Uniforms will change every 2-3 years based on product availability.

### **Player Fees and Financial Commitment**

Parents are expected to adhere to the payment schedule set at the beginning of the season for their team. If additional arrangements need to be made, parents are expected to contact the PSC Director or Administrator. Please see the player fee information on the PSC website. Pride Soccer Club is committed to keeping player fees at an affordable cost. If you research the fees of other clubs, you'll find that we offer the best value in Columbus, OH.

### **Optional Events and Programs**

Throughout the year PSC will offer optional programs such as indoor soccer and winter training. These programs are provided in order to aid in player development and will usually incur an additional fee. PSC will also organize events, such as parties and clinics that are optional.

### **Volunteer Parent Administrators**

Each team will have a volunteer parent administrator that will assist the coach in making sure all of the details of running the team, such as scheduling, referees, team communication, etc, are covered. It is the parent and player's responsibility to make sure your contact information is current so you can be reached for team and club communication. Pride Soccer Club is very appreciative of all the time and effort the parent administrators and all volunteers give to ensure a successful season.

# PRIDE SOCCER CLUB

## Program Description

Our mission is to provide a quality training environment using qualified and experienced coaches so that players will improve their technical and tactical abilities in order to reach their fullest potential in the game of soccer. It is also our goal to foster an enjoyment and love for the game of soccer so that players will continue to play through high school and beyond. We do this by using training methods that will benefit the abilities of the individual player and team, while also making training sessions fun. The primary focus of the Pride Soccer Club is player development. Our philosophy revolves around developing players to the fullest extent possible. Our organization also places a high value on respect, responsibility, discipline and developing players that embody these values in the game of soccer and life. It is our hope that players will get more out of their experience with the Pride Soccer Club than just soccer skills.

Program	Teams/Division/ League	Time Commitment	Tournaments	Coaching
<b>U7-U8</b>	MOSSL Academy (6v6)  One group with 1-2 teams	3 events/week	1 tournament per year. Teams will have the option to go to extra tournaments at an additional cost	Volunteer parent coaches. Pride Staff Coach trains 7-10 times/season
<b>U9</b>	Premier Team (Higher MOSSL Division)  Elite Team (Lower MOSSL Division)	3 events/week	4 per year including Spring and Fall MOSSL. Teams will have the option to go to extra tournaments at an additional cost	Full-time staff coach or part time staff coach
<b>U10</b>	Premier Team (Higher MOSSL Division)  Elite Team (Lower MOSSL Division)	3-4 events/week	6 per year including Spring and Fall MOSSL.	Full-time staff coach
<b>U11-U14</b>	Premier Team (BPYSL or Higher MOSSL Division)  Elite Team: (MOSSL Division)	3-4 events/week	6 per year. MOSSL teams will play in Spring and Fall MOSSL tournaments. BPYSL teams will go to separate tournaments	Full-time staff coach
<b>U15-U19</b>	MOSSL and/or BPYSL and/or OSYSA State League and/or MRL	3-5 events/week	4-5 Per Season	Full-time staff coach

# **Pride Soccer Club**

## **U7-U8 Academy**

### **Mission and Philosophy**

To provide a quality training environment for U7 and U8 players so they will improve in their technical and tactical abilities. The program is designed to develop the individual skill of players so that they might be better prepared for the Pride SC select program. It is also our goal to foster an enjoyment and love for the game of soccer so that players will continue to enjoy the game and strive to get better. We will do this by using training methods that will benefit the abilities of the individual player, while also making each training session fun.

### **Player Rosters and Teams**

The PSC Director and Academy Director and coaches will determine the number of players chosen in each program during tryouts. The number of players selected depends upon the number of players at tryouts. When players are chosen to participate in the Academy they are a member of the program, not one particular team, so they may play with different players throughout the season. They may also have different coaches throughout the season.

### **Coaching and Training**

Coaching and training will be overseen by the Academy Director. Volunteer coaches will be selected based on playing experience, coaching experience, coaching license level, personality and other qualities. PSC staff coaches will train the team 7-10 times per season and coach during games when possible. Volunteer coaches will train and coach during the other training sessions and games.

### **Training and Games**

For fall and spring seasons, players will train three times per week for 1 hour and 15 minutes during the three weeks leading up to the regular season. During the regular game season, teams will train 1-2 per week and play games 1-2 per week, having 3 events per week. Game format will be 6v6. There will be 8-10 league games per season. Teams will also go to one tournament per year with the option to attend additional tournaments at an extra cost. Training sessions will be held in Canal Winchester and regular season games will be played in Canal Winchester and other locations in central Ohio. The fall season starts mid-August and finishes near the end of October. The spring season starts mid-March and finishes near the end of May.

Players will also be encouraged to join the SECFL Winter Programs during the winter months.

### **Uniforms**

Academy players will wear black and white T-shirts with PSC logo as jerseys and grey T-shirts for practice gear.

Uniforms are not included in the club fee.

### **Fees**

The player fees for fall and spring seasons are \$195 per season per player (\$390 total for fall and spring). A non-refundable deposit of \$100 is due the Sunday after tryouts. The balance of fees will be on a payment schedule. The player fee includes: League fees (MOSSL), Canal Winchester Recreation Organization (CWRO) fees for the providing and maintaining of game and training fields, tournament registration fees, professional coaching, coaching education expenses, coaching travel expenses, referee fees, PSC team camp (U8-U14 only) and PSC administrative and operating expenses. It does not include: Summer camps, SECFL winter programs, additional tournaments, player travel expenses, uniforms.

**Pride Soccer Club**  
**Tryout Process and Player Registration**  
2012-2013

**Tryout Process:**

**All players must register online and new players must bring a copy of birth certificate to tryouts.**

Players will be offered a spot on a team or not based on their tryout evaluation.

Players will be contacted via telephone beginning at 2:00pm the Sunday after tryouts  
(Per OSYSA, BPYSL, and MOSSL Bylaws this is the procedure for all Ohio clubs/ teams regardless of anticipated league)

When a player is offered a spot they will be asked to either accept or decline the offer. If declined, then the spot will be given to the next player on the evaluation list. Players who accept a position on a team will be asked to turn in registration materials and deposit no later than the Sunday of tryout week.

**Player Registration Meetings: (All Meetings at CW Middle School Cafeteria)**

Player registration meetings are for turning in registration materials and trying on Uniform Samples

**Sunday, June 3**

U8-U10 Teams: 4:00-6:00pm

U11-U12 Teams: 6:00-8:00pm

**Sunday, June 10**

U13-U19 Boys Teams: 4:00-6:00pm

U13-U19 Girls Teams: 6:00-8:00pm

**Registration Materials Players/Parents will need to bring to their registration meeting:**

1. Copy of Birth Certificate: Needed for proof of age. Please make sure it is a copy.
2. Photo ID: Smallest school picture of the player is needed for player cards.
3. USYSA Player Membership Form: Only fill in player and parent information, do not fill in the grey area and make sure there are parent signatures, in both boxes, at the bottom.
4. Medical Release Form: Needed for tournament play, please have it notarized.
5. MOSSL Code of Conduct
6. Non-Refundable Deposit of \$200. Make checks payable to Pride Soccer Club. Payment also be made by Credit Card or Cash Transfer via PayPal. Copy of completed transaction must be submitted at registration.

- All forms can be found in the PSC Program Information Packet

**Uniform Ordering**

Will be done online, see: [www.pridesoccerclub.com](http://www.pridesoccerclub.com) for complete instructions

**\*\* This is the last year for our uniform kit – ANY pieces that need ordered MUST be ordered in JUNE to guarantee availability**

**In the event that you are not placed on a team after tryouts and have turned in materials at tryouts, your deposit will be refunded. Failure to turn in all items can result in your spot being offered to another player**

**Tryout and Registration Location:**

Canal Winchester Middle School  
7155 Parkview Drive  
Canal Winchester, OH 43110



## PRIDE SOCCER CLUB 2012-2013 Player Fees

**Player Fee Includes:** League fees (MOSSL, BPYSL, OSSL, MRL), Canal Winchester Recreation Organization (CWRO) fees for the providing and maintaining of game and training fields, tournament registration fees, professional coaching, coaching education expenses, coaching travel expenses, referee fees, PSC team camp (U8-U14 only) and PSC administrative and operating expenses

**Player Fee Does Not Include:** Summer camps, SECFL winter programs, additional tournaments beyond what is included in the player fees below, player travel expenses, uniforms

Age Group	Tournaments	Deposit*	August 1st	October 1st	February 1st	Total Year Fees
U7-U8	1 Per Year	\$100	\$145	\$145		\$390
U9	2 Per Season (4/year)	\$200	\$190	\$190	\$190	\$770
U10	3 Per Season (6/Year)	\$200	\$220	\$220	\$220	\$860
U11-U14	3 Per Season (6/Year)	\$200	\$255	\$255	\$255	\$965
U15-U19	4 Per Year	\$200	\$125	\$125	\$125	\$575
MOSSL /BPYSL						
U15-U19	5 Per Year	\$200	\$140	\$140	\$140	\$620
BPYSL/OSSL/MRL	(Includes State Cup)					

\* **Non-refundable Deposit is due upon commitment to the team on Sunday after tryouts (June 3 or 10)**

There has been a significant increase in fees for U10 since last season due to the addition of 2 tournaments per year. U15-U19 player fees have also increased since last season due to the addition of 1-2 tournaments per year and adding more college showcase tournaments and college recruiting opportunities to the schedule.

### **Mail and make payable to:**

Pride Soccer Club

PO Box 764

Canal Winchester, OH 43110

or

Make payment via PayPal at [www.pridesoccerclub.com](http://www.pridesoccerclub.com)

### **Discounts**

**Multiple Child:** \$60 deducted from second child's fees and \$100 deducted from third and fourth child's fees per year (does not include U8 Players)

**CWRO:** For parents that volunteer as a commissioner or board member for CW Recreation Organization

**Volunteer:** For team administrators, volunteer coaches, and other volunteer work

**Scholarship Requests:** In order to be considered for a scholarship, all parents/players must fill out the PSC scholarship application form at [www.pridesoccerclub.com](http://www.pridesoccerclub.com) and mail before July 15<sup>th</sup>, 2012

**Fundraising:** Kroger Community Rewards Program, Columbus Crew Stadium, Nationwide Arena, and PSC Golf Outing. See [www.pridesoccerclub.com/fundraising](http://www.pridesoccerclub.com/fundraising) for more details





## **PRIDE SOCCER CLUB UNIFORM GUIDELINES - 2012/2013**

### **U7/U8 Division**

Required Pieces:

- Black Game Tee
- White Game Tee
- Grey Practice Tee (2 are recommended)
- Black Practice and Game Short (2 are recommended)
- 2 pair of Maroon Game Socks
- 2 pair of Black Practice Socks

Optional pieces:

- Backpack\*
- Training Jacket\* & Pant
- Pride Hoodie with number on back

### **U9 –U19 Divisions**

Required Pieces:

- Black Game Jersey
- White Game Jersey
- Black Game Short
- White Game Short
- Pair Copa Zone White Game Socks
- 2 pair Copa Zone Maroon Game Socks
- Grey Practice Tee (2 are recommended)
- Maroon Practice Socks

Optional pieces:

- Backpack\*
- Training Jacket\* & Pant
- Pride Hoodie with number on back

\*Embroidery is available to put the players name/number on their jacket & bag – very much recommended

Jersey numbers are assigned by the Club Administrator



# USYSA Membership Form



United States  
Youth Soccer Association  
Member of the United States  
Soccer Federation (USSF)  
Affiliated with the Federation  
Internationale de Football  
Association (FIFA)

## OHIO SOUTH YOUTH SOCCER ASSOCIATION, INC. – PLAYERS

ID # [ ] Male = M Female = F [ ] Coach's License Level [ ] TRANSFER [ ] NEW [ ] FOR LEAGUE USE ONLY RE-REGISTRATION [ ] CHANGE/CORRECTION [ ]

This section must be completed by the team coach.

League Name [ ] Age Group [ ] Div. [ ]  
Club/Team Name [ ]  
(USE CODE ONLY) > [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]  
Region State District League Club Team Recreational = R  
Competitive = C

PLEASE PRINT FIRMLY AND LEGIBLY TO MAKE CLEAR MULTIPLE COPIES.

Last Name [ ] First Name [ ] Init. [ ]  
Address [ ] City [ ]  
State [ ] Zip Code [ ] Area Code [ ] Telephone Number [ ] Birth Date [ ] Mo. Day Year

### SPECIAL NOTE TO ALL PLAYERS THAT PLAYED HIGH SCHOOL SOCCER LAST FALL

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION RULES LIMIT OSYSA TEAMS TO NO MORE THAN FIVE (5) PLAYERS

WHO PLAYED HIGH SCHOOL SOCCER AT THE SAME HIGH SCHOOL LAST FALL

(VARSITY, RESERVE, FRESHMEN) FROM BEING ON THE SAME OSYSA TEAM PRIOR TO JUNE 1<sup>ST</sup>.

Father's Name \_\_\_\_\_ Occupation \_\_\_\_\_ Bus. Phone \_\_\_\_\_  
Mother's Name \_\_\_\_\_ Occupation \_\_\_\_\_ Bus. Phone \_\_\_\_\_  
List any medical problem or prohibition player has \_\_\_\_\_  
Person to notify in emergency \_\_\_\_\_ Telephone \_\_\_\_\_  
Doctor to notify in emergency \_\_\_\_\_ Telephone \_\_\_\_\_

### CONSENT FOR MEDICAL TREATMENT (MINOR)

As the parent or legal guardian of the above-named player, I hereby give my consent for emergency medical care prescribed by a duly licensed Doctor of Medicine or Doctor of Dentistry. This care may be given under whatever conditions are necessary to preserve the life, limb or well-being of my dependent.

Signature of Parent/Guardian

X \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone: Home \_\_\_\_\_ Bus. \_\_\_\_\_

I, the parent/guardian of the registrant, a minor, agree that I and the registrant will abide by the rules of the USYSA, its affiliated organizations and sponsors. Recognizing the possibility of physical injury associated with soccer and in consideration for the USYSA accepting the registrant for its soccer programs and activities (the "Programs"), I hereby release, discharge and/or otherwise indemnify the USYSA, its affiliated organizations and facilities utilized for the Programs, against any claim by or on behalf of the registrant as a result of the registrant's participation in the Programs and/or being transported to or from the same, which transportation I hereby authorize.

Name \_\_\_\_\_  
Parent/Legal Guardian (please print)

Signature X \_\_\_\_\_ Date \_\_\_\_\_

# M. O. S. S. L. – Parent’s Code of Conduct Contract

*As developed by Christopher Stankovich, Ph.D. and approved by M. O. S. S. L.*

When kids are surveyed about the reasons why they play sports, the #1 response kids consistently report is *to have fun*. In addition to the fun kids experience while playing sports, additional benefits from sport participation include physical, cognitive, and emotional growth and development. Unfortunately, all these great things do not happen automatically, but instead occur as a direct result of your positive efforts as a parent. It is in this spirit that we have created the following Parent’s Code of Conduct Contract to remind parents of a few important tips designed to help your child maximize his or her athletic experience.

## ***As a parent, it is important that you:***

**Respect the game, including your child, his or her teammates, and opponents.** This means ensuring that your child attends and comes prepared for all practices and games, and treats both teammates and opponents with dignity and respect. Good sportsmanship means playing fair and safe, controlling negative emotions, and keeping the spirit of competition a healthy endeavor.

**Respect the officials.** Remember, soccer officials, (a.k.a. referees), are an important part of the sport of soccer and add to the overall experience for your child. It is important that you distinguish between bad calls (human error) and wrong calls (when an official doesn’t know the rule). In either case, it is important that you respect all officials and develop tolerance skills for when bad calls are made (which will happen – officials are human and like all of us, will occasionally make a mistake ! ).

**Refrain from coarse and threatening language, as well as all forms of physical aggression.** There is never a place in youth sports to use vulgarities, threaten, intimidate, or use physical aggression.

**Let the coaches coach.** While it may be easy to second-guess your child’s coach from the sidelines, most parents forget or overlook how challenging it is for coaches to both win games and at the same time make sure that all of the players have an opportunity to develop. The job of being a coach is an incredibly challenging task, so be sure to support your child’s coach as much as possible.

**Watch for the safety of all players at all times, including physical and emotional dangers.** Be sure to pay attention to injuries, including concussions, and respond to them in a timely manner. Additionally, pay attention to signs of youth sport burnout and be sure to respond to your child if he or she needs help.

**Cheer whenever possible, and stay away from booing and other negative fan behavior.** Youth sports provide a great opportunity for positive fan support, including cheering. Booing and other negative gestures and language from the sidelines are never appropriate, so be sure to stay focused on positively supporting your child’s team at all times.

As the parent(s) or guardian(s) of \_\_\_\_\_, I agree to follow the above listed principles.  
Print name of child – Please print legibly

NAME \_\_\_\_\_ / \_\_\_\_\_ DATE \_\_\_\_\_

SIGNATURE(S) \_\_\_\_\_ / \_\_\_\_\_

*Thank you for your positive participation in MOSSL. For more information on positive sports parenting, and to pick up your copy of Dr. Stankovich’s **Sports Success 360**, please visit [www.drstankovich.com](http://www.drstankovich.com)*

**MEDICAL RELEASE FORM**

I, \_\_\_\_\_ (Parent/Guardian's Name) hereby give permission for any and all medical attention to be administered to my child \_\_\_\_\_ (Child's Name) in the event of accident, injury, sickness, etc. under the direction of the person(s) listed below, until such time as I may be contacted. I also assume the responsibility for the payment of any such treatment. This release is effective for the period of one year from the date given below.

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

INSURANCE COMPANY: \_\_\_\_\_

POLICY NUMBER: \_\_\_\_\_

In case I cannot be reached, any of the following persons is designated to act on my behalf:

- Coach: \_\_\_\_\_
- Asst. Coach: \_\_\_\_\_
- Manager: \_\_\_\_\_
- A league representative where my child is playing.
- Any tournament representative where my child is participating in a tournament.

PHYSICIAN: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

KNOWN ALLERGIES: \_\_\_\_\_

SIGNATURE (PARENT/GUARDIAN) \_\_\_\_\_ DATE \_\_\_\_\_

Subscribed and sworn before me \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_

\_\_\_\_\_  
Notary Public



## **Southeast Champions Winter Training Programs and Futsal League**

### **Winter Training**

The Southeast Champions Winter Training Programs are designed to help develop and maintain the individual technical abilities, decision making skills (tactical awareness) and fitness (speed, quickness, agility) of players during the winter months. These are open to any player, recreational or club, regardless of affiliation. A typical 60 minute session will consist of 10 minutes of fitness/speed/agility, 40 minutes of technical/skill and 10 minutes of tactics/game awareness. Programs will begin in November and last through February. Sessions will be held at Asbury United Methodist Church and R.C. Racing Sports Complex. Players will be placed in training groups of 8-15 based on age, gender and ability. Unlike many training programs, the session dates/times are flexible and can be changed to fit your schedule in case you play another sport or have other conflicts.

### **Futsal League**

With over 200 players having participated in the league last year, it is by far the biggest indoor soccer league in the southern half of central Ohio. This league is open to all players, regardless of league or club affiliation, in the appropriate age groups from U6 up to U14 and older if there is interest. Players will register as individuals and each week they will be placed on a different team. Individual players will get points based on how well their team does in comparison to other teams in their division on that match day. At the end of the season individual players who finish 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place in their division will be awarded trophies. Some advantages to playing 4v4 futsal as opposed to indoor soccer include: more touches on the ball, demand to have a better touch because of less time and space and the requirement to make decisions quicker because of a faster speed of play.

### Training Facilities:

Asbury United Methodist South  
4760 Winchester Pike  
Columbus, OH 43232

R.C. Racing Sports Complex  
5751 Chantry Blvd.  
Columbus, OH 43232

### Contact:

Mark Casperson  
614-216-0876  
coach.casperson@gmail.com

**For more information go to: [www.southeastchampionssoccer.com](http://www.southeastchampionssoccer.com)**