

CEDAR RAPIDS FAMILY HOME CHILD CARE ASSOCIATION

Established 1972

Email-crfhcca@gmail.com

Website-www.CRFHCCA.com

April 2014

Important! You must call or e-mail Becca becca324.be@gmail.com OR register online to attend FHCCA training classes!

The board will be presenting a budget for the World's Largest Baby Shower that takes place in June. We are looking at becoming more active in this event. Also we will accept any nominations for the board elections. We will vote on board members and the advertising budget at the May meeting.

CONGRATULATIONS!

The following providers have gone above and beyond!

Linda Robinson has achieved a

QRS Level 4 rating from the State of Iowa!

Tarra Stangl has achieved,

National Child Care Accreditation from NAFCC!

We are so proud of both of you!

Training Information!!!!

Our next Training is Tuesday, April 15th Jennie Morton from ISU Extension is our presenter. This is an important training for assisting you in determining what clients you select.

Title: Interviewing Skills for Child Care Providers

Time 7pm – 8:30pm

Location: Ladd Library 3750 William's Blvd. SW

Across from Westdale Mall, behind the new Pizza Ranch, Food is welcome!

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News from Becca English:

I am offering a training on Tuesday June 17th titled "Preparing and maintaining your Child Care Files".

Do you want to shorten DHS inspections? This is the first item you can address that could shorten your inspection time dramatically. DHS approved filing system. Some materials offered to get you started. This class is a must!

Professional Development Opportunity

Please check out HACAP and CCR&R's site for additional trainings being offered in 2014. Contact Ashley Miencke at HACAP 319-393-7811 ext.1095

Pay point - PayPal is available at the meeting/training!

You DO NOT have to have a PayPal account. It is just like purchasing any item at any retailer. We swipe your card, I, Becca, enter the info for the charge and then you sign the receipt (my phone!). You will receive an e-mail with your receipt. It's simple and fast! No more waiting on checks to be cashed.

TREASURERS REPORT:

Please see Linda if you would like a copy.

Yearly dues are \$36.00 and are payable in May of each year.

No discounts are offered if you renew at a later date.

You can bring the dues to the meeting/training or mail them out to Linda.

Make your checks out to FHCCA and mail to;

Linda Robinson 305 Trail Ridge Rd SE. CR, Iowa 52403

Another FHCCA training you may want to check out!

A Day in the Life of a Child and Adult Care Food Program Participant.

On Tuesday July 15th, discover what the benefits are of participating in this program. Go through a whole day with a provider via PowerPoint. Play "**Let's Make a Creditable Meal**". **Enjoy a snack!**

I am co-training with Jeannette Fauchier from the HACAP/CACFP food program. This is primarily for providers who are not participating in the food program. Those who are can still attend. Space is limited.

Meeting Highlights:

Weather cancellations: In the event we must cancel due to weather, please check out KCRG TV 9. If you see that the Ladd Library is closed, for any reason, this will mean our class is cancelled.



Our new business card!!!
Please make sure you have a few to hand out.

Training schedule is 2 pages down.



2014 Chris Carman "Friend of Children"

HACAP Award Recipient

Rebecca (Becca) English

V.P. of the Cedar Rapids Family Home Child Care Association

Training Schedule 2014

Cedar Rapids Family Home Child Care Association
Trainings are held on the 3rd Tuesday of the Month January - October

Location: The Ladd Library Community Room.

Address: 3750 Williams Blvd. SW, Cedar Rapids -behind the new Pizza Ranch

Time: Training starts at 7:00 pm and continues until 8:30 pm. Please arrive 10 min. prior to the beginning of the training class to finish the registration process.

All child care providers, centers, home, registered and unregistered are welcome to attend our trainings.

Food and drinks are allowed, responsibly, in the Ladd Library Community Room.

January 21, 2014 – **Jack Selk- Selk & Murphy**. Title: Day Care, the In-home business and Tax Code Changes for 2013. This training will address all aspects of tax preparation for persons working in the child care field. This training does not only address In-home providers, but all who may have tax questions. In 2014 health care initiatives will bring a number of changes to our tax process. Be prepared. CDA content area #6

February 18th, 2014- **Jean Randolph-RNA**. Title: Eco-Healthy Child Care, Part 1. The Impact of the environment on children's health and the indoor/outdoor air quality. CDA content area #1

March 18th, 2014- **Jean Randolph-RNA**. Title: Eco-Healthy Child Care, Part 2. Reducing Hazardous Chemicals in Our Child Care Environment. CDA Content area #1

April 15th, 2014- **Jennie Morton- Upper Iowa University**. Title: Interviewing Skills for Child Care Providers. Being prepared to communicate with prospective and current clients in a professional manor is crucial in establishing your businesses expectations and policies. CDA content area #6

May 20th, 2014- **Tracy Ehlert-NAFCC Accredited Provider**. Title: Summer Curriculum Ideas & how to adapt it to meet the needs of your group. Ideas and tips to assist you in meeting the needs of all ages and abilities of the children that you work with. CDA content area #2

June 17th, 2014- **Rebecca English- QRS Provider**. Title: Preparing and Maintaining your Child Care Files. Audits? DHS Inspections? Reduce stress and be prepared for these by having an organized filing system. Materials provided to get you started! CDA content area #6

July 15th, 2014- **Jeanette Fauchier- CACFP & Rebecca English-QRS provider**. Title: The Day in the life of a Program Participant. Meeting nutritional guidelines are easier than you think and they are beneficial to the child as well as to the program. Learn the ins and outs of CACFP. Whether you participate or not in the CACFP program the benefits of nutrition are important to the growth of healthy children's bodies and minds. CDA content area #1

August 19th, 2014-**Nicole Johnson- Hy-Vee Registered Dietician**. Title: The Power of Protein and More! Become familiar with the large variety of proteins available to offer the growing amount of picky eaters we have in our care today. How proteins work and other nutritional benefits. CDA content area #1

September 16th, 2014- **Ruby Perin- Linn County Health Department**. Title: Pesticides & Insecticides Oh My! The what's, where, when and why's? Also The effects on us, children and the environment. Is the products we are using daily safe? Ruby will assist us as we explore everyday products. CDA content area #1

October 21st, 2014- **Lisa Wesbrook & Dale Garlinghouse- DHS Inspector's**. Title: Spot Check Compliance and updated requirements. Together Lisa and Dale are prepared to answer compliance questions and to inform all providers of any updated changes in the child care policies & laws through the State of Iowa. CDA content area #5

Trainings/Trainers are subject to change.

Attendance Expectations

Our new training location, the Ladd Library Community Room, and the FHCCA board members would like to stress some expectations for training attendee's.

1. If you bring in food or drinks, please pick-up after yourself and dispose of all garbage.
2. Please turn cell phones on silence or vibrate.
3. Please respect others that are using the library.
4. Please respect participants and trainers by not taking or being disruptive during the training class.

We have a great opportunity to form a lasting relationship with the Cedar Rapids Public Library. Please be respectfully and responsible when using their facility.

Thank you!

Recalled Items:

It is your responsibility as a child care provider to check the recall list for items you may have in your home.

<http://www.cpsc.gov>

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FHCCA MEMBERSHIP APPLICATION

DHS REGISTERED PROVIDERS ARE WELCOME TO JOIN FHCCA

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ CELL PHONE _____

EMAIL ADDRESS _____

YOU ARE: _____ PROVIDER/OWNER _____ SUBSTITUTE/EMPLOYEE

CATEGORY: _____ A _____ B _____ C

Family Home Child Care Association Annual Fee is \$36 paid in May and prorated quarterly. Members receive 10 monthly newsletters, parent referrals, and DHS approved trainings. Non-members may attend a meeting/training for \$10.00 per training.

Make check payable to: FHCCA

Please send your payment to:

Linda Robinson
C/O FHCCA
305 Trailridge Rd. SE
Cedar Rapids, Iowa 52403

If you would like a receipt mailed to you please include a SASE.

For more information please call 319-365-2208