Curriculum activity risk assessment

Rugby League

clever • skilled • creative

Activity scope

This document relates to student participation in Rugby League as a curriculum activity including the teaching of rugby league skills, team training and competition matches conducted by schools.

Where the rules and procedures of a Rugby League competition impose additional or more stringent safety requirements than are listed below, then those competition rules and procedures **must** take precedence.

Risk level

This document is a guideline, the actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:

- Which students will be involved?
- What will the students be doing?
- What will the students be using?
- Where will the students be?
- Who will be leading the activity?



Inherent risk level			Action required/approval				
	Medium	Modified games/ competition, adhering to the National Safeplay Code.	 ☑ Document controls in planning documents and/or complete this Curriculum Activity Risk Assessment. ☑ Consider obtaining parental/carer permission. 				
	High	Unmodified games/ competition.	 ☑ A Curriculum Activity Risk Assessment is required to be completed. ☑ Principal or head of program (i.e. DP, HOD, HOSES) approval prior to conducting this activity is required. ☑ Once approved, activity details are to be entered into the School Curriculum Activity Register. ☑ Obtaining parental permission is recommended. 				

Teachers/leaders:					
Activity description:					
Start date:	Finish date:	No. of students (approx.):			
Class Groups:		Supervision ratio (approx.):			



Date Modified: 29 November 2011 Due for review: 21 October 2013 Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information regarding the additional or alternate controls to be implemented for the safe conduct of the activity.

Minimum supervision						
Adequate adult supervision is to be provided. In determining what is adequate, consider the number of students, their individual needs, and the nature of the activity.						
If an adult other than a registered teacher is engaged for instruction, a teacher is to be present to take overall responsibility. Blue Card requirements must be adhered to.						
Registered teacher with minimum qualifications as outlined below OR						
An adult with minimum qualifications as outlined below, in the presence of a registered teacher.						
Further information:						
Minimum qualifications						
The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.						
Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel.						
Blue Card requirements met.						
Note: During competition, a qualified first aid officer/sports trainer should be readily accessible to the field(s) of play to provide immediate first aid assistance. There must be phone access to call an ambulance if required.						
Medium — Modified games/competition, adhering to the National Safeplay Code						
For a registered teacher:						
Get Active QLD Accreditation Rugby League Coaching Course OR						
Level 1 coaching qualifications from Queensland Rugby League OR						
Competence (demonstrated ability/experience to undertake the activity) in the teaching of Rugby League.						
A teacher could demonstrate a reasonable level of competence by two or more of the following:						
knowledge of the activity and the associated hazards and risks						
experience (i.e. previous involvement) in undertaking the activity						
demonstrated ability and/or expertise to undertake the activity						
possession of qualifications related to the activity.						
For a leader other than a registered teacher:						
Get Active QLD Accreditation Rugby League Coaching Course						
OR Level 1 coaching qualifications from Queensland Rugby League.						

Minimum qualifications The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed. High — Unmodified games/competition For a registered teacher: Get Active QLD Accreditation Rugby League Coaching Course Level 1 coaching qualifications from Queensland Rugby League familiarity with the Australian Rugby League National Safeplay Code and coaching qualifications from Queensland Rugby League for players 12 years & under Modified Games Coach for players 13 years & over International Games Coach. Competition games must be controlled by competent coaches and officials. The minimum requirements are: a registered teacher Level 1 Modified/Level 1 International accreditation and competence (i.e. demonstrated ability) in refereeing the game of Rugby League **OR** a qualified referee with Level 1 International (Schools) accreditation for 13 years and over matches a qualified referee with Level 1 Modified (Schools) accreditation for 12 years and under matches. A referee who is currently a student of a participating school should not be appointed to referee a game in which his/her school is playing, unless no other referee is available and there is agreement by officials of both teams for that to occur. In competition games where touch judges are not provided by the Referees' Association, each school should endeavour to provide a competent touch judge (such as an older student or parent). Further information:

Minimum equipment/facilities If 'No' is ticked, provide further information.	Yes	No
First aid kit suitable for activity.		
Communication system: phone-line at location mobile phone walkie talkies/UHF Radio student/adult mes	ssenger	
Inspect the facilities and playing area for hazards		
Sun safety equipment (hat, sunscreen, shirt etc)		
Drinking water (students should not share drinking containers)		
Goal posts must be padded		
Corner flags and other markers should be made of non-injurious material		
Injury management procedure (including for head injuries) in place		
Recommended clearance of 5 metres surrounding the play area. Consider the participants' ability level, age, size and the competition when determining the appropriate clearance.		
Some suggested alternate controls where minimum boundary clearance is not met: reduce the size of the playing field to achieve an adequate clearance zone remove spectators/dangerous obstacles within the clearance zone provide instructions to the official/supervisors and players about the limited clearance zo station supervisors near any obstacles within the clearance zone. Further information:	one	
Governing bodies/associations If 'No' is ticked, provide further information.	Yes	No
Guidelines/codes of practice are established for this activity. See Queensland Rugby League and Australian Rugby League. Have these been considered during the planning of this activity?		
If you are organising competitions or other events, have you referred to Queensland School Sport Unit?		
Further information:		

Hazards and suggested control measures

All persons engaging in this activity should:

- identify the hazards, including any additional hazards not mentioned here
- assess their significance
- manage the potential risks.

Listed below are indicative hazards/risks and suggested control measures. They are by no means exhaustive lists. After checking these, add details of any other identified hazards/risks and additional controls you intend to implement.

Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
Biological material Body Fluids (e.g. blood, saliva, sweat)	Comply with HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions and Infection Control Guideline. Students with open cuts and abrasions are to be removed from the activity and treated immediately. If bleeding cannot be controlled completely, the participant should not be allowed to return to the activity. All clothing, equipment and surfaces contaminated by blood should be regarded as potentially infectious.			
	Ensure that students do not share personal equipment such as mouthguards and drink bottles.			
	Have sufficient and suitable containment material (bandages, etc.) readily available.			
Environmental conditions Temperature	Assess weather conditions before and during activity (e.g. temperature, storms).			
 Weather conditions Playing field and surrounds 	Assess suitability of playing field (e.g. level, debris, potholes/divots in ground, line markers) before and during activity.			
Physical exertion Strains Sprains	Rules for the games of mini and mod league should be used for the specified age groups.			
Fatigue and exhaustion	The activity should include modified games that match the skill and fitness levels of students.			
	Have appropriate warm-up and warm-down activities.			

Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
	Follow progressive and			7.0.41.110.1141.00.1141.010
	sequential skills development.Have ice packs available.			
	Continuously monitor students for signs of fatigue and exhaustion.			
 Physical contact Breaks/sprains Cuts, abrasions and/or grazes 	Teachers should identify students who may be suffering an existing injury and where necessary seek first aid treatment.			
ConcussionAccidental 'bumping'	Ensure procedures are established for the management of any student receiving an injury to the head.			
	Ensure students do not return to playing after injury until it is clear that the injury has been managed. If in doubt the student should not play until medically cleared.			
	Ensure strict adherence to rules of rugby league, especially Australian Rugby League National Safeplay Code where required.			
	Provide instruction in rules, safety procedures and prerequisite skills before playing the game.			
	Note that mouthguards are recommended for full contact games. Parental permission should be sought for students to participate without a mouthguard.			
	Select students on the basis of ability, size and suitability for the position(s) they are to play (for example, students with long thin necks should not play in the scrum).			
	Note that in competition games for students aged 15 years and younger, the age difference of team members should be no greater than two years. Students turning 16 years of age in the year of competition are permitted to play in 18 years and under competitions, as per the Queensland Rugby League rules.			

Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
	Consider body padding for full contact games.			
	Ensure that player equipment, including footwear and other protective items, complies with age and standard levels appropriate to the laws of the game.			
	Boots should be inspected before each match. Boots with loose, sharp-edged or excessively worn studs and sharp-edged soles should not be worn.			
Students	Obtain parental permission, including relevant medical information.			
conditions Student numbers High risk behaviours	When students with medical conditions are involved, ensure that relevant medical/ emergency plans and medications are readily available (insulin, Ventolin®, Epipen®, etc).			
	Refer to Individual Education Plan/Educational Adjustment Plan/Behaviour Management Plan and other student documents.			
	Where necessary, obtain advice from relevant Advisory Visiting Teachers or Specialist Teachers.			
	Ensure there is adequate adult supervision.			
	Jewellery can be a serious hazard when undertaking many activities. All forms of jewellery should be considered in terms of the risk it presents for each activity. Procedures should be put in place to ban, dissuade or protect (e.g. tape) the wearing of jewellery accordingly.			

Additional control measures These would relate to the specific student needs, location and conditions in which you are conducting your activity.					
Hazards/risks	Control measures				

Submitted by:	Date:					
List the names of those who were involved in the preparation of this risk assessment.						
Approval						
Approved as submitted:						
Approved with the following condition(s):						
Not approved for the following reason(s):						
Ву:	Designation:					
Signed:	Date:					
Once approved, activity details should be entered into the Activity Register by administrative staff.	School Curriculum	Reference No).			
Monitor and review To be completed during and/o completion of the series of the activities.	or after the activity and/or	at the	Yes	No		
Are the control measures still effective?						
Have there been any changes?			井			
Are further actions required? Details:						

Important links

- HLS-PR-003: First Aid http://education.qld.gov.au/strategic/eppr/health/hlspr003/
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions http://education.qld.gov.au/strategic/eppr/health/hlspr004/
- Infection Control Guideline http://education.gld.gov.au/health/pdfs/healthsafety/infection control guideline.pdf
- HLS-PR-005: Health and Safety incident recording and notification http://education.gld.gov.au/strategic/eppr/health/hlspr005/
- HLS-PR-006: Managing risks with chemicals in Department of Education and Training (DET) workplaces http://education.gld.gov.au/strategic/eppr/health/hlspr006/index1.html
- HLS-PR-013: Developing a Sun Safety Strategy http://education.qld.gov.au/strategic/eppr/health/hlspr013/
- HRM-PR-010: Working with Children Check Blue Cards http://education.gld.gov.au/strategic/eppr/hr/hrmpr010/
- SCM-PR-002: School Excursions http://education.qld.gov.au/strategic/eppr/schools/scmpr002/
- Australian Rugby League http://www.nrl.com/
- Get Active Queensland Accreditation Program http://communities.qld.gov.au/resources/sportrec/publications/rugby-league-coaching-course.pdf
- National Safeplay Code http://admin.nrl.sportal.net.au/site/ content/document/00001823-source.pdf
- Queensland Rugby League http://www.qrl.com.au/default.aspx?s=ed-coaching
- Queensland School Sport Unit http://www.learningplace.com.au/default_suborg.asp?orgid=128&suborgid=788

Further information

For further information on incorporating risk management strategies into curriculum activity planning refer to HLS-PR-012: Managing Risks in School Curriculum Activities and the associated list of Curriculum Activity Risk Management Guidelines.

For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.