

## Curriculum activity risk assessment

## Rugby League

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## Activity scope

This document relates to student participation in Rugby League as a curriculum activity including the teaching of rugby league skills, team training and competition matches conducted by schools.

Where the rules and procedures of a Rugby League competition impose additional or more stringent safety requirements than are listed below, then those competition rules and procedures **must** take precedence.

## Risk level

This document is a guideline, the actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:

- Which students will be involved?
- What will the students be doing?
- What will the students be using?
- Where will the students be?
- Who will be leading the activity?



Inherent risk level		Action required/approval	
<input type="checkbox"/>	Medium	Modified games/competition, adhering to the National Safesplay Code.	<input checked="" type="checkbox"/> Document controls in planning documents and/or complete this <i>Curriculum Activity Risk Assessment</i> . <input checked="" type="checkbox"/> Consider obtaining parental/carer permission.
<input type="checkbox"/>	High	Unmodified games/competition.	<input checked="" type="checkbox"/> A <i>Curriculum Activity Risk Assessment</i> is required to be completed. <input checked="" type="checkbox"/> Principal or head of program (i.e. DP, HOD, HOSES) approval prior to conducting this activity is required. <input checked="" type="checkbox"/> Once approved, activity details are to be entered into the <i>School Curriculum Activity Register</i> . <input checked="" type="checkbox"/> Obtaining parental permission is recommended.

Teachers/leaders:		
Activity description:		
Start date:	Finish date:	No. of students (approx.):
Class Groups:		Supervision ratio (approx.):

Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information regarding the additional or alternate controls to be implemented for the safe conduct of the activity.

## Minimum supervision

Adequate adult supervision is to be provided. In determining what is adequate, consider the number of students, their individual needs, and the nature of the activity.

If an adult other than a registered teacher is engaged for instruction, a teacher is to be present to take overall responsibility. [Blue Card](#) requirements **must** be adhered to.

- Registered teacher with minimum qualifications as outlined below  
**OR**  
 An adult with minimum qualifications as outlined below, in the presence of a registered teacher.

Further information:

## Minimum qualifications

*The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.*

- Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel.
- Blue Card requirements met.

**Note: During competition, a qualified first aid officer/sports trainer should be readily accessible to the field(s) of play to provide immediate first aid assistance. There must be phone access to call an ambulance if required.**

**Medium** — Modified games/competition, adhering to the National Safeplay Code

### For a registered teacher:

- [Get Active QLD Accreditation Rugby League Coaching Course](#)  
**OR**  
 Level 1 coaching qualifications from [Queensland Rugby League](#)  
**OR**  
 Competence (demonstrated ability/experience to undertake the activity) in the teaching of Rugby League.
- A teacher could demonstrate a reasonable level of competence by two or more of the following:
- knowledge of the activity and the associated hazards and risks
  - experience (i.e. previous involvement) in undertaking the activity
  - demonstrated ability and/or expertise to undertake the activity
  - possession of qualifications related to the activity.

### For a leader other than a registered teacher:

- Get Active QLD Accreditation Rugby League Coaching Course  
**OR**  
 Level 1 coaching qualifications from Queensland Rugby League.

## Minimum qualifications

*The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.*

### High – Unmodified games/competition

#### For a registered teacher:

- Get Active QLD Accreditation Rugby League Coaching Course
- OR**
- Level 1 coaching qualifications from Queensland Rugby League
- familiarity with the Australian Rugby League [National Safeplay Code](#) and coaching qualifications from Queensland Rugby League
- for players 12 years & under      Modified Games Coach
- for players 13 years & over      International Games Coach.

Competition games **must** be controlled by competent coaches and officials. The minimum requirements are:

- a registered teacher Level 1 Modified/Level 1 International accreditation and competence (i.e. demonstrated ability) in refereeing the game of Rugby League
- OR**
- a qualified referee with Level 1 International (Schools) accreditation for 13 years and over matches
- OR**
- a qualified referee with Level 1 Modified (Schools) accreditation for 12 years and under matches.

A referee who is currently a student of a participating school should not be appointed to referee a game in which his/her school is playing, unless no other referee is available and there is agreement by officials of both teams for that to occur.

- In competition games where touch judges are not provided by the Referees' Association, each school should endeavour to provide a competent touch judge (such as an older student or parent).

Further information:

Minimum equipment/facilities <i>If 'No' is ticked, provide further information.</i>	Yes	No
First aid kit suitable for activity.	<input type="checkbox"/>	<input type="checkbox"/>
Communication system: <input type="checkbox"/> phone-line at location <input type="checkbox"/> mobile phone <input type="checkbox"/> walkie talkies/UHF Radio <input type="checkbox"/> student/adult messenger  Other:		
Inspect the facilities and playing area for hazards	<input type="checkbox"/>	<input type="checkbox"/>
Sun safety equipment (hat, sunscreen, shirt etc)	<input type="checkbox"/>	<input type="checkbox"/>
Drinking water (students should not share drinking containers)	<input type="checkbox"/>	<input type="checkbox"/>
Goal posts must be padded	<input type="checkbox"/>	<input type="checkbox"/>
Corner flags and other markers should be made of non-injurious material	<input type="checkbox"/>	<input type="checkbox"/>
Injury management procedure (including for head injuries) in place	<input type="checkbox"/>	<input type="checkbox"/>
Recommended clearance of 5 metres surrounding the play area. Consider the participants' ability level, age, size and the competition when determining the appropriate clearance.	<input type="checkbox"/>	<input type="checkbox"/>
Some suggested alternate controls where minimum boundary clearance is not met: <input type="checkbox"/> reduce the size of the playing field to achieve an adequate clearance zone <input type="checkbox"/> remove spectators/dangerous obstacles within the clearance zone <input type="checkbox"/> provide instructions to the official/supervisors and players about the limited clearance zone <input type="checkbox"/> station supervisors near any obstacles within the clearance zone.		
Further information:		

Governing bodies/associations <i>If 'No' is ticked, provide further information.</i>	Yes	No
Guidelines/codes of practice are established for this activity. See Queensland Rugby League and Australian Rugby League. Have these been considered during the planning of this activity?	<input type="checkbox"/>	<input type="checkbox"/>
If you are organising competitions or other events, have you referred to <a href="#">Queensland School Sport Unit?</a>	<input type="checkbox"/>	<input type="checkbox"/>
Further information:		



Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
	<ul style="list-style-type: none"> <li>• Follow progressive and sequential skills development.</li> <li>• Have ice packs available.</li> <li>• Continuously monitor students for signs of fatigue and exhaustion.</li> </ul>	<input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>	<input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>	
<b>Physical contact</b> <ul style="list-style-type: none"> <li>• Breaks/sprains</li> <li>• Cuts, abrasions and/or grazes</li> <li>• Concussion</li> <li>• Accidental 'bumping'</li> </ul>	<ul style="list-style-type: none"> <li>• Teachers should identify students who may be suffering an existing injury and where necessary seek first aid treatment.</li> <li>• Ensure procedures are established for the management of any student receiving an injury to the head.</li> <li>• Ensure students do not return to playing after injury until it is clear that the injury has been managed. If in doubt the student should not play until medically cleared.</li> <li>• Ensure strict adherence to rules of rugby league, especially Australian Rugby League National Safeplay Code where required.</li> <li>• Provide instruction in rules, safety procedures and prerequisite skills before playing the game.</li> <li>• Note that mouthguards are recommended for full contact games. Parental permission should be sought for students to participate without a mouthguard.</li> <li>• Select students on the basis of ability, size and suitability for the position(s) they are to play (for example, students with long thin necks should not play in the scrum).</li> <li>• Note that in competition games for students aged 15 years and younger, the age difference of team members should be no greater than two years. Students turning 16 years of age in the year of competition are permitted to play in 18 years and under competitions, as per the Queensland Rugby League rules.</li> </ul>	<input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>	<input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>	



## Additional control measures

*These would relate to the specific student needs, location and conditions in which you are conducting your activity.*

Hazards/risks	Control measures



<b>Submitted by:</b>	<b>Date:</b>
List the names of those who were involved in the preparation of this risk assessment.	

Approval	
<input type="checkbox"/>	Approved as submitted:
<input type="checkbox"/>	Approved with the following condition(s):
<input type="checkbox"/>	Not approved for the following reason(s):
By:	Designation:
Signed:	Date:
Once approved, activity details should be entered into the <b>School Curriculum Activity Register</b> by administrative staff.	Reference No.

<b>Monitor and review</b> <i>To be completed during and/or after the activity and/or at the completion of the series of the activities.</i>	Yes	No
Are the control measures still effective?	<input type="checkbox"/>	<input type="checkbox"/>
Have there been any changes?	<input type="checkbox"/>	<input type="checkbox"/>
Are further actions required?	<input type="checkbox"/>	<input type="checkbox"/>
Details:		

## Important links

- HLS-PR-003: First Aid  
<http://education.qld.gov.au/strategic/eppr/health/hlspr003/>
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions  
<http://education.qld.gov.au/strategic/eppr/health/hlspr004/>
- Infection Control Guideline  
[http://education.qld.gov.au/health/pdfs/healthsafety/infection\\_control\\_guideline.pdf](http://education.qld.gov.au/health/pdfs/healthsafety/infection_control_guideline.pdf)
- HLS-PR-005: Health and Safety incident recording and notification  
<http://education.qld.gov.au/strategic/eppr/health/hlspr005/>
- HLS-PR-006: Managing risks with chemicals in Department of Education and Training (DET) workplaces  
<http://education.qld.gov.au/strategic/eppr/health/hlspr006/index1.html>
- HLS-PR-013: Developing a Sun Safety Strategy  
<http://education.qld.gov.au/strategic/eppr/health/hlspr013/>
- HRM-PR-010: Working with Children Check - Blue Cards  
<http://education.qld.gov.au/strategic/eppr/hr/hrmpr010/>
- SCM-PR-002: School Excursions  
<http://education.qld.gov.au/strategic/eppr/schools/scmpr002/>
- Australian Rugby League  
<http://www.nrl.com/>
- Get Active Queensland Accreditation Program  
<http://communities.qld.gov.au/resources/sportrec/publications/rugby-league-coaching-course.pdf>
- National Safeplay Code  
<http://admin.nrl.sportal.net.au/site/content/document/00001823-source.pdf>
- Queensland Rugby League  
<http://www.qrl.com.au/default.aspx?s=ed-coaching>
- Queensland School Sport Unit  
[http://www.learningplace.com.au/default\\_suborg.asp?orgid=128&suborgid=788](http://www.learningplace.com.au/default_suborg.asp?orgid=128&suborgid=788)

### Further information

For further information on incorporating risk management strategies into curriculum activity planning refer to [HLS-PR-012: Managing Risks in School Curriculum Activities](#) and the associated list of [Curriculum Activity Risk Management Guidelines](#).

For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.