# Curriculum activity risk assessment **Baseball**

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## Activity scope

This document relates to student participation in Baseball as a curriculum activity including the teaching of baseball skills, team training and competition matches conducted by schools.

This activity scope does not include lead-up games such as tee-ball to develop the basic skills for baseball.

## **Risk level**

This document is a guideline, the actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:

- Which students will be involved?
- Where will the students be?
- What will the students be doing?
- Who will be leading the activity?
- What will the students be using?

Inherent risk level			Action required/approval				
	Medium	Some chance of an incident and injury requiring first aid	<ul> <li>Record controls in your planning documents and/or complete this <i>Curriculum Activity Risk Assessment</i>.</li> <li>Consider obtaining parental permission.</li> </ul>				

Teachers/leaders:						
Activity description:						
Start date:	Finish date:	No. of students (approx.):				
Class groups:		Supervision ratio (approx.):				



#### Date Modified: 29 September 2011 Next Review: 13 November 2014

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Catcher, File #: 5430941 iStockphoto © Ana Abejon



Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information on the additional or alternate controls to be implemented for the safe conduct of the activity.

Minimum supervision					
Adequate adult supervision is to be provided. In determining what is adequate, consider the number of students, their individual needs, and the nature of the activity. <u>Blue Card</u> requirements <b>must</b> be adhered to.					
Registered teacher with minimum qualifications as outlined below					
OR					
An adult with minimum qualifications as outlined below, in the presence of a registered teacher.					
Further information:					

Minimum qualifications					
The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.					
Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel					
Blue Card requirements met					
For a registered teacher:					
Level 2 coaching qualifications from the <u>Australian Baseball Federation</u> for Primary students Level 3 coaching qualifications from the Australian Baseball Federation for Secondary aged students					
OR Competence (demonstrated ability/experience to undertake the activity) in the teaching of baseball.					
A teacher could demonstrate a reasonable level of competence by two or more of the following:					
knowledge of the activity and the associated hazards and risks					
experience (i.e. previous involvement) in undertaking the activity					
demonstrated ability and/or expertise to undertake the activity					
possession of qualifications related to the activity.					
For a leader other than a registered teacher:					
Level 2 coaching qualifications from the Australian Baseball Federation for Primary students					
Level 3 coaching qualifications from the Australian Baseball Federation for Secondary aged students.					
Further information:					

Minimum equipment/facilities If 'No' is ticked, provide further information.	Yes	No
First aid kit suitable for activity		
Communication system:       phone-line at location       mobile phone         walkie talkies/UHF radio       student/adult mes         Other:       Student/adult	ssenger	
Sun safety equipment (hat, sunscreen, shirt, etc)		
Drinking water (students should not share drinking containers)		
Regulation bats for baseball or softball should be used. Unibody bats are recommended. Bats without taping (or grip) or bats that have been altered in anyway should not be used.		
Minimum clear space of 18 metres (60 feet) outside the foul lines. Refer to official <u>Australian</u> <u>Baseball Federation</u> rules.		
Some suggested alternate controls where minimum boundary clearance is not met: reduce the size of the playing field to achieve an adequate clearance zone remove spectators/dangerous obstacles within the clearance zone provide instructions to the officials/supervisors and players about the limited clearance z station supervisors near any obstacles within the clearance zone.	zone	
Protective Equipment:		
<ul> <li>helmets that cover both ears for batters and base runners</li> <li>helmets, face masks, throat and chest protectors, and leg guards for catcher and umpire</li> </ul>		
protector/box for all catchers and batters.		
Facilities that adhere, as close as practicable, to <u>Baseball Queensland</u> regulations. Further information:		

Governing bodies/associations If 'No' is ticked, provide further information.	Yes	No
Guidelines/codes of practice are established for this activity. See <u>Baseball Queensland</u> , <u>Australian Baseball Federation</u> . Have these been considered during the planning of this activity?		
If you are organising competitions or other events, have you referred to Queensland School Sport Unit?		
Further information:		

## Hazards and suggested control measures

All persons engaging in this activity should:

- identify the hazards, including any additional hazards not mentioned here
- assess their significance
- manage the potential risks.

Listed below are indicative hazards/risks and suggested control measures. They are by no means exhaustive lists. After checking these, add details of any other identified hazards/risks and additional controls you intend to implement.

Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
<ul> <li>Biological material</li> <li>Body fluids (e.g. blood, saliva, sweat)</li> </ul>	Comply with <u>HLS-PR-004:</u> <u>Infection Control and</u> <u>Management of Prescribed</u> <u>Contagious Conditions</u> and <u>Infection Control Guideline</u> . Students with open cuts and abrasions are to be removed from the activity and treated immediately. If bleeding cannot be controlled completely, the participant should not be allowed to return to the activity. All clothing, equipment and surfaces contaminated by blood should be treated as potentially infectious.			

Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
	Have sufficient and suitable containment material (bandages, etc) readily available.			
Environmental conditions • Weather	Assess weather conditions     before and during activity     (temperature, storms etc).			
<ul><li>Surfaces</li><li>Surrounds</li></ul>	<ul> <li>Assess suitability of playing field (level, debris, potholes/ divots in ground, line markers etc).</li> </ul>			
	<ul> <li>Site activities away from buildings, pedestrians and other activities.</li> </ul>			
	• Space activities sufficiently to prevent any equipment entering another play area.			
	• Avoid practice situations where the vision is impaired for the catcher, pitcher, hitter or any infielder by the sun.			
Fast moving objects • Balls • Bats	• Instruct batters to drop, not throw, the bat before running. The dropped bat (and tee, if present) should be removed as soon as possible.			
	Provide instruction in proper fielding techniques.			
	Check equipment for damage before and during use. Helmets with cracks, dented or damaged face masks and catcher's gear should not be			
	<ul> <li>Position the batting team at least 10 metres back from either the first or third base line and at least 25 metres clear of the catching/home plate area.</li> </ul>			
	• Ensure that the warm-up batter practises in the designated area, preferably 10 metres from the catcher.			
	<ul> <li>Note that leather baseballs should be used in games for secondary age-groups. Rubber balls or reduced injury/teeballs are suitable for practice for all age-groups and game play for primary groups. Vinyl balls should not be used.</li> </ul>			

Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
	• Ensure that a netting backstop, if available, is placed at a safe distance from the catcher.			
	• Ensure that the umpire standing behind the catcher wears protective equipment, as prescribed for the catcher. If this equipment is not worn, the umpire should stand behind the pitcher.			
	<ul> <li>Ensure that gloves are maintained and stored carefully to keep their shape.</li> </ul>			
<ul><li>Physical contact</li><li>Cleats/spikes</li></ul>	<ul> <li>Modify games to match the skill and fitness levels of students.</li> </ul>			
<ul><li>on shoes</li><li>Breaks/sprains</li><li>Cuts, grazes</li></ul>	• Ensure that long fingernails are cut or taped to prevent injury to any participants.			
from sliding	<ul> <li>Ensure that jewellery such as watches, bracelets, rings and long necklaces are not worn.</li> </ul>			
	• Provide instructions regarding appropriate sliding. It is recommended that students not slide into first base but overrun the base on a single hit.			
	<ul> <li>Ensure that the rules regarding physical contact to prevent rough play are enforced.</li> </ul>			
	<ul> <li>Check condition of shoes/ spikes/cleats before play.</li> </ul>			
	<ul> <li>If spectacles need to be worn during matches and training sessions, ensure that they have plastic frames and plastic lenses. A band should also hold the spectacles on securely.</li> </ul>			
<ul> <li>Students</li> <li>Student numbers</li> </ul>	<ul> <li>Obtain parental permission, including relevant medical information.</li> </ul>			
<ul> <li>Special needs</li> <li>High risk behaviours</li> <li>Medical conditions</li> </ul>	• When students with medical conditions are involved, ensure that relevant medical/ emergency plans and medications are readily available (insulin, Ventolin®, Epipen®, etc).			

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Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
	<ul> <li>Refer to Individual education plan/Educational adjustment plan/Behaviour management plan and other student documents.</li> </ul>			
	<ul> <li>Ensure there is adequate adult supervision.</li> </ul>			
	<ul> <li>Where necessary, obtain advice from relevant advisory visiting teachers, specialist teachers.</li> </ul>			
<ul> <li>Physical exertion</li> <li>Strains and</li> </ul>	Have appropriate warm-up and warm-down activities.			
<ul> <li>Strains and sprains</li> <li>Cramps</li> <li>Exhaustion and</li> </ul>	<ul> <li>Cover rules, safety procedures and prerequisite skills before students play the game.</li> </ul>			
fatigue	<ul> <li>Follow progressive and sequential skill development.</li> </ul>			
	<ul> <li>Modify games to match the skill and fitness levels of students. Refer to <u>Baseball Queensland</u> <u>rules</u>.</li> </ul>			

Additional control measures						
These would relate to the specific student needs, location and conditions in which you are conducting your activity.						
Hazards/Risks	Control Measures					

Submitted by:	Date:
List the names of those who were involved in the preparation of this risk assessment.	

Approval				
	Approved as submitted:			
	Approved with the following condition(s):			
	Not approved for the following reason(s):			
By:		Designation:		
Signed:		Date:		
Once approved, activity details should be entered into the <i>Activity Register</i> by administrative staff.		School Curriculum	Reference no.	

<b>Monitor and review</b> To be completed during and/or after the activity and/or at the completion of the series of activities.	Yes	No
Are the control measures still effective?		
Have there been any changes?		
Are further actions required?		
Details:		

## Important links

- HLS-PR-003: First Aid <u>http://education.qld.gov.au/strategic/eppr/health/hlspr003/</u>
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions
   <u>http://education.qld.gov.au/strategic/eppr/health/hlspr004/</u>
- Infection Control Guideline: <u>http://education.qld.gov.au/health/pdfs/healthsafety/infection\_control\_guideline.pdf</u>
- HLS-PR-005: Health and Safety incident recording and notification <u>http://education.qld.gov.au/strategic/eppr/health/hlspr005/</u>
- HLS-PR-006: Managing risks with chemicals in Department of Education and Training (DET) workplaces
   <u>http://education.qld.gov.au/strategic/eppr/health/hlspr006/index1.html</u>
- HLS-PR-013: Developing a Sun Safety Strategy <u>http://education.qld.gov.au/strategic/eppr/health/hlspr013/</u>
- HRM-PR-010: Working with Children Check Blue Cards <u>http://education.qld.gov.au/strategic/eppr/hr/hrmpr010/</u>
- SCM-PR-002: School Excursions <u>http://education.qld.gov.au/strategic/eppr/schools/scmpr002/</u>
- Queensland School Sport Unit
   <u>http://www.learningplace.com.au/default\_suborg.asp?orgid=128&suborgid=788</u>
- Get Active Queensland Accreditation Program
   <u>http://communities.qld.gov.au/sportrec/community-programs/education-and-training/get-active-queensland-accreditation-program/course-information</u>

### **Further information**

For further information on incorporating risk management strategies into curriculum activity planning refer to <u>HLS-PR-012</u>: <u>Managing Risks in School Curriculum Activities</u> and the associated list of <u>Curriculum Activity Risk</u> <u>Management Guidelines</u>.

For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.