



Be an **INDEPENDENT LEARNER**

in

PHYSICAL EDUCATION



Files must be organised, complete, neat and tidy. Plastic wallets/dividers are good to protect work and keep order. **Remember your file will be your main source of revision for your exam!!**

✓ Missing a lesson - **see your teacher prior to the lesson** if you know in advance that you are going to be off. If not, make sure you see your teacher as soon as possible on return to college to collect any work missed. **Do not wait until the next lesson!!**

✓ Following up a lesson – **after each lesson read over what was covered**. This is essential to cement material in your memory and identify areas that you do not understand. *See your teacher to clarify any areas of uncertainty.* **Do not wait until the next lesson!!**

✓ Following up a lesson – **complete any homework set**. Is there any extension work that you could complete? *See your teacher to clarify any areas of uncertainty.* **Do not wait until the next lesson!!**

✓ **Visit the learning resource centre at college** – copies of the recommended student textbooks and revision guides are available:

AS PE for OCR Student Book - ISBN code 9780435466770

OCR AS PE Revision Guide - ISBN code 9780435466817

A2 PE for OCR Student Book - ISBN code 0435466852

OCR A2 PE Revision Guide - ISBN code 0435466895

✓ Visit the learning resource centre at college – copies of the PE Review magazine are available containing student friendly articles on various A Level PE topics off the OCR specification.

✓ Visit the OCR [website \(www.ocr.org.uk\)](http://www.ocr.org.uk) to access materials to support your study:

✓ **Specification**

✓ **Past exam papers, mark schemes & examiners reports**

✓ **EPIP exemplar video clips & associated mark scheme**

✓ **Practical/EPIP assessment criterion**

✓ Keep up to date with contemporary sporting issues by **reading the sports pages of “quality” newspapers.**

✓ Use your copy of the specification for each theoretical discipline as a check list to help you prepare for your exam. **Remember they can only test you on topics from the specification so if you know everything on there then you are fully prepared!!**

✓ **Attend additional support sessions in college**

✓ Contact your tutors for additional support:

Lsparks@thornleigh.bolton.sch.uk

cbingley@thornleigh.bolton.sch.uk

hgrundy@thornleigh.bolton.sch.uk



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