



## Care Assurance System for the Aging and Homebound of Madison County

701 Andrew Jackson Way Huntsville, AL 35801 (256) 533-7775

[www.casamadisoncty.org](http://www.casamadisoncty.org)

[www.facebook.com/CASAMadisoncty](http://www.facebook.com/CASAMadisoncty) [www.twitter.com/CASAMadisonCty](http://www.twitter.com/CASAMadisonCty)

February 2012

## Our Volunteers Have a Heart for CASA

CASA of Madison County would like to send our love and appreciation to our dedicated volunteers. CASA volunteers make lives better and safer for those who are aging or homebound in Madison County.

We love our donors and volunteers who give of their time and treasures to benefit our clients. We have story after story of volunteers who go above and beyond in every area to make sure our clients are taken care of and can age in place safely.

We were happy to have a chance to recognize our volunteers at the Volunteer Recognition event on December 15th at Willowbrook Baptist Church. We had a wonderful lunch and great fun! Thank you to Country Cottage Senior Living for sponsoring the lunch and their staff, plus members of the CASA Board of Directors for

organizing the event and serving our volunteers.

The new year will bring us more opportunities for our volunteers, new and old, to change the lives of our clients. We are excited to see the CASA mission carried out during 2012!

Below are a few pictures from this year's Volunteer Recognition Luncheon



## THANK YOU!



**Volunteer Recognition  
December 15, 2011**

**PAGE 1**

You are Invited to the  
“Senior Lifestyle Celebration Showcase”

Hosted by

**Marriott**  
HUNTSVILLE

5 Tranquility Base,  
Huntsville, AL

Thursday, March 22, 2012

9:30am - 4:00pm

- » Free Admission for Seniors
- » Cooking demonstrations by Marriott Chefs
- » Health Screenings by Sportsmed
- » Fashion Show by Belk
- » Crestwood Medical Center Senior Circle “Boot Scooting Line Dancers”

**SILENT AUCTION TO BENEFIT  
CASA OF MADISON COUNTY!**

## “Mary, Mary, Quite Contrary; How Does The CASA Garden Grow?”

“With an army of volunteers working in the mud and maybe even in the snow!”

The importance of maintaining the CASA Garden grows daily as we find the cost of living increasing each day. We are receiving more information regarding the benefits of fresh produce and how it improves health and life. What a great service we can provide to our clients!

The CASA Garden has been a true success story and a testimonial to the dedicated volunteers. Our Garden is one of the oldest and longest running Community Gardens in the State of Alabama. Our volunteers make that possible! Each plant that is planted, each weed that is pulled, each blade of grass that is mowed is done so by a volunteer.

The Garden is year round and in 2011 produced more than 8,000 pounds of produce. It is a magical land where you can truly see the “fruit” of your labor! We would like to add several more Garden Volunteer Leads to help in the planning and management of the planting, harvesting and leading other volunteers. If you have a heart and a passion for Gardens to provide healthy choices that our clients can afford, then we have a volunteer opportunity for YOU! You can read more about this need in this issues' Frequently Asked Question.

**GARDEN ADDRESS:** 4725 Bob Wallace Avenue, next to the Botanical Gardens, west of the intersection of Bob Wallace and Jordan Lane.

FOR MORE INFORMATION CONTACT:

Volunteer Coordinator: Jessica Bumbalough -  
(256)533-7775, [jessica@casamadisoncty.org](mailto:jessica@casamadisoncty.org)

**Kitchens for CASA**

**Save the Date**  
**August 26, 2012**

Sponsorship opportunities are available contact the CASA Office for more information!

*Watch for More Details!*

**PAGE 2**

### TIPS FOR WORKING IN THE CASA GARDEN

#### WHAT TO WEAR:

- CLOSED TOED SHOES & SOCKS
- COMFORTABLE CLOTHING
  - T-SHIRTS & SHORTS
- ITEMS THAT CAN GET DIRTY

#### WHAT TO BRING:

- WATER
- SUNSCREEN
- SNACKS
- INSECT REPELLENT



#### Frequently Asked Question #2

##### *What is a Garden Volunteer Lead?*

Our Garden Volunteer Leads direct other volunteers while working in the Garden. This is great for individuals who work well in a team and have a love for gardening. Our Garden Volunteer Leads make decisions as to what is planted, and the best way to plant and manage the harvest of the plants for our CASA clients. Contact our office to find out more of how you can join our Garden team as a Garden Volunteer Lead by calling 256-533-7775.

Please send your FAQ's to [jessica@casamadisoncty.org](mailto:jessica@casamadisoncty.org)

## The Commons

55+ ACTIVE ADULT COMMUNITY

**For each new member that moves into The Commons a donation of \$100 will be made to CASA. In addition, CASA will receive special promotions at Convive! Events and The Commons website.**

The Commons is Huntsville's newest 55+ Active Adult Community. Featuring 54 gracious apartments with a variety of floor plans, The Commons is currently under construction in south Huntsville. The Commons will offer contemporary living amenities with the extra benefit of an extensive, à la carte service menu. Developed by locally-owned Cottage Senior Living, The Commons will open in Summer 2012.

*Call Today!*

**(256) 361-0266**

4300 Chris Drive • Huntsville  
[www.CommonsYourWay.com](http://www.CommonsYourWay.com)



## CASA 2011 Year in Review

In the 2010 - 2011 year CASA has continued to provide services and assistance in accordance with our mission statement. It is a sad fact that many of our clients are invisible to much of our community. We don't often see them in the store or in the restaurants we frequent.

The following are a few points of review from this past year:

- \* More than 85% of CASA clients live on less than \$600 a month.
- \* Their primary source of income is Social Security.
- \* Approximately 1,500 of our clients live alone.
- \* This year we added 415 new clients eligible for CASA services.
- \* We had another great year for our partnership with UAHuntsville College of Nursing, Oakwood College School of Nursing, and the Alabama A&M Social Work department. This partnership provides great opportunities to impact the future of geriatric health care.
- \* The CASA Garden was able to provide more than 8,000

pounds of fresh produce to our seniors and homebound. This is a great benefit for improving the healthy options available to our clients.

- \* CASA is actively seeking out clients on a limited basis with special needs for hearing and vision, since the State of Alabama Medicaid is unable to provide coverage for the needs of adults who are hearing or vision impaired.
- \* Christmas was provided to more than 850 clients with more than 50 volunteers acting as their Santa by delivering their gifts.
- \* In the 2010-2011 Budget, only 6.5% was utilized for administrative/office staff and fundraising efforts. We are very serious about stewarding the funds in a manner that provides the most services.

Please contact our office if you wish to get more information regarding the annual report and audit report now available for review.



To learn more about the organization or volunteer opportunities, call CASA at 256-533-7775 or email [info@casamadisoncty.org](mailto:info@casamadisoncty.org).

**YES! I want to change the life of a Madison County senior by donating:**

- \$400: Building a wheelchair ramp so a senior can safely exit their home
- \$300: Adopting a row at the CASA Garden, providing essential nutrition
- \$150: Keeping a senior cool with an air conditioner during the summer
- \$125: Supplying a senior with a tub transfer bench, allowing for safer showers
- \$60: Installing handrails to prevent harmful falls
- \$40: Providing a week's supply of protective undergarments
- \$30: Purchasing a much needed food box
- \$20: Giving a senior a fan to provide relief from the summer heat
- Other: (please specify amount) \_\_\_\_\_

I'd like to make a donation in honor of  memory of

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Honoree's name: \_\_\_\_\_

Address: \_\_\_\_\_

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 ♥ **Please cut out this form and mail to:** ♥  
 ♥ 701 Andrew Jackson Way Huntsville, AL 35801 ♥  
 ♥ To donate electronically via Visa or MasterCard, ♥  
 ♥ please visit our website at: ♥  
 ♥ [www.casamadisoncty.org](http://www.casamadisoncty.org) ♥  
 ♥ **Your tax deductible contribution** ♥  
 ♥ **stays locally to** ♥  
 ♥ **provide direct services** ♥  
 ♥ **for the elderly & homebound** ♥  
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Huntsville, AL 35801

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