

## Confirmation Letter of Intent

In renewing my baptismal vows, I profess my Catholic Faith in the Creed and renounce Satan. It is my intent in both Faith and practice to embrace the *entire* law of Christ contained in the Catholic Church; which includes being faithful to the teachings of the Holy Father in regards to issues of faith and morals (i.e. issues such as abortion). I promise to follow the precepts of the Church both now and after Confirmation.

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Confirmation Candidate's Printed Name

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Confirmation Candidate's Signature

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Date

### Precepts of the Church

1. To hear Mass on all Sundays and holy days of obligation. The holydays are:  
(Jan. 1 – Solemnity of Mary; 40 days after Easter – Ascension Thursday; Aug. 15 – Assumption of Mary; Nov. 1 – All Saints' Day; Dec. 8 – Immaculate Conception; Dec. 25 – Christmas)
2. To fast and abstain on the days appointed.  
(The Church's current regulations in the U.S. require fasting and abstinence from meat on Ash Wednesday and Good Friday; and abstinence from meat on the Fridays during Lent. Every Friday is a day of sacrifice. We are obliged to make a sacrifice every Friday. This could be the traditional practice of abstinence from meat or another sacrifice.)
3. To confess our sins at least once a year in the sacrament of Penance.
4. To receive Holy Communion worthily during the Easter Season.  
(To receive Holy Communion worthily, one must: observe the Eucharistic Fast of one hour before receiving Holy Communion; Be in the state of grace, and believe that Holy Communion is the true Body, Blood, Soul and Divinity of our Lord and Savior, Jesus Christ.)
5. To contribute to the support of the Church.
6. To observe the laws of the Church concerning marriage.

As the parent of a Confirmation Candidate, I promise to fully assist in my child's preparation for the Sacrament. I promise that my child will continue to study the Catholic Faith and will regularly attend Mass and receive the Sacrament of Penance before and after Confirmation.

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Parent's Signature

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Date