

# IFOS

# Natural grade

PRODUCTS

## CONSUMER REPORT

Product Name: The Very Finest Fish Oil Softgels

Product Class: Natural Grade

Product Type: TG

Product Availability: Canada, USA

Product Summary:

J.R. Carlson Labs The Very Finest Fish Oil is a clean and naturally concentrated fish oil, containing purified omega-3 fatty acids EPA and DHA.

This product receives a FIVE out of FIVE Star IFOS rating based on the following criteria:

- 1 Star for Passing All CRN/WHO Testing Categories - YES
- 1 Star for Omega-3 Concentration Consistent with Label Claim - YES
- 1 Star for Oxidation Level Less Than 75% of CRN Standard - YES
- 1 Star for PCB Levels Less Than 50% of CRN Standard - YES
- 1 Star for Dioxin Levels Less Than 50% of WHO Standard - YES



Batch / Lot #: SB003053

Expiry Date: 10/2014

Recommended Daily Allowance: Canada: 1 soft gel, once per day at meal time  
USA: 1-5 soft gels daily, at mealtime

Regulatory Approvals: NPN# 80013076

Company Name: J.R. Carlson Laboratories, Inc.

Company Phone #: 847-255-1600, 888-234-5656

Company Website: <http://www.carlsonlabs.com>





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### CATEGORY 1

**CONCENTRATION** -  
Omega -3 Product Content vs.  
Product Label Claim

	Product Label Claim	Batch Results	IFOS Compliance
EPA	160 mg/softgel	180 mg/softgel	YES
DHA	100 mg/softgel	117 mg/softgel	YES
TOTAL OMEGA-3	320 mg/softgel	365 mg/softgel	YES

### CATEGORY 2

**PURITY, SAFETY AND  
CLEANLINESS** - PCB's,  
Mercury, Dioxins and Furans

	CRN/GOED Standard	Detection Limit	Batch Result	IFOS Compliance
PCB	< 90 ppb	< ppt	0.838 ppb	YES
	WHO Standard	Detection Limit	Batch Result	IFOS Compliance
Dioxins and Furans	< 2 ppt	< ppt	0.340 ppt	YES
Dioxin Like PCB's	< 3 ppt	< ppt	0.039 ppt	YES

### CATEGORY 3

**STABILITY** - Peroxide, Anisidine,  
Total Oxidation and Acid Value

	CRN/GOED Standard	Batch Results	IFOS Compliance
Peroxide	< 5 meq/kg	4.14 meq/kg	YES
Anisidine	< 20 meq/kg	11.0 meq/kg	YES
Total Oxidation	< 26 meq/kg	19.28 meq/kg	YES
Acid Value	< 3.0 mg KOH/g	0.3 mg KOH/g	YES

### CATEGORY 4

**HEAVY METALS and MERCURY**  
Lead, In-organic Arsenic, Cadmium

	CRN/GOED Standard	Batch Results	IFOS Compliance
Mercury (Hg)	0.1 ppm	< 0.01 ppm	YES
Lead (Pb)	0.1 ppm	< 0.01 ppm	YES
Arsenic (As)	0.1 ppm	< 0.05 ppm	YES
Cadmium (Cd)	0.1 ppm	< 0.01 ppm	YES

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