Greater Illinois Chapter

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CORPORATE LUNCH AND LEARN REQUEST FORM

Organization:		
Street Address:		
City: Sta	te: Zip code:	
Contact Person's Name and Ti	itle:	
Email:	Telephone:	
Today's date:		
The Basics: Memory Loss, I minute versions)	<u>criptions on page 2):</u> etection Matters (available in bo Dementia and Alzheimer's disea ng to the Person with Alzheimer'	se (available in both 60 and 90
Healthy Habits for a Healthi	er You (60 minutes)	
I prefer this program be preser	nted in the following format:	
Classroom presentation	Approximate audience size:	
Webinar	Approximate number of participants:	
, , , , , , , , , , , , , , , , , , ,	dates/times below. We require 6 e dates / times you request, as c o meet your needs.	, ,
	Date (XX/XX/XX)	Time

Date (XX/XX/XX)	Time
	Date (XX/XX/XX)

Please note: Each of these presentations include PowerPoint slides and/or video. Because of this, the meeting room must have a screen and the ability to accommodate a laptop, LCD projector and speakers. A microphone is appreciated for larger spaces.

RETURN COMPLETED FORM TO: Steve Schapiro, Vice President, Corporate Engagement Alzheimer's Association, Greater Illinois Chapter • <u>sschapiro@alz.org</u> • fax 773-444-0930

Thank you for your request.

WE EDUCATE ... YOU ACTIVATE

Our mission is clear: To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Help us advance our mission by partnering with the Alzheimer's Association, Greater Illinois Chapter. Your company will stand with the world's leading voluntary health organization in Alzheimer's care, support and research as we confront a crisis that devastates millions of families — and a significant portion of our nation's workforce.

The Greater Illinois Chapter offers corporate partners and employees a variety of ways to engage in meaningful collaboration. Please select how you'd like to engage with us by checking the appropriate boxes below. We ask that you check a minimum of one box.

Host a Go Purple event - the official color of the Alzheimer's Association

Go Casual for a Cause (Dress down at work and support our mission)

Become a corporate sponsor

Form a Walk to End Alzheimer's Team

- Add the Alzheimer's Association to your existing employee giving program
- Implement an employee giving program to feature the Alzheimer's Association

Invite us to participate in a health and wellness fair

Invite us to participate in a volunteer fair

Include an article about the Alzheimer's Association in your company newsletter

PROGRAM DESCRIPTIONS

Know the 10 Signs: Early Detection Matters

The warning signs of Alzheimer's disease are often dismissed as normal age-related memory changes. Attend this program to learn the 10 Warning Signs of Alzheimer's disease. We'll separate myth from reality and address commonly-held misconceptions about Alzheimer's. Hear from people who have the disease, find out how to recognize the warning signs in yourself and others, and learn why early detection matters.

The Basics: Memory Loss, Dementia and Alzheimer's Disease

If you or someone you know is affected by Alzheimer's disease or dementia, it's time to learn the facts. This program provides information on diagnosis, risk factors, disease stages, treatment options, and much more.

Learning to Connect: Relating to the Person with Alzheimer's Disease

Do you feel unsure or ill at ease spending time with a person with memory loss? By understanding the disease and how it affects the brain, you can more easily make meaningful connections with a person with Alzheimer's disease. This program will provide insight into memory loss and dementia and the effect of the disease on communication and behavior. It will also introduce participants to techniques that can be used to make visits more comfortable and meaningful.

Healthy Habits for a Healthier You

For centuries, we've know that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.