# **Parenting Stress Index - Short Form**

# **Computer-Assisted Screening Report**

**Developed By** 

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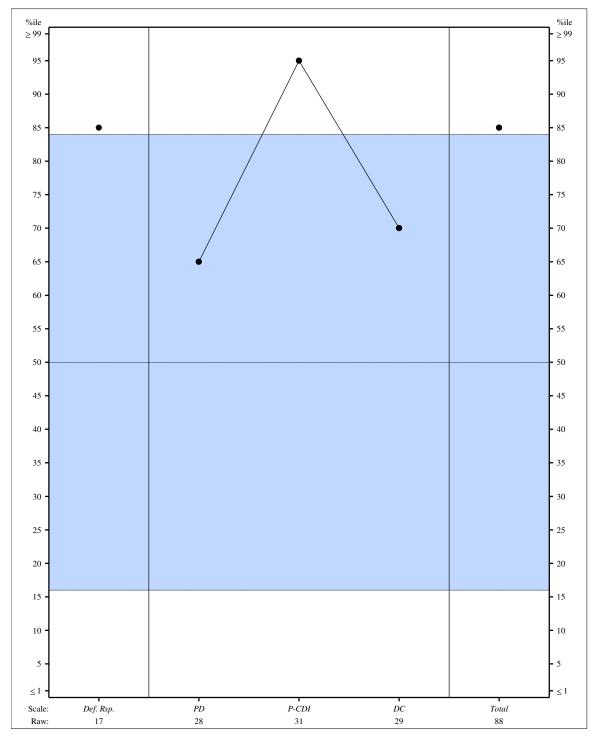
# **Demographic Information**

- Respondent -				
Name :	Sample Client			
Client ID :	SC			
<b>Relationship to Child :</b>	Father (or male caretaker)			
Age :	30			
Birthdate :	01/25/1980			
Ethnicity :	(not specified)			
- Child -				
Name :	Paige			
Age :	8			
Birthdate :	02/15/2002			
Gender :	Female			

## **Testing Information**

Test Date : 12/17/2010 Referral Source : Dr Jacoby

**Caution:** This report is designed to assist professionals in their interpretations of the results of the Parenting Stress Index. The interpretations made should be viewed as hypotheses that need collaboration from other data sources and the exercise of professional judgment. At no time should this interpretive report be submitted to parents or to other professionals as the sole basis for any clinical decisions regarding the management or treatment of clients or patients.



## **PSI Short Form Profile**

## **Score Summary**

Scale	Raw Score	Percentile	Raw Score Norms	
			Mean	SD
Defensive Responding	17	85	13.9	5.2
Total Stress	88	85	71.0	15.4
Parental Distress (PD)	28	65	26.4	7.2
Parent-Child Dysfunctional Interaction (P-CDI)	31	95	18.7	4.8
Difficult Child (DC)	29	70	26.0	6.7

16 - 80 Percentile: Normal Range

81 - 84 Percentile: Borderline

85 - 99+ Percentile: Clinically Significant

NOTE: Defensive Responding is clinically significant when the score is 10 or less.

## **Interpretation of Protocol**

## **Defensive Responding**

This appears to be a valid protocol.

#### **Total Score**

This parent is experiencing more stress than the average parent, but falls in the borderline clinical range with regard to the need for follow-up and referral. The possible need for services should be discussed with the parent, along with the apparent primary sources of stress.

#### **Parental Distress**

This parent appears to be experiencing a normal degree of parenting distress as a function of his personal characteristics. The parent's personal adjustment to parenting does not appear to be a source of stress.

## **Parent-Child Dysfunctional Interaction**

This parent is highly distressed by the quality of his parent-child interaction. This child does not meet his expectations. The parent likely feels alienated from his child and may feel to some degree rejected or abused by his child's behavior. The potential for dysfunctional parenting behavior is high, and immediate follow-up services are recommended. This parent should be provided support to help ensure follow-through with regard to follow-up services.

## **Difficult Child**

This parent's perception of his child's behavioral characteristics suggests that his child's functioning falls for the most part within normal limits. Deviations from normal functioning are not perceived as excessively disruptive or destructive to the parent-child relationship.

**End of Report**