GENERAL SCHOOL SUPPLIES LIST

Emergency Preparedness Kit

Families are asked to provide a kit of materials for each student to be used in case of an emergency. Containers should be watertight, stackable, clear, durable, and compact (around 4.5 quart size). The container must be marked clearly both inside and outside with the child's first and last name and have a copy of the **Health/Emergency Information** Form taped inside the container.

Please check for expiration dates and purchase food that will last the ten months of storage.

- Ready-to-eat canned meats, fruits, vegetables, juices and soup. Pop-top lid preferred; avoid flimsy containers.
- High-energy foods (e.g., peanut butter, jelly, crackers, nuts, health bars, trail mix, cheese and crackers). Please avoid freeze-dried foods as water will likely be limited.
- "Comfort" foods
- Family photo/ letter
- Two 30-gallon size garbage bags
- Soft pack tissues

- Disposable utensils
- Small packet of moist towelettes
- Band Aids
- 3-day supply of medicine
- Feminine hygiene supplies
- Flashlight/batteries
- Emergency blanket (available in camping section at Fred Meyer)
- Current photograph of student
- Health/Emergency Information Form

Bring supplies and emergency kit to Orientation. Lockers will be assigned at this time and you will be able to store your belongings.