

# Outdoor Camp Additional Packing List

Toiletries (In zip lock plastic bag)

Sleeping bag that will fit in a backpack\*

Comfortable hiking clothes: (preferably ones that dry quickly: aside from t-shirts, cotton is best avoided) shorts, t-shirts, long pants and one long sleeved shirt.

Swimsuit

Bug spray

Shoes that can get wet and have a back heel strap

Towel

Flashlight

Sweater or jacket (fleece)

Rain gear

Hiking boots or sneakers well broken in

Sunscreen

OPTIONAL ITEMS: notebook, camera, playing cards, bandana, Sunglasses, stamps and stationary

DO NOT BRING: food (especially candy), cell phones, pagers, fireworks, weapons of any kind, iPods, radios, or electronic games.

\*Sleeping bags can be difficult to fit into the backpacks that we supply. If you are interested in purchasing an outdoor sleeping bag, look for a “down” or “synthetic” bag and a temperature rating around 40 degrees for summer months.

If you have any questions regarding gear, please contact Rich Bowerman at [blueridge@windstream.net](mailto:blueridge@windstream.net). Thank you!