

## VOLUNTEER SIGN-UP SHEET

Team formation occurs twice each year, usually within a few weeks after a set of Walks are completed. If you are interested in being considered for a team or to volunteer for other activities, please complete and mail this to **Nancy Trammell**. Prior to filling out the volunteer sign-up sheet read the Team Member Criteria on page 2. Because of the large number of volunteers, and of our commitment to forming teams equally divided among those with much experience, some experience, and no experience, not all volunteers can be used each time. However, all volunteer sheets are made available to the upcoming Lay Directors, in case of last minute changes to their teams. **You will therefore need to submit a new volunteer sheet for each set of Walks for which you want to be considered.**

**NOTE: The current camp facility being used is a tobacco-free and firearms-free environment. Please plan accordingly.**

**TEAM FEES ARE \$120, PAYABLE AFTER TEAM MEETINGS BEGIN. FINAL PAYMENT IS DUE PRIOR TO THE WALK START DATE**

I would like to work on WALK\_ . I know that I may be asked to serve in any capacity, but the following areas are of interest to me (check all that apply):

CONFERENCE ROOM  KITCHEN

GO-FOR  MUSIC

ANY OF THE ABOVE

Would you be willing to give a talk? Yes No

I HAVE SERVED ON PAST TEAMS IN THE FOLLOWING CAPACITIES:

**NAME:**

**ADDRESS:**

**CITY, STATE, ZIP: \_**

**PHONE:**

**E-MAIL:**

**Name & phone # of primary care physician \_\_\_\_\_**

**Name & phone #s of at least two emergency contacts for you**

\_\_\_\_\_ (home) \_\_\_\_\_ (cell) \_\_\_\_\_

\_\_\_\_\_ (home) \_\_\_\_\_ (cell) \_\_\_\_\_

**My Emmaus Community and Walk Number: Date: \_**

**Please list any "medically determined" food allergies that you have and your physical reaction to those allergies (use back of form if necessary).**

**Please list any "medically prescribed" diets required by you and your physical reaction if those diets are not completely followed (use back of form if necessary).**

**NOTE: You will be responsible for the expense of the special diet food items required to prepare your daily meals.**

**RETURN THIS FORM TO:**

Nancy Trammell

3537 N. Ramsgate Road

Martinsville, IN 46151

Email: tram3537@comcast.net or **bring this form to any Gathering**

Revised: 6/27/2013

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## EMMAUS TEAM MEMBER CRITERIA

Whether you're a veteran or working your very first time, before you fill out the volunteer form you need to honestly answer the following questions listed below.

The Walk to Emmaus is a structured, disciplined experience and because of its life-transforming potential, Emmaus calls for your very best effort during team meetings and the Walk weekend. Can you be committed to give your very best? Are you ready to be a team member?

- Are you aware that team meetings begin approximately three months prior to the actual walk date?
- Do you know that the team meetings last approximately 5 hours and are usually held on Saturday mornings with an 8:00AM start time?
- Are you prepared to travel as much as an additional two hours getting to and from the meetings?
- Are you committed to attending the team meetings (100% is desired, 60% is required) and participating in all the team activities? Team activities include providing food for the meeting, actively participating in an assigned prayer group, previewing talks, prayer support of speakers and providing daily prayer support between meetings through the use of a prayer calendar.
- If asked, are you willing to give one of the talks?
- Are you fully committed to the time requirements of the weekend? You may be required to arrive at the campground as early as 1:00PM Thursday and stay as late as 7:00PM Sunday. Are you prepared to take time off from work or from your family activities to fulfill this commitment?
- Are you aware that your sleeping arrangements may not be quite as inviting as they were when you were a Pilgrim? To accommodate all team members, some workers will have to make their homes in the rustic cabins (i.e. no heat, no AC)
- Are you aware that you may be sleep deprived during the weekend? Time for sleep is determined greatly by your role during the weekend.
- Are you aware that you'll be asked to attend (especially conference room workers) an informal 4<sup>th</sup> Day meeting to share information concerning the Walk (what went right, what went wrong and suggestions for improvement)

In return for your sacrifice, you will be a blessing to the pilgrims, develop close friendships with other team members, and contribute to the spiritual health of members of the Hoosier Hills Emmaus community.

Team member discipline is critical to the success of an Emmaus weekend. It calls for obedience to the process, procedures, dynamics and the spirit of the Walk to Emmaus. It goes far beyond the adherence to the schedule and calls for each team member to firmly commit themselves to the higher purpose of the entire weekend.

Team members need to realize that their role is not to relive their Emmaus weekend but to serve the Pilgrims with a servant's heart. As the team cannon states; **It's not about me!**

We don't want to discourage anyone from serving, but a member of an Emmaus Team must have a servant's heart. Being a team member is a very humbling, rewarding and spiritually uplifting experience.

*Revised: 6/27/2013*