

ASBURIAN



Newsletter of:

The First United Methodist Church

214 W. Main St.
Carbondale, IL 62901

Our Mission Statement: "Called together by the Holy Spirit, we proclaim God's presence and love in the world through prayer, worship, education and service. We invite children, youth and adults to become disciples of Jesus Christ, live fully in the Holy Spirit, and embrace God's love."

Pastor: The Rev. Alan R. Rhein

Associate: Tom Byford

Dir. of Christian Education: Necia Jannings

Prayer Chain: Sue Hall (457-8283) or email Sara Hinde at sjhinde04@gmail.com

Broadcast:

10:45 service is heard live on WCIL-AM (1020)

For van rides: Call the church office (457-2416)

Email: fumc@fumc-cdale.org

Website: www.fumc-cdale.org

Facebook:

www.facebook.com/FirstUnitedMethodistCdale

Twitter: @FUMCCarbondale

IN CHURCH THIS SUNDAY MAY 17, 2015

8:15 and 10:45 a.m. Worship Services
9:30 a.m. Sunday School

Sermon: *Always With Us*
Rev. Alan Rhein

Scripture: Luke 24:44-53

Anthem:

8:15 *My Shepherd Will Supply My Need*
Paula McNally, soloist

10:45 *My Shepherd Will Supply My Need*
Sanctuary Choir

Hymns:

327 *Crown Him with Many Crowns*
163 *Ask Ye What Great Thing I Know*
405 *Seek Ye First*
529 *How Firm a Foundation*

Altar flowers this week are given by Jody Christopher in memory of her mother.

Greeters: Barbara & Dan Kimmel

Acolytes: 10:45 Kayli Lucas and
Reese Funk

Sound System Operators:
8:15 The Crippens
10:45 Mike Hanes

Liturgists: 8:15 Mary Pohlmann
10:45 Gene Morgan

May Ushers: David Conrad, Captain
8:15 Mike Durr
10:45 Mary Beth Aguilar, Pat
Cuendet, Wilma Davis, Phil
Gilbert, Sidney Matthews



Musings

Dear Friends,

Can you remember a time when you didn't have a cell phone? I think we got our first cell phone for our oldest daughter back in 1994. She was going to be driving a lot while going to SIU. We had moved from Harrisburg to Mt. Vernon and she was going to be commuting to classes from either Carrier Mills (where Connie's mother lived) or from our new home in Mt. Vernon. She also had a job that required her to be on the road. So, we decided that she needed a cell phone.

This was the time when they were called "bag phones" and there had to be an antenna attached to the car so the phone could be used. From then on we added more phones, getting the ones you could hold in your hand, so that we could keep in contact with our children. When I became a superintendent, they "required" us to have a phone, and so I used the phone I already had for the work of the district. Now I use my cell phone more than I use the "land line" at home or the phone in my office. A regular daily activity now is to "text" instead of call and talk to a person. If you leave your cell phone at home or lose it, you have to search until you find it or get a new one as soon as possible.

Isn't it interesting how dependent we are on our cell phones? We can argue whether this is good or not, but that is a waste of energy, because it is the way it is. We live in the cell phone age! There are more and more things that you can do with your cell phone - - from taking pictures to paying your bills. It all happened so fast that we "found" ourselves cell phone dependent and we can't really pinpoint when it happened exactly. Life and times change and we can't stop it, though sometimes we try and ignore it and hope the change will go away. It seldom "goes away" and we just delay the inevitable.

There are many more important changes in life that we have to adjust to as well. When we lose a loved one or friend, it can be hard to adjust. When we realize that age is catching up to us and we can't do what we always have done, it can be tough. When friends we have known for a long time decide they need to move closer to their children, which is a long distance from us, it can be a hard thing. Maybe we reach the time in life when we realize that we need to "downsize" and move into an assisted living facility, and it can also be a tough adjustment. Whatever the change is, we can either fight it and kick and scream about how things are, or, we can realize that change is a part of life. In these times, our faith in God can help us cope. When we pray, we often pray for a situation in our life to go away or to be suddenly transformed into a positive situation. This often doesn't happen. What we know, as people of faith, is that even if things do not change for the good, God is with us and will give us strength and courage to face the challenge that is before us. As Christians, we live in the knowledge that God never leaves us nor forsakes us. We live, knowing that whatever comes our way in the form of change (or anything else for that matter), we can deal with because of this hope. Yes, I am sure cell phones are here to stay and I'm even more certain that the presence of God will be with us in whatever comes across our path in life.

See you Sunday,

Alan



13 Wednesday

9-3 Healing Touch (by appt.)
6:00 Jr. High Youth, 409
6:00 Grateful Hearts, 308
6-9 Trinidad & Tobago Meeting, 402

14 Thursday

9:00 Daniel Plan, 402
5:00 Priscilla Circle, 210
5:45 Gentle Toning, Stretch, and Yoga, 402
6:00 Education Committee, 410
7:00 Choir Rehearsal, Sanctuary

15 Friday

5:00 Confirmation Retreat (through 5/16)

16 Saturday

12:30 - 2:30 Bike-A-Thon, our church, north parking lot
5:00 Confirmation Retreat

17 Sunday

8:15 Worship Service
9:30 Sunday School for all ages
10:45 Worship Service & Children's Church
12-2 Confirmation Class

18 Monday

2-6 Families in Progress Annual
Red Cross Blood Drive, Heritage Room
6:00 Finance Committee, HR
7:00 Church Council, HR
7:00 Boy Scouts, FH (until 8:30)

19 Tuesday

8:30 Men's Group Meeting, HR
9:30 Morning Circle, McDonald's West
10:00 Yoga for Beginners, 402
5:00 Geranium Order deadline
7:00 Eagle Board, 308

20 Wednesday

9-3 Healing Touch (by appt.)
11:00 Jackson Co. Retired Teachers, HR (until 12:30)
4:15 M'boro Women's Fellowship, 308
6:00 Grateful Hearts, 308

21 Thursday

9:00 Daniel Plan, 402
5:45 Gentle Toning, Stretch, and Yoga, 402
7:00 Choir Rehearsal, Sanctuary

22 Friday

23 Saturday

Bus to Eureka Springs - The Eureka Springs trip begins on Wednesday, May 27th. The bus will depart at 6:30 a.m. from the church parking lot. Call Don Boehne with any questions at 549-1319.

Thank you Thank you to all who took time out of their busy schedules to purchase and deliver hanging baskets for our Families in Progress Mother's Day Outreach. Your help is very much appreciated, as was your gesture by those who received the flowers!
Sara Hinde

JOB OPENING

The Hanna House is in need of a Director and Early Childhood Teacher for their day care.

For an appointment call Addie at 457-8801



JOIN US . . .

Thursday, May 28
11:30 a.m. Luncheon and Special Program by Emily Burke

Hear Emily speak about her recent trip to Israel.

Good Samaritan Request - Patty Mullen from Good Samaritan House Food Pantry
IS REQUESTING DONATIONS OF EGG CARTONS

so their Food Pantry can accommodate a large donation of eggs. You can take your egg cartons to the Pantry (University Baptist Church, 700 S. Oakland) on Monday and Friday mornings from 9:00 to 11:30 a.m. or bring them to the shelter at 701 S. Marion Street (behind the SIU Rec Center).



FAMILIES IN PROGRESS HOSTS
ANNUAL RED CROSS BLOOD DRIVE
MONDAY, MAY 18 · 2:00 - 6:00 P.M. · Heritage Room

Volunteers as well as donors are needed!
Please contact John Hinde for further information, 534-7945

ORDER DEADLINE MAY 19



Help decorate the Sanctuary with red geraniums this year on Pentecost Sunday, May 24. You may order a geranium for \$4.00. To order a geranium and place a memorial / honor listing in the bulletin, return this form to the church office **no later than Tuesday, May 19.**

Name: _____

In Memory / Honor of (circle one): _____

Enclosed is \$4.00 for each geranium. _____ x \$4.00 = Total \$ _____

_____ I will take the geranium home after noon, May 24.

_____ I will take the geranium to a homebound friend.

Disciples for Sunday, May 17, 2015:

Outside Greeters: Don Frey and Doug Bedient
Van Drivers: Don Bryant, Jr., David Caldwell
Welcome Center: 8:15 Jean Boehne; 10:45 Angie Voss
Coffee Hosts: 8:15 Heather & Tom Chandler; 10:45
Parish Nurse: There is NO parish nurse this week
Nursery: - Info; - Youth
Children's Church: K-2nd Susan Watson, Joan Hart; 3rd-5th Mari Ann Oberg
May Nametags: Joan Hart



United Methodist Women

- Wed 13 Women's Wednesday Fellowship, 1:30, HR
Hostess: Irene Carlton
Program: "Name That Tune"
Frances Shiplett and Bobbi Levelsmier
- Th 14 Priscilla Circle, Christmas Room,
5:00 p.m., #210
- Tu 19 Morning Circle, 9:30 a.m.
Hostess: Barb Kimmel
Co-hostess: Mary Lou Brown
Place: McDonald's West



LIFE'S RECIPE

United Methodist Women are known as great cooks. We invite you to experiment with the following tried and true dish this week:

Ingredients:

- 1 c. good thoughts
- 1 c. consideration for others
- 3 c. forgiveness
- 1 c. kind deeds
- 2 c. sacrifice for others
- 2 c. well-beaten faults

BUILDING FUND UPDATE

After investing over \$4 million in our new addition, our Church has paid off nearly all of the debt. The current amount owed is \$230,000, but there is \$135,000 of uncollected pledges that will be received by the end of this year. We have received an additional anonymous building pledge of \$5000, so it will only take an additional \$90,000 to complete the project. That might still sound like a lot, but we have received more than that amount in unpledged contributions over the last two years. As a Church, we donated over \$1.3 million last year for the general fund, building fund, and missions combined.

It would be wonderful to announce that we are out of debt by the end of this year. Please search your hearts to see if we can make this a reality. Thanks to all of you who help support our Church!

Sincerely,
Mike Neill, Finance Committee Chairman

YEAR-TO DATE FINANCIAL REPORT

As of April 30, 2015

GENERAL FUND

Income	\$ 223,226.17
Expenses	\$ 224,782.09

INDEBTEDNESS

Promissory Notes	\$ 290,600.00
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BUILDING FUND

Income	
Contributions	\$ 59,089.20
Promissory Notes	\$ -
	<hr/>
	\$ 59,089.20
Expenses	
Promissory Notes	\$ -0-
PN Interest	\$ -0-
	<hr/>
	\$ -0-



MAY CALENDAR

The Singles Ministry of First United Methodist Church is dedicated to enriching the single life for young singles and single parents. The mission of this ministry is to offer a safe and comfortable environment where singles, age 55 and under, can grow spiritually and relationally, taking time to develop meaningful relationships with friends who are supportive and encouraging. We believe that through serving others, we share our faith in Jesus Christ, and in return, find purpose and fulfillment in our own lives.

MAY 30



CAJUN FEST AT PHEASANT HOLLOW

Bring a snack to share or purchase food there. Cover charge is \$8.00. Music begins at 1:00 p.m. Cajun food and BBQ are available for purchase. No drinks or coolers allowed to be carried in.

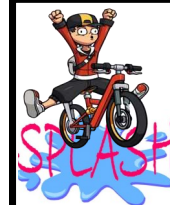
JOIN OUR TEAM OF WONDERFUL VOLUNTEERS TODAY!!

Workers Needed

- BEFORE JULY 26:** Decorations
- JULY 26-30:** Teachers, escorts, snack prep
- July 27:** Clean-up Crew (9:00 a.m. - noon)



Contact Necia at 457-2416 or neciaj@fumc-cdale.org



Help us "Make a SPLASH"

SATURDAY, MAY 16

TOTALLY TUBULAR BIKE-A-THON

This Saturday, May 16, 12:30-2:30

Totally Tubular Bike-a-thon.

Come out and help support the children as they ride along with Splashy.

They will also be joined by

Kathy Renfro of the Carbondale Park District and by Randy Mathis of the Carbondale Police Department.





On Sunday, May 17th, HomeBuilders' Sunday School Class will begin to study, *Making Sense of the Bible*, a DVD series by Adam Hamilton. Everyone is welcome to join in the fellowship in a casual setting to watch the series and participate in insightful follow-up discussions. Join us in Room 402 from 9:30 - 10:30 each Sunday. *Everyone welcome!*

FAITH COMMUNITY NURSE NEWS

MAY IS MELANOMA/SKIN CANCER DETECTION AND PREVENTION MONTH

Skin cancer is the most common type of cancer in the United States. The main cause of this cancer is ultraviolet (UV) radiation from the sun. UV damage can also cause wrinkles and blotches or spots on your skin. The good news is that skin cancer can be prevented, and it can almost always be cured when it is found and treated early. Take these simple steps to protect your skin:

- Stay out of the sun between 10 a.m. and 4 p.m.
- Use sunscreen with SPF 15 or higher. Re-apply every 2 hours and after you swim or sweat.
- Cover up - - use lightweight long sleeves and a hat.
- Check your skin regularly for changes.

See this month's bulletin board in the Narthex for more information.

MISSION UPDATES

THIS ABLE VETERAN (TAV)

This Able Veteran is a relatively recent addition to the suggested agencies for March to the Manger. TAV acknowledged our March to the Manger contribution and reports that the next class of service dog puppies began arriving in February. Over the next several months, TAV will acquire a total of seven pups that will go on to serve their veterans in the spring of 2016.

TAV also reports research conducted by the Psychology Department at SIUC that shows the efficacy of its program. Results indicate that all

veterans who participated in TAV's program and research showed decreases in PTSD symptoms, general anxiety, anger, and depression, as well as increased perceptions of social support and improvement in their quality of life. Check the church bulletin boards for summaries of the research as well as pictures of the puppies!

HARRY W. SCHULZ, SR. MEMORIAL FOUNDATION

The Harry W. Schulz, Sr. Memorial Foundation is seeking an adult volleyball coach for the 2015 season. A United States Volleyball Association Impact Certified Club Coach is required. More information is available from Harry Schulz, Jr., athletic trainer at Southern Illinois Sports Center. Seventeen new players joined the Panthers in 2015. Players come from Elkhart, Murphysboro, Cutler, Harrisburg, Carterville, and Carbondale.

SUNDAY CHRISTIAN EDUCATION

Children's Opportunities

Sundays at 9:30 a.m. Children's Sunday School - K-5th grade uses *Grow Proclaim Serve* from Cokesbury. The morning begins with music at 9:30 in Room 415.

Sundays at 10:45 a.m. Children's Church (Kindergarten through 5th grade). All children are invited to Children's Church following the Children's Time at the 10:45 a.m. worship service.

May Lesson: John Wesley Matthew 28:16-20. Many people throughout history have spread the good news about Jesus all across the world. As

United Methodists, we believe that the world is our parish. "Go therefore and make disciples of all nations." Matthew 28:19

Youth Opportunities, 9:30 a.m.

Faith development through Bible lessons, emphasizing a relationship with God through Jesus.

Middle School meets in Room 410 and uses *On the Go*.

High School Class meets in Room 409 and uses a variety of materials connecting the lessons of the Bible with issues relevant to today's youth.

Adult Opportunities, 9:30 a.m.

Renew, a group of women seeking deeper meaning in their lives through Bible study, reflection, and prayer, meets in Room 201. Women of all ages are welcome to join us.

HomeBuilders' Class meets in Room 402, 9:30 - 10:30 on Sundays. Beginning May 17, they begin studying, *Making Sense of the Bible*, a DVD series by Adam Hamilton. Everyone welcome!

The Investors Class is an intergenerational class for all adults and meets in Room 404. They continue their study of *Questions God Asks Us*. All are welcome.

The Elective Class meets in the Heritage Room. Sunday Scripture studies are led by John Sims.

The Challengers Class, a class for special needs adults, meets in Room 212 on the second level. They use the Adult Friendship Curriculum. This class is led by Susan Watson and Dan Anderson III.

Small Group Opportunities

Grateful Hearts Class is studying *Revival*, by Adam Hamilton. Grateful Hearts meets most Wednesdays at 6:00 p.m., Room 308. Check the church calendar. Everyone welcome.

The Daniel Plan meets in Room 402 at 9:00 a.m. on most Thursdays.

*We're Saving for
Vacation Bible School!!*



NEEDED:

(MORE) Clear, 2-liter bottles and clear plastic, 28 oz. peanut butter jars with lids.

Thanks for the help!!!