

Kaiser Permanente Biometric Screening Request Form

If you are a Kaiser Permanente member who needs to complete biometric screenings as part of your employers wellness reward program, take this form to a Kaiser Permanente medical facility laboratory (for lab tests) and/or medical office (for blood pressure or BMI tests). Completing these screenings is a requirement of the wellness reward program criteria as set by your employer.

FOR LAB TESTING (BLOOD SUGAR (GLUCOSE) OR CHOLESTEROL):

Go to a Kaiser Permanente laboratory to have your blood sugar (Glucose) and / or cholesterol (lipid) tested. You must fast 12 hours before the test. You may not eat anything, but you can drink water and take any prescribed medications, during the 12 hours prior to the test.

If you have these preventive screenings done at a Kaiser Permanente laboratory, you will not be charged for these tests. However, if your physician has ordered other tests, or if your electronic medical record indicates additional tests are required, you may be charged a co-pay.

FOR BLOOD PRESSURE OR BODY MASS INDEX (BMI):

Go to the nurse in your Kaiser Permanente primary care physician's office or blood pressure clinic nurse to get your blood pressure and BMI screenings. You do not need to schedule a doctor visit or see your doctor for these screenings.

Once you have completed all of these screenings, you will have met the biometric screening criteria for your reward program. Your results will be recorded in your medical record and available to you on kp.org/MyHealthManager.

Kaiser Permanente Member, please fill in the following information:

Member Name: _____

Kaiser Permanente Medical Record Number: _____

Kaiser Permanente Primary Care Physician: _____

To be completed by Laboratory

☒ Fasting Blood Sugar (8433000)

☒ Hemoglobin A1c (8306600)

☒ Lipid Profile (8371500)

To be completed by Medical Assistant/Nurse

☒ BMI

☒ Blood Pressure