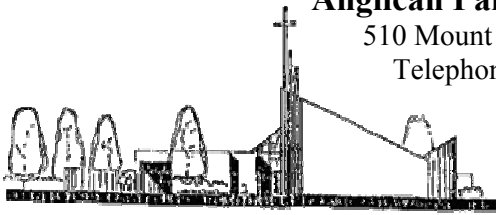


THE CHURCH OF THE ADVENT

Anglican Parish of Colwood and Langford

510 Mount View Avenue, Victoria BC V9B 2B1

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rector@colwoodanglican.ca

The Right Reverend James A. J. Cowan, Bishop

The Reverend Kenneth J. Gray, Priest and Rector

<p><i>GOD'S GREAT ADVENTURE</i></p>	<p>There's Gardens, and Mountains, and Rivers, and Deserts, and Arks, and Hidden Rooms, and Mysterious Temples, Murder Weapons, and Tombs Get your <i>Passport To Adventure</i>. TODAY</p>
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Sunday Services are at 8:30 a.m. (Traditional Rite) and at 10:00 a.m.
(Contemporary with Children's Activity)

We gather for a *mid-week morning Eucharist* on Wednesday mornings at
10:30 a.m.

Wednesday Evening we offer a *short contemplative Eucharist* at 6:30 p.m.

Jazz Vespers occurs on the Third Sunday of each month at 7 p.m.

We meet for *Centering Prayer* on Saturday mornings at 9:30 a.m.

Office Hours are Monday through Friday from 9:30-Noon

We at the Church of the Advent strive to be an open and affirming community of Christians welcoming anyone seeking companionship, spiritual nourishment, opportunity for worship and, as Christ directs us, to engage with and provide for the poor and vulnerable in local and global communities.

We welcome today the Rt. Rev. James Cowan, 12th Bishop of British Columbia as our Presider and preacher today.

Born in Saskatchewan, James Cowan attended the College of Emmanuel and St. Chad in Saskatoon and the University of Saskatchewan where he obtained a BA in 1974. He later attended Nashotah House Seminary in Wisconsin where he obtained a Master of Divinity degree in 1977.



Early ministry appointments were in the Diocese of Qu'Appelle prior to his arrival in our diocese as executive archdeacon. From this position he was elected Bishop in 2003.

Nationally Bishop Cowan is a member of the Council of General Synod and acts as the Canadian episcopal representative to the Executive Council of the Episcopal Church, and is a member of the National Finance Management Committee. He is also a member of the National House of Bishops Standing Committee on Religious Orders.

Internationally he maintains close connections with the church in Myanmar which he has now visited several times. He is married to Annette Hubbard and they have two sons, Sean and Brent. In his spare time interests include gardening, reading, bee keeping, camping and hiking.

TOGETHER IN PRAYER

We offer these intercessions to God at our Sunday worship services and in our home devotions daily during the week for the church in the world; in our diocese; and in our local community.

We pray for the Church

PRAY FOR the church in Burma/Myanmar, the Most Revd Stephen Than Myint Oo Archbishop of Myanmar and Bishop of Yangon

PRAY for Fred our Primate, James, our Bishop. the parish of St. Barnabas, Victoria – Travis O’Brian, clergy; Our Companion Diocese of Mandalay – Bishop Noel Nay Lin.

PRAY for all parishes in the Selkirk Region and all military chaplains

For those who have asked us to pray for them

Edwin; Gayla; Barbara; Derrick; Audrey; Larry Greig & Joan; Bryce; Mollie Medcalf; Frances Blake.

8:30 a.m. Holy Communion *Book of Common Prayer, p. 67*

Bishop James Cowan presides and preaches today

Epistle: 2 Peter 1:16-21 ***Skip Triplett***

Gospel: Matthew 17:1-9 ***Patricia Wickham***

Administrator: ***Jeanette Thompson***

10:00 a.m. Holy Eucharist, *Book of Alternative Services, p. 185*

Flowers in the Sanctuary today are given to the Glory of God and in loving memory of our husband & father, Tony, who died in Barbados on Mar. 10th 2004. Azeita & Adrian Harding.

Bishop James Cowan presides and preaches today. Liturgical assistant is Mike Armstrong

A variety of equipment is available for persons with hearing challenges.

Unless you are on call for emergency purposes or require special equipment for hearing or seeing, please turn off all electronic communication devices until the conclusion of the service. Thank you.

THE COMMUNITY GATHERS

As we gather at 10 a.m. the Adventus Ensemble shares a setting of Psalm 33: 1-11; text BAS, p. 743

Processional Hymn **167 ‘Tis Good, Lord, To Be Here**

Greeting and Collect for Purity

P. 185

Praise Medley

THE LORD IS MY LIGHT,

MY LIGHT AND SALVATION.

WHOM SHALL I FEAR? WHOM SHALL I FEAR?

THE LORD IS MY LIGHT,

**MY LIGHT AND SALVATION.
WHY SHOULD I BE AFRAID?**

**When the powers of evil move towards me,
when my very flesh is under threat,
when my enemies
smell the scent of vict'ry they shall
stumble and Fall.**

**Should a mighty army camp around me,
still my heart would register no fear.
Though a war were waged,
though it raged against me I'd trust
God and stand firm.**

**One thing through it all my soul is seeking:
to live all my life within God's house;
there to spend my days,
gazing at God's beauty while at
one with my Lord.**

**God protects me in the time of trouble,
shelters me yet sets me on a rock.
Safe from ev'ry harm,
safe from all that threatens I will
sing and rejoice.**

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**O healing river, (CP 578)
send down your waters,
send down your waters
upon this land.
O healing river,
send down your waters,
and wash the blood
from off the sand.**

**This land is parching,
this land is burning,
no seed is growing
in the barren ground.**

**O healing river,
send down your waters,
O healing river,
send your waters down.**

**Let the seed of freedom
awake and flourish,
let the deep roots nourish,
let the tall stalks rise.
O healing river,
send down your waters,
O healing river,
from out of the skies.**

Fred Hellerman; Reprinted under OneLicense.net #A-712884.

The Collect of the day P. 418

Details of today's Child and Youth programme will be announced

THE PROCLAMATION OF THE WORD

First Reading:	Exodus 24:12-18	<i>Sharon White</i>
Hymn	<i>414 God Of The Sparrow</i>	
Second Reading	2 Peter 1:16-21	<i>Bob Flint</i>
Choir Anthem	<i>Laudamus Te</i> (Natalie Sleeth)	
Gospel Reading:	Matthew 17:1-9	<i>Carolyn Hamar</i>
Sermon		<i>Bishop Cowan</i>
The Nicene Creed		P. 188
Prayers of the people		<i>Kathy Middleton</i>
Confession and Absolution		P. 191
The Peace		<i>Congregation</i>

THE CELEBRATION OF THE EUCHARIST

Offertory Hymn ***362 Tell Out, My Soul***

Sidespersons: Mona Olmstead & Eva Morneau

Eucharistic Prayer	t.b.a.
The Lord's Prayer (<i>sung</i>)	P. 211
The Breaking of the Bread (2)	P. 212
The Communion:	

Distributors: Jim Hamar; Dianne Langdon; Rev. Ken Gray

*The Parish Choir sings during Communion: **Here, O My Lord (R. Schulz-Widmar)***

Refreshments are served in the hall today.

Everyone is welcome to collect a PASSPORT for GOD'S GREAT ADVENTURE TODAY. Bring it each week during Lent and get a special stamp and other souvenirs of our spiritual travels through the bible which is God's Great Adventure written down. Bring your family and friends, and a neighbour too!

GGA is our 2011 Community Spreading the News programme

Members of Parish Council and their guests will share lunch with the Bishop in Room C at or around noon.

THIS WEEK at the Church of the Advent:

Monday	9:30 a.m.	WHAT-SEW-EVER sewing ministry
	7:30 p.m.	ADVENTUS Music ensemble
Shrove Tuesday	11:30 a.m.	PANCAKES FOR ALL - Come EARLY to beat the rush
	5:00 p.m.	PANCAKES AGAIN
Ash Wednesday	10:30 a.m.	ASH WEDNESDAY COMMUNION in the chapel
	6:30 p.m.	ASH WEDNESDAY EUCHARIST in the large sanctuary (see below)
Thursday	7:30 p.m.	PARISH CHOIR rehearses
Saturday	9:30 a.m.	CENTERING PRAYER in the chapel

A LIVING GARDEN OF EDEN - Original Spiritual Stories

Next 8:30 a.m. HOLY COMMUNION, Chapel

Sunday 10:00 a.m. HOLY EUCHARIST, Large Sanctuary

NOTE; Daylight Savings Time commences next week

For next week and for the Garden of Eden Destination we invite you to loan us potted plants and other garden-type paraphernalia. We also seek SNAKES AND LADDERS games.

MARK YOUR CALENDARS

March 15	PARISH COUNCIL (chapel)
March 19	Festival of Friends (Outreach Supper)
March 20	JAZZ VESPERS
March 29	ADDICTIONS EVENT here at COTA
April 1	PARISHIONER ART SHOW commences for eight weeks
April 9	Men's Breakfast
April 10	LABYRINTH WORKSHOP (Finally!)
April 15	CHRISTIANS AND ISRAEL - Dr. Kamal Farah, St. George's College, Jerusalem (info forthcoming) here at COTA
April 24	EASTER SUNDAY
April 30	FUNERAL SERVICE for former parishioner Jane Brule
May 14	Annual Parish GARAGE SALE

SHROVE TUESDAY – March 8th

This Tuesday! Adults - \$5; Students - \$2.50; Pre-School – no charge.

LUNCH – 11:30 to 1 p.m.

- HOME BAKING: donations of baked goods for the bake table would be much appreciated! Sign the sign-up sheet!
- HELPERS: here's your chance to lend a hand and help a great bunch of people! Help is needed at both meals.

SUPPER – 5 to 6:30 p.m.

- We are looking for a team of helpers for this dinner. Prices are the same as lunch with a Family rate of \$12. Please support this great dinner. Sign the sign-up sheet. Bring a friend!

SEEING IT THROUGH YOUR EYES ART SHOW

March 10th - 16th in St. Luke's Church Hall Lounge, 3821 Cedar Hill Cross Road, will showcase 10 artists from 5 faith communities and from various cultures. The theme of the Art Show is inter-faith dialogues from the Baha'i, Portuguese Roman Catholic (Our Lady of Fatima), The Religious Society of Friends (Quakers), the Victoria Hindu Temple, and Congregation Emanu-El. These inter-faith dialogues have been happening over the last few months with the various congregations, the public, and ten artists. This art show will be the final unveiling of this unique journey represented through visual art. Opening Night is March

10th from 6 - 9 pm. March 11th to 16th hours are 9 am - 4 pm (except on Sunday when the hours are 1 pm - 4 pm). For more information, contact Romy at 250-920-0373.

LENTEN GRATITUDE . . .

. . . is the title of a Book Study Presentation running for 5 weeks during Lent here at Church of the Advent, based on the book by Archbishop Rowan Williams and Joan Chittester

Week 1 GENESIS

Rowan Williams

Week 2 WEALTH

Joan Chittister

Week 3 CRISES

Joan Chittister

Week 4 EXODUS

Rowan Williams

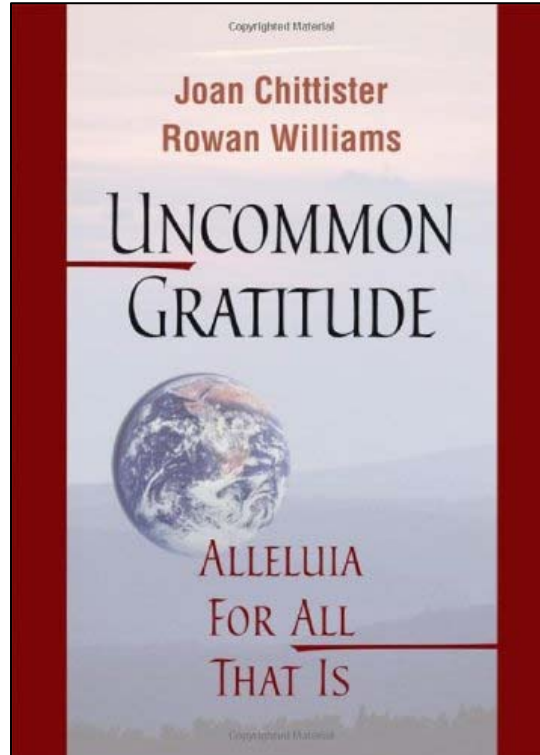
Week 5 LIFE

Joan Chittister

While reading the book beforehand is advantageous it is not essential as sections will be read during the course itself.

Material will be presented retreat-style with a general conversation as part of the programme.

Each session will be preceded by the customary 6:30 p.m. Contemplative Eucharist and by coffee/tea. Goodies are a welcome though not essential part of the curriculum.



PLAYING IN THE ASHES

It's more exciting than sand

Ash Wednesday 2011

PLAY

followed by

RULES AND FAILURE

followed by

RELIEF AND RELEASE

followed by

GOOD NEWS

followed by

PRAYER

followed by

PRAISE

followed by

SPIRITUAL DISCIPLINE

(Hints on habits)

followed by

SAFE HOME

Wednesday, March 9 at 6:30 p.m. in the large sanctuary

- Contemporary Format
- Interactive Scriptural Reflection
 - Music in the style of TAIZE
 - Candles everywhere





For Lent, Don't give it up - Take it on!

That's right ADD something during Lent – like an extra Holy Communion in the middle of the week.

What??? Church in the middle of the week?????

There's no way I can go to my parish church mid-week, I work downtown !!!!

Really?, Then why not join others who work downtown for Holy Communion at Christ Church Cathedral??

There is Holy communion at the Cathedral every day but during lent an ecumenical group of people who work downtown will be meeting to share in Christ's meal AND then enjoy their bagged lunch (Tea & Coffee provided) and fellowship following the service.
What are the details?

Who? People who work downtown/live and want to engage or reconnect with their faith more during the Lenten season.

In the tradition of Christ Church Cathedral ANY baptized person who want to come to the table is welcome, regardless of denomination – and no we're not trying to "convert you" or change your loyalties to your parish church!!!

What? Holy Communion, followed by bagged lunch

Where? St Christopher's Chapel, Christ Church Cathedral Quadra @ Rockland

When? Noon, Thursdays in lent, starting March 10th and ending on Maundy Thursday (Holy Thursday) April 21st

How Long? It's your lunch hour and we'll be an hour all in.
But if the conversation is good and you want to stay a bit longer, that's your call ☺

So why not break out of your Sunday shell and join a group of like-minded people who work (or simply live) downtown!

Ps If you've not been to church for a while, a great way to put a toe back in!!
For more information please call

The Rev'd Ian Powell
General Manager, Inn at Laurel Point &
Priest to the City, Christ Church Cathedral
@ 250 414-6730

or Christ Church Cathedral
250 383-2714

TAIZE DOWNTOWN

Are you seeking a meditative setting with music, prayer, and candlelight? Join with us and experience Prayer and Music in the style of Taize Friday, March 18, at 6 pm, Fairfield United Church (at corner of Fairfield Rd and Moss St). All are welcome.

BRING US YOUR CROSSES

During Lent we hang a large cross on the display wall for which we invite you to loan us your own crosses to add. Each week, more and more styles of the central image and theme of Christianity will be added to the display. This picture is the end product of our efforts two years ago.



DIRECTORY

<i>Church Office</i>	<i>Mon – Fri, 9:30 a.m. till Noon</i>	<i>250-474-3031</i>
<i>Rector</i>	<i>The Rev. Kenneth J. Gray</i>	<i>250-474-3031</i>
<i>Parish Administrator</i>	<i>Elizabeth Garland</i>	<i>250-478-5494</i>
<i>Office Assistant</i>	<i>Monica Gurzinski</i>	<i>250-715-0227</i>
<i>Director of Music</i>	<i>Mary Rogers</i>	<i>250-472-6671</i>
<i>Wardens</i>	<i>Jose Pereña Pratt</i>	<i>250-744-3025</i>
	<i>Skip Triplett</i>	<i>250-590-1420</i>
	<i>Gowan Armstrong</i>	<i>250-474-3031</i>
<i>Treasurer</i>	<i>Kathy Middleton</i>	<i>250-474-6914</i>
<i>Altar Guild/Lay Ministry</i>	<i>Vicki Wilson</i>	<i>250-477-8175</i>
<i>Church School</i>	<i>Pat Leonard</i>	<i>250-382-7287</i>
<i>Facility Use</i>	<i>Karla Armstrong</i>	<i>250-474-3031</i>
<i>Financial Gifts Secretary</i>	<i>Marjorie Nixon</i>	<i>250-474-1169</i>
<i>Ladies Guild</i>	<i>Gary Brewer</i>	<i>250-893-4752</i>
	<i>Nancy Baal</i>	<i>250-595-7064</i>
	<i>Mike Armstrong</i>	<i>250-474-6914</i>
<i>Liturgical Assistants</i>	<i>Sheila Dearsley</i>	<i>250-474-2459</i>
	<i>Ed Robinson</i>	<i>250-888-6584</i>
<i>Maintenance Coordinator</i>	<i>Marita Atwood</i>	<i>250-474-3699</i>
<i>Nursery</i>	<i>The Office (office hours)</i>	<i>250-474-3031</i>
<i>Prayer Line</i>	<i>Mary Percival (other times)</i>	<i>250-478-1940</i>
	<i>Patricia McKenzie</i>	<i>250-474-5970</i>
<i>Sidespersons, 10 a.m.</i>	<i>Carol Denton</i>	<i>250-474-9720</i>
<i>Youth Ministry</i>		

***WE WANT TO KNOW YOU** ... but we need to be able to contact you, so ...*

If you are a newcomer, or if we can help in any way, please let us know. Please fill in the relevant information and give it to a Sidesperson or place it on the collection plate. **Completion of the following information indicates your consent for this parish to gather this information and to use it for reasonable purposes of the church under The Privacy of Information Act.**

NEWCOMER	CHANGE OF ADDRESS	COURSE INFORMATION
HELP	SETUP CONTRIBUTIONS	YOUTH CONNECTION

Name	
Address	Postal Code
Email	Phone