

# **Inward Bound 2013 – Indemnity and Assumption of Risk VOLUNTEER FORM**

## **RISKS**

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### **INWARD BOUND IS A DANGEROUS ACTIVITY.**

As a volunteer involved in Inward Bound, I understand I will be exposed to **SIGNIFICANT RISKS OF PERSONAL INJURY**, and possibly, death.

Some risks include:

- Hazardous roads and conditions
- Rugged terrain and unpredictable conditions
- Adverse weather (and associated risks, i.e. falling tree limbs, dehydration)
- Darkness and poor light
- Dehydration/contaminated water
- Late night driving (drivers must manage their fatigue)
- Temperature exposure (i.e. sunburn)
- Cold temperature exposure (i.e. risk of hyperthermia)
- Disparity in experience or condition of participants
- Disparity in maturity or competitiveness of participants
- Getting lost
- Contact with vehicles on roads

## **RELEASE OF NEGLIGENCE**

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I release the ANU Interhall Sports Organisation, its members, employees, volunteers, subcommittees and agents (including the Australian National University Sport and Recreation Association Incorporated, ANU Sport and the Australian National University) from any liability for any negligence, including negligence that occurs in:

- Setting the course for Inward Bound
- Supervising and administration of Inward Bound
- The nature of the Inward Bound event and any conditions competitors experience as a result of competing in the event
- The end-point (finish line) set-up and management
- Travel to and from the event
- The provision of vehicles/transport/equipment
- Responding to any emergency, medical or otherwise, that may arise during the course of Inward Bound

I waive any claim I may have against the Australian National University Sport and Recreation Association Incorporated (and its subcommittee, the ANU Interhall Sports Organisation), its members, employees, volunteers and agents in relation to any injury (or death), and any other loss, liability or expense I suffer as a result of participating as a volunteer in Inward Bound, except to the extent of the negligence of the association.

I understand that by signing this indemnity form I will not be able to make a claim against the ANU Interhall Sports Organisation, its members, employees, volunteers and agents (including ANU Sport and Recreation Inc.) for any personal injury (or death) I suffer, or any loss, liability or expense I incur in relation to Inward Bound.

## CONDITIONS OF ENTRY

*Initial your  
acknowledgement of  
the conditions*

I understand that Inward Bound is a dangerous activity and that my participation could result in injury and/or death.	
I am responsible for any costs associated with any medical or emergency services required as a result of my personal injury or death.	
I am responsible for the costs of any search and rescue services that may be required as a result of my participation in Inward Bound.	
I am 18 years of age or over. If I am not 18 years or over my parent/legal guardian has consented to my participation as a volunteer in Inward Bound and has signed my indemnity form.	
I have read and accept that the rules and regulations of Inward Bound.	
I am physically fit and able to participate as a volunteer in Inward Bound.	
I have no medical condition that may adversely affect my participation as a volunteer in Inward Bound.	
<p>I accept that if I become lost or suffer injury and require help, it could take a considerable length of time before I am assisted.</p> <p><small>* If I require assistance in an area that cannot be accessed by the public, I understand that the race organisers may automatically notify the emergency services and I am liability for the costs of such services (including rescue helicopter).</small></p>	

## ACCEPTANCE

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I have read this indemnity form, understand the contents contained herein and agree that the terms and conditions of this document bind me and my heirs and successors.

I hereby assume all of the risks associated with participation and agree to hold the ANU Sport and Recreation Association Incorporated, its employees, agents, representatives, coaches, and volunteers harmless from any negligence and all liability, actions, causes of action, debts, claims, or demands of any kind and nature whatsoever which may arise by, or in connection with my participation in any activities related to the ANU Sport and Recreation Association Incorporated, except to the extent of the negligence of the association.

The terms hereof shall serve as a release and assumption of risk for my heirs, estate, executor, administrator, assignees, and for all members of my family.

I understand the many risks of participating in Inward Bound and I am still willing to participate. I have initialled every box and certify that I satisfied the Conditions of Entry. I am signing this form on my own free will.

Name of Participant: \_\_\_\_\_ (please print)

Signature of Participant: \_\_\_\_\_ Date: \_\_\_\_\_

**For participants under the age of 18 years, this must be signed by a parent or legal guardian of the participant.**

I, \_\_\_\_\_ (name of parent/guardian) of

\_\_\_\_\_ (address)

being the parent/legal guardian of

\_\_\_\_\_ (participant)

agree that he/she is allowed to participate in Inward Bound on the terms and conditions of this form.

Signature of parent/guardian: \_\_\_\_\_ Date: \_\_\_\_\_

# WARNING OF POTENTIAL HARM

## ASSUMPTION OF RISK FORM

(Both the applicant student and a parent or guardian must read carefully and sign if student is under 18.)

**INTERHALL SPORTS ORGANISATION:** (Student must list all Australian National University sports programs or clubs in which he or she will participate, including Intervarsity events such as EUG's, AUC's and AUG's).

*Please note: ISO stands for Interhall Sports Organisation*

Please circle:

ISO Hockey	ISO Basketball	ISO Netball	ISO Table Tennis
ISO Swimming	ISO Softball	ISO Soccer	ISO Road Relay
ISO Cricket	ISO Rugby League	ISO AFL	ISO Touch
ISO Tennis	ISO Volleyball	ISO Inward Bound	

I am aware that playing or practicing to play or participate in any physical activity can be dangerous in nature involving MANY RISKS OF INJURY. I understand that the dangers and risks of death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system, serious injury to virtually all internal organs, and serious injury or impairment to other aspects of my body, general health and well-being. I understand that the dangers and risks of playing, or practicing to play or participate in the above may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Because of the dangers of participating in the above activities, I recognize that the rules and regulations which govern the said activity exist to provide a safe environment for all participants and agree to abide by those same rules for my own safety as well as those around me.

\_\_\_\_\_  
(initials)

In consideration of the ANU Sport and Recreation Association, in permitting me to try out / participate in each of the activities / programs listed above and to engage in all activities related to the programs, including, but not limited to, trying out, practicing or playing/participating in that activity program, I hereby assume all of the risks associated with participation and agree to hold the ANU Sport and Recreation Association, its employees, agents, representatives, coaches, and volunteers harmless from any negligence and all liability, actions, causes of action, debts, claims, or demands of any kind and nature whatsoever which may arise by, or in connection with my participation in any activities related to the ANU Sport and Recreation Association, except to the extent of the negligence of the association.

**The terms hereof shall serve as a release and assumption of risk for my heirs,  
estate, executor, administrator, assignees, and for all members of my family.**

By signing this form, I acknowledge I have read, understand, and will comply with its intent and purpose.

STUDENT NAME: \_\_\_\_\_ SIGN: \_\_\_\_\_ GUARDIAN: \_\_\_\_\_ DATE: \_\_\_\_ / \_\_\_\_ / 2013  
(if student under 18)



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