# St. Brother André Catholic School



Making our schools safe and caring learning environments based on the Gospel values of:

> Love Community Dignity of Persons Stewardship of Creation Justice Excellence Faith Hope

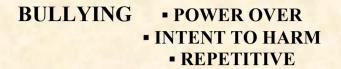
**Bullying Prevention and Intervention Plan** 

Bullying Prevention and Intervention

 Table of Content

Bullying definition	2
Training strategy	3
Safe schools team	5
Communication and outreach	6
Prevention strategies	7
Reporting procedures	8
Intervention strategies	9
Support systems	11
Monitoring and review	12
Bullying report form	13
Bullying Incident Tracking	14





Definition

PPM 144 – Bullying prevention and intervention adopts the following definitions as related to "bullying":

Bullying is typically a form of repeated, persistent, and aggressive behaviour directed at an individual or individuals that is intended to cause (or should be known to cause) fear and distress and/or harm to another person's body, feelings, self-esteem, or reputation. Bullying occurs in a context where there is a real or perceived power imbalance.

Students may attain or maintain power over others in the school through real or perceived differences. Some areas of difference may be size, strength, age, intelligence, economic status, social status, solidarity of peer group, religion, ethnicity, disability, need for special education, sexual orientation, family circumstances, gender, and race.

Bullying is a dynamic of unhealthy interaction that can take many forms. It can be physical (e.g., hitting, pushing, tripping), verbal (e.g., name calling, mocking, or making sexist, racist, or homophobic comments), or social (e.g., excluding others from a group, spreading gossip or rumours). It may also occur through the use of technology (e.g., spreading rumours, images, or hurtful comments through the use of e-mail, cell phones, text messaging, Internet websites, or other technology).

Children who suffer prolonged victimization through bullying, as well as children who use power and aggression as bullies, may experience a range of psycho-social problems that may extend into adolescence and adulthood.

# Administration

The administrative team completed the Catholic Principals' Council of Ontario training course entitled, "Shaping Safer Catholic Schools – A bullying prevention action plan for Catholic School Leaders".

The administrative team attended the Safe Schools Strategy Training session organized by the Ontario Ministry of Education and facilitated by the Council of Ontario Directors of Education.

# **Teaching Staff**

The Power to Change

A member of the staff attended Bullying prevention workshops for elementary and secondary teachers.

#### • E-learning CD ROM

A core group of teachers was released to work through the e-learning module. These teachers will then provide in-service to all teachers and educational assistants during a staff meeting.

#### Safe@School Website

A key teacher reviewed the Safe@School website along with other bullying prevention resources. The website contains information about the project, extensive hands-on resources on bullying prevention, and the e-learning teacher training module.

## **School Community**

The school website along with the board safe school website will host links to bullying prevention resources for parent access.



Safe Schools Team

A sub-committee of the school council shall serve as the safe schools team. The safe schools team shall be comprised of the following representatives:

- Principal or designate administrator
- School council chair or designate
- Community representative or designate
  - Teacher representative
- Non-teacher staff member representative

The Principal or administrative representative shall serve as chair of the safe schools team.

The mandate of the safe schools team is to promote strategies for school safety.

It is recommended that the safe schools team:

- review the school bullying prevention plan yearly;
  - review the school crisis response plan yearly;
- make recommendations as needed to improve school safety.



# Communication and Outreach

The school staff will use a variety of means to ensure that students and the community are aware of the school bullying prevention plan. Where requested, translation will be provided by the school.

#### School Website

The school bullying prevention plan will be reviewed with the school council. Once input has been received from the school council, the teaching staff, and students, the bullying prevention plan will be posted on the school website.

#### • Newsletters

A summary of the school bullying prevention plan will be highlighted in a school newsletter and sent home with students to parents/guardians.

#### • Student Agenda Book

A summary of the school bullying prevention plan will be highlighted in the school agenda book.

#### School Monthly Assemblies

A theme will be promoted for each month reflecting the Gospel Values and Catholic Graduate Expectations.

Bullying Prevention and Intervention

Prevention Strategies

Bullying prevention strategies are integrated into the curriculum for the whole school population. In every grade there are curriculum expectations that include bullying prevention strategies such as conflict resolution and mediation. All grade levels include expectations related to bullying prevention within the Physical and Health Education program and within every Religion and Family Life program.

Making our schools safe and caring learning environments based on the Gospel values of: Justice, Love, Community, Dignity of Persons, Stewardship of Creation, Excellence, Faith and Hope is at the essence of our school's education for all.

In addition to the bullying prevention strategies that are integrated into the curriculum our school's bullying prevention strategies include the following:

# 2013 – 2014 School Year

- Student of the month certificates (Catholic Graduate Expectations and Gospel Values)
- Samaritan on the Digital Road Internet Safety presentations to all students during Religion class
  - collection of books in the library promoting positive behaviour
  - Social Justice activities i.e. Terry Fox Run, United Way, Sacred Heart Children's Home Orphanage, etc.
    - Poster displays of bullying prevention
    - In class bullying awareness activities
    - In class incentives and recognition activities for positive behaviour
- Guest speakers promoting respect, perseverance and building a Caring school community (Terry Kelly, Maria Hawkins etc.)



The school staff will use a variety of means to encourage students to report incidents of bullying to an adult.

Reporting Procedures

#### • Student report

Students will be encouraged to report issues of bullying to their classroom teachers, resource staff, or principal as soon as possible.

#### Phone calls and meetings

Students will be made aware that they can have a parent call or meet with a teacher or with a member of the administrative team to report bullying concerns.

#### Documentation

Records of bullying reports will be kept by the administration. Although the information will <u>not</u> be placed in the student Ontario Student Record (OSR), the information will be retained by the administrator as needed for possible progressive discipline.

# Intervention Strategies

The school staff will respond to all reports of bullying. The first task for the teacher or member of the administrative team will be to gather factual information to determine if the incident should be considered bullying.

## The guiding principles for responding to bullying include:

- safety for students and staff
- informing students of the school code of conduct and outlining acceptable and inappropriate behaviour
  - implementing progressive discipline where appropriate
    - providing on-going support to all those involved
  - encouraging students to continue to report incidents of bullying

#### **Timely Interventions**

Once a teacher or an administrator has been informed of a bullying incident the teacher or administrator should investigate the incident in a timely manner taking into account the safety of those involved.

#### **Role of Administrators**

- actively listen to all reports of bullying from students, teachers, and parents
  - permit confidential reporting of bullying incidents
    - keep records of bullying reports
  - respond in a timely manner to all reports of bullying
    - examine prior history of students involved
    - privately interview students and witnesses
  - document information and seek parental input as needed
- inform parents/guardians of the outcome of incident investigations. Student

#### confidentiality will be respected

- implement progressive discipline strategies when dealing with incidents of bullying
  - monitor victims of bullying
  - establish re-entry plan for students as needed
    - monitor for repeated infractions

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Intervention Strategies (con't)

#### **Role of Classroom Teachers**

- actively listen to all reports of bullying from students, teachers, and parents
   permit confidential reporting of bullying incidents
- inform a member of the administrative team of incidents of reported bullying
  - take immediate action when bullying is observed
    - interview bullies in private
- notify the parents of both the victim and the bully when a classroom confrontation has occurred and outline the steps taken to resolve the conflict

#### **Role of Students**

- be aware of the school code of conduct
- inform an adult when bullying has occurred
- provide support to the victim when they witness bullying
- express disapproval of bullying by not joining the inappropriate behaviour

## **Role of Parents**

- be open to "both sides" when gathering information
  - provide support to your child
- inform the school if you believe your child is being bullied or is a bully
  - work collaboratively with the school to find acceptable solutions
  - may inform the police if your child has been threatened (ie. MSN or email)
    - meet with the school teacher or administrator
- teach your child to respond to the bully in an assertive manner but not to strike back or become aggressive
  - be patient and help your child to develop positive friendships
    - do not tolerate bullying behaviour



The school staff will provide support for all those affected by incidents of bullying. This may include:

- students who have been bullied
- students who have bullied others
- students who have been affected by observing bullying

Depending on the circumstance support may include any of the following:

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- support from teachers and administrators
- support from a board staff member (social worker, psychologist, etc.)
  - completion of reflective activities (written assignments)
    - referral to an outside agency
    - temporary removal from a classroom





# **School Climate**

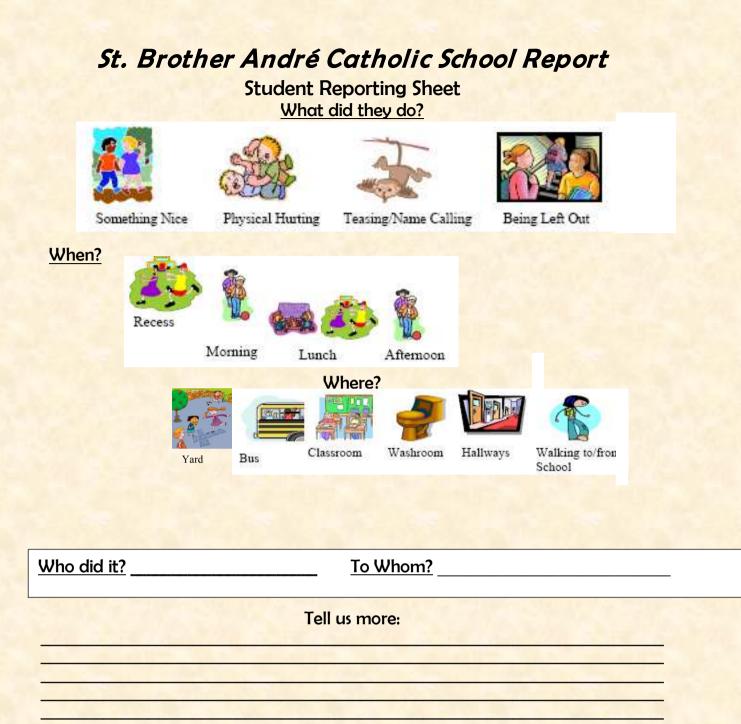
As chair of the safe schools team the Principal or designate will implement a school climate survey, on a regular basis, using a representative sampling of classes. The committee will review the survey methods on a regular basis. The results of the survey will be used as baseline data for measuring the success of existing bullying prevention practices.

# **Performance Indicators**

The administration team will look at performance indicators for each bullying prevention strategy/ program implemented on a regular basis. For example, tracking the increase or decrease in reported incidents of bullying may be one indicator of success after implementing bullying prevention programs.

Teacher Referral/Behaviour Tracking Sheet		
Student Name and Grade Date of Incident		
Referring Teacher		
Description of Incident – please check the most appropriate box and circle specific type:		
Physical		
fighting, pushing, tripping, kicking, spitting, hitting, throwing rocks,		
Verbal		
name calling, teasing, making fun of, putting down, threats,		
Social		
rumours, racial slurs, gossip, isolation,		
Name of victim (if applicable)		
Please list any witnesses to what took place:		
History of Incident		
Single Event		
Ongoing Behaviour		
Progressive Dissipling and Pahavioural Interventions to data: (alassroom and word)		
Progressive Discipline and Behavioural Interventions to date: (classroom and yard) Please check all that apply.		
Student spoken to and has had an opportunity to relearn and practise		
Walked with recess teacher		
□ Recess consequence		
Apology written and delivered		
Time out to reflect		
□ Classroom interventions □ Parent contacted □ note in agenda □ phone call □ meeting		
<ul> <li>Parent contacted in agenda phone call meeting</li> <li>Communication book</li> </ul>		
□ Other		
Action Taken by Administration		

BULLYING INCIDENT TRACKING	School Total
Student(s)	
Victim(s)	Date
Details	
Intervention	
Student(s)	
Victim(s)	Date
Details	
Intervention	
Student(s)	
Victim(s)	Date
Details	Carlos Mante Carlos
Intervention	
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**Report Number** 

