



DENVER BRONCOS

2014

# *Denver Broncos All Stars Parent Information*

The Junior Denver Broncos Cheerleaders

Sports Authority Field at Mile High

1701 Bryant Street, Suite #700

Denver, CO 80204

(720) 258-3177 - telephone

(720) 258-3179 - fax

[Katee.Mink@broncos.nfl.net](mailto:Katee.Mink@broncos.nfl.net) - e-mail

[Janelle.Mack@broncos.nfl.net](mailto:Janelle.Mack@broncos.nfl.net) - e-mail



## Practice Information

Denver Broncos All Star Members will participate in weekly practices 2-3 times per week, from end of July to March. All Stars will participate in 2 to 3 training camps. Dates TBD.

The Denver Broncos All Stars program is a competitive program that strives for excellence. This will require a tremendous amount of commitment including attendance at practice, attendance at competition and the ability to work together as a team.

The team will have a current or alumni Denver Broncos Cheerleader as their instructor for all of the 2013 season. Instructors for the All Star program not only have experience as a Denver Broncos Cheerleader but also have years of experience teaching dance.

Team schedules will be determined after the tryout process. We will determine how many teams we will have based upon age and ability levels at tryouts. We may also have a JV prep team (Sparkle Team). The JV prep team will still work on routines and technique throughout the year, working on skills needed to be on the varsity team (Blue/Orange Team). The JV prep team will still participate in performances, however will only “exhibit” at competition. There may be an opportunity to compete if Sparkle coach determines the team may be ready and benefit from competition.

Practices will focus on technique and choreography for competition and performance. **Missing practices may result in your daughter not being able to compete or perform. Please see attendance rules below.**

**Attendance Requirements:** Each All Star will receive 4 excused and 2 non-excused absences for the season. The definition of excused is mandatory school requirements for grade, funeral and illness. You must provide the instructor documentation for it to be deemed “excused”. All Stars may NOT miss practice the week of a competition or BIG performance, even if the absence is deemed “excused”, or they will be in jeopardy of being pulled from that competition or performance. 3 tardies equal an unexcused absence. If your daughter is late or absent, please fill out the absence request form and turn it in to your daughter’s instructor. Please do not make your instructor ask for these, just hand them in immediately. If your daughter misses a rehearsal for any reason, it is her responsibility to get with another teammate to learn any changes or missed material. The coach or coaches will not re-teach what she missed.

In case of a snow storm, on inclement weather conditions we base all cancelled rehearsals or technique classes on the DPS school closures. Your coach will notify you by 12 noon if practice is cancelled. If you feel it unsafe to drive your daughter to the stadium you may use one of your non-excused absences and stay home. For Saturday classes, the instructor will be in touch with you for whether or not class is cancelled. Please don’t call or email Katee, Janelle, your coach or team mom multiple times throughout the day of a snow storm. We will contact you if practice is cancelled. If you don’t hear that class is cancelled, plan on practice as usual.

**Attire:** All members are required to wear the designated All Stars practice uniform at each practice, as well as jazz shoes and tennis shoes. Hair needs to be back in a pony tail with bangs pulled back, no jewelry and no gum. Please make sure your daughter comes dressed appropriately to practices. Competition Jazz shoes are not allowed to be worn in rehearsal.



## Tryouts

Team placement will be decided during an audition process where placement will be based on dance technique, choreography, memory, facial expression and positive attitude.

Skill recommendations for auditions are:

- ☆ Double turn (right side)
- ☆ Right and left splits
- ☆ Right tilt
- ☆ Right or left leg hold extensions (inside or out)
- ☆ Right and left leaps
- ☆ Double Toe Touch
- ☆ Right and left high kicks (kick line)
- ☆ Bow and Arrow Extension
- ☆ Center splits
- ☆ Inside leg turn
- ☆ Left tilt
- ☆ Center leap
- ☆ Switch leap
- ☆ Scorpion
- ☆ Fouette turns
- ☆ Tours

The audition is meant to see where you're at with each of these skills, you do NOT need to have all of these mastered to audition for the program.

## Competitions and Performances

The Denver Broncos All Stars will represent the Broncos and the Broncos Cheerleaders at three to four local competitions, competing in both pom and hip hop, and possibly a Nationals competition. Parents are responsible for transportation to and from all competitions. Instructors will hand out detailed information prior to each competition which includes call time, directions, uniform instructions, etc.

For Nationals, All Stars and parents are required to purchase their own airfare/transportation and hotel. The director will instruct parents as to what day and timeframe they need to arrive and what hotel everyone needs to stay at. There must be one parent chaperone per two All Stars on Nationals trips. The Nationals fee (TBD) covers the competition cost at Nationals only (see financial obligation page).

Nationals is tentatively scheduled for March 2015. However, if we do not feel that a team is competition ready by their first competition, we will not register them for Nationals this year. Sparkle Team will not be competing at Nationals.

The Denver Broncos All Stars will also participate in 2-3 Broncos games during the 2013 season. Dates are TBD. The All Stars will also perform at three to four local charity community appearances.



## Uniform Pieces

Angela King Designs, the official designer of the Broncos Cheerleader uniforms is the designer for the pom uniforms for the Denver Broncos All Star Program.

All potential All Star members will be fitted for uniforms during workshops in May. Everyone will need to purchase uniforms, practice wear, warm ups, poms and shoes.

All Stars may also be required to purchase an additional hip hop uniform during the season.

All uniform pieces purchased through the program are for All Stars events only. If you would like to wear it at any other public event not associated with All Stars you must call the director to get approval in advance. Wearing your uniform to school for "Broncos Day," etc. is fine as long as it adheres to your school's dress code policy.

Please make sure to **LABEL** all uniform and apparel items with your daughter's name. You and your daughter are responsible for all uniform items at practices, competitions and performances. If they are lost you must pay to have them replaced. Always keep any items you are not using in a bag marked with your daughter's name.

☆ New members will purchase a make-up kit at the beginning of the season.

☆ Veteran members can use their current make-up bag, however you may be required to purchase a few replacement or new items depending on your particular coach.

## Fundraisers

To help offset expenses we will offer a couple of fundraisers during the season. However, you should not depend on fundraisers to pay for your expenses.





## Parent Guidelines and Correspondence

All parents will be required to sign the parent code of conduct. We are a unique program in which we represent the Denver Broncos organization and it is extremely important that every parent abides by our code of conduct. During rehearsal, parents will be invited to watch the last 10 minutes of practice. We ask that parents leave the “coaching” to the experts! This will help ensure a positive clinic environment and that each child remains focused on her instructor. Parents and siblings are not allowed to tour the stadium or disrupt the practice environment.

**All correspondence will be done by email.** It is your responsibility to make sure your email address is updated in our database. You can also email or call the director or assistant director at any time with questions, comments or concerns. The assistant director will send out a monthly newsletter. This will cover general announcements, upcoming events and reminders. Please check and respond to your email in a timely matter.

We encourage parents to express concerns by email. The director is often unable to adequately address parent concerns or input during rehearsals. If you need something taken care of, please go to your coach, Janelle or Katee. At no time is it appropriate for parents to email or phone coaches about choreography, formations, etc. Again, please leave the coaching to the experts!

Every parent will be required to sign up for one of the three committees for the season, this way we will prevent the same few parents doing most of the work. The three committees are as follows: Fundraising (coming up with fundraising ideas, executing the fundraiser and distributing funds), Spirit Showdown or Banquet (coming up with ideas, planning the events, etc.). We will also need a photographer for each team. This program would not be successful if it weren't for the numerous hours of hard work our parents put in.

☆ Parents and All Star members are not allowed to be friends with the director or coaches on Facebook. All Stars are never allowed to call, text or email their coach. Parents can use their coaches' phone number, however there will be consequences if the privilege is abused.





## Financial Responsibilities & Obligations

Before you consider joining the Denver Broncos All Stars, please carefully consider both the time and financial commitments. Below is an estimated list of program financial responsibilities and obligations. If you are also having your daughter participate in the JDBC program you will receive a 25% discount off of tuition for the JDBC program.

### Uniforms

All dancers are required to have their own uniforms.

Uniforms are non-refundable.

*POM:* The cost of a new pom costume includes the uniform.

Returning pom dancers may use their uniform from last year.

However, new shoes and poms need to be purchased.

*Extra Costume:* Hip Hop costumes will be purchased at the beginning of the year so teams can compete the both routines at the first competition.

### Team Fees

This fee covers the cost of team supplies, music editing, insurance, end of the year party, gifts and coaching fees.

### Competition Fees

This fee covers the cost of member's entrance fees to 3 to 4 local competitions.

### Monthly Tuition

Fees are based on the number of hours of rehearsal. Tuition is paid on or before the first of every month.

All prices are approximate:

#### ☆ PAYMENT DUE EARLY MAY:

- ✦ Practice Uniforms - \$130
- ✦ Tennis Shoes and Jazz Shoes - \$80
- ✦ Pom Uniform - \$275
- ✦ Warm-Ups - \$135

#### ☆ PAYMENT DUE EARLY JUNE:

- ✦ Training Camp & Choreography Fee - \$250
- ✦ 2 pairs of tights - \$30
- ✦ Poms - \$25

#### ☆ PAYMENT DUE JULY 1ST:

- ✦ Make-up bag and earrings (New members only) - \$25
- ✦ Duffle Bag - \$40
- ✦ Garment Bag - \$40 (optional)

#### ☆ PAYMENT DUE AUGUST 1st:

- ✦ Monthly Tuition Starts (Aug-February)
  - \* Mini and/or Sparkle - \$210
  - \* Orange and/or Blue - \$280
- ✦ Hip Hop Costume - Price TBD (not to exceed \$160)

#### ☆ PAYMENT DUE SEPTEMBER 1st:

- ✦ Team Fees - \$200

#### ☆ PAYMENT DUE OCTOBER 1st:

- ✦ Competition Fees - \$200 (First payment)

#### ☆ PAYMENT DUE NOVEMBER 1st:

- ✦ Competition Fees - \$200 (Second payment)

#### ☆ PAYMENT DUE JANUARY 1st:

- ✦ Nationals Payment - \$200 (Total)



## Payment Information

Payment Options:

- ☆ Cash
- ☆ VISA & MasterCard

We will no longer be accepting checks.

**PAYMENT POLICY AND LATE FEES:** All payments are due by the 1st of each month. You will be charged a \$20.00 late fee if you haven't paid by the 10th. You will sign a payment form with your credit card information on it that we keep on file. If you haven't paid by the 30th, we will charge your card with your unpaid balance plus the \$20.00 late fee. If your credit card doesn't go through, your daughter will not be allowed to come to rehearsal, a game, an appearance, or a competition until your balance is paid. It will be at the discretion of the coach to pull your daughter from a performance or competition if she isn't up to speed due to her absence caused by her non-payment. If payment becomes 60 days past due, your daughter will be automatically dropped from the program.

**DROPS:** The director must receive written notification of intent to terminate the program. No refunds will be given.



# Denver Broncos All-Stars Rules and Responsibilities

These rules, procedures and responsibilities are intended to ensure the safe and smooth operation of classes and rehearsals for All-Stars members. Please read carefully.

## Purpose

- a. To display commitment, respect, integrity, and enthusiasm as our strongest traits.
- b. To represent the All-Star team, the Denver Broncos Cheerleaders and the Denver Broncos in an exemplary manner, serving as role models for appropriate behavior.
- c. To work as a team in achieving common goals.
- d. To develop good sportsmanship, self-confidence, and self-discipline through practice & performance.
- e. To have fun!

## Attendance Requirements

- a. All practices are mandatory. However, All-Stars may miss a total of 4 excused and 2 non-excused absences for the season. An absence request form must be filled out for ALL absences. If the child misses more than 6 rehearsals, they will be pulled from a competition or performance of the coach's choice. Three tardies are equivalent to a non-excused absence.
- b. All-Stars are not allowed to miss a rehearsal the week of a competition.

## Financial Responsibilities

- a. Payments which falls more than 10 days past due will be charged a \$20 late fee. If payment hasn't been received by the 30th, we will charge your credit card on file. If payments don't go through, your daughter will not be allowed at an All Star event or rehearsal until her balance is paid. Members who become more than 60 days past due will be dropped from the program.
- b. There are no refunds for the uniform or tuition.

## All-Star Team Rules

- a. Arrive at all practices, games and events on time in proper attire with all supplies needed: poms, performance shoes, correct uniform and any additional accessories.
- b. Maintain a positive attitude at all times.
- c. Be respectful toward the Coach and fellow team members at all times.
- d. Understand that we are all here to learn and grow!
- e. Follow directions the first time they are given.
- f. The instructor may assign weekly homework. That needs to be completed at home.
- g. Wear warm up attire at all events when not in uniform.
- h. All verbal & written communication (even on facebook, etc.) must remain respectful and positive between teammates.

## Appearance

- a. All members are required to wear the designated All Stars practice uniform at each practice as well as dance shoes. Please make sure your daughter comes dressed appropriately to practices including technique classes.
- b. All uniforms will be worn as instructed by the Coach.
- c. No jewelry is allowed during any dance team event, performance or practice unless specified by the Coach.
- d. All-Stars must have their hair and bangs pulled back and out of their face during practices.
- e. All hair must be worn in the agreed-upon style for performances and appearances.
- f. Gum chewing will not be allowed during any dance team event, game or practice.

I hereby accept the rules, regulations, and guidelines involved with participating in Denver Broncos All-Stars.

\_\_\_\_\_  
All-Star Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date