

# Disturbing Personalities

## Working With Violent, Disturbed and Personality Disordered People

This is an innovative programme linking high quality training with access to ongoing consultation. It is delivered in collaboration with the **Portman Clinic**.

The programme has been developed for professionals from a wide range of backgrounds in both adult and child & adolescent settings. The aim is to use an understanding of the emotional impact of disturbance to inform safe and effective practice and service management.

Each study day will link together into a programme that will increase the ability of staff to work with the most difficult people, whether in the health, social care, justice or other sectors.

**February 2012-July 2012**

**Venue: NSCAP, Bevan House, 34-36 Springwell Road, Leeds LS12 1AW**

**Study days - £85 per day inc lunch and refreshments**

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£225 for all three days

£200 per person if 3 or more people from the same organisation book all three dates



Continuing Professional  
Development

## Working With Disturbance

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An inevitable part of the experience of working with high levels of disturbance is the degree of emotional reaction that is evoked in practitioners and teams. Formal inquiries into fatalities and reviews of system failure have highlighted both the gross and subtle ways in which this can impair the capacity to observe, analyse and act appropriately. The crucial importance of reflective practice is often emphasised and this programme shows how it is possible to manage and learn from disturbing emotional reactions in ways that inform and support safe, effective practice and service delivery.

This programme combines a theoretical framework for understanding disturbance integrated with research and clinical experience. It also provides access to ongoing consultation for individuals and teams drawing on the internationally recognised expertise of the Portman Clinic.

## This Programme Will

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- Enable participants to begin to apply relevant developmental and psychoanalytic concepts to their understanding of disturbed and disturbing behaviour.
- Provide a theoretical and experiential framework for linking the experience of working with disturbance and the dynamics of the organisational setting.
- Assist participants in further developing their approach to risk assessment and management particularly in relation to sexual violence and aggression.
- Engage participants in exploring disorders of personality development and the concept of untreatability.
- Develop participant's capacity for self-reflective practice and ability to work effectively with disturbing people.

## Who is the Programme for?

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Professional development for people working with violent, sexually threatening and disturbed individuals has been consistently identified as a training need and a gap in provision for both adult and child & adolescent services in health, social care and forensic settings. Individuals with complex needs arising from severe impairments in personality development are often supported in non-specialist community services and the workforce in these settings can feel particularly ill-equipped to respond to disturbed and disturbing behaviour.

This programme will therefore build the capacity of a broad range of professionals and services by enabling and supporting staff to work more effectively with difficult people and to manage the service context within which this work takes place.

In addition to staff from specialist mental health and forensic services this programme is designed to be accessible for participants from community mental health, social care, housing, probation and voluntary sector.

## Outline of Programme

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### Study Days

There are three Study Days structured around a key theme. Each day will combine teaching with the opportunity to discuss clinical and practice experience within a confidential setting.

### 21st February | Risk - A Relational Approach

*Stephen Blumenthal and Heather Wood*

Traditional approaches to risk assessment are useful in identifying groups of individuals who pose a high risk, but such approaches can be rather blunt when formulating the risk profile for a particular individual. We will discuss elements of a psychodynamic model that are useful in risk assessment and offer a systematic approach to risk formulation. We emphasise the significance of childhood development, understanding violent and sexually violent acts, and the complex interpersonal processes involved in managing violent individuals. These dynamic processes between people impact on risk and risk perception, and can distort judgement if not recognised and understood.

### 27th April | Sex and Violence in Adolescents and Young People

*John Woods and Ariel Nathanson*

In this workshop we will explore the efflorescence of sex and violence in adolescence. The particular features of adolescence as a developmental stage will set the scene. With the aid of relevant theory we will then look at different forms of aggression, which may be of a predatory kind, and also sometimes in the spontaneous outbursts of violence. The role of the group will be examined, both in its antisocial manifestation as 'gang' and in more benign forms where reparative and constructive processes become possible. The workshop will include film material and opportunities for participants to bring their own professional experiences.

### 3rd July | The "Untreatable" Patient

*Stan Rusczyński and Monica Lanyado (BAP)*

How do we understand the issue of treatability/untreatability when the simple dichotomy between the mad and the bad, as was prevalent 15 or 20 years ago, is now seen to be inappropriate? How do we develop our understanding and adapt our technique to accommodate especially demanding patients/clients, adults and children, whose expression of their conflicts can often be very disturbing and difficult to those around them?

## Course Leaders

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**Lynda Ellis**, Clinical Director, NSCAP &  
**Stan Rusczyński**, Clinical Director, The Portman Clinic

## Consultations

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**Stan Rusczyński & Jason Kaushal**

Monthly consultations will provide an opportunity for a much more detailed and focused discussion of a case than is possible in the small group discussions on the three study days. Previously, workers and teams have found these slots especially useful as a space to think about complex or stuck cases.

Two one hour slots will be available, between 3.30 to 4.30 and 4.40 and 5.40, on the dates specified below. Individuals, co-workers or teams might want to reserve times, for either one or two hours. Teams might find that a two hour slot is preferable for their needs. Single consultations can be booked for a short run of two or three consecutive meetings. Please feel free to discuss with us during the course of the programme what arrangement might be most helpful or email Jason Kaushal on [jason.kaushal@nhs.net](mailto:jason.kaushal@nhs.net)

The cost for the consultation is £90 per hour.

## Dates & Times

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The programme will be held from 3:30 pm - 5:40 pm on the following Wednesdays:

**21st March 2012**

**18th April 2012**

**16th May 2012**

**20th June 2012**

**18th July 2012**

## Venue

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**NSCAP**

Bevan House, 34-36 Springwell Road, Leeds LS12 1AW

## Costs & Fees

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Study days - £85 per day inc lunch and refreshments

Block days - £225 per block of three days

## Applying for the programme

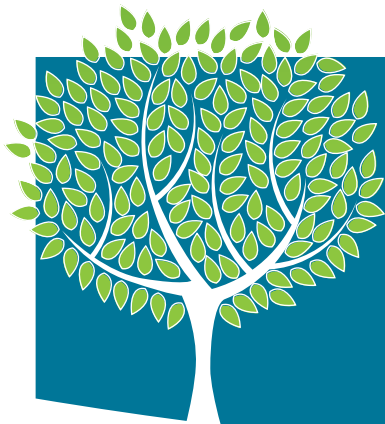
See overleaf for an application form, or contact:

Amy Deakes, Academic Services Officer

NSCAP, Bevan House, 34-36 Springwell Road, Leeds LS12 1AW

[amy.deakes@nhs.net](mailto:amy.deakes@nhs.net)

Telephone 0113 305 8750 Fax 0113 244 0966



## Disturbing Personalities

February 2012 - July 2012

Venue: NSCAP, Bevan House, 34 - 36 Springwell Road, Leeds LS12 1AW

Fee: £85 per day or £225 for a three day block booking

### Personal Details

Title: ..... Name: ..... Occupation: .....

Email Address: .....

Address for correspondence: .....

..... Postcode: .....

Telephone: .....

Any Special Requirements: .....

### Course Fees and Cancellation:

#### I wish to attend

- All three study days, £225
- All three study days and 2 or more colleagues from ..... are also attending, £200

#### Individual Study Days

- Risk – A relational Approach – 21st February 2012, £85
- Sex and Violence in Adolescents and Young Adults – 27th April 2012, £85
- The 'Untreatable' Patient – 3rd July 2012, £85

### Payment

#### I wish to attend

- I enclose a cheque (made payable to Leeds Partnerships NHS Foundation Trust) for £ .....
- Please invoice my organisation for £ .....

## Payment continued...

### Contact Name and Address of the Finance Department of your Organisation:

Name: ..... Job Title: .....  
Organisation: .....  
Address: ..... Postcode: .....  
..... Purchase Order No: .....  
Telephone: ..... (if required)

## Cancellation Charge

- All cancellations are subject to an administration charge of 10% of the course fee.
- Cancellations made less than 2 weeks in advance of the event are subject to 100% charge.

## This form should be returned to

The Course Administrator  
Northern School of Child and Adolescent Psychotherapy  
Bevan House, 34–36 Springwell Road  
Leeds  
LS12 1AW

Fax 0113 244 0966  
Telephone 0113 305 8750



## Terms & Conditions

### 1.0 Payment Methods

1.1 Payment must be made in advance of the course start date. We prefer to receive payment by cheque and ask that you submit payment along with your application form. Please make a cheque payable to Leeds Partnerships NHS Foundation Trust.

1.2 If your organisation has agreed to fund your place on the course, please provide invoicing details: name, job title, organisation, address and telephone number, and order number if required.

1.3 Please contact the Course Administrator on 0113 305 8750 with any queries about payment.

1.4 Places cannot be confirmed until receipt of payment.

### 2.0 Availability

2.1 Please note that any courses may be limited in capacity, and will be allocated on a first-come, first-served basis. No guarantees can be made regarding the availability of spaces on any of our seminars prior to receipt of payment.

### 3.0 Confirmation of Reservations

3.1 All reservations will be confirmed in writing with details of programme times

and venue information provided.

3.2 Please ensure you provide an up-to-date email address as any details of final changes to the course will be emailed to your account. Please therefore remember to check your email account prior to the start of the course to ensure you are informed of such changes.

### 4.0 Reservation & Cancellation Policy

4.1 All cancellations are subject to an administration charge of 10% of the course fee.

4.2 Cancellations made less than 2 weeks in advance of the event are subject to 100% charge.

### 5.0 Further Information

5.1 For further information about all our future events and activities, visit [www.nscap.org.uk](http://www.nscap.org.uk), [nscap.lpft@nhs.net](mailto:nscap.lpft@nhs.net) or call 0113 305 8750.

Your personal information will be held on our database and used to process your application and to keep you informed of our events and activities.

If you do not wish to receive information about our events, please tick this box