

 **MT.SAC**
MOUNTIES
WRESTLING CAMP

AUGUST 14 & 15, 2010

FEATURING

JAYSON NESS

2010 NCAA DIVISION 1 "UNDEFEATED" CHAMPION
2010 NCAA CHAMPIONSHIPS OUTSTANDING WRESTLER
2010 HODGE TROPHY WINNER

REGISTRATION:

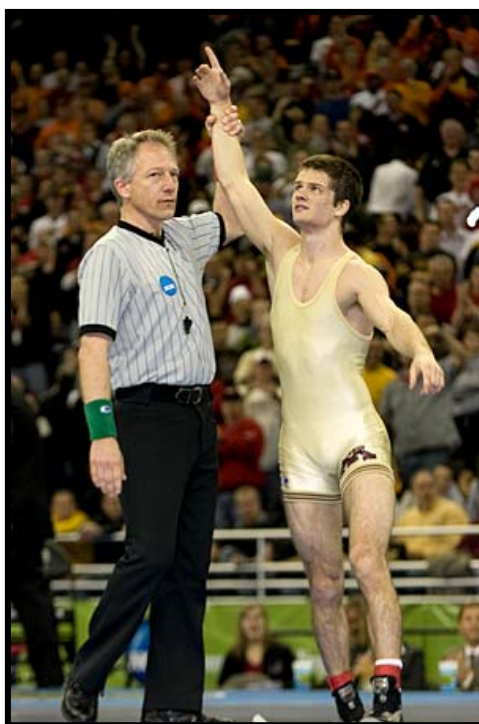
\$60

*includes T-Shirt if
received by July 30th.*

\$80

LATE REGISTRATION
*if received after
July 30th, 2010 .
No T-Shirt for late
registrants.*

*Please submit payment
with registration form
and waiver*



LOCATION:

Mt. San Antonio College
Gymnasium-Bldg. 3

1100 North Grand Avenue
Walnut, CA 91789

TIMES:

10:00 am to 4:00 pm
each day

2010 MT. SAC WRESTLING CAMP

Application Form

PLEASE PRINT CLEARLY

PERSONAL INFORMATION:

<input type="text"/>															<input type="text"/>	<input type="text"/>															
FULL NAME															MI	LAST NAME															
<input type="text"/>																															
HOME STREET ADDRESS																															
<input type="text"/>																				<input type="text"/>		<input type="text"/>		<input type="text"/>							
CITY																				STATE		ZIP CODE									
<input type="text"/> - <input type="text"/>										<input type="text"/> - <input type="text"/>																					
HOME NUMBER										MOBILE NUMBER																					
<input type="text"/>										<input type="text"/>																					
DATE OF BIRTH (MM/ DD/ YYYY)										AGE		E-MAIL																			

EMERGENCY CONTACT:

<input type="text"/>															<input type="text"/>	<input type="text"/>														
FULL NAME															MI	LAST NAME														
<input type="text"/>																														
RELATIONSHIP																														
<input type="text"/> - <input type="text"/>																														
CONTACT NUMBER																														

REGISTRATION

☐ **\$60 early registration fee**
must be received before July 30

Please mark t-shirt size

☐ S ☐ M ☐ L ☐ XL

☐ **\$80 late registration fee***

☐ **\$40 one day ***
**t-shirt not included*

MAKE CHECKS PAYABLE TO:

MT. SAC WRESTLING

PLEASE SEND REGISTRATION FORM WITH PAYMENT TO:

**LARRY WATANABE
MT. SAC WRESTLING
1100 N. GRAND AVE.
WALNUT, CA 91789**

AWARENESS OF RISK

By participating in a wrestling activity, there are possibilities of serious injuries and death. The faculty and staff working with the Mt. SAC Wrestling Camp are well-qualified professional people. Safety will be the number one concern. It will be continually be emphasized on and off the activity areas. The information contained below is to inform individuals in this program and their parents of proper techniques for maximum safety.

Rules and Procedures:

- *Always follow prescribed warm up to prevent injuries.
- *Always follow technique outlined by Instructors. Do not attempt to improvise.
- *If in doubt to any rules or to what you are doing ask your Instructors before proceeding.

This report does not cover all potential injury possibilities that may occur during the Mt. SAC Wrestling Camp, but it is an attempt to make the students and parents aware that fundamentals, teaching, and proper use of equipment are important to their safety and enjoyment at the Mt. SAC Wrestling Camp.

By signing the line below, I hereby authorize the staff of the Mt. SAC Wrestling Camp or employee of Mt. SAC the right to consent any medical treatment needed for myself/my son/daughter. I understand the rules and procedures as explained above and I am aware of the risks involved in wrestling. I hereby state that I or my son/daughter have had and passed a physical examination in the past year and that I am or he/she is in good health in which to participate in the rigors of the Mt. SAC Wrestling Camp. I also understand the necessity of using the proper techniques while participating in the Mt. SAC Wrestling Camp. I hereby assume all responsibilities for myself, my son/daughter in accordance with the Education Code Section 72640, I hereby hold the State of California, Mt. San Antonio College Community College District, or anyone else associated with these associations, and/or any other sponsor(s) or supporters, harmless for all accident, injury, illness, death, or damages occurring by reason of the Mt. SAC Wrestling Camp.

Signature of Student

Date

Signature of Parent (if minor under 18 years of age)

Date

**EARLY REGISTRATION
DEADLINE IS JULY 30!**

***T-SHIRTS ONLY FOR EARLY
REGISTRATION!***

CAMP FEES:

EARLY REGISTRATION - \$60

AFTER JULY 30 - \$80

FOR MORE INFORMATION:

Coach Larry Watanabe

Phone: 909-594-5611 ext. 4725

Email: lwatanabe@mtsac.edu

**FILL OUT THE APPLICATION AND
MAIL TODAY!**



**MT SAC WRESTLING
1100 N. GRAND AVE.
WAINUT, CA 91789**

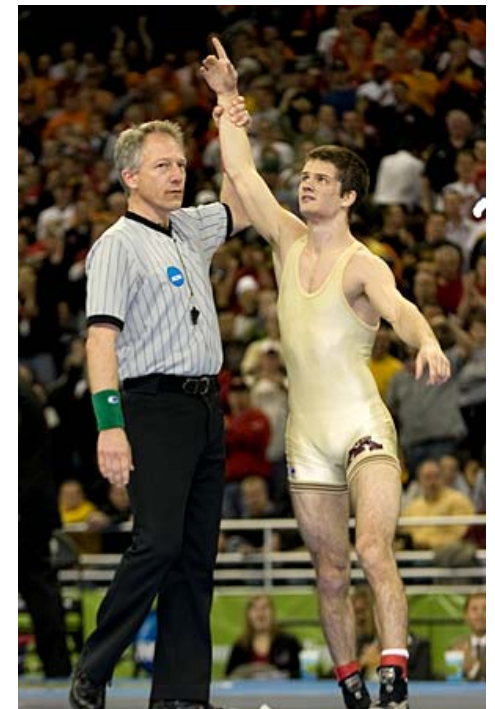
**2010
MT SAC
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AUGUST 14 & 15

FEATURING

JAYSON NESS

***2010 NCAA
CHAMPION***



MT SAC WRESTLING CAMP

CAMP DATES

AUGUST 14 & 15

10:00 AM TO 4:00 PM

Mt. San Antonio College
Mt. SAC Gym (building #3)



CAMP STAFF

Camp Staff includes top wrestlers and coaches from the University of Minnesota and Mt. SAC.

JAYSON NESS

The 2010 NCAA Champion (133 lbs) and Ness was awarded the NCAA Championships Outstanding Wrestler. He was also awarded the 2010 Hodge Trophy, which is awarded to the top collegiate wrestler in the country. A 4-time NCAA All-American he was undefeated during his 2010 campaign with a record of 33-0.

ZACH SANDERS

2-time NCAA All-American, 5-time Minnesota State HS Champion

MANUEL RIVERA

NCAA All-American, National HS Champion, Graduate Assistant Coach at the University of Minnesota.

MT SAC WRESTLING COACHES:

***David Rivera** - NAIA National Runner-up.

***Kyle Osborne** - former Mt. SAC Wrestler and state placer

***Nick Nakamura** - All-American & State Runner-up

***Freddy Rivera** - All-American & State Runner-up

***Elton Sanchez** - former Mt. SAC wrestler

***David Bonilla** - 2-time State Champion

***Carlos Montes** - All-American & State Runner-up

***Leonel Sanchez** - PAC Ten Champion

***Larry Watanabe** - Mt. SAC Head Coach

MT SAC WRESTLERS INCLUDE:

***Julian Silva** - 2-time All-American

***Pierce Lowry** - All-American

***Frank Ayala** - All-American

Mt. SAC Wrestling
1100 N. Grand Ave.
Walnut, CA 91789

Phone : 909-594-5611 ext. 4725

Fax: 909-869-1076

Email: lwatanabe@mtsac.edu