

To be completed by your primary care physician

## PRIMARY CARE PHYSICIAN REQUEST FORM

**This form can be forwarded to your physician and requested to be complete and faxed to 618-436-6105.**

Dear SSM Health Weight Management Services,

I am referring my patient \_\_\_\_\_, date of birth \_\_\_\_\_, to you for your opinion regarding the possibility of weight loss options, including surgery. The patient's current weight is: \_\_\_\_\_ height is: \_\_\_\_\_, BMI is: \_\_\_\_\_. The patient has been morbidly obese for \_\_\_\_\_ years.

**The patient's five (5) year weight history:**

(1) Yr: \_\_\_\_\_ Wt: \_\_\_\_\_ (2) Yr: \_\_\_\_\_ Wt: \_\_\_\_\_ (3) Yr: \_\_\_\_\_ Wt: \_\_\_\_\_

(4) Yr: \_\_\_\_\_ Wt: \_\_\_\_\_ (5) Yr: \_\_\_\_\_ Wt: \_\_\_\_\_

The patient suffers from the following co-morbid conditions associated with morbid obesity which include:  
(Please check all that apply)

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Type 2 diabetes -<br>Need most recent HGBA1C drawn attached<br><input type="checkbox"/> Obstructive sleep apnea<br><input type="checkbox"/> Coronary artery disease<br><input type="checkbox"/> Valvular heart disease<br><input type="checkbox"/> Hypertension | <input type="checkbox"/> Dyslipidemia<br><input type="checkbox"/> Stress incontinence<br><input type="checkbox"/> GERD<br><input type="checkbox"/> Heart burn<br><input type="checkbox"/> Arthritis<br><input type="checkbox"/> History of medical non-compliance | <input type="checkbox"/> _____<br><input type="checkbox"/> _____ |
|--|---|--|

The patient also has the following conditions that are associated with morbid obesity:

\_\_\_\_\_  
 \_\_\_\_\_

The patient's previous weight loss attempts:

\_\_\_\_\_  
 \_\_\_\_\_

TSH Required. Other tests listed optional, please provide results if applicable.

- |   |   |
|---|---|
| <input type="checkbox"/> Laboratory testing such as lipid panel, HGB A1C, TSH (Required)<br><input type="checkbox"/> Sleep Study<br><input type="checkbox"/> Exercise stress test | <input type="checkbox"/> Pulmonary function test<br><input type="checkbox"/> Venous duplex<br><input type="checkbox"/> Other: _____ |
|---|---|

This patient has attempted other weight reduction alternatives and has been unsuccessful in maintaining adequate weight loss. I recommend this patient for weight-loss surgery.

Sincerely,

\_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_  
 Physician Signature (Required)      Date      Phone

Printed Name

\_\_\_\_\_

Address (Required)