Case Evaluation Form

This form is intended for the client to complete as part of the follow-up interview after each major cycle of flower essence use. It should be completed in the client's own handwriting unless disabled or otherwise unable to do so.

Name: _____ Phone: _____
Time period essences used: _____ Today's date: _____
Which essences did you use? _____
_____
_____
How were the essences administered? ___ orally ___ topically other: _____
Briefly describe the frequency and consistency of use: _____
_____
_____
Please list other therapies engaged in during the time of taking the essences:
_____
_____
_____
Please discuss significant life experiences during this time period: _____
_____
_____
_____
_____
Please mark one or more categories regarding your results using flower essences:

__resolution of negative or painful emotions
__improvement in relationships with others
__greater clarity about life work and direction
__improvement of self-image and personal identity
__enhanced creativity and self-expression
__positive lifestyle changes
__reduction in general anxiety or stress
__greater spiritual awareness
__reduction in acute physical symptoms
__generally feeling more positive and resilient
__resolution of a life crisis
__assisting long-term inner growth and change
__marked increase in dreams or related psychic phenomena
__subtle general improvement, but hard to capture
__not sure about change due to multi-level factors
__there has been no noticeable improvement or change to date

Please provide further details on the areas you have marked above:_____
_____
_____
_____
_____
_____
_____

(continued on other side)

Describe your experience of taking the flower essences. Did you notice any direct effects, or the results in retrospect? _____

Do you think the flower essences stirred up any new issues in your life? _____

Discuss any inner experiences, such as dreams or insights you had while taking the essences: _____

Have others noted differences in your emotions or behavior? Please comment:

Are you continuing to take the flower essences at this time? _____

All information on this form is strictly confidential, unless a signed release form has been received.

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